

Community News

Mail announcements to The Estill Tribune, 6135 Winchester Road, Irvine, KY 40336 Call (606) 723-5012; Fax to (606) 723-2743; or E-mail it to <News@EstillTribune.Com>

Thursday, November 6th @ 7pm

Mountain Mushroom Festival

The 25th annual Mountain Mushroom Festival will be April 25-26, 2015. You're invited to come and be a part of the planning on Thurs., November 6 at 7 pm in Ir-

vine City Hall, 101 Chestnut Street. Anyone interested in assisting with the festival is welcome to attend. For further information contact City Hall at 723-2554.

Fridays, 6:00 to 8:00pm

Estill Appalachian Dulcimers

The Estill County Appalachian Dulcimer Club meets every Friday from 6 to 8 p.m. at the First Christian Church, Main Street, Irvine, for anyone who plays an Appalachian Dulcimer or anyone

who is interested in playing one is welcome to attend.

The Appalachian Dulcimer was designated as the official state instrument of Kentucky in 2001.

Saturday, November 8th

Post #79 Veterans Day Activities

American Legion Post #79 will have a Veterans Ceremony at Veterans Memorial Park in Ravenna on Saturday, November 8, starting at 11 a.m.

Post #79 will also be having their annual Fish and Oyster Supper that evening at the post, starting at 5 p.m. for members and guests.

Everyone is welcome to attend.

A dance will follow at 8 p.m.

Monday, November 10th, 1-2:30pm

Life Saving Blood Drive In Irvine

Area residents are invited to be life-savers at the upcoming Kentucky Blood Center blood drive at Marcum & Wallace Hospital, Monday, November 10, 2014, from 1 - 2:30 p.m., on the KBC Bloodmobile at 60 Mercy Court in Irvine.

Blood donors must have a photo I.D., be 17-years-old (16 with parental consent), weigh at least 110 pounds, be in general good health and meet additional requirements. Sixteen-year-old donors must have a signed parental permission slip, which can be found at kybloodcenter.org.

To schedule a donation or for more details, visit kybloodcenter.org or call 800.775.2522.

Tuesday, November 11th @ 10:30am

Winchester GTE/Sylvania/Osram Retirees

Winchester GTE / Sylvania/Osram/UAW retirees will meet briefly 10:30 a.m., Tuesday, November 11 at the Union Hall on Bloomfield Road for a business session. Following

that meeting, the retirees and guests will travel to Cheddars on Man-o-War for lunch. All Winchester Sylvania retirees and former employees are welcome to join us for lunch.

Tuesday, November 11th @ 7pm

Estill Relay For Life To Meet

Relay For Life of Estill County will meet on Tuesday, November 11th at 6:30

p.m. in the Fellowship Hall of South Irvine Baptist Church. Everyone is welcome.

Thursday, November 13th @ 6pm

Helping Hands Outreach Meeting

Helping Hands Outreach will be having a community meeting, Thursday, November 13 at 6 p.m., located in the Estill County Courthouse.

This is a start of what needs to be done in our community. God has spoken for me to move forward with this so prayers for me.

We would like for you to come we will be discussing Emergency Shelter/ Homeless Shelter.

Pray about this and ask God for His guidance. I pray you will get on board with us on this project. **Debbie Rison**

Thursday, November 13th, 6-8pm

Estill's Community Baby Shower

Estill County's annual Community Baby Shower will be held on Thursday, November 13th, 6:00-8:00 p.m. at South Irvine Elementary (new location).

one with a child under age 2. We will have lots of great information from local agencies, three guest speakers, free dinner and door prizes!!

The event is open to pregnant Moms and Dads and any-

For additional information, call the Health Department at 723-5181.

First and Third Tuesdays at Raders'

Estill County Lions Club

The Estill County Lions Club will meet Tuesday, November 18th and on the first and third Tuesday of every month at Rader's River Restaurant. The meal is at 6:30 p.m. and business meeting begins at 7 p.m.

Estill County Lions Club is part of Lions Club Inter-

national, with 1.35 million members in 205 countries around the world. We invite those who feel a call to make our community a better place through service to attend and learn about how Lions around the world earn our motto, "We Serve..."

Thursday, November 20th @ 11:30 am

Grandparents United Meeting

Come join us the third Thursday of each month. Estill County Grandparents United meets at 11:30 a.m. at Wisemantown United

Methodist Church, 1358 Wisemantown Road, Irvine.

For information, please call 723-3337.

Thursday, November 20th @ 6pm

Garden Thyme Herb Club

The Garden Thyme Herb Club will be meeting on Thursday, November 20, at 6

p.m. All members and guests are invited to attend.

Saturday, November 22nd

FBLA's Light Up Rivertown

FBLA will once again organize Irvine's Light Up Rivertown. The event will begin with a Craft/Christmas Fair in the Court House. Booth spots are limited and are already beginning to fill up.

Service will be held at 6:00 p.m. to conclude the day. Santa will be on hand for pictures, a Horse and Carriage will be available for rides around the Court House, and other surprises throughout the day.

The day will be filled with many other activities as well. Entertainment will be provided throughout the day on the Court House steps, Gingerbread Houses can be entered for prizes, the town tree will be decorated with ornaments made by children from Estill County, and a Tree Lighting

Local businesses are encouraged to participate by hosting open houses or other activities as well.

Anyone wishing to reserve a spot for the Christmas Fair or a time to perform should call the Estill County High School at 606-723-3537.

Saturday, December 6th, 10am-4pm

EAC's 11th Arts & Crafts Show

Looking for a place to offer your original, handmade items for sale? The Estill Arts Council invites you to participate in the 11th annual Arts & Crafts Show on Saturday, December 6th from 10 a.m. - 4 p.m. at Central Office gym.

Area artists and craftsmen can get an application form from the Citizens Guaranty Bank (River Drive), Estill County Public Library, Ravenna Greenhouse or on EAC's Facebook page.

The show offers an opportunity for people to meet their shopping needs with the perfect, unique gift such as home décor, holiday decorations, wreaths, jewelry, clothing, products for the home, and baked goods.

The cost of a 10' x 10' space will be \$15 for Estill Arts Council members and \$20 for non-Estill Arts Council members, before Nov. 8. Entries postmarked after Nov. 7 will be an additional \$10.

For more information call 606 723-4678 or 723-5694.

Sunday, December 7th @ 3pm

Community Chorus Christmas Concert

Sunday December 7th is the date for the Christmas concert by the Estill County Community Chorus. This year the concert will be performed at 3 p.m. at First Baptist Church, 351 Broadway, Irvine.

November 27th. Please come out and join us. We still have a few binders for new members.

The Irvine United Methodist Church Handbell Choir as well as the Estill County Dulcimer Club will also be on the program.

The Estill Arts Council has once again partnered with the Community Chorus for this endeavor. Donations will be accepted at the concert. These donations help to provide honorariums, when needed, as well as the purchase of music.

Debbie Carlyle, Phyllis Dawson, Peggy Garrett and Dr. J.D. Hill will be singing solos as well as Faye Reece and Edsel Daniel singing with the chorus in "Rudolph the Red-Nosed Reindeer"

Carol Anne Wilson is the Director with Nancy Farmer as the accompanist. Ann Siudmak will be assisting with rehearsals as needed.

Rehearsals are held Thursdays at 7 p.m. at First Christian Church, Main Street, Irvine. Everyone is welcome! Auditions are not required. Rehearsals will be every Thursday night, except Thanksgiving

If you have sung with the chorus before we are asking that you come back and sing with us for this very special Christmas Concert.

Scholarships are still available. Please see Carol Anne Thursday night or call her at 859-556-0163 for more information.

Saturday & Sunday, Dec. 13th & 14th

"The Best Christmas Pageant Ever"

River City Players presents "The Best Christmas Pageant Ever". This family-friendly play will be performed in the Estill County High School auditorium on Saturday, Decem-

ber 13th at 7 p.m. and Sunday, December 14th at 3 p.m.

Admission: 12 and under - \$5, 13 and over - \$10. Tickets will be available from RCP members and at the door.

Kitchen Diva

A Grateful Feast, Now and Then

by ANGELA SHELF MEDEARIS and GINA HARLOW

In 1621, a small group of pilgrims in Plymouth, Massachusetts, gathered with the native Wampanoag people to celebrate a successful harvest. They could not have imagined the legacy they were creating for Americans who came after them.

Giving thanks was part of the Wampanoag tradition, as well as the Pilgrims. After many hardships and hard labor, the pilgrims invited the Wampanoag to join them in feasting and sports in an outpouring of gratitude for the bounty they received. There is surprisingly little recorded about this historic event, but it does seem clear that, like our Thanksgiving today, there was a copious amount of food, and the revelry went on for days.

There is a first-hand record, written by E.W. Winslow, to a friend in England that gives us some idea of their menu. He writes that the men brought in large amounts of fowl, like duck and geese. William Bradford, the Plymouth Colony governor, reports that "there was a great store of wild turkeys." We can believe with a degree of confidence, that the pilgrims and the Wampanoag ate turkey on that first Thanksgiving, and most likely, venison and a variety of fish. Cranberries, herbs and onions were used to stuff the meat and fish.

But many of the foods we most associate with Thanksgiving were missing. Potatoes probably were not served, but rather turnips and Jerusalem artichokes. There probably were pumpkins, but no pie. The pilgrims didn't have access to butter, milk or flour for baking.

The traditional Thanksgiving menu of today is about 200 years younger than the original celebration. Over time, as European farming methods were used, early settlers grew the crops they missed from home. When farm animals and dairy products became available, many of the foods we now associate with Thanksgiving were regularly prepared. Modern menus are a combination of the bounty our ancestors found and what they brought with them.

My recipe for Sausage and Fruit Stuffing combines the traditional foods used by the Pilgrims and modern ingredients. It can be prepared up to two days in advance and refrigerated, allowing the flavors to meld and leaving one less thing to do on the day of your Thanksgiving feast!



SAUSAGE AND FRUIT STUFFING

- 1 pound mild sage breakfast sausage
- 4 tablespoons butter
- 3 cups sliced green onions, white and pale green parts
- 2 Granny Smith apples, cored and chopped
- 1 cup chopped celery with leaves
- 2 tablespoons poultry seasoning
- 2 teaspoons salt
- 2 teaspoons ground black pepper
- 1 cup dried cranberries, rehydrated in boiling water for 15 minutes and drained
- 6 cups dried bread cubes (croutons)
- 1/3 cup chopped fresh parsley leaves
- 2 to 3 cups chicken stock, juices from the turkey or a combination of the two

1. Preheat the oven to 375 F.
2. Saute the sausage in a large, heavy skillet over medium-high heat until cooked through, crumbling coarsely with the back of a spoon, about 10 minutes. Using a slotted spoon, transfer sausage and drippings to a large bowl. Melt butter in the same skillet over medium-high heat. Add the onions, apples, celery, poultry seasoning, salt and pepper to the skillet and saute until soft, about 8 minutes. Mix in the drained cranberries.
3. Add the mixture to the sausage, then mix in the croutons and parsley. Next add the chicken broth or the juices from the turkey a little at a time until the stuffing is very moist. Be sure not to overdo it; it shouldn't be mushy. Place in a casserole dish. (The stuffing can be made to this point two days before Thanksgiving, refrigerated.)
4. Bake, uncovered, in a 14-inch oval or 9-by-13-inch rectangular casserole dish for 20 to 30 minutes, until the top is crispy and the center piping hot. Remove from oven and serve immediately. Makes 8-10 servings.

Angela Shelf Medearis is an award-winning children's author, culinary historian and the author of seven cookbooks. Her new cookbook is "The Kitchen Diva's Diabetic Cookbook." Her website is www.divapro.com. Read Gina Harlow's blog about food, gardening and horses at www.peachesandprosciutto.com. Recipes may not be reprinted without permission from Angela Shelf Medearis.

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