

Four Seasons Garden Club Establishes Monarch Waystation at West Irvine School

West Irvine Elementary School and the Four Seasons Garden Club are partnering to establish a Monarch Waystation. Its aim is to develop sites that provide milkweeds, nectar sources, and shelter needed to produce successive generations

as they migrate through North America. In 1976 the overwintering monarchs in Mexico covered 50 acres; in 2012 they covered less than 3. Their current population is 1/15th of what it was in 1977. While providing food and shelter for mon-

archs and other pollinators, they also help to provide a healthy ecosystem which directly affects our food, water, and air quality. The Four Seasons Garden Club is a member of the National Council of State Garden Club, Inc.



ABOVE LEFT AND ABOVE RIGHT: Children and club members recently started the process of preparing a site at West Irvine school for a Monarch Waystation. A butterfly garden will be planted next spring to provide native plants as their larval host plants.

| ESTILL COUNTY SCHOOLS MENUS | | | | |
|--|---|---|---|--|
| Milk is included with every meal; plus assorted juices included with breakfast | | | | |
| MONDAY Nov. 4 | TUESDAY Nov. 5 | WEDNESDAY Nov. 6 | THURSDAY Nov. 7 | FRIDAY Nov. 8 |
| SOUTH IRVINE BREAKFASTS | | | | |
| Toast, Cereal Assorted Juice | Pop Tart, Cereal Assorted Juice | Cereal, Yogurt Assorted Juice | Mini Waffles Pears | Pancake Porky Assorted Juices |
| SOUTH IRVINE LUNCHES | | | | |
| Chicken Rings Roll Mashed Potatoes Green Beans Oranges | Bologna Sand. Carrot Sticks Corn Apple | Hamburger on Bun, LTP Potato Smiles Pork & Beans Strawberry Cup | Pepperoni Pizza Romaine Salad Grape Tomatoes Salad Dressing Pineapple | Chicken Pattie on Bun French Fries Cucumber Slices w/Dip, Peaches |
| ESTILL SPRINGS & WEST IRVINE BREAKFASTS | | | | |
| Toast, Cereal Assorted Juice | Strawberry Pop Tart, Cereal, Juice | Pancake Porky Assorted Juice | Mini Waffles, Pear Assorted Juice | Toast, Cereal Apples |
| ESTILL SPRINGS & WEST IRVINE LUNCHES | | | | |
| Chicken Rings Roll Cheesy Potatoes Peas Peaches | Mexican Pizza Green Beans Sliced Cucumbers w/Dip Pears | Spaghetti Breadstick Romaine Salad Corn Applesauce | Chicken Noodle Soup, Gr. Cheese Sand., Carrot & Celery Sticks Orange Slices | Chicken Fajita or Chuckwagon Refried Beans Cauliflower Bits Fruit Cocktail |
| ESTILL COUNTY MIDDLE SCHOOL BREAKFAST | | | | |
| Fruit, Toast, Frosted Flakes or Mini- Wheats, Pop Tarts | Pop Tart, Lucky Charms Cereal Fruit Cocktai | Frosted Flakes, Honey Nut Cheerios Yogurt, Pop Tarts | Mini Waffle/syrup Pop Tarts, Pears Juice | Cinnamon Toast Breakfast Bar Pop Tarts, Apples |
| ESTILL COUNTY MIDDLE SCHOOL LUNCH | | | | |
| Pepperoni Pizza or Burrito Corn Romaine Salad Peaches | Cheeseburger or Chuck wagon on Bun, LTP Potato Wedges Peaches | Chicken Tenders or Buffalo Chicken Tenders, Roll Mashed Potatoes Green Beans Apples | Nacho Cheese & Chips or Chili Crispito, Salsa Refried Beans Pears | Spaghetti, Bread- stick or Ravioli w/meat sauce Corn Romaine Salad Strawberry Cup |
| ESTILL COUNTY HIGH SCHOOL BREAKFAST | | | | |
| Cereal Pop Tarts Yogurt | Sausage Biscuit, Cereal, Yogurt Banana or Apple | Chicken Biscuit Cereal, Pop Tart, Yogurt, Fruit | Egg & Cheese Biscuit, Cereal Pop Tart, Yogurt | Breakfast Pizza Cereal Pop Tarts |
| ESTILL COUNTY HIGH SCHOOL LUNCH | | | | |
| Cheeseburger or Ham & Cheese on bun. LTPO Potato Wedges Baked Beans Fruit | Chicken Pattie on bun or Burrito w/cheese sauce Normandy Blend Veggies, Fruit Sweet Potatoes | Spaghetti w/Meat Sauce, Breadstick Or Fish on Bun Romaine Salad Grape Tomatoes Apple or Orange | Chicken Tenders w/Roll Or Mr. Rib on bun Scal. Potatoes Glazed Carrots Fruit | Hot Dog on bun OrBBQ on bun Baby Bakers Baked Beans Gold Fish Cookie Fruit |

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ESTILL PUBLIC LIBRARY

246 Main Street, Irvine, KY - Call 723-3030
If school is cancelled due to icy roads, the bookmobile will run two weeks after the scheduled date.

Week of November 4-7, 2013

BOOKMOBILE SCHEDULE

| MON. | TUES. | WED. | THUR. |
|--|---|---|--|
| N. Wood Apts. Winchester Rd. Edgewater Drive Crestview Ct. Mt. Crest, Irvine | Stacy Lane Rice Station West Irvine | Horizon Angel Keepers Ravenna Wagersville Drip Rock | Sugar Hollow Rd. Buck Creek Doe Creek Barnes Mountain |

"Mommie & Me" and Storytime

Wednesdays at 10:00 a.m. and Fridays at 10:30 a.m.

DAY BREAK CENTER

Adult Day Care

MICHELLE FREEMAN, R.N
Director

411 Bertha Wallace Dr.
(behind Irvine Nursing & Rehab)
IRVINE, KY 40336

Phone 606-723-0693
Fax 606-726-9221

"Come, join our family at Day Break!"



Estill Springs Elementary

Friday, November 8, 2013
5:00-8:30pm

Admission: \$1.00

Come join us for a night of fun!!!

Noodle Fishing

Plinko

Dish Toss

Face Painting

Cupcake Walk

Putt Putt Golf

Go Fish

Football Toss

Cornhole

Cake Walk

Ring Toss

Old Country Store

Duck Pond

Bean Bag Toss

Ping Pong Toss

Sweet Shoppe

Inflatables

Chili Supper
5:00-7:30
Cotton Candy
Nachos
Popcorn

Kona Ice

Get your picture taken with Spike!!!

Live Auction
8:00-8:30
Silent Auction
until 7:50
Raffle

