# Four Seasons Garden Club Establishes Monarch Waystation at West Irvine School

West Irvine Elementary as they migrate through archs and other pollinators, School and the Four Sea- North America. In 1976 the they also help to provide a sons Garden Club are part- overwintering monarchs in healthy ecosystem which nering to establish a Mon- Mexico covered 50 acres; in directly affects our food, arch Waystation. Its aim is 2012 they covered less than water, and air quality. The to develop sites that provide 3. Their current population Four Seasons Garden Club milkweeds, nectar sources, is 1/15th of what it was in is a member of the National and shelter needed to pro- 1977. While providing Council of State Garden duce successive generations food and shelter for mon- Club, Inc.



### (CO)

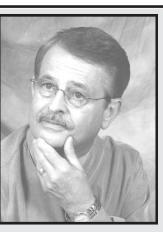
Milk is included with every meal: plus assorted juices included with breakfast

MONDAY Nov. 4	TUESDAY Nov. 5	WEDNESDAY Nov. 6	THURSDAY Nov. 7	FRIDAY Nov. 8	
SOUTH IRVIN	IE BREAKFAS	ſS			
Toast, Cereal Assorted Juice	Pop Tart, Cereal Assorted Juice	Cereal, Yogurt Assorted Juice	Mini Waffles Pears	Pancake Porky Assorted Juices	
SOUTH IRVIN	IE LUNCHES				
Chicken Rings Roll Mashed Potatoes GreenBeans Oranges	Bologna Sand. Carrot Sticks Corn Apple	Hamburger on Bun, LTP Potato Smiles Pork & Beans Strawberry Cup	Pepperoni Pizza Romaine Salad Grape Tomatoes Salad Dressing Pineapple	Chicken Pattie or Bun French Fries Cucumber Slices w/Dip, Peaches	
ESTILL SPRINGS & WEST IRVINE BREAKFASTS					
Toast, Cereal Assorted Juice	Strawberry Pop Tart, Cereal, Juice	Pancake Porky Assorted Juice	Mini Waffles, Pear Assorted Juice	Toast, Cereal Apples	
ESTILL SPRI	NGS & WEST I	RVINE LUNCH	ES		
Chicken Rings Roll Cheesy Potatoes Peas Peaches	Mexican Pizza Green Beans Sliced Cucumbers w/Dip Pears	Spaghetti Breadstick Romaine Salad Corn Applesauce	Chicken Noodle Soup, Gr. Cheese Sand., Carrot & Celery Sticks Orange Slices	Chicken Fajita or Chuckwagon Refried Beans Cauliflower Bits Fruit Cocktail	
ESTILL COUN	ITY MIDDLE S	CHOOL BREAM	(FAST		
Fruit, Toast, Frosted Flakes or Mini- Wheats, Pop Tarts	Pop Tart, Lucky Charms Cereal Fruit Cocktai	Frosted Flakes, Honey Nut Cheerios Yogurt, Pop Tarts	Mini Waffle/syrup Pop Tarts, Pears Juice	Cinnamon Toast Breakfast Bar Pop Tarts, Apples	
ESTILL COUN	ITY MIDDLE S	CHOOL LUNCH	1		
Pepperoni Pizza or Burrito Corn Romaine Salad Peaches	Cheeseburger or Chuck wagon on Bun, LTP Potato Wedges Peaches	Chicken Tenders or Buffalo Chicken Tenders, Roll Mashed Potatoes Green Beans Apples	Nacho Cheese & Chips or Chili Crispito, Salsa Refried Beans Pears	Spaghetti, Bread- stick or Ravioli w/meat sauce Corn Romaine Salad Strawberry Cup	
ESTILL COUN	<b>ІТҮ НІGH SCH</b>	OOL BREAKFA	ST		
Cereal Pop Tarts	Sausage Biscuit,	Chicken Biscuit	Egg & Cheese Biscuit Cereal	Breakfast Pizza	



ABOVE LEFT AND ABOVE RIGHT: Children and club members recently started the process of preparing a site at West Irvine school for a Monarch Waystation. A butterfly garden will be planted next spring to provide native plants as their larval host plants.





John Cox

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	Yogurt	Banana or Apple	Yogurt, Fruit	Pop Tart, Yogurt	Pop Tarts	
- 1			Cereal, POP Tart,	Discuit, Cerear	Cerear	

#### ESTILL COUNTY HIGH SCHOOL LUNCH

Cheeseburger or Ham & Cheese on bun. LTPO	on bun or Burrito	Spaghetti w/Meat Sauce, Breadstick Or Fish on Bun	w/Roll Or	Hot Dog on bun OrBBQ on bun Baby Bakers
Potato Wedges	Normandy Blend Veggies, Fruit	Romaine Salad Grape Tomatoes	Scal. Potatoes	Baked Beans Gold Fish Cookie Fruit

# isurance 606-723-4013

407 Richmond Road Irvine, Kentucky



## **ESTILL PUBLIC LIBRARY** 246 Main Street, Irvine, KY – Call 723-3030 If school is cancelled due to icy roads, the book-

mobile will run two weeks after the scheduled date.

Week of November 4-7, 2013

### **BOOKMOBILE SCHEDULE**

MON.	TUES.	WED.	THUR.
N. Wood Apts. Winchester Rd. Edgewater Drive Crestview Ct. Mt. Crest, Irvine	Stacy Lane Rice Station West Irvine	Angel Keepers Ravenna	Sugar Hollow Rd. Buck Creek Doe Creek Barnes Mountain

### "Mommie & Me" and Storytime

Wednesdays at 10:00 a.m. and Fridays at 10:30 a.m.



"Come, join our family at Day Break!"