Community News

Mail announcements to The Estill Tribune. 6135 Winchester Road, Irvine, KY 40336 Call (606) 723-5012; Fax to (606) 723-2743; or E-mail it to <News@EstillTribune.Com>

Daytime

Al-Anon Daytime Meetings

relatives and friend of alco- holics. holics who believe their lives one's drinking.

Al-Anon is a fellowship of families and friends of alco-

If you would be interested have been affected by some- in a daytime meeting, please contact Amanda Webb/West Its single purpose is to help Care at 726-0385.

Available Now

Flu Shots Are Now Available

Flu shots are now available and Humana (state employees). at the Estill County Health Department. Insurances accepted include Medicaid, Medicare more information.

Cost for self-pay is \$25.00 Call 606-723-5181 for

Thursdays, 7-8:30pm

Estill County Chorus Rehearsals

have begun! Join us now and in the fellowship hall of the be a part of the fun as we pre- First Christian Church on pare for the annual Christmas Main Street in Irvine. Concert.

Estill Chorus rehearsals Thursdays, 7:00 - 8:30 p.m,

The Estill Chorus meets eryone welcome!

Fridays, 6:00 to 8:00pm

Estill Appalachian Dulcimers

The Estill County Appalachian Dulcimer Club meets Appalachian Dulcimer or every Friday from 6 to 8 p.m. anyone who is interested in Main Street, Irvine

Anyone who plays an attend

Friday, Nov. 15th & Tues., Nov. 19th

Volunteers Needed To Wrap Gifts For Elizabeth Witt Christmas Party

wrap the 1,100 gifts and books are wrapped. for the Elizabeth Witt Christmas Party which will be held for children in Estill County Sat., Dec. 7 at the First Christian Church in Irvine.

The gift wrapping sessions anty Bank, River Drive on the following dates: Friday., Nov. 15, and Tuesday, Nov. 19. Wrapping will begin at 9 a.m. More dates will be scheduled

Volunteers are needed to for wrapping until all the gifts

The party is being planned that are 12 years of age and younger.

Donations for the 33rd anwill be held at Citizens Guar- nual party can be given at Citizens Guaranty Bank. Contact Francine Bonny, Sharon Niece, or Regina Robertson for more information.

Tuesday, November 19th, 1-3pm

Thursday, November 21st @ 6:00pm Herb Club Thanksgiving Meal

Garden Thyme Herb Club Haller will be presenting ginwill be meeting at 6 p.m. on ger as the herb of the month. Thursday, November 21, 2013, in the fellowship hall of Bingo. The prizes are white New Beginning Church.

The meeting will begin bring. with a traditional Thanksgiving meal. Members are asked meeting. For more informato bring potluck dishes. Following the meal, Carol 3096.

Saturday, November 23rd FBLA's "Light Up Rivertown"

It's that time of year and several local bands will again!

Estill County High School FBLA will be hosting Light up Rivertown on Saturday, November 23, 2013 at the setting up a booth or provid-Estill County Courthouse.

be performing on the courthouse steps.

The meeting will end with

elephant gifts that participants

Everyone is invited to this

tion, please call (606) 723-

If you are interested in participating in this event by ing entertainment, please call Various booths will be set Connie Witt at Estill County up inside the courthouse, High School at 723-3537.

Saturday, November 23rd @ 5:30pm Eastern Star Dinner & Pantomime

Irvine Chapter #357, Or- mime show will begin at 6:30 show on Saturday, November

Friday, Dec. 6th & Sunday, Dec. 8th An Estill Hometown Christmas

We invite you to join us School Jazz Band as well as its annual musical concert to pianist, Jeremie Michael. kick off the holiday season!

Featured on the program cember 6 at 7:00 p.m. and Sunonce again will be the lively day, December 8 at 3:00 p.m. offerings of the Estill High at Calvary Baptist Church.

at the First Christian Church, playing one is welcome to as the Estill Chorus presents Estill County's own gifted Save the date! Friday, De-

Saturday, December 7th, 10am-4pm

Estill Arts Council's Annual Christmas Arts & Crafts Show

Office Gymnasium, 253 Main Street in Irvine.

will offer unique gifts for sale are eligible for entry. No from local artists and crafts- canned goods can be sold unmen, live entertainment, less home based processing free children arts activities, has been approved.

The 10th annual "Christ- visit from Santa, a silent aucmas Arts & Crafts Show" will tion of arts and crafts items, be Saturday, December 7, 10 concession stand with chili a.m. -4 p.m. at the Central and hot dogs, and 50/50 pot.

Only original artwork, handmade crafts, and baked The Estill Arts Council goods (individually wrapped)

Kitchen Diva **Holiday Dessert Drinks** by ANGELA SHELF MEDEARIS

Few aromas are more inviting than a cup of hot coffee on a crisp fall afternoon. While your guests are sure to enjoy a simple cup of coffee after a big Thanksgiving meal, it also might be fun to try a specialty coffee drink.

A pie or a cake are typically the heroes at every Thanksgiving table, but you might want to try something new to pair with or substitute for traditional desserts. I usually serve Thanksgiving dinner in the early afternoon. Most of my guests are too full to eat dessert right after dinner. My family and guests enjoy a hot beverage and then eat dessert a few hours later, or get dessert to go. Dessert drinks provide my guests with the best of both worlds, a hot beverage and a sweet to finish to their holiday meal.

I've provided you with some great ideas to garnish your after-dinner coffee drinks and a recipe for Maple-Cinnamon or Lemon-Viennese coffee. I?ve also included a delicious Orange Mulled Cider recipe for those who do not like coffee. Hot cider or hot, spiced teas are wonderful alternatives to coffee to warm and refresh your overstuffed guests.

Chocolate garnishes are a welcome addition to coffee or dessert drinks. Use a peeler to quickly shave chocolate over individual plates or cups. If you need a larger amount, use a box grater to grate an unwrapped square of room temperature Baker?s Chocolate onto a sheet of waxed paper. Use immediately or refrigerate until ready to use. Making Chocolate Curls:

Warm a square of Baker's Chocolate by microwaving it, unwrapped, on HIGH for a few seconds or just until you can smudge the chocolate with your thumb. Hold the square steady and draw a peeler slowly over flat bottom of square, allowing a thin layer of chocolate to curl as it is peeled off to make long, delicate curls. Use the same technique along the narrow side of the square to make short curls.

Chocolate-Dipped Spoon:

Coffee will seem that much more enticing if served with a Baker's Chocolate-Dipped Spoon. Here's how you do it: Melt one package (8 squares) Baker's Semi-Sweet Baking Chocolate or one package (4 ounces) German Sweet Chocolate as directed on package. Dip clean, dry plastic teaspoons into melted chocolate to coat the bowls of the spoons; let excess chocolate drip off. Place in single layer in waxed paper-lined tray; refrigerate 10 minutes, or until chocolate is firm. Cover tray with plastic wrap. (Or wrap spoons individually with plastic wrap and tie ribbon around each to secure.) Store in refrigerator until ready to use.

Try serving a hot dessert drink after your Thanksgiving dinner. You might start a new tradition!



present a dinner-pantomime and the show is \$10.00.

There is no audition. Ev- cated on Broadway in Irvine. of good food, fun and lots of Dinner will be served at laughter. For tickets and to 5:30 p.m. in the lodge hall make reservations, call Phyldining room, and the panto- lis Noland at (606) 723-6310.

der of The Eastern Star, will p.m. Cost of both the dinner The public is invited to 23, 2013, at the lodge hall, lo- come and join us for a night

Memory Screening And Successful Aging

munity Leaders of America at 275 Court Street, Irvine, is encouraging members of Kentucky from 1:00 p.m. unthe community to be proac- til 3:00 p.m. For more infortaking advantage of free, confidential memory screening and information about suc- fessionals administer the cessful aging on November 19th, 2013.

tional Memory Screening Screening results are not a di-Day, an annual initiative that the Alzheimer's Foundation below- normal scores or who of America holds each No- have concerns are encourvember. FCCLA, along with aged to pursue a full medical Estill Medical Clinic will pro- exam.

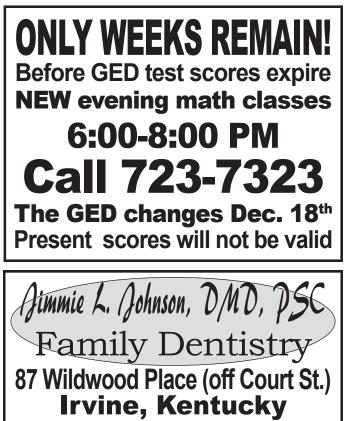
Family, Career and Com- vide the memory screenings tive about memory health by mation call, Debbie Anders at (606) 723-3537.

Qualified health care proscreenings, which consist of a series of questions and tasks, The event is part of Na- and take five to ten minutes. agnosis and individuals with

Tuesday, November 19th, 7pm **Estill Arts Council To Meet**

The Estill Arts Council will way this month. be meeting Tuesday, November 19, 2013 at 7:00 p.m. We would like to order food bewill meet at Thyme on Broad- fore the meeting.

Arrive at 6:00 p.m. if you



(606) 723-3213

Saturday, December 7th & 10am

Kiwanis Christmas Parade and Elizabeth Witt Christmas Party

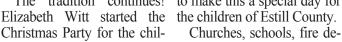
The tradition continues! to make this a special day for Christmas Party for the children of Estill County 33 years partments, businesses, and, ago and wanted every gift to be wrapped.

with the Irvine-Ravenna Kiwanis Parade and the annual Elizabeth Witt Christmas Party on Saturday, December 7.

The parade will begin in Ravenna at 10:00 a.m. and proceed on Broadway to the Irvine First Christian Church on Main Street where the Elizabeth Witt Christmas Party will be held in the base- member, Richard Snowden, ment.

Claus and Mrs. Claus gifts unit in the parade. There is will be given. Gifts will be no entry fee to participate in given until 1:00 p.m.

The Kiwanis Club and Mrs. parade will be in Ravenna on Witt's party committee hope 5th St. at 9:15 a.m.



organizations can participate by entering a float, band, The tradition will continue marching group, antique car, or other Christmas related parade unit. Prizes will be awarded for the parade in the amount of \$100, \$50, and \$25 for 1st, 2nd, and 3rd place respectively for the most attractive float. The float with the best children's theme will receive \$50.

Contact Kiwanis Club 723-2135, or Tom Bonny, Upon the arrival of Santa 723-5694, about entering a the parade. Line-up for the



MAPLE-CINNAMON COFFEE

6 tablespoons ground Maxwell House regular or decaffeinated coffee

1/2 teaspoon ground cinnamon

1/2 cup light maple-flavored or pancake syrup

4-1/2 cups cold water

6 tablespoons thawed Cool Whip Whipped Topping

1. Place coffee in filter in brew basket of coffee maker; sprinkle with cinnamon.

2. Pour syrup into empty pot of coffee maker. Add water to coffee maker; brew. When brewing is complete, stir until coffee mixture is well-blended.

3. Top with whipped topping. Use a cinnamon stick as a stirrer for each cup of coffee. Makes 6 servings, about 3/4 cup each.

Variation: Lemon Viennese Coffee

Prepare as directed, substituting 1 tablespoon lemon zest for the cinnamon and 1/3 cup honey for the syrup

ORANGE MULLED CIDER

1 gallon (4 quarts) apple cider

1 packet (makes 2 quarts drink) or 2 packets (makes 1 quart drink each) Crystal Light Classic Orange Flavor Drink Mix*

4 cinnamon sticks

2 teaspoons whole cloves

1/2 teaspoon ground nutmeg

1. Cook ingredients in large saucepan on low heat 20 minutes or until heated through, stirring occasionally. (Do not boil.)

2. Discard cinnamon sticks and cloves before serving. Makes 16 servings, 1 cup each.

*NOTE: Crystal Light packets come in two sizes. Please note packet size before preparing recipe.

Angela Shelf Medearis is an award-winning children's author, culinary historian and author of seven cookbooks. Her new cookbook is "The Kitchen Diva's Diabetic Cookbook." Her website is www.divapro.com. To see how-to videos, recipes and much, much more, Like Angela Shelf Medearis, The Kitchen Diva!, on Facebook and go to Hulu.com. Recipes may not be reprinted without permission from Angela Shelf Medearis.

(c) 2013 King Features Synd., Inc., and Angela Shelf Medearis