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Traditional red and green colors are well represented in the flowers available for the holidays. Poinsettias, the most popular and spectacular holiday flowers, can combine both these colors.

# Poinsettias For The Holidays

The poinsettia was named for Joel Robert Poinsett, an amateur botanist and the first United States ambassador to Mexico. He became fascinated with these native plants and sent poinsettias home to Greenville, S. C., in 1825. Although Poinsett later was war secretary under President Martin Van Buren, he is better known for the plant named after him. The Aztecs cultivated poinsettias for medicinal purposes and as a dye. Missionaries to Mexico used the brightly colored plants in nativity processions, possibly beginning the holiday connection that continues today.

Poinsettias are the most popular potted plant grown in the United States, with annual sales exceeding 70 million

plants. In Kentucky, some tobacco greenhouse operators have learned how to grow poinsettias. More than 60 varieties and 500,000 plants are grown and sold in Kentucky each year.

The three to six bloom red poinsettia is the most frequently used, but several other sizes, shapes and colors are available. Colors range from creamy white to yellow through shades of pink to the traditional red. The colorful plant parts often referred to as "flowers" actually are modified leaves called "bracts." The yellow centers are really the "flowers." Some poinsettias have marbled pink and white bracts; others may have pink flecks on red. Poinsettia bracts are very long lasting, providing a nice decorative plant for the holiday season. Consumers can buy miniatures as well as poinsettia trees and hanging baskets.

The poinsettia is not poisonous to people or pets, but is classified as a non-edible plant material. Extensive university research and laboratory testing have proven that poinsettias are not poisonous. One scientific study concluded that no toxicity occurred at ingestion levels much higher than those likely to take place in a home. The main information resource for most poison control centers states that a 50-pound child would have to ingest more than 500 poinsettia leaves to surpass an experimental dose.

Some people have skin sensitivity to the white milky sap produced when a part of

the plant is broken or injured. Ingesting a plant part may cause some discomfort. Active young children, who are apt to put just about anything in their mouths, and curious cats might choke on fibrous poinsettia foliage. Therefore it is a good practice to put poinsettias and all other non-edible plants out of children's and pets' reach.

Poinsettias will remain beautiful far beyond the holiday season when cared for properly. Keep these tips in mind: 1) choose a plant with small, tightly clustered yellow buds in the center and crisp, bright, undamaged foliage; 2) at home, put the poinsettia in a room with bright, natural light. Ideally, plant foliage should be exposed to direct sunlight one or more hours daily; 3) avoid locations where there are drafts and close heat sources. Do not put the plant on top of a television set or near radiators; 4) water the plant when the soil becomes dry... drooping leaves may indicate it needs watering. Be sure to discard excess water in the drip saucer; and 5) if you want to keep a poinsettia after the holiday season, fertilize it with ordinary houseplant fertilizer a few weeks after buying it.

For more information on indoor gardening, contact the Estill County Extension Office at 723-4557.

*Educational programs of the Cooperative Extension Service serve all people regardless of race, color, sex, religion, disability or national origin.*

**Oh, my!! Once again the great people of Estill County came together to provide Thanksgiving dinners to those in need. Your outpouring of love fed over 425 people. THANK YOU from the bottom of our hearts for prayer, time, sodas, delivering, and words of encouragement. May God's Glory wrap you up as our Brother Jesus was many years ago. In Christian Love, Stone Soup Community Outreach.**

## UK COOPERATIVE EXTENSION SERVICE University of Kentucky - College of Agriculture EXTENSION NOTES Family And Consumer Sciences

Tuesday, December 9th @ 6pm

### Pull Cream Candy Workshop

Estill County Family & Consumer Sciences and the Estill County Extension Homemakers will be hosting a Pull Cream Candy Workshop on Tuesday, December 9th at 6:00 p.m. Cost: \$5.00. Please call to register, 723-4557.

Friday, December 12th @ 10am

### Holiday Centerpiece Workshop

Estill County Family & Consumer Sciences and the Estill County Extension Homemakers are sponsoring a Holiday Centerpiece Workshop on Friday, December 12th, 10:00 a.m. to noon at the Estill County Extension Office. Mike Reed, Powell County Agriculture and Natural Resources Extension Agent, will show everyone how to take a dinner plate and make a centerpiece from natural materials found in the backyard. Anyone attending will need to bring their own standard size dinner plate. Cost of the class is \$10.00. Pre-paid registration for this workshop is required by Wednesday, December 10th.

December 3rd-18th, 11am-1pm

### Taking Ownership of Your Diabetes

Taking steps to improve the health of Estill Countians! from Chelsea K. Bicknell, Estill County Extension Agent for Family and Consumer Sciences

Beginning Wednesday, December 3rd from 11:00 a.m.-1:00 p.m., the Estill County Cooperative Extension Service, in partnership with the Estill County Adult Learning Center, is offering a 3-week series of classes that will help individuals with type 2 diabetes and their families take the necessary steps to manage the disease. Topics to be covered include understanding your diabetes, managing your diabetes, physical activity, meal planning, and much more. Samples of recipes will be available at each class. Classes will be held December 3rd, 4th, 10th, 11th, 17th, and 18th from 11:00 a.m.-1:00 p.m., at the Mountain Crest Community Center. These sessions are free and open to the public. For more information, call 723-4557 or 723-7323. We hope to see you there!

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## PAINTED ROOFING METAL

We offer 16 colors of our #1 grade metal roofing tin cut to the inch. Now with a 40-year warranty, this ensures a roof that will last for years. We also have 29 gauge Galvalume. We carry all metal roofing accessories! Phone in or Fax orders welcome Call 606-593-7080 • Fax 606-593-7071 or stop by

## Wolf Creek Metal

Open five days for your convenience  
Mon.-Fri. 8am-5pm  
LOCATED  
1.5 miles south of  
Booneville, KY on Hwy. 11  
in the Lone Oak Industrial Park

**Plants showing berries in winter**

<b>Beautyberry</b> Violet Zones 6-11	<b>Chokeberry</b> Black or red Zones 4-9	<b>Inkberry</b> Black Zones 5-9
<b>Winterberry</b> Red Zones 3-8	<b>Blue Holly</b> Red Zones 5-9	
<b>Snowberry</b> White Zones 2-8	<b>Firethorn</b> Yellow to red Zones 5-9	
<b>Nannyberry</b> - Green, yellow, red, blue-black Zones 2-8		

Source: gardenweb.com

### Estill County Toys For Tots To Begin Accepting Applications

Welcome to the Toys for Tots Program. We hope this program will benefit as many people as possible this Christmas season. Participation in the Toys for Tots program is as simple as completing a participation sheet. You will need to bring in the child's birth certificate and a utility bill to confirm your address.

The participation sheet can be picked up Wednesday - Saturday after 6 p.m. at the Ravenna Police Department. After completing the participation sheet, your child's name will be added to the Christmas list provided they are not on any other list.

The Ravenna Police Department began accepting names on Saturday, November 15, 2014 and will continue through Wednesday, December 10, 2014. No names will be accepted after the cutoff date.

If you have any questions, please contact Chief Ken White of the Ravenna Police Department at 606 723-3332 after 6 p.m.  
**Thank you, Chief Ken White**

## Stickeler's Puzzle



Here's an alphabetic using only 8 letters. Remember, no word can begin with a zero. Some hints are provided to get you started.

MAKE Let E = 2  
ME R = 7  
+ AN There is  
OFFER no 4 or 6.

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### Stickeler's Answer on Page 11

Enjoy your stay at . . .  
**Johnetta's BERGMAN HOUSE**  
**BED & BREAKFAST**  
233 Main St. *Irvine, Ky*  
**513-205-9113**  
Theme Rooms WIFI  
Reasonable Rates  
[joneta@aol.com](mailto:joneta@aol.com) [www.bergmanhouse.com](http://www.bergmanhouse.com)  
**Closed in January & February**

## Wishing Well®

8	7	4	5	8	5	2	3	6	5	8	7	8
J	N	L	L	O	O	C	B	B	O	B	E	I
6	2	7	4	7	3	8	3	2	7	2	7	6
E	L	W	I	S	E	M	D	E	A	V	B	C
2	8	5	7	4	7	5	3	7	4	5	3	5
E	P	K	O	F	U	T	E	T	E	O	C	T
6	2	5	8	2	3	4	2	5	4	7	2	7
O	R	H	R	I	I	I	D	E	S	A	E	N
4	6	8	5	2	4	5	2	6	5	3	6	5
P	N	O	F	A	E	U	S	T	S	I	U	
8	3	4	8	4	8	5	6	7	5	7	4	7
V	I	A	E	C	S	R	D	E	E	W	E	H
6	4	3	6	7	3	4	7	4	6	7	6	6
E	F	V	R	O	E	U	M	L	A	E	T	E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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## CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: S equals O

GL HSJ NOXQ O XQFH YSSC  
FQOPSB ZS PZQOT ZNGBYP LFSA  
PSAQVSCH, G'C EOTT ZNOZ  
FSVVOVTQ EOJPPQ.

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## CryptoQuote

AXYDLBAAXR  
is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each week the code letters are different.

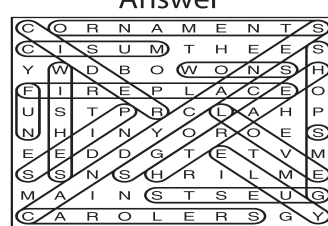
GU FGRF AC NAFGZOF  
SZPUX SAEGF RC NUTT MU  
MODAUL AP R DABU FOM  
NAFG GAC SZOFG CUNUL  
OQ. - BGAPUCU QDZJUDM

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# Puzzle Answers

## December 3, 2014

### Puzzles4Kids Answer



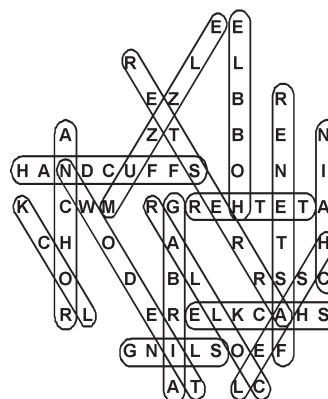
Riddle Answer:  
They both need trimming.

### Letter Box

Solution

D	O	Y	A	E	R	H	V	C
V	R	C	D	O	H	E	Y	A
H	E	A	V	Y	C	O	R	D
O	D	V	E	H	Y	A	C	R
A	C	E	R	V	O	Y	D	H
R	Y	H	C	D	A	V	O	E
E	A	D	Y	R	V	C	H	O
C	V	O	H	A	D	R	E	Y
Y	H	R	O	C	E	D	A	V

RESTRAINTS



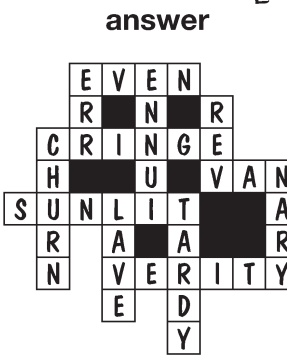
### CryptoQuip

answer  
If you have a very good reason to steal things from somebody, I'd call that robbable cause.

### CryptoQuote

answer  
He that is without money might as well be buried in a rice tub with his mouth sewed up. - Chinese Proverb

### FEAR & KNIGHT



### Even Exchange

- answers
- Prince, Prance
  - Snoop, Sloop
  - Quest, Guest
  - Filly, Folly
  - Really, Really
  - Cattle, Castle
  - Pleat, Plead
  - Morse, Mouse
  - Grand, Gland
  - Humble, Tumble

### Weekly SUDOKU

Answer

9	2	7	1	8	6	4	5	3
8	4	3	2	5	7	1	6	9
1	6	5	4	9	3	2	8	7
7	3	6	8	4	2	5	9	1
5	1	4	6	3	9	7	2	8
2	8	9	5	7	1	6	3	4
3	5	8	7	6	4	9	1	2
6	7	1	9	2	8	3	4	5
4	9	2	3	1	5	8	7	6

### King Crossword

Answers

Solution time: 25 mins.

D	I	A	L	D	I	M	M	I	S	T	
A	N	N	A	I	R	E	U	N	T	O	
U	F	O	S	V	A	T	S	G	U	D	
B	O	N	S	A	I	A	I	K	I	D	O
I	D	S	K	O	S						
M	O	D	E	I	N	D	E	X	I	N	G
A	W	E	O	N	E	O	O	O			
R	E	C	L	I	N	E	R	K	N	I	T
I	O	N	I	I	I						
U	N	S	U	N	G	S	M	O	K	E	D
R	A	I	N	A	L	I	S	O	S	O	
A	D	O	G	N	E	O	K	H	A	N	
L	A	N	E	G	I	N	S	L	U	E	

### Bible Trivia Answers

Casey's trivia book "Know It? ... or Not?" is available from BearManorMedia.com

ANSWERS: (1) Neither; (2) John the Baptist; (3) Be born again; (4) 7 days; (5) Damascus; (6) Peter