



Tam's Front Porch Ponderings
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The past few days have been busy for my sister and me, we're helping with this year's Thanksgiving din-

Thanksgiving Dinner... And I Helped!

ner. I don't mean the usual pie or broccoli casserole (generally MY assignment), I'm talking TURKEY! Yes, from the bird to the bread, it's me and Beth!

Mom's been having difficulty with her knees all summer. We thought it stemmed from an incident where a folded card table fell over, catching her in the bend of both legs. We've now discovered it's a torn meniscus in the right knee and the left knee is basically Ka-poochy! The surgeon is booked for the next two months sooooo, Mom has to suffer through until we can schedule a partial knee replacement. With her un-

able to maneuver about the kitchen, we're all pulling together to help prepare the Thanksgiving feast.

Beth called a pow-wow Saturday at Mom's house and with her resting comfortably in her recliner, Mom began to instruct us on what to prepare. "Well there's the turkey, a ham, mashed potatoes, green beans..."

Before Mom got too carried away with the list, Beth volunteered, "I'll do the turkey".

"We can put the ham in the oven out here", said Mom.

Beth's daughter Scarlett, kept track of what everyone was responsible for as we

went back and forth about the menu and recipes.

"Who's making the dressing?" I asked.

"I can", said Mom. "NO!", Beth piped in, "I'll make it, yours has too much sage".

"Fine then, I'll make mashed potatoes", Mom said laughing. "I can peel potatoes sitting down".

We all agreed that Aunt Shirley should make pies. She makes THE best pies around and I wasn't about to mess that up by trying to take on that duty! She would also make Granny's homemade yeast rolls. All of us have made them from Granny's recipe but only Aunt Shirley's comes closest in taste to what we remember as kids.

So Beth had the turkey and dressing, Mom had the ham and mashed potatoes, Shirley was on Scarlett's list for pie and rolls and that left...me!

"What shall I fix?" I asked.

In unison, all three replied, "Broccoli Casserole!" There's a shocker!

Happy Thanksgiving, Everyone!

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ESTILL COUNTY SCHOOLS MENUS

Milk is included with every meal; plus assorted juices included with breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
December 1	December 2	December 3	December 4	December 5

SOUTH IRVINE BREAKFAST

Mini Maple Waffle Peaches	Cin. Toast Crunch Toast, Pineapple Bits	Scrambled Eggs Toast, Man. Oranges	Strawberry Poptart Fruit Loops, Pears	Blueberry or Banana Muffin, Apple
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SOUTH IRVINE LUNCHES

Popcorn Chicken/ Roll Mashed Potatoes Green Beans Pineapple	Cheese Pizza Romaine Salad Corn & Apple	Hamburger on Bun Lettuce & Tomato Fries, Baked Beans Strawberry Cup	Chicken Noodle Soup, Grilled Cheese Sandwich Cucumber Slices Tomatoes, Oranges	Hot Dog on Bun Carrots w/ Dip Tator Tots Raisins
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ESTILL SPRINGS BREAKFAST

Mini Maple Waffle Peaches	Cin. Toast Crunch Toast, Pineapple Bits	Scrambled Eggs Toast, Man. Oranges	Strawberry Poptart Fruit Loops, Pears	Blueberry or Banana Muffin, Apple
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ESTILL SPRINGS LUNCHES

Popcorn Chicken/ Roll Mashed Potatoes Green Beans Pineapple	Cheese Pizza Steamed Broccoli Corn & Apple Ranch Dressing	Hamburger on Bun Lettuce & Tomato Fries, Baked Beans Strawberry Cup	Chicken Noodle Soup, Grilled Cheese Sandwich Cucumber Slices Tomatoes, Oranges	Hot Dog on Bun Carrots w/ Dip Tator Tots Raisins
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WEST IRVINE BREAKFAST

Mini Maple Waffle Syrup & Apple	Cin. Toast Crunch Toast, Cantaloupe	Scrambled Eggs Toast, Peaches	Biscuit & Gravy Applesauce	Strawberry Poptart Fruit Loops, Pears
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WEST IRVINE LUNCHES

Chicken Pattie/ Bun Mashed Potatoes Green Beans Apple Milk	Cheese Pizza Steamed Broccoli Corn Applesauce	Deli Turkey/Wrap Refried Beans Shred. Lettuce & Tomatoes, Cheese Taco Sauce, Mayo	Turkey/ Roll Mashed Potatoes Green Beans Gravy, Cranberry Pepperoni Pizza	Munchable Marinara Sauce Carrots w/Dip Mozz. Cheese Raisins
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ESTILL COUNTY MIDDLE SCHOOL BREAKFAST

Mini Maple Waffles w/ Syrup or Lucky Charms Brown Sugar Cin. Poptart Mandarin Oranges	Trix Yogurt Reese Puffs Cereal Raisin Bran Cereal or Brown Sugar Cinnamon Pop Tart Pears	Biscuit w/ Gravy or Trix Cereal Strawberry Pop Tart Apple	Frosted Flakes or Trix Cereal Strawberry Pop Tart Apple	Assorted Cereal Bars, Trix Yogurt Raisin Bran Cereal Brown Sugar Cinnamon Pop Tart Pineapple Tidbits
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ESTILL COUNTY MIDDLE SCHOOL LUNCH

Chicken Pattie or Mr. Rib on Bun Mashed Potatoes Green Beans Applesauce Mandarin Oranges	Pepperoni Pizza or Chili Cheese Wrap Romaine Salad Corn Pineapple Tidbits	Hamburger or Deli Turkey on Bun Lettuce & Tomato Potato Wedges Diced Peaches Apple	Chili w/ Grilled Cheese Sandwich Crackers, Oranges Broccoli & Cauliflower Bits WG Cookie	Chicken Fajita or Taco w/ Shell Lettuce Tomato & Cheese, Salsa Refried Beans Pineapple Tidbits
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ESTILL COUNTY HIGH SCHOOL BREAKFAST

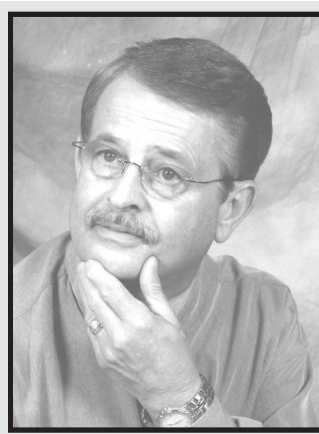
Honey Nut Cheerios Fruit Loops, Frosted Flakes, Strawberry Banana or Triple Cherry Yogurt	Cocoa Puffs, Lucky Charms, Pop Tart Fold N Go, Apple & Orange, Cherry or Raspberry Yogurt	Cin. Toast Cereal Apple Cin. Cheerios Pop Tarts, Cereal Bars, Sausage Biscuit, Yogurt	Trix, Fruit Loops, Pop Tart, Cereal Bar, Strawberry Mini Pancakes, Ras. Yogurt Apples & Oranges	Reese Puffs, Cocoa Puffs, Pop Tart, Cereal Bars, Mini French Toast, Apples Yogurt, Oranges
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ESTILL COUNTY HIGH SCHOOL LUNCH

WG Bosco w/ Marinara Sauce Chili Cheese Wrap w/ Salsa, Corn Broccoli Bits Blueberry Cup WG SC Pep. Pizza	Chicken Tenders Spicy Chic. Tenders Mashed Potatoes Green Beans WG Roll Fruit Tidbits WG SC Che. Pizza	Grilled Chicken or Spicy Chicken/Bun Glazed Carrots/Peas Lettuce & Tomato Peaches Mandarin Oranges SC Pepperoni Pizza	Chicken Pattie or Hamburger on Bun Let., Tom. & Onion Potato Wedges Baked Beans Applesauce/Fruit CT Fiesta Pizza	Chili w/ Grilled Cheese Sandwich Crackers, Oranges & Pears, Carrot Sticks, Cauliflower w/ Dip SC Pepperoni Pizza
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