

# Estill 8U Girls Softball All-Stars "Proved That They Could Pull Together"

The Estill County 8U Girls Softball All-Stars were announced at the end of the regular season on June 19, and had their first practice two days later.

One week later on June 28 and 29, they played in their 1st tournament in Georgetown. They proved that they could pull together as a fine young team - finishing in 2nd place

in the "State Recreational Tournament."

They have since played in the 2014 "Play at the Plate Showdown Tournament" in Berea on July 12 and 13, and in the "Estill County Mid-Summer Showdown" Tournament on July 26 — walking away with 2nd place finishes in both of those tournaments! More photos on Page 15.



Left to right, front: Marlo Puckett, Jadelyn Neal, Lexi Muncie, Cassidy Barnes, Baylie Jessie. Middle: Jessie Tuttle, Rylee Friend, Piper Samples, Alli McCreary, Hailey Baskin, Alyssa Muncie. Back: Coach Robbie Muncie.

## Wanderings from the Woods & Water

by Jay Bicknell  
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## Wall Street Food Plots

Wall Street is where stocks are traded and fortunes can be made. The idea when investing in a stock is to grow your bucks. A good investor will do their research on a stock before ever buying.

As an investor, one might go after a short term yield or go for a stock with long-term yields. Some investors might have stocks that will be passed down to future generations.

A poor investor ends up with no bucks and no doe! No matter the investment strategy, there is inherent risk to the stock holder. The yields of the risk can score big bucks.

Now let's consider a food plot as a stock. There are many factors to think about when investing in a food plot. Do I want a short term yield or a long term yield? Do I have the time and money to invest in a food plot? What kind of plot do I invest in a nutrition plot, natural plot, lifetime plot, sanctuary plot, kill plot, a combination of plots? Do I have the right ground for the plot I want?

**Nutrition Plot-** A plot strictly for deer nutrition. This is where a deer can feed without pressure and it will be a year around food source.

**Natural Plot-** A plot that consist of opening up canopy by cutting undesirable trees. This will allow sun to reach forest floor stimulating the growth of natural browse.

**Lifetime Plot-** A plot that consist of food source tree plantings.

**Sanctuary Plot-** A plot consisting of escape cover. This plot can be planted with silky dogwood, button bush, plum etc. anything creating a thicket. This plot can be an existing wood lot. Native grass plantings around edge can help with screening. (This plot is off limits to people)

**Kill Plot-** A plot planted strictly for killing. It is small in size and has food that would be candy to deer.

\*These Plots can have over run and mixing. The Investment

- Short Term Yields- This is a plot that last for year such as brassica, corn, or beans.

These plots are very weather dependent. This plot will yield returns only for one year.

- Medium Yields (1)- This is a plot that lasts for 2-10 years such as clover. After a few years this plot will start having diminishing returns.

- Medium Yields (2)- This is a natural browse plot and varies on length of return. Chainsaw required.

- Long-term Yields- This plot can last a lifetime food source trees. (Oaks, persimmon, plum, apple, chestnut, etc.) The return on investment takes 2-10 years depending on species. This is a plot that can be passed down to future generations.

\* Investing in a high quality seed like Pennington seed will boost yields tremendously. <http://www.pennington.com/Wildlife.aspx>

\*Wild Game Planner-<http://www.pennington.com/UploadedDocs/OtherUploads/pp2012.pdf>

The Investment Research  
- What are your neighbors growing? If your neighbor has 1000 acres of corn and beans a one acre plot of corn or beans is not a wise investment.

- What is your soil type? Soil Test! Soil Test! Soil Test! A soil test will save money. Some things will not grow without the right soil amendments. Clover and acidic soils do not work well together (Lime application required).

- What will make my property hold deer?

- Do I have the equipment needed to do food plots?

The ultimate goal of food plots is to grow healthy deer and big bucks that stay on your property. A well thought out food plot plan from beginning to end can produce a buck destined for the Wall Street.

One type or multiple types of food plots can add value to your deer management portfolio. Doing the research and planning on the beginning side will save money in the long run. As they say those who fail to plan, plan to fail!

Until next week, get out and enjoy God's creation!

## Bob Watkins' Sports In Kentucky

### Big Blue Nation: Break out the adjectives, the platinum ones



Bob Watkins

Kentucky's all-star basketball team is in the sunny Bahamas this week letting Mark Stoops and his football team some alone time. From Planet Hoops Caribbean, a few observations.

√ For this team, break out the uptown adjectives. The platinum ones. To avoid overuse, bring a few dozen.

√ Assemblage of this talent and depth is, well, a professional team. In more than four decades watching college hoops, I've seen nothing like this one.

√ Kentucky being allowed to play half dozen games two months ahead of all the others, seems as fair as Secretariat having a five furlong head start on Affirmed, Sea Biscuit and Seattle Slew and the rest.

√ Platoon. John Calipari's five-in, five-out at a time approach revealed exquisite options and combinations enough for a chess match. All this and Willie Cauley-Stein and Trey Lyles were spectators on the DL.

√ If center Dakari Johnson becomes an All-American, the reason will be Karl Anthony Towns. Or, the other way round.

√ Tyler Ulis. Can become most popular and productive play maker at Kentucky in 35 years (Kyle Macy (1978-80)

with an option on ever at UK.

√ This team could finally rid Planet Hoops and ESPN perpetuated myth, (Michigan's) Fab Five.

√ Ultra Wildcat loyalists, break out the calendar. Tickets for Big Blue Madness will be available Saturday, Sept. 20, 7 a.m. Eastern time at the Memorial Coliseum ticket windows. To add comfort to your camp-out, a row of portable potties will be available.

√ When Big Blue Madness comes October 17, Calipari will stick with gold standard-speak, but Big Blue Nation is bound to chant 40-and-oh.

√ Fans who love hating on Kentucky (and/or) Duke, "... may as well start now and avoid the Christmas rush."

**Postscript ...**  
√ Attention-starved internet sports columnists must be nimble and clever in pursuit of reputation. How about predicting which premier college teams will suffer their first loss in 2014-15?

**From Bleacher Report:**

• Louisville's first loss will be to Minnesota, November 14, in Puerto Rico. Writer's logic: Minnesota returns four starters and adds JUCO transfer Carlos Morris. Louisville loses three starters, including do-it-all Russ Smith.  
• Kentucky's first loss will be at Yum Center, December 27 to Louisville. Logic: "Kentucky might be a bit rundown and/or overconfident after winning games against Kansas, Texas, North Carolina and UCLA."

COMMENT: Run down? With a 12 deep all star roster?

Bulletin board stuff. Delicious.

**FOR WHOM THE BELL TOLLS**

For the 351 NCAA's Division I schools not affiliated with the Power Five conferences, it tolls for thee.

By a 16-2 vote last week, the NCAA's board of directors, bowed to Big Money. Come January, the Power Five's mission statement to NCAA's other schools: Lemme Show You the Money! And we're keeping it all!

A New York Times report projects broadcast contracts alone, the ACC, Big Ten, Big 12, Pac 10 and SEC, plus Notre Dame, will generate \$31 billion.

Power Five leagues will write their own rules, including pay for players. Still to come: In light of coach paranoia, rules on how to police themselves? Won't that be interesting.

**Meanwhile ...**

√ A proposed cost-of-going-to-college stipend for players will have a ceiling of \$5,000?

Really?

**A few questions:**

1. Johnny Jumpshot sitting at the end of the bench will have same walking-around-money as Larry Lottery Pick? Really?

2. Pressures to win. Who will monitor say, Nick Saban and John Calipari, how they leverage stipend money to control athletes? Coaches have used 'your scholarship' as trump card for decades.

3. Problem. With the Power Five leagues having strong-armed the NCAA and its rules aside, and since a Big 12 director of athletics said last week the cost to be a college student stipend will be available to all student-athletes, how long until Power Five conference officials find legal ways to jettison all but programs not named foot-

ball, men's and women's basketball and baseball?

4. Good news? While Big Boy Schools Shop for players, legitimate student-athletes are more likely to surface at a college or university near you.

**IMPACT IN KENTUCKY**

A California district judge ruled in favor of Ed O'Bannon last week.

His suit challenged NCAA rules that prohibit athletes earning money from use of their names and images in video games and television broadcasts. He wins.

Officials at UK, UofL and others may hold their collective breath that the O'Bannon ruling is not retroactive.

Dating to collector cards featuring images of college players in Kentucky sponsored by Standard Oil Company for instance, date to the 1950s. Last 60 years, UK, UofL and associated businesses have cashed in for millions of dollars on everything from cards to photos in game programs, on calendars and bill boards.

**PRO FRANCHISE (TWO!)**

An occasion to celebrate this week for attorney J. Bruce Miller in Louisville. Kind of.

Crusader for decades to have professional basketball brought to Louisville, Miller said a pro team presence would be good for the economy and add prestige to the city's image nationally.

Miller must be chuckling this week. If the NCAA assembly votes in favor of the Power Five separation from the NCAA in January, the Commonwealth will have professional teams in Louisville after all, and Lexington too.

And so it goes.

**Birding BITS** BY Cindy Brook

Feeding Fledglings  
Keep it simple when feeding baby birds. White proso millet, whole-grain bread, unsalted peanuts, safflower seed and sunflower heart chips are just a few food items young fliers love. If you toss seed on the ground, make sure it's near a brush pile or bushes so birds can easily take cover.

E-mail: [birdingbits@cflr.com](mailto:birdingbits@cflr.com)  
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**top ten**

**BEST STATES FOR NURSES**

1. Oregon
2. Washington
3. South Dakota
4. Arizona
5. New Mexico
6. Alaska
7. Wyoming
8. Minnesota
9. Texas
10. Maryland

Source: Wallethub

**The Garden Bug**

Rain gardens are shallow depressions in the landscape that give rainfall a chance to collect and infiltrate the surrounding ground instead of being funneled directly into local waterways via storm drains. Pollutants can be filtered out of rainwater during this process. For instructions on how to build your own rain garden, go to [www.raingardennetwork.com](http://www.raingardennetwork.com)

- Brenda Weaver  
Sources: [uconn.edu](http://uconn.edu), [www.raingardennetwork.com](http://www.raingardennetwork.com)

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