



ABOVE: The Ravenna Church of the Nazarene honored those who "protect and serve" our county on Public Service Day, Sunday, November 3, 2013.

Out on a Limb

by Gary Kopervas



"Remembrance Tree" Scheduled for Dec. 14

The annual Remembrance Tree ceremony is set for Saturday, December 14, 1:00 p.m., at Eastside Community Church in Richmond.

The event is a long-standing tradition for Hospice Care Plus and the community.

"The Remembrance Tree is primarily a memorial service, and one that comes at a time of year when many of us feel the need to make a space for those we've lost," says Gail McGillis, CEO of Hospice Care Plus. "It has really taken hold in our community, with hundreds coming each year to remember."

The Remembrance Tree ceremony gives the community a chance to remember loved ones during the holiday season by placing a personalized memorial ornament on a tree.

After an opening prayer and holiday music, the memorial list of names is read. Guests place their personalized ornament on a Remembrance Tree when they hear their loved one's name. If no one is present to place the ornament on the tree, a hospice staff member will do so.

The Remembrance Tree will remain on display throughout the holiday season at Hospice's Compassionate Care Center on Isaacs Lane in Richmond. Guests who wish to take their personalized ornament home with them may do so immediately following the ceremony or anytime between Dec. 16 and Jan. 3 by visiting the Center. After Jan. 3, ornaments will be available at the Hospice Care Plus office in Berea.

To request an ornament, contact Hospice at hospicecp.org, 859-986-1500 or 800-806-5492. Donations for ornaments can also be made online at Hospice's website: hospicecp.org. There is no charge for the ornaments or for the ceremony, but the organization does suggest a donation—of any size—when requesting the personalized ornament. Proceeds from the event fund all of the programs offered by the organization.

Tate Is Selected STAR Rep

Estill County High School graduate Jordon Tate of Irvine is one of 40 Eastern Kentucky University students selected to give interested high school juniors and seniors a taste of life as a college student through the University's new Colonel for a Day program.

The program, unique in Kentucky, offers high school students a chance to shadow an ECU student to class, the cafeteria and other popular places on campus. Each prospective student is matched to a Student Admissions Representative (STAR) for the day.

Tate is a Junior Public Health major at ECU.

Requirements to become a STAR include having a 2.75 GPA or higher, and letters of recommendation must be submitted for the volunteer position.

"Prospective students love the idea of coming on campus and really getting a real-world experience," Kimberly Merritt, assistant director of admissions at ECU, said. "We have had students deciding between two schools and end up choosing Eastern from experiencing a shadow day. This program allows current ECU students to serve as mentors, enjoy a free meal in our dining facilities and show off the Campus Beautiful!"

The Colonel for a Day program is offered on Wednesdays, from 8:30 a.m. to 2 p.m. To register, or for more information, visit admissions.eku.edu/shadowday or call 859-622-2106.

Project HOME Network



Kentucky's only NCI-Designated Cancer Center

Are you a smoker?

Are you:

Uninsured

Age 55-74

Have you:

Smoked a pack of cigarettes a day

for 30 years or more

or

Quit smoking within the last 15 years?

Ask Your Provider About Lung Cancer Screening

You may qualify for a special program that offers free screening.

The Community Lung Cancer Screening Program is a collaboration with the Project HOME Network, Marcum & Wallace Memorial Hospital and UK Healthcare Markey Cancer Center. Funding for this Project is provided by the Health Resource Services Administration (HRSA) Office of Rural Health Policy



For more information please contact:



Jim Thacker
Health Care Navigator

Project HOME Network
Marcum & Wallace Memorial Hospital
60 Mercy Court, Irvine, KY 40336
606-723-2115 ext. 8180



Happy "60th" Birthday!