

# Missed Writing Last Week



**Times Remembered**  
**Betty A. Young**  
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I missed writing an article last week; I was incapacitated with back pain.

I know many of you ladies out there remember birth pains...well I'd rather have them than what I have been experiencing the past two weeks...it's my Sciatic Nerve; it is so painful. I've seen two doctors and had an MRI and x-rays of back and hip. So far I been referred to an orthopedic doctor, (July 25,) and given pain meds and anti-inflammatory meds. Aleve or Advil won't even touch the pain. What do doctors think? An appointment in a month and a half; no that won't get it, I will see an orthopedic doctor before then

I've always been fairly athletic and in decent shape, a few pounds over weight, but no major injuries to speak of and no real big medical scares. So I didn't think much about it when I started feeling some soreness in my lower back the morning after loading the camper to go camping on Memorial Day weekend.

I just threw on some smelly menthol muscle crème, popped a few ibupro-

fen and went about my normal routine. But fast forward a few days or so, and the pain had traveled down into my gluteus, (butt muscles), and walking was starting to get painful...and my back hurt now, it wasn't just "achy."

Heating pads weren't working .....muscle crème was useless...and for the first time in my life I was being physically limited by pain...I was getting nervous. I kept trying to convince myself that everything will turn out fine.....even when you're getting worse and worse. I went to the 1st doctor and I was told it was a pulled muscle, and to rest and stay off my feet; that did not ease my nerves...I knew in my heart that it wasn't just a pulled muscle...I had never had pain like this. I was walking crooked, couldn't stand up.

Couldn't lie down or sleep in any position. While I was resting I was surfing the net and I got anxious and goggled "back pain." One of the first sites I stumbled on was "sciatica."

I found some exercises to do for sciatic pain that finally helped gave me some relief.

I had an MRI and x-ray of the hip last Monday that showed a herniated disc; probably hitting on the sciatic nerve and I also have degenerative arthritis in my hip and back.

I am trying to get an earlier appointment than July 25th. I can't wait that long; but it is a little better but amstill having quite a bit of pain.

I hope no one has this pain but I know millions of people do have it. We take our back and feet for granted they sure come in handy to have; I've missed them the past week.

# CHURCH NEWS

Church News is published as a free service. The Estill County Tribune. Call your announcement to (606) 723-5012; fax it to (606) 723-2743; or E-mail it to <News@EstillTribune.Com> or mail to 6135 Winchester Road, Irvine, KY 40336

**Thru Friday, June 20 @ 6:30pm**

## VBS at Providence Baptist

Vacation Bible School is continuing nightly at Providence Baptist Church at Winston, through Friday, June 20, 2014, 6:30-8:30 p.m. There will be classes for all ages and nursery will be provided. The theme is "Wilderness Adventure." Everyone is welcome.

**Sunday, June 22 @ 11am**

## Missionary At Faith Baptist

Faith Baptist Church is proud to welcome Holly Johnson-Prosser and her family for a time of testimony this Sunday, June 22 for the 11 a.m. service. Holly has written a book about their mission work and the adoption. She will be sharing the story at Faith Baptist this week. Everyone is invited to the service.

The Prosser family, Jeff, Holly and Brian, have been on multiple mission trips to Africa. Their mission work has led to the adoption of a daughter, Ellie.

The church is located on KY 52 in Lee County, one mile for the Estill-Lee County line. Bro. Todd Blevins is the pastor.

## When Life Throws You A Curve Ball

by BOB CASEY, Preacher  
Church of Christ, 262 Broadway, Irvine, KY

Life as we know it is a very pleasant thing when things evolve smoothly, but the devil is not going to let things continue to happen this way. He has proven himself to be a masterful deceiver, a cunning and crafty liar (case of Adam and Eve). In discussions had with Bible readers, most all agree that our world seems to be on a collision course with disaster. They know from Bible examples that men cannot continue to mock God and get away with it. The cases of Noah, Sodom and Gomorrah, along with the destruction of Jerusalem reveal that even though our Lord is a God of compassion, love and forgiveness, but these examples plainly teach that His patience can reach an end. So it is my prayer that all might awaken to the reality that Jesus will, maybe soon return to judgment of us all. **(II Corinthians 5:10).**

So until then, we have to continue to struggle with the uncertain affairs of this life. Many times things happen that shake our foundations of peace, happiness and joy that we all desire. These things happen because Satan is still walking to and fro upon this earth. But Jesus warned His disciples in **John 16:33** saying: "In this world ye shall have tribulation, but be of good cheer I have overcome the world." Perhaps when we read such passages as **Revelation 12:12** that this may be an indicator of the many terrible conditions that are in force as we speak. "Woe to the inhabitants of the earth and of the sea! for the devil is come down to you, having great wrath, because he knows that he has but a short time."

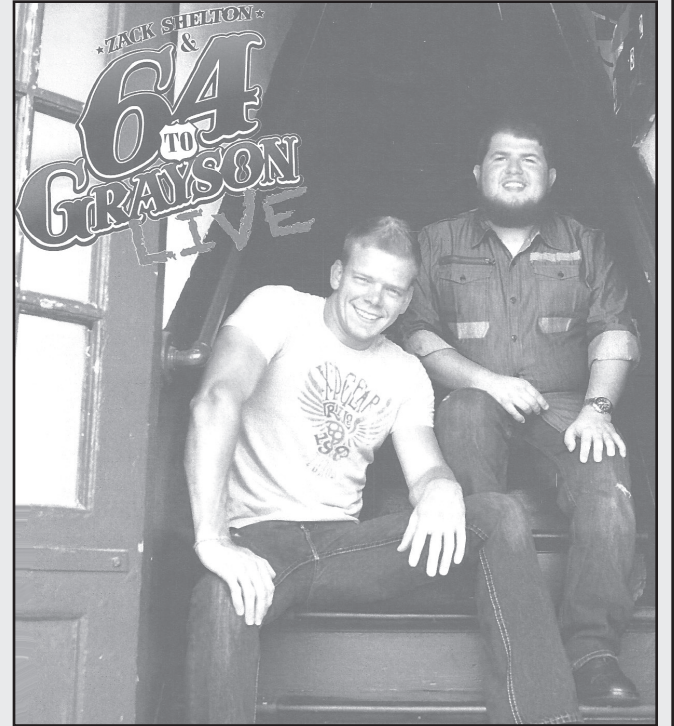
So when we see the apostasy of many churches, these are the curve balls that shake our faith, when divorces separate families and destroy them, these are life curve balls. When violence and murders are being committed almost weekly, do these not shake our opinion of men. When our leaders advocate and give license to murder the unborn, and to practice homosexualisms with the government's blessings. Are these not curve balls to the practicing, believers of God's word? So what can and must one do? Keep striking at them, preach, teach, raise your voice at every opportunity to cry out against these sins against God and men. A faith that is conclusive to God's plan must be an active faith. How long has it been since you have spoken publicly condemning these things that will eventually destroy us as a nation. We as Christian laymen must do what we can to offset these sins that are bringing our nation swiftly down. Yes, life is full of curve balls, but still we are assured of victory only through our Lord Jesus Christ.

The apostle Paul wrote in **I Corinthians 15:57-58** saying: "But thanks be to God, which giveth us the victory through our Lord Jesus Christ. Therefore, my beloved brethren, be ye stedfast, unmoveable, always abounding in the work of the Lord, forasmuch as ye know that your labour is not in vain in the Lord."

Visit with us the next Lord's Day. We talk about such things in church.

Sincerely, Bob Casey (859) 369-4165

# 1st Christian Block Party



**"64 to Grayson"**

First Christian Church. will be having a Block Party on Saturday, June 21, 2014, 4-8 p.m.

There will be entertainment for people of all ages! There will be a dunking booth and large inflatables for children to play on as well as other fun and games for the entire family! Starting at 5 p.m., there will be live music.

Christian Hip Hop artist Jeremiah Dean, who goes by the name, "Gone," will be performing songs off his new CD, "In Good Faith," between 6 and 7 p.m.

From 7 until 8 p.m., "64 to Grayson" will be performing. They are a nationally renown Christian group.

The church is really interested in getting a large crowd of all ages, as there will be a large variety of music... a little something for everyone. As in everything we do, the most important thing is to give the glory to God.

**Sunday, June 22nd**

## Singing Group at Irvine 1st

On Sunday, June 22nd, We look forward to seeing the Martin Family will be joining in the morning worship at Irvine First Church of God.

"Come worship with us as these folks share their song ministry and Bro. Hutchinson brings the Word of God. Sunday School 9:45 a.m. Morning Worship 10:45 a.m. Evening Worship 6 p.m. Wednesday Night Bible Study and Youth Service 6:30 p.m.

**Sunday-Friday, June 22-27, 6:30-9:00**

## Vacation Bible School At Ivory Hill

Ivory Hill Baptist Church will begin their Vacation Bible School on Sunday, June 22. It continues through Thursday, June 26 from 6:30 to 9 p.m. daily. Commencement and Family Night will be held on Friday, June 27.

This year's theme is "Bible Land Adventures: Where God Guides, God Provides." Pastor Ted Barker and congregation welcome everyone to VBS.

**Through Friday, June 20, 6-8p**

## Beech Grove Bible School

Beech Grove Baptist Church, Red Lick Road in Irvine, is having Vacation Bible School for all ages, through Friday, June 16-20, 2014, 6-8 p.m. each night. The theme is "Agency D-3: Discover, Defend and Decide" from 1 Peter 3:15. There will be a live investigation, so be sure to come and join in the Bible study. Everyone is welcome!

**Through Friday, June 20, 6:30-8:30**

## Vacation Bible School At Pine Hill

Pine Hill Baptist Church at Doe Creek, Irvine, will be having Vacation Bible School nightly through Friday, June 20, 2014 from 6:30 until 8:30 each evening. Everyone is welcome to attend.

**Sunday-Friday, July 13-18, 6:30-8:30**

## Mt. Carmel Vacation Bible School

Mount Carmel Christian Church will be having Vacation Bible School, themed, "Son Treasure Island," July 13-18, 2014, Sun. at 6 p.m., Mon - Fri., 6:30-8:30 p.m. VBS will be for elementary age youth. If questions, or transportation needed call 606-726-9342.

**VBS fun day activities**  
Sun. -- Inside Out Day  
Mon -- Crazy Socks Day  
Tue. -- Crazy Hair Day  
Wed., -- Twin Day  
Thur. -- Crazy Hat Day  
Fri. -- Luau & Water Fun

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**CORRECTION:** The obituary of Edna Arlene Worrell in last week's edition had an incorrect web page listing. It should have been <lewisfh.com>

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