

South Irvine Students Enjoy Unite to Read Program "Curious George Gets A Job"

Unite to Read was held on October 24th from 5:00 to 8:00 p.m. It was sponsored by the following Estill County High School student organizations: Family, Career and Community Leaders of America, Future Business Leaders of America, Future Farmers of America and Health Services Organizations of America. This year's theme was "Curious George gets a Job." The children could paint a pumpkin, read the story, complete a coloring activity, play games or watch movies. The ECHS students dressed in Disney costumes and other storybook characters which delighted the young children.

The event was well attended.



Left to right: Hannah Bottorff, Jay Winkler, Kayla Conrad, Haley Bishop, Elizabeth Reece, Kayla Tuttle and Zoe Deaton dressed in Disney costumes and as other storybook characters which delighted the young children at South Irvine P/K Center.



Tigger is playing games with the children at South Irvine's Right To Read Day.

Project HOME Networks & UK Healthcare Develop Screening Program in Estill & Lee

Lung Cancer is the number one cancer killer in Kentucky. The death rate from lung cancer is higher in Kentucky than the rest of the nation. However, in Estill County, the death rate from lung cancer is significantly higher than the national average. In a 2009 study, Estill County had a death rate of 84/100,000 from lung cancer as compared to the nation at 55/100,000 and Kentucky at 80/100,000. Smoking is the leading cause of lung cancer and Kentucky has the highest smoking rate in the nation.

The Project HOME Network in partnership with the University of Kentucky Markey Cancer Center has developed a community CT Lung Cancer Screening Program for the uninsured in Estill and Lee Counties.

Project HOME is a collaborative partnership with several agencies that work together to assist the uninsured population and develop a rural model system of care. Marcum & Wallace Memorial Hospital is the grantee agency and a partner in the Project HOME Network. Additional partners are Kentucky Homeplace, Marshall Emergency Services Associates (MESA), Kentucky River Foothills Mobile Health Clinic, Juniper Health Care, The Whitehouse Clinic, Mercy Health Clinics, Estill & Lee County Health Departments, Estill Development Alliance/Chamber of Commerce, Hospice Care Plus, Kentucky River Community Care, Bluegrass.org and Westcare.

What is CT Screening for Lung Cancer?

A spiral CT scan is used for lung cancer screening. A machine will take many pictures of the patient's chest from different angles using x-rays. The amount of radiation is much lower than a regular CT scan. The scan takes about 30 minutes. The patient will lie very still on a table that moves through a tunnel in the machine. A



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radiologist will read the scan and give the results to the patient's Primary Care Provider (PCP).

The scan checks for nodules - small bits of tissue in the lungs. Many people have nodules in their lungs and most are not cancer. The size, shape, and thickness of a nodule can help a radiologist decide if more tests are needed. This could be another spiral CT scan or a biopsy. A biopsy removes tissue from the lung nodule to check for cancer cells.

What is The Project HOME CT Screening Program?

The Project HOME Screening Program helps people at high risk for lung cancer. The program will pay for three spiral CT scans and help with transportation to a local Primary Care Provider (PCP) or the hospital.

A patient will get screened the first year. If the results are normal, the patient will get screened two more times over the next two years. It is very important to continue getting screened after the first year. Doctors can compare your scans and check for changes.

If the patient's results are abnormal, Project HOME will refer the patient to the University of Kentucky Hospital for follow-up tests. Financial counselors can assist the patient if further treatment is needed and the patient cannot afford to pay.

A patient must meet the following criteria to be in the Project HOME's Lung Cancer Screening Program:

- Uninsured (no insurance)
- Age 55-74
- 30 year, one pack per day smoking history
- Currently smokes or has quit smoking within the last 15 years

For more information

contact Jim Thacker, Health Care Navigator at Marcum & Wallace Memorial Hospital at 606-723-2115 Ext. 8180.

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Photo courtesy of Elizabeth Walling

First grade students from Estill Springs Elementary attended Marcum & Wallace Memorial Hospital's (MWMH) annual Teddy Bear Fair on October 23rd and 25th. Teddy Bear Fair is designed to educate students about the different departments within the hospital and to promote trauma prevention, smoking cessation, and healthy habits. With their MWMH teddy bear acting as a patient, the students visit the different areas of the hospital. This hopefully eliminates any fears they may have about being a patient or visiting the hospital. Estill County EMS also participates in the event, allowing the students to see the inside of the ambulance and to learn about the importance of dialing 9-1-1.



Happy 1st Birthday, Sigourney!

Call 1-866-408-3559 or 606-723-7456 for More Information

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