

Estill Grad Named To 10th Region Hall of Fame

Scott County High School girls basketball assistant coach Tara Sewell Helton was recently inducted into the 10th Region's Hall of Fame last weekend at the girl's regional tournament at Mason County High School.

Helton is a 1993 graduate of Estill County High School, where she played since eighth grade. At that time the Superintendent did not allow 7th graders to play high school ball; although she did practice she was not allowed to play in 7th grade games. She was also unable to count her eighth grade points toward her high school total.

Helton held the all-time leading scoring record for girls from 1993-2002. She is currently 4th in scoring.

She played in 71 total games at ECHS, scoring 1576 career points in three years despite tearing her ACL into the third game of her junior season.

She also dished out 497 career assists, and grabbed 364 career rebounds.

Helton shot a career free throw percentage of 81 percent (568-701) and hit 112 career three pointers.

Her senior season, Helton was named Lexington Herald-Leader Honorable Mention all-state team and was tabbed as a second team all-star by the Louisville Courier-Journal.

After high school, Helton played on year of college ball at Lindsey Wilson before transferring to Union College where she played three years.

In 1997 she ended the season 5th in the NAIA in three-point shooting, hitting 46.4 percent from distance.

Helton has been an assistant at Scott County High School since 1997, and has coached in both the Kentucky/Indiana and Kentucky/Ohio All Star games.



Tara Sewell Helton

In 2007, she was also named Honorable Kentucky Colonel. Alongside her husband, Steve Helton, Tara Helton has helped lead Scott County to 11 district championships, three regional championships, a state quarter finalist appearance and state runner-up finish in 2010.

Tara is the daughter of Betty and Bob Young of Irvine and Tony Sewell of Richmond, Kentucky.



The Estill County Fever was the runner up in the 5th grade division in the 2014 FEVER Roundball Ruckus held over the weekend in Irvine. Teams from Powell, Montgomery, Menifee, Breathitt, and others participated in 5th grade and 6th grade divisions. Back Row, left to right: Head Coach Shaun Hale, Mia Hale (4th Grade), Macy Reed (4th Grade), Yanna Turner (5th Grade), Mariah Riddell (4th Grade), Assistant Coach Brian Riddell Front Row Left to Right: Emma Winkle (4th Grade), Hannah Baker (4th Grade), Sarah Baker (2nd Grade). The Estill County 6th grade team finished in 4th place.

Estill Elite Jumpers Attend First Competition

Estill Elite Jumpers.....attended their first competition in Norton, Ohio on Saturday February 22nd. Nineteen team members competed against 7 other jump rope teams from different states, such as, Ohio, Pennsylvania, and Indiana.

Team members competed in a variety of jump rope skill sets (such as timed speed) against other teams as well as their own team members.

Veteran jump rope team members Kylee Conley, Shayla Gibson, Ashley Stone, and

rookie Kacey Gibson came in 4th place for the speed roping as a group for their age group. Each girl had 30 seconds to speed rope within their group. The group had over 200 jumps (that's an average of 50 jumps for each girl in 30 seconds).

Not too bad for a new jump rope team.

Jump Rope Coaches, Jodi Sims and Elizabeth Renner were very happy with the overall performance and were not expecting any team members to place in the competi-

tion. They were using this competition as mainly a learning experience for the team. Nevertheless, the girls are excited and geared up for this upcoming competition in Mason, Ohio. The jumpers also enjoyed their moment of fame

on Channel 18 with "Live with Lee Cruse". They had an opportunity to show off their jump rope skills and even had Mr. Cruse jumping himself. Go to the Estill Elite Jumpers facebook page for upcoming events.



Left to right, front: Ashley Stone and Kacey Gibson. Back row: Mrs. Sims, Kylee Conley, Shayla Gibson and Mrs. Renner.



The Elite Jumpers with TV personality Lee Cruse

Estill County Elementary League Basketball



Elementary action between the Black and the Gold



The Yellow team and the Purple team battle it out.



Congratulations on a great season Estill County 6th grade middle school boys basketball. They finished 25-6 and placed third in the conference and finished in top four in the conference tournament. Pictured are: Joe Benton, Chase Muncie, Matthew Woolery, Coben Clem, Conner Hall, Cody Hatton, assistant coach Seth Martin, Justin Stamper, Micah Swim, Chase Rawlins, Micah Adams, Cobbe Click, Ethan Webb, Lucas Puckett and head coach Brian Covey. (Corrected)



White takes the offense against the Blue team.