



Times Remembered Betty A. Young

Corn roasting on the grill, turkey sizzling in the deep fryer, late blooming knock out roses and fall leaves fill the air. In the distance you can smell wood smoke coming from a nearby chimney. At the Young family house-

Favorite Memories of Thanksgiving Meals

hold we are preparing for a feast. You can't miss the old sandstone fireplace in the living room; the fireplace previously heated an old log cabin built in 1791. I bet there were plenty of Thanksgiving memories spent in front of this fireplace cooking over the open fire. This log house and sandstone fireplace was taken down and moved to our property from Madison County. Yet the fireplace and the memories of past Thanksgiving celebrations are still alive. We built our cabin for a meaningful place to have holiday dinners and celebrations. Everyone brings a dish to the table. We prepare many recipes' passed down from our mothers and grandmothers. I make my

mother's butterscotch pie and jam cake. Over dinner, we share favorite memories of Thanksgiving meals. Colton my grandson says he is thankful for Nonna's creamy banana pudding and mommy and daddy. Tara's favorite is turkey. And Bob just loves mashed potatoes. I'm thankful for my family and all the precious memories I had spending Thanksgiving with my parents before they passed. Listening to everyone's chatter, I realized that Thanksgiving is as much about the richness of memories as it is about the moment. As I mentioned before I serve some of the same dishes my mother made when I was young. Others

have been added along the way, and with them, new friends and new memories. Another precious memory at Thanksgiving was when we went to my aunt and uncle's, and dad and Uncle Bev would go rabbit and bird hunting. Back then there were no wild turkeys to hunt; therefore, they would kill wild game and that would be our meat for dinner. Many times Uncle Bev would go to turkey shoots and he would win a turkey; he was excellent marksman. I am thankful for God and all my Thanksgiving memories he has allowed me to have with family; many people do not have that opportunity. I am thankful for all of my great memories too.

CHURCH NEWS

Church News is published as a free service of The Estill County Tribune. Call your announcement to (606) 723-5012; fax it to (606) 723-2743; or E-mail it to <News@EstillTribune.Com> or mail to 6135 Winchester Road, Irvine, KY 40336

Friday-Sunday, November 14th to 16th

Healing & Revival Services

You are invited to special Healing & Revival Services at New Life Apostolic Church, Friday through Sunday, November 14-16, 2014 with evangelist Felix Crowder from Indianapolis, Indiana, who will be ministering. Friday night service begins at 7:00 p.m. Saturday service begins at 6:00 p.m. Sunday services begin at 10:00 a.m. and 6:00 p.m. Rev. Ross Conley is the pastor. If you need a ride, call 723-6158. "Counting Souls One Soul At A Time!"

Saturday, November 15th @ 5pm

Henry & Homer At River Drive

Henry and Homer with Preacher Bill will be at River Drive Christian Church this Saturday, November 15, 2014, at 5:00 p.m. They will bring a 45-minute presentation and then we will have hot dogs, drinks and all the fixin's for everyone who attends. Everyone is invited and we would like to invite you and your children to join us for a great evening of fun and presentation of the Gospel.

Sunday, November 16th @ 9:45am

Homecoming At River Drive

The annual homecoming at River Drive Christian Church will be held this Sunday, November 16, 2014. "Please join us for a great day of worship, the Word and Christian fellowship." The day begins at 9:45 a.m. with an hour of worship with those old hymns we all love so much. Then at 10:45 a.m. the morning worship service will include the River Drive praise team leading the music and Darrell Estes bringing the message. There will also be a pot luck dinner after the morning worship.



Chelsea K. Bicknell Estill County Extension Agent for Family and Consumer Sciences

Caregiving can be stressful, and these stresses can be increased greatly around the holidays as you are faced with added responsibilities and obligations. Whether this is your first holiday sea-

Navigating The Holidays As A Caregiver

son as a caregiver or you have been providing care for years, you can do several things to make the holidays easier on you, the person you're caring for and your extended family and friends by following the recommendations below. 1. Plan ahead. This includes shopping for gifts and food for the holiday meal(s) well in advance of the holiday. Doing so can minimize the chances you will feel rushed or stressed as the holiday approaches. In addition, it may help you spread out your holiday spending over a couple of months instead of just one. 2. Prepare your guests. This may be the first time your guests will see their

loved one since you became their caregiver, and you don't want your family members or the person you're caring for to be frustrated or embarrassed by their health situation. Remind your guests of any physical and mental limitations your loved one may have. Celebrate the holidays where the person you are caring for resides. This can keep their stress levels lower as they don't have to worry about traveling or being in an unfamiliar environment. 3. Ask for help. Have someone run errands for you, such as mailing Christmas cards or picking up items from the grocery store, or have them stay with your loved one so you can do

those tasks. Most people are happy to help if you ask. 4. Take time for yourself. Take a break from caregiving and holiday planning to do something that you really want to do. Simple things such as taking a winter walk or enjoying coffee and a conversation with a friend can help to improve your spirits. For more information on caregiving or holiday survival tips, contact me at the Estill County Cooperative Extension Service at 723-4557 and I will be happy to help in any way I can. Educational programs of the Cooperative Extension Service serve all people regardless of race, color, sex, religion, disability or national origin.

Having Confidence? by BOB CASEY, Preacher Church of Christ, 262 Broadway, Irvine, KY

Just recently a brother in Christ said this to me: "Someone asked me last week if I was confident calling myself a Christian. My reply was: well I have done all the things required of me listed in the Bible, and am trying to keep them to the best of my ability. Yes, according to these things I believe that I am a Christian." Now to me, this is about as close to a fidelity check as one could use. Because we are determined by our Lord just who is a Christian and who is not a Christian. Then he said something very strange, at least to me, saying: "After I have done all these things and am continuing to do them, I still do not know if I will be saved at the end." Then immediately my mind was shocked into thinking, what is wrong here. This brother, I believe, was revealing to me that his confidence had hit a snag somewhere. But then I remember just what our Lord says in **John 8:31-32**. "Then said Jesus to those Jews which believed on him, if ye continue in my word, then are ye my disciples indeed: And ye shall know the truth and the truth shall make you free." What can one say to a brother such as this, to cause him to rebuild his confidence? Because the most meanings of confidence are sure, certain, assured, and trust. These are the attributes that every person confessing Christianity should be in possession of at all times. At the time of this conversation, time and situations did not give me an opportunity to reply to my remark, but in my mind I believe that something or some event had evidently shook his confidence in the words of your Lord. We all know that things can and to happen from time to time that can shake our core beliefs, so what does one do to rebuild a shaken confidence? One excellent passage is to be found in the **Proverbs of Solomon, chapters 3:5-6**. "Trust in the Lord with all thine heart: and lean not unto thine own understanding. In all thy way, acknowledge him, and he shall direct thy paths." I believe that the word of God is sure, for certain, and that above all things, we should always trust in it. In **1 John 2:3**, and here, we know that we know him., "If we keep his commandments." He further says in **verses 24 and 25**. "Let that therefore abide in you, which ye have heard from the beginning. If that which ye have heard from the beginning shall remain in you. Ye shall also continue in the Son, and in the father, and this is the promise that he hath promised us, even eternal life." Then in **Hebrews 10:35**. "Cast not away therefore your confidence which hath great promise of reward." So unto all who may share some of the same thoughts, I will say that Satan is the one who is trying to cause you to be doubtful. We can affect his plans by consistently being faithful in study, in belief and in prayer, and in attendance. This way he will not be able to undermine our faith in the Saviour and God our eternal father. In closing, **Hebrews 2:14** says: "For we are made partakers of Christ, if we hold the beginning of our confidence stedfast unto the end." If perhaps your faith has been shaken by some unusual event, call us at 1-859 (Waco) 369-4165, anytime. We will try to be of help. Sincerely, Bob Casey 1-859-369-4165

THE ILLUSTRATED BIBLE

He who gathers in summer is a wise son; he who sleeps in harvest is a son who causes shame.

PROVERBS 10:5

Detail of The Harvesters by Pieter Bruegel the Elder (1565)

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BIBLE TRIVIA
by Wilson Casey

1. Is the book of Simon in the Old or New Testament or neither?
2. From 1 Samuel 3, whose voice did Samuel think it was when he first heard God calling him? Jonathan, Saul, Ahiah, Eli
3. How many chosen men of Israel did Saul take with him to the wilderness of Ziph to search for David? 12, 100, 200, 3,000
4. The word of God is quick, and powerful, and sharper than any ...? Tongue, Knife, Two-edged sword, Wit
5. From Genesis 26, where did Isaac stay when there was a famine in the land? Gerar, Endor, Sychar, Lydda
6. What insect was a plague on the Egyptians? Wasp, Locust, Flea, Cockroach

Bible Trivia Answers are at the bottom of Page 10

Seeds of Hope

The word "want" in this Psalm covers anything and everything that we might ever desire. It is all inclusive - covering the mental, physical and emotional as well as the spiritual areas of our lives. And if a "want" is important to us, we need to realize that it was important to God before we ever recognized it. David left none of our "wants" beyond God's grace and mercy. Even the important need to "lie down" in "green pastures" beside "still waters" so our "souls" could be "restored" is important to the Good Shepherd! It is so important to Him that He often makes us take time to replenish and refresh ourselves. There are times when He intervenes in our lives and causes us to "be still." Why? Not only does He want to guide us but He often has to guard us from ourselves. Jesus said, "Come apart and rest awhile." If we refuse to "rest awhile" we may "come apart" and then need Him to be put us back together again so He can use us. The Good Shepherd loves and cares for His sheep. He not only guides them but guards them. His protection brings His peace and with His peace comes His promise to make us "lie down beside still waters" where He will "restore" us - refresh and renew us. In our frantic lives God expects us to rest in Him, trust in Him, take time for Him and worship Him. If we do not follow His pattern He may even force His rest upon us in ways we would not choose. We need the benefits that come from resting in Him and with Him. **PD 039 November 12, 2014**
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