



Times Remembered Betty A. Young
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I remember that wonderful song, Over the River and Through the Woods to Grandmother's House We Go. We sang this song nearly every year in grade school

Happy Thanksgiving!

at Thanksgiving.
"Over the river and through the woods to Grandmother's house we go. The horse knows the way to carry the sleigh through the white and drifted snow.

"Over the river and through the woods, Oh, how the wind does blow. It stings the toes and bites the noses as over the ground we go . . ."

. . . and the song goes on! Today, we definitely don't go to Grandmother's house in a sleigh; we travel in an SUV or car either North or South on I-75 or I-64 or some other highway. Usually we don't have snow by Thanksgiving; but we could have snow flurries this year. And we have heaters in our ve-

hicles to keep our toes from stinging and the car doesn't know the way like the horse. Someday, in the near future cars will probably be programmed for certain destinations and drive themselves. A scary thought.

We all have different traditions for Thanksgiving. For me, Thanksgiving is a time to get together with family, count my blessings and share time and a meal. We watch Macy's Thanksgiving Day parades, football games, play board games like Scruples, Scrabble and play touch football. We reconnect socially to our family and friends. Our families live in-state and everyone gathers at our house for the holidays.

The kitchen island is the hub for chopping vegetables and rolling out dough, sipping coffee and hot chocolate while listening to Christmas music and dissecting UK basketball and football. Our kitchen is always loud with the chatter and the clatter of pots and pan, the whirring of mixers and the food processor.

I have been blessed to be able to prepare a bountiful feast for my family. I am making Turkey/Dumplings/ Dressing, Mashed Potatoes, Sweet Potato Casserole, Green Beans, Fried Corn, Seven Layered Salad, Cranberry Relish, Broccoli Casserole, Rolls, Iced Tea, Pumpkin Cheesecake, Butterscotch Pies, and Pumpkin Roll.

Gourds sustained Native Americans and early Euro-

pean settlers alike through New England's long, harsh winters. While we may not rely upon such harvest fruits for survival today, squash and pumpkins continue to conjure cultural memories of the first Thanksgiving and to offer a comforting presence at our holiday tables.

We count our blessings and thank God for our life together, for our freedom of worship and our blessings of family, health, food and shelter.

Because of religious persecution the Pilgrims set sail on the Mayflower for the new world, America on September 6, 1620. The trip took 65 days. Their first winter was devastating and only 65 of the 110 survived. With the help of an Indian named Squanto they learned to plant corn, squash, and pumpkins and to identify plants and berries for medicinal use. The next year their harvest was a success and the Pilgrim governor, William Bradford proclaimed a day of thanksgiving with a celebration of eating, playing games and giving thanks for their harvest.

In 1863, President Abraham Lincoln declared the fourth Thursday of November as a national day of thanksgiving.

Happy Thanksgiving! Enjoy!

"In every thing give thanks: for this is the will of God in Christ Jesus concerning you."

- 1 Thessalonians 5:18 (KJV)

BIBLE TRIVIA

by Wilson Casey

1. Is the book of Joshua in the Old or New Testament or neither?
2. According to James, the effective prayers of "what" type man availest much? Patient, Holy, Righteous, Elderly
3. What did Moses command should be

done to a woman caught in adultery? Forgiven, Stoned, Beheaded, Loved

4. According to Colossians, what do we have through Jesus' blood? Love, Eternity, Hope, Redemption

5. Which has the fewest words of any book in the Bible (KJV)? Titus, Jude, III John, Amos

6. In Isaiah 53, we hid our "what" from Jesus? Faces, Sins, Grief, Hands

Bible Trivia answers are at the bottom of Page 12

CHURCH NEWS

Church News is published as a free service. The Estill County Tribune. Call your announcement to (606) 723-5012; fax it to (606) 723-2743; or E-mail it to <News@EstillTribune.Com> or mail to 6135 Winchester Road, Irvine, KY 40336

Sunday, December 1st @ 2:00pm

Gospel Singing At Stacy Lane

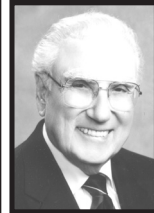
There will be a gospel singing at Stacy Lane Community Pentecostal Church of God this coming Sunday, December 1, 2013, starting at 2:00 p.m.

Singers include Bro. Jerry & Sister Sherie Coleman,

Rev. Billy Jay & Sister Myra Kay Horn, The Lees 4 Jesus, and The Stacy Lane Singers.

Everyone is welcome. For more information, call (606) 717-0216.

Pastor Jason Riddell and congregation welcome all.



SEEDS FROM THE SOWER

Michael A. Guido, D.D. Mitter, Georgia

When four-year-old Sammy awoke after surgery, the nurse explained that it would be necessary for him to be fed intravenously for the next few days.

After assuring him that everything would be fine, she began the process to administer the glucose. In the habit of giving thanks before each meal, Sammy asked in a brave and cheerful voice, "Aren't you going to give thanks?"

It is not easy to give thanks in painful situations. Nor is it natural

to see God's goodness in all of life's trials and troubles. But the Apostle Paul reminds us to "Be joyful always, pray continually, give thanks in all circumstances, for this is God's will for you in Christ Jesus."

When we give thanks, we acknowledge our confidence in the Lord, knowing that He cares for us. When we give thanks, we express our closeness to God, realizing that He is with us in every situation. When we give thanks, we declare that we are willing to accept the counsel of God knowing that His will is being done.

Happy Thanksgiving Nov. 27, 2013
Visit us at: SowerMinistries.org

In Loving Memory

November and December Bring back sad memories Of a dear Mother and Dad gone to rest. It's been 17 years for Mother And almost 4 years since Dad has passed Since we saw my dear Mother and Dad Dad, as your birthday draws near Treasured are the thoughts of you so dear. One by one the days go by, But the loving memories of Mother And Dad will never die.

Sweet be thy rest, Dear Parents, Sweet in His tender care. We hope again to see you, In that land so bright and fair.

Love always, Mother and Dad

Gina, Jordan, Vincent, Destany, Mebia, Starr, Geanna Alexander

The Assaults on The Bible

by BOB CASEY, Preacher
Church of Christ 262 Broadway, Irvine

If you have been listening to any religious broadcast lately, we can plainly hear the unbelievers deny the authenticity of the Holy Scriptures. Of course, this is nothing new because many have been doing it for centuries. But because of the availability of T.V. we have heard these denials more frequently. For example, the creation account of Adam and Eve alone in the Garden of Eden is denied as being false. Also just recently, one denied the sayings of Jesus while hanging from His cross, saying the words: "Father, forgive them for they know not what they are doing" was not heard by the multitude, because they were standing afar off. I deny that this was true! In John 19:25-30 our Lord's mother, along with three other women who were standing at the cross, heard Him commit the keeping of His mother unto the household of John. Next we see the soldiers hearing Jesus say, "I thirst," and they filled a sponge with vinegar and gave it unto Him. My thoughts are if they heard these, they also heard the rest. Now does the devil use these seemingly small events? If he can plant any seed of doubt, no matter how small in the minds of men, some may be prone to doubt other important teachings. I have heard many say: well you know that the Bible contradicts itself. I ask: Just what are your references to prove this? Of course, there is none.

Assaults upon the teachings of Jesus and the Holy Scriptures have been used by the devil in the name of religion for over two thousand years, and will continue until our Lord returns to judge us all. Even in the days of the apostles in 1 John 2:18-19, here John used the word Anti-Christ simply meaning anyone that is teaching things not authorized by our Lord is against the truth. He went on to say: "They went out from us, but they were not of us." He goes on to say if they were of us they would have continued with us. Again in chapter 4:1-5, he warns them to try-test the spirits, saying: "Many false prophets are gone out into the world." Even more so is this true by the invention of the printing press in 1600. In Colossians 2:18 Paul warns the Christians not to let man and his teaching beguile you of your reward. Again in verse 8 he says: "Beware lest any man spoil you through philosophy and vain deceit after the tradition of men." I know by saying this, that I am opening myself up for all types of worldly assaults. But this I say, and know, that 99% of every religious endeavor in this country is established upon false premises. I say this sadly, because I welcome open discussion with any one in defending what I just wrote. We are living in a day in which we should not mime words, or to develop a compromising spirit, because our Lord is soon coming. Maranatha! Revelation 22:20.

Call for further study 1-859 (Waco) 369-4165.

Sincerely, Bob Casey, Waco 1-859-369-4165

Cooking with a Pressure Cooker

At the end of a busy day, many of us would love to quickly produce a tasty, nutritious, home-cooked meal with minimal effort. One way you can achieve this is by utilizing an electric pressure cooker.

Some of you may be hesitant about using a pressure cooker, either because you're not familiar with them or have heard horror stories from your mother or grandmother about pressure cookers exploding and the cooker and its contents flying across the room. As long as you correctly follow the manufacturer's operating instructions for the cooker, you can cook most foods very safely. Today's pressure cookers include more safety release valves and interlocking lids, which makes them safer than older models. Electric pressure cookers have their own heat sources that are automatically regulated to maintain the desired pressure.

In an electric pressure cooker, foods cook three to 10 times faster compared to conventional cooking methods because the cooker does not allow air and liquids to escape the container below a pre-set pressure. As the pressure builds, the temperature inside the cooker rises above the normal boiling point.

This not only helps the food cook quickly, but it helps food retain nutrients and requires less water to prepare items. It also results in less energy used to prepare foods. You can cook multiple foods at the same time, which saves in dirty dishes and time.

In addition to following the manufacturer's directions, never fill a pressure cooker more than two-thirds full or more than halfway full for soups and stews. Realize that the hotter the food or liquid is going into the cooker, the quicker it will cook. Brown meat or poultry before putting them into the pressure cooker for best results.

Generally, foods that expand as a result of foaming and frothing, such as applesauce,

cranberries, rhubarb, cereals, pastas, split peas and dried soups mixes, should not be cooked in a pressure cooker.

Cleaning methods will vary depending upon the type of pressure cooker you have. Follow manufacturer's guidelines for cleaning.

Store pressure cookers in a cool, dry place with the lid inverted on the body. Failing to do so can result in unpleasant odors and cause wear and tear on the lid's seal.

Remember you should not try to use a pressure cooker as a pressure canner to preserve food. The quick come-up and cool-down times may not be long enough to kill all harmful microorganisms, which can cause foodborne illnesses from eating the canned foods.

More information on food preparation is available at the Estill County Extension Office (located at 76 Golden Court, Irvine) of the University of Kentucky Cooperative Extension Service.

Source: Debbie Clouthier, UK Extension Associate

TAX & ACCOUNTING SEMINAR FOR MINISTERS, CHURCHES & CLERGY

Tax laws have become increasingly complex, making it hard for the average taxpayer to understand them. When it comes to ministerial laws, another layer of complexity is added as there are many special rules that apply to ministers and churches. Our seminar is designed to help educate people involved with the financial aspects of a church or congregation and give them tools to navigate these complex rules and regulations.

TUESDAY DECEMBER 10, 2013
10AM—3PM

LOCATION: EASTERN KENTUCKY ACCOUNTING & TAX
1228 RICHMOND RD (WEST IRVINE PLAZA) IRVINE, KY 40336

Cost: \$50.00 (discounts available for additional persons attending from same congregation) includes LUNCH
Register and pay by December 4, 2013 and receive a 10% discount.

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