



Tam's Front Porch Ponderings
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I love a snow day, so many things I can do or NOT DO make it the best day ever! I decided to sleep in! After I finally got the notion to get out of bed and make coffee, I wandered about the kitchen thinking about what to fix for supper. Seemed like I fixed the same old thing over and over; so peering into the freezer, I pulled out a deer roast and there in the back were some blackberries I had put up forever ago.

"I'll fix cobbler for dessert!", I said out loud and placed them in a bowl to thaw. They were big, fat blackberries and I smiled as I remembered who gave them to me, my neighbor Lee Hamblin.

He pulled up in the driveway while I worked in the rose garden, one hot, summer's day, and I heard his familiar call, "YooHoo neigh-

I Love A Snow Day!

bor!" I walked towards him, "YooHoo yourself", I called back. "What brings you by today, your desire to help me in the Rose Garden?" I teased.

"No, I'm picking blackberries", he smiled and said as he opened the back of his van. "I wanted to bring you some".

"Oh, let me get my purse", I turned for the house.

"What for?" he asked.

"To pay you", I called over my shoulder. I knew what kind of hard work it was to pick blackberries, I wasn't about to let him leave without paying him.

"NO you will not!", he pointed his finger at me, "I brought these to you because I wanted to!"

When I returned to the van, I could see him scrambling for something. The containers of berries had tipped over and were scattered everywhere! We laughed and laughed as we

gathered them up and refilled his gallon ice cream buckets. They had rolled under the back seats and as far up as the front seats, everywhere we looked were the big, fat berries. "Looks like I get the pick 'em twice!", he said with a twinkle in his eye.

After the last berry was retrieved, he handed me a gallon, "I gotta run, I have more deliveries to make", he said as he climbed into his van. I stood in the driveway clutching my bucket in one hand and waving with the other. "Thank you!", I called after him. He waved back and raced off to his next stop.

He was like that, a good neighbor, a good friend - always thinking of everyone else. Today his legacy of kindness and good deeds lives on in a simple bowl of blackberries. Thank you Lee, for a wonderful friendship. You are truly missed! Until next time...

THE ILLUSTRATED BIBLE

...A woman who fears the Lord, she shall be praised. Give her of the fruit of her hands, and let her own works praise her...

PROVERBS 31: 30,31

Detail of "Lago Maggiore" by Richard Seewald (1919)

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Center for Rural Development accepting applications for the Rogers Explorers 2015 summer youth leadership program

Eighth grade middle school students in Estill County have until Feb. 15 to apply online for The Center for Rural Development's 2015 Rogers Explorers summer youth leadership program.

Rogers Explorers, an intensive three-day, two-night program held on the campuses of six Kentucky colleges and universities, focuses on cultivating skills in leadership, technology, math, science, and community service.

This is the first year students have been able to apply online for the Rogers Explorers program. The online registration process is easy, user friendly, and allows students to fill out the application form at their convenience.

"We have not changed the application form, but we have changed the way students apply for Rogers Explorers," said youth programs coordinator Delaney Stephens. "We will no longer accept mailed or emailed applications. All applications and supporting documents must be submitted online to be considered for the 2015 Rogers Explorers program."

To apply for Rogers Explorers, visit www.centeryouthprograms.com and register through the online application portal. Once students have registered and signed in, they will be

able to begin the application process.

As part of the online application process, students will download individual "assignments" to their computers, complete the requested information, and then submit each assignment online. Students will receive an email confirmation once they submit each assignment.

A step-by-step instructional video is available at the top of the application page to help registered applicants navigate the online application process and learn more about the web-based system.

All online "assignments" must be submitted by 5 p.m. on Feb. 15, 2015. Students will not be able to submit individual assignments after that date.

"The Rogers Explorers program gives students the skills they need to start building careers in some of today's top, in-demand fields," said Stephens. "Activities are both educational and fun. Classroom projects are hands-on, and Explorers are able to actively participate in practical college courses, fine tune their leadership skills, and develop a network of friends and resources throughout Southern and Eastern Kentucky."

The Rogers Explorers program is presented by The Center in partnership

with Asbury University, University of the Cumberland, Lindsey Wilson College, Eastern Kentucky University, Morehead State University, and its newest partner, University of Pikeville.

For more information on the online application process or the Rogers Explorers program, contact Delaney Stephens at 606-677-6000 or email youth@centertech.com. The program, open to current eighth-grade students within The Center's 45-county primary service area, is provided free of charge to participants.

Established in 1996 through the vision of U.S. Congressman Harold "Hal" Rogers, (KY-05), and other leaders, The Center for Rural Development is a nonprofit organization fueled by a mission to provide leadership that stimulates innovative and sustainable economic development solutions and a better way of life in Southern and Eastern Kentucky. In its 45-county primary service region, The Center provides innovative programs in leadership, public safety, technology, and arts and culture. The Center is committed to constantly expanding its capabilities in order to deliver a range of key services throughout Kentucky and the nation.

ESTILL COUNTY SCHOOLS MENUS

Milk is included with every meal; plus assorted juices included with breakfast

MONDAY January 19	TUESDAY January 20	WEDNESDAY January 21	THURSDAY January 22	FRIDAY January 23
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SOUTH IRVINE BREAKFAST

No School	Strawberry Yogurt Scooby Doo Snacks	Mini Maple Pancakes Syrup, Applesauce	Toast, Lucky Charms Peaches, Juice	Brown Sugar Cinn. Fruit Loops
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SOUTH IRVINE LUNCHES

No School	Cheese Pizza Corn Steamed Broccoli Pineapple Tidbits Milk	Chicken Noodle Soup Grilled Cheese Sand. Cucumber Slices/Dip Carrot Sticks Side Kicks	Corn Dog Pork & Beans Baby Bakers Apple Milk	Pizza Munchable w/Marinara Sauce Carrots/Dip Raisins Mozz. Cheese
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ESTILL SPRINGS BREAKFAST

No School	Strawberry Yogurt Scooby Doo Snacks	Mini Maple Pancakes Syrup, Applesauce	Toast, Lucky Charms Peaches, Juice	Brown Sugar Cinn. Fruit Loops
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ESTILL SPRINGS LUNCHES

No School	Cheese Pizza Corn Steamed Broccoli Pineapple Tidbits Milk	Chicken Noodle Soup Grilled Cheese Sand. Cucumber Slices/Dip Carrot Sticks Side Kicks	Corn Dog Pork & Beans Baby Bakers Apple Milk	Pizza Munchable w/Marinara Sauce Carrots/Dip Raisins Mozz. Cheese
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WEST IRVINE BREAKFAST

No School	Strawberry Yogurt Scooby Doo Snacks	Mini Maple Pancakes Syrup, Applesauce	Toast, Lucky Charms Peaches, Juice	Brown Sugar Cinn. Fruit Loops
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WEST IRVINE LUNCHES

No School	Cheese Pizza Corn Steamed Broccoli Pineapple Tidbits Milk	Chicken Noodle Soup Grilled Cheese Sand. Cucumber Slices/Dip Carrot Sticks Side Kicks	Corn Dog or Pork Chop/Bun Pork & Beans Baby Bakers Apple, Milk	Pizza Munchable w/Marinara Sauce Carrots/Dip Raisins Mozz. Cheese
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ESTILL COUNTY MIDDLE SCHOOL BREAKFAST

No School	Chicken Biscuit or Lucky Charms Cer. Brown Sugar Cinnamon Pop Tart Mandarin Oranges Assorted Juice	French Toast Sticks w/Syrup or Frosted Flakes Cereal Strawberry Pop Tart Pears Assorted Juice	Trix Cereal Coca Puffs Cereal Brown Sugar Cinnamon Pop Tart Diced Peaches Assorted Juice	Trix Yogurt Cinnamon Toast Crunch Bar Reese Puffs Cereal Strawberry Pop Tart Pineapple Tidbits
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ESTILL COUNTY MIDDLE SCHOOL LUNCH

No School	Bosco w/Marinara Sauce or Chicken Quesadilla, Corn Steamed Broccoli Pears, Oranges Ice Cream Sandwich	Grilled Chicken or Deli Turkey on Bun Lettuce & Tomato Potato Wedges Applesauce Tropical Fruit	Mr. Rib on Bun or Corn Dog Baked Beans Glazed Carrots Peas Pineapple	Meatball Sub w/Mozzarella Cheese or Fish on Bun Romaine Salad Peppers, Applesauce, Man. Oranges
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ESTILL COUNTY HIGH SCHOOL BREAKFAST

No School	Trix Cereal Frosted Flakes Pop Tarts Cereal Bars Dutch Waffle Cherry or Raspberry Yogurt, Fruit	Cocoa Puff Cereal Fruit Loops Pop Tarts Cereal Bars, Fruit Sunrise Hot Bread Strawberry Banana or Raspberry Yogurt	Lucky Charms Cer. Cinnamon Toast Crunch, Pop Tarts Cereal Bars Sausage & Biscuit Yogurt Apples & Oranges	Breakfast Pizza Cereal, Pop Tarts Yogurt Assorted Juices Oranges or Apples Variety of Milk Choices
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ESTILL COUNTY HIGH SCHOOL LUNCH

No School	Grilled Chicken or Hamburger on Bun Lettuce, Tomato Potato Wedges Applesauce Side Kicks Juice, Milk Choice	Popcorn Chicken w/Roll or Corn Dog Potato Wedges Slaw Tropical Fruit Side Kicks Juice, Milk Choice	Bosco or Pepperoni Calzone, Marinara Sauce, Corn Carrots w/dip Pears Apple Juice, Milk Choice	Pork Roast w/Gravy and Roll or Pork Chop on Bun Mashed Potatoes Green Beans Cooked Apples Mandarin Oranges
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HEROIN'S BIG LIE: I STILL HAVE TIME TO QUIT.

QUESTHOUSE is Kentucky's premier and affordable recovery program. Our counselors have treated over 6,000 people. They know addiction inside and out. They know what works and what does not work. They can detect when a guest is manipulating, wheedling, demanding, and pleading for another drug. They have seen all the games played before and are not taken in by this behavior. Give yourself and your loved ones the gift of recovery! Visit us at QuestHouse.Com or call 270.781.3387 for additional information or to schedule an appointment.

Out on a Limb

by Gary Kopervas



ESTILL LIBRARY BOOKMOBILE SCHEDULE

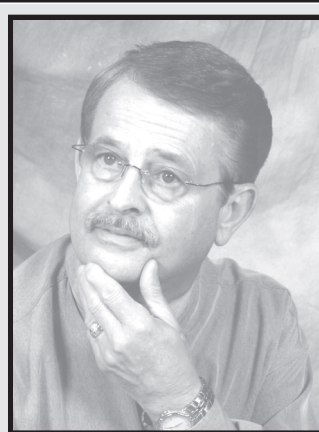
246 Main Street, Irvine, KY – Call 723-3030

January 19-23, 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mountain Crest Old Fox Road Furnace Jct. Millers Creek Cow Creek	Winston Trotting Ridge Sandhill	Wisemantown Station Camp Red Lick Crooked Creek	Spout Springs Hudson Mill Rd New Fox Road Hargett-Parvin Road	South Irvine P/K Center

"Mommie & Me" and Storytime Wednesdays, 10:00 a.m. & Fridays, 10:30 a.m.

Cox Insurance, Inc.
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John Cox

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We Have Several New Companies Now With Affordably Rates To Fit Your Needs

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