

Community News

Mail announcements to The Estill Tribune, 6135 Winchester Road, Irvine, KY 40336
Call (606) 723-5012; Fax to (606) 723-2743; or E-mail it to <News@EstillTribune.Com>

Daytime

Al-Anon Daytime Meetings

Al-Anon is a fellowship of relatives and friend of alcoholics who believe their lives have been affected by someone's drinking. Its single purpose is to help families and friends of alcoholics. If you would be interested in a daytime meeting, please contact Amanda Webb/West Care at 726-0385.

Available Now

Flu Shots Are Now Available

Flu shots are now available at the Estill County Health Department. Insurances accepted include Medicaid, Medicare and Humana (state employees). Cost for self-pay is \$25.00. Call 606-723-5181 for more information.

Thursdays, 7-8:30pm

Estill County Chorus Rehearsals

Estill Chorus rehearsals have begun! Join us now and be a part of the fun as we prepare for the annual Christmas Concert. The Estill Chorus meets Thursdays, 7:00 - 8:30 p.m. in the fellowship hall of the First Christian Church on Main Street in Irvine. There is no audition. Everyone welcome!

Fridays, 6:00 to 8:00pm

Estill Appalachian Dulcimers

The Estill County Appalachian Dulcimer Club meets every Friday from 6 to 8 p.m. at the First Christian Church, Main Street, Irvine. Anyone who plays an Appalachian Dulcimer or anyone who is interested in playing one is welcome to attend.

Friday, Nov. 15th & Tues., Nov. 19th

Volunteers Needed To Wrap Gifts For Elizabeth Witt Christmas Party

Volunteers are needed to wrap the 1,100 gifts and books for the Elizabeth Witt Christmas Party which will be held Sat., Dec. 7 at the First Christian Church in Irvine. The gift wrapping sessions will be held at Citizens Guaranty Bank, River Drive on the following dates: Friday, Nov. 15, and Tuesday, Nov. 19. Wrapping will begin at 9 a.m. More dates will be scheduled for wrapping until all the gifts are wrapped. The party is being planned for children in Estill County that are 12 years of age and younger. Donations for the 33rd annual party can be given at Citizens Guaranty Bank. Contact Francine Bonny, Sharon Niece, or Regina Robertson for more information.

Tuesday, November 19th, 1-3pm

Memory Screening And Successful Aging

Family, Career and Community Leaders of America is encouraging members of the community to be proactive about memory health by taking advantage of free, confidential memory screening and information about successful aging on November 19th, 2013. The event is part of National Memory Screening Day, an annual initiative that the Alzheimer's Foundation of America holds each November. FCCLA, along with Estill Medical Clinic will provide the memory screenings at 275 Court Street, Irvine, Kentucky from 1:00 p.m. until 3:00 p.m. For more information call, Debbie Anders at (606) 723-3537. Qualified health care professionals administer the screenings, which consist of a series of questions and tasks, and take five to ten minutes. Screening results are not a diagnosis and individuals with below-normal scores or who have concerns are encouraged to pursue a full medical exam.

Tuesday, November 19th, 7pm

Estill Arts Council To Meet

The Estill Arts Council will be meeting Tuesday, November 19, 2013 at 7:00 p.m. We will meet at Thyme on Broadway this month. Arrive at 6:00 p.m. if you would like to order food before the meeting.

ONLY WEEKS REMAIN!
Before GED test scores expire
NEW evening math classes
6:00-8:00 PM
Call 723-7323
The GED changes Dec. 18th
Present scores will not be valid

Jimmie L. Johnson, DMD, PSC
Family Dentistry
87 Wildwood Place (off Court St.)
Irvine, Kentucky
(606) 723-3213

Thursday, November 21st @ 6:00pm

Herb Club Thanksgiving Meal

Garden Thyme Herb Club will be meeting at 6 p.m. on Thursday, November 21, 2013, in the fellowship hall of New Beginning Church. The meeting will begin with a traditional Thanksgiving meal. Members are asked to bring potluck dishes. Following the meal, Carol Haller will be presenting ginger as the herb of the month. The meeting will end with Bingo. The prizes are white elephant gifts that participants bring. Everyone is invited to this meeting. For more information, please call (606) 723-3096.

Saturday, November 23rd

FBLA's "Light Up Rivertown"

It's that time of year again! Estill County High School FBLA will be hosting Light up Rivertown on Saturday, November 23, 2013 at the Estill County Courthouse. Various booths will be set up inside the courthouse, and several local bands will be performing on the courthouse steps. If you are interested in participating in this event by setting up a booth or providing entertainment, please call Connie Witt at Estill County High School at 723-3537.

Saturday, November 23rd @ 5:30pm

Eastern Star Dinner & Pantomime

Irvine Chapter #357, Order of The Eastern Star, will present a dinner-pantomime show on Saturday, November 23, 2013, at the lodge hall, located on Broadway in Irvine. Dinner will be served at 5:30 p.m. in the lodge hall dining room, and the pantomime show will begin at 6:30 p.m. Cost of both the dinner and the show is \$10.00. The public is invited to come and join us for a night of good food, fun and lots of laughter. For tickets and to make reservations, call Phyllis Noland at (606) 723-6310.

Friday, Dec. 6th & Sunday, Dec. 8th

An Estill Hometown Christmas

We invite you to join us as the Estill Chorus presents its annual musical concert to kick off the holiday season! Featured on the program once again will be the lively offerings of the Estill High School Jazz Band as well as Estill County's own gifted pianist, Jeremie Michael. Save the date! Friday, December 6 at 7:00 p.m. and Sunday, December 8 at 3:00 p.m. at Calvary Baptist Church.

Saturday, December 7th, 10am-4pm

Estill Arts Council's Annual Christmas Arts & Crafts Show

The 10th annual "Christmas Arts & Crafts Show" will be Saturday, December 7, 10 a.m. - 4 p.m. at the Central Office Gymnasium, 253 Main Street in Irvine. The Estill Arts Council will offer unique gifts for sale from local artists and craftsmen, live entertainment, free children arts activities, visit from Santa, a silent auction of arts and crafts items, concession stand with chili and hot dogs, and 50/50 pot. Only original artwork, handmade crafts, and baked goods (individually wrapped) are eligible for entry. No canned goods can be sold unless home based processing has been approved.

Saturday, December 7th & 10am

Kiwanis Christmas Parade and Elizabeth Witt Christmas Party

The tradition continues! Elizabeth Witt started the Christmas Party for the children of Estill County 33 years ago and wanted every gift to be wrapped. The tradition will continue with the Irvine-Ravenna Kiwanis Parade and the annual Elizabeth Witt Christmas Party on Saturday, December 7. The parade will begin in Ravenna at 10:00 a.m. and proceed on Broadway to the Irvine First Christian Church on Main Street where the Elizabeth Witt Christmas Party will be held in the basement. Upon the arrival of Santa Claus and Mrs. Claus gifts will be given. Gifts will be given until 1:00 p.m. The Kiwanis Club and Mrs. Witt's party committee hope to make this a special day for the children of Estill County. Churches, schools, fire departments, businesses, and organizations can participate by entering a float, band, marching group, antique car, or other Christmas related parade unit. Prizes will be awarded for the parade in the amount of \$100, \$50, and \$25 for 1st, 2nd, and 3rd place respectively for the most attractive float. The float with the best children's theme will receive \$50. Contact Kiwanis Club member, Richard Snowden, 723-2135, or Tom Bonny, 723-5694, about entering a unit in the parade. There is no entry fee to participate in the parade. Line-up for the parade will be in Ravenna on 5th St. at 9:15 a.m.

Rader's 5 S. Irvine Road
Irvine, Kentucky
River Grill
Under the Irvine Bridge Chris Rader, Owner
"The Only Floating Restaurant in Ky."
Now Open 6am For Breakfast!
(606) 723-6439
Try Our Sunday Buffet!

Kitchen Diva

Holiday Dessert Drinks

by ANGELA SHELF MEDEARIS

Few aromas are more inviting than a cup of hot coffee on a crisp fall afternoon. While your guests are sure to enjoy a simple cup of coffee after a big Thanksgiving meal, it also might be fun to try a specialty coffee drink.

A pie or a cake are typically the heroes at every Thanksgiving table, but you might want to try something new to pair with or substitute for traditional desserts. I usually serve Thanksgiving dinner in the early afternoon. Most of my guests are too full to eat dessert right after dinner. My family and guests enjoy a hot beverage and then eat dessert a few hours later, or get dessert to go. Dessert drinks provide my guests with the best of both worlds, a hot beverage and a sweet to finish to their holiday meal.

I've provided you with some great ideas to garnish your after-dinner coffee drinks and a recipe for Maple-Cinnamon or Lemon-Viennese coffee. I've also included a delicious Orange Mulled Cider recipe for those who do not like coffee. Hot cider or hot, spiced teas are wonderful alternatives to coffee to warm and refresh your overstuffed guests.

Chocolate garnishes are a welcome addition to coffee or dessert drinks. Use a peeler to quickly shave chocolate over individual plates or cups. If you need a larger amount, use a box grater to grate an unwrapped square of room temperature Baker's Chocolate onto a sheet of waxed paper. Use immediately or refrigerate until ready to use.

Making Chocolate Curls:

Warm a square of Baker's Chocolate by microwaving it, unwrapped, on HIGH for a few seconds or just until you can smudge the chocolate with your thumb. Hold the square steady and draw a peeler slowly over flat bottom of square, allowing a thin layer of chocolate to curl as it is peeled off to make long, delicate curls. Use the same technique along the narrow side of the square to make short curls.

Chocolate-Dipped Spoon:

Coffee will seem that much more enticing if served with a Baker's Chocolate-Dipped Spoon. Here's how you do it: Melt one package (8 squares) Baker's Semi-Sweet Baking Chocolate or one package (4 ounces) German Sweet Chocolate as directed on package. Dip clean, dry plastic teaspoons into melted chocolate to coat the bowls of the spoons; let excess chocolate drip off. Place in single layer in waxed paper-lined tray; refrigerate 10 minutes, or until chocolate is firm. Cover tray with plastic wrap. (Or wrap spoons individually with plastic wrap and tie ribbon around each to secure.) Store in refrigerator until ready to use.

Try serving a hot dessert drink after your Thanksgiving dinner. You might start a new tradition!



MAPLE-CINNAMON COFFEE

6 tablespoons ground Maxwell House regular or decaffeinated coffee
1/2 teaspoon ground cinnamon
1/2 cup light maple-flavored or pancake syrup
4-1/2 cups cold water
6 tablespoons thawed Cool Whip Whipped Topping

1. Place coffee in filter in brew basket of coffee maker; sprinkle with cinnamon.

2. Pour syrup into empty pot of coffee maker. Add water to coffee maker; brew. When brewing is complete, stir until coffee mixture is well-blended.

3. Top with whipped topping. Use a cinnamon stick as a stirrer for each cup of coffee. Makes 6 servings, about 3/4 cup each.

Variation: Lemon Viennese Coffee

Prepare as directed, substituting 1 tablespoon lemon zest for the cinnamon and 1/3 cup honey for the syrup.

ORANGE MULLED CIDER

1 gallon (4 quarts) apple cider
1 packet (makes 2 quarts drink) or 2 packets (makes 1 quart drink each) Crystal Light Classic Orange Flavor Drink Mix*
4 cinnamon sticks
2 teaspoons whole cloves
1/2 teaspoon ground nutmeg

1. Cook ingredients in large saucepan on low heat 20 minutes or until heated through, stirring occasionally. (Do not boil.)

2. Discard cinnamon sticks and cloves before serving. Makes 16 servings, 1 cup each.

*NOTE: Crystal Light packets come in two sizes. Please note packet size before preparing recipe.

Angela Shelf Medearis is an award-winning children's author, culinary historian and author of seven cookbooks. Her new cookbook is "The Kitchen Diva's Diabetic Cookbook." Her website is www.divapro.com. To see how-to videos, recipes and much more, Like Angela Shelf Medearis, The Kitchen Diva!, on Facebook and go to Hulu.com. Recipes may not be reprinted without permission from Angela Shelf Medearis.