

#### Tam's Front **Porch Ponderings Tammy Terry** TamsFrontPorch@IrvineOnline.Net

Some days I have writer's block, it's usually that blah time between Christmas and Summer Vacation, when I find myself at a loss for words. Those of you who know me personally, I'm sure you find that the weather is cold and I'm not out and about going on adventures, my life becomes...a little boring. With nothing exciting gogood ol' days.

lately was the Super Bowl to nibble on, but I enjoyed the commercials more than I did the game or the half-time show. I wasn't

## Be The Change!!

just didn't do it for me.

belly buttons. Call me old time, weddings. fashioned I don't mind, told you this was pretty?

do anything for me. I kept doors for ladies, tipped waiting for something to their hats when they met bring a tear to my eye or you on the street, found a make me want to stand up job and worked hard, and and salute, dancing sharks respected women for what they were...WOMEN! It was nice to see, (or There was flirting and not see) that the costume courting and big ol' weddesigner left a little to the dings with nothing but imagination. Nobody's cake and punch served. No behind was hanging out, sit down meal or parting nor were tops so incred- gifts, just plain and simple, ibly low that you could see get-me-to-the-Church-on-

Remember bridal show-

but I'm almost blind from ers and baby showers? all the skin I see today in That fun little centerpiece just my daily, go about my that was a pop out wedding business, life. Blouses are bell made of tissue paper? low, so are pants. I don't The punch had an ice ring want to see your string un-floating in it and we used derwear, your big ol'boxer to practice balancing the shorts or your crack! Who punch cup with our cake plate so we wouldn't spill Momma always said on our nice clothes. At baby hard to believe but when if you wait long enough, showers we played games fashion will repeat itself and you never, ever, wore and boy was she right! The anything that could reveal only decade that hasn't- the size of your stomach. -is the Fabulous 50's. I Heaven help us, the malong for the time when ternity clothes I wore were ing on, I have time to sit men dressed for work made at Lexington Tent around and think about the and women took pride in and Awning! I certainly how they looked. I realize didn't want anyone to see The only excitement today's jobs don't require how big I was. Grant it, I men to wear suits anymore am a child of the 60's, but and I fixed lots of goodies but it was that time in his- my Momma grew up in tory when manners and the 50's so I was taught fashion reigned supreme. the same way she was. I Women were ladies and learned all of those wonnot foul mouthed, I can do derful, old songs with the impressed with Katie Peranything a man can do betbeautiful words and music. ry. She's a fine singer and ter, drive a four wheel drive I wondered why someone at least it was a "G" rated and spit with the best of was "crying in the chapel"

and who "little Jimmy Brown" was. I was taught never to write my name performance, it just didn't them, kinda girl. Men held on the bathroom stall, say yes ma'am and no sir, thank you and please and I remember wearing only dresses or skirts to school until I reached Jr. High. It seemed odd to be able to wear 'dress pants' or 'pant suits' but times were changing and the late 60's, early 70's had me right square in the middle of it all.

I don't think me longing for a simpler time or yearning for society to take ment and the next thing

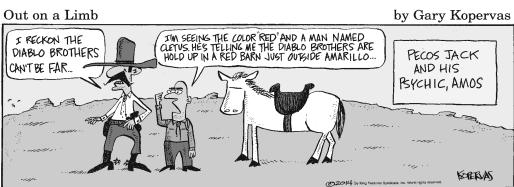
pride in themselves, their jobs, their communities or their country, will change a thing. Maybe if each of us takes it upon ourselves to start small, maybe by saying 'thank you', we could start a trend and before you know it, 'thank you' will spread like wildfire! Next we might dress up a little more when we're out and about, start a trend and before you know it, everyone is taking pride in their appearance! Be the co-worker with the smile and words of encourageyou know, your workplace has a happy, productive atmosphere and everyone benefits from it.

Wow, spring and warm weather better get here quick, I've got way too much time on my hands to stroll down memory lane. So 'thank you' for reading, I hope this inspires you to share a smile this week or make a change in your life for the better. Who knows? You might just start a trend!

> Until next time..... Tam

### **Academic Scholarship Available** for Graduating Estill Seniors

The Estill County Conservation District is currently taking applications for academic scholarships. Any Estill County resident who is a graduating high school senior and interested in an agriculture/natural resources related field of study and planning on becoming a full time student may apply. Applications must be returned to the Estill County Conservation District and/or postmarked by April 1, 2015. Please contact the Conservation District Office at 1505 Richmond Road or 723-5104 for a complete list of required guidelines and application packet.





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|-----|---|---|---|---|---------------------------|
|     | Northwood Apts<br>Winchester Rd<br>Edgewater Dr<br>Crestview Ct | Stacy Lane<br>Rice Station<br>West Irvine | Horizon Daycare<br>Ravenna<br>Drip Rock<br>Wagersville<br>Angel Keepers | Sugar Hollow<br>Road<br>Buck Creek<br>Doe Creek<br>Barnes Mtn | West Irvine<br>Elementary |
| - 1 |   |   |   |   |                           |

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#### **ESTILL COUNTY SCHOOLS MENUS** Milk is included with every meal; plus assorted juices included with breakfast

**THURSDAY MONDAY TUESDAY** WEDNESDAY **FRIDAY** February 12 February 9 February 10 February 11 February 13

#### SOUTH IRVINE BREAKFAST

Mini Cinni Rolls Toast, Cereal **Funnel Cakes** Muffins Pancake Porky Pineapples, Juice Blueberries, Juice Apple. Juice Grapes, Juice Syrup, Applesauce

#### **SOUTH IRVINE LUNCHES**

**Bosco Sticks** Chicken Pattie on Pepperoni Pizza Chili, Crackers Hamburger on Bun Bun, Ketchup Corn, Normandy **Grilled Cheese** Marinara Sauce Potato Wedges **Mashed Potatoes Blend Vegetables** Sandwich Romaine Salad Lettuce & Tomato **Baked Beans** Blueberries Carrots/Dip **Glazed Carrots** Pork & Beans Fruit Cocktail Fresh Oranges Pears, Milk Applesauce

#### **ESTILL SPRINGS BREAKFAST**

Mini Cinni Rolls **Funnel Cakes** Muffins Toast, Cereal Pancake Porky Pineapples, Juice Apple. Juice Grapes, Juice Syrup, Applesauce Blueberries, Juice

#### **ESTILL SPRINGS LUNCHES**

Chicken Pattie on Bun, Ketchup Mashed Potatoes **Baked Beans** Applesauce

Corn. Normandy **Blend Vegetables** 

Pepperoni Pizza Sandwich Carrots/Dip

Chili, Crackers **Grilled Cheese Fresh Oranges** 

**Bosco Sticks** Marinara Sauce Romaine Salad **Glazed Carrots** Fruit Cocktail

Hamburger on Bun Potato Wedges Lettuce & Tomato Pork & Beans Pears, Milk

#### **WEST IRVINE BREAKFAST**

Mini Cinni Rolls Toast, Cereal Apple, Juice Grapes, Juice Pancake Porky

**Funnel Cakes** Syrup, Applesauce Blueberries, Juice Muffins

Pineapples, Juice

#### **WEST IRVINE LUNCHES**

Chicken Pattie on Bun, Ketchup **Mashed Potatoes Green Beans Applesauce** 

Pepperoni Pizza Corn, Normandy **Blend Vegetables** Blueberries

Chili. Crackers Grilled Cheese Sandwich Carrots/Dip

Fresh Oranges

**Bosco Sticks** Marinara Sauce Romaine Salad **Glazed Carrots** Fruit Cocktail

Hamburger on Bun Potato Wedges Lettuce & Tomato Pork & Beans Pears, Milk

#### **ESTILL COUNTY MIDDLE SCHOOL BREAKFAST**

Mini Maple Waffles **Lucky Charms** Cereal Apple Juice

Toast w/Jelly Cinnamon Crunch or Scooby Doo Cereal Strawberry Poptart **Peaches** Assorted Juice, Milk

Biscuit w/Gravy or Trix Cereal **Brown Sugar Cin**namon Pop Tart Applesauce Assorted Juice, Milk

\Reese Puffs Cereal Frsoted Flakes **Strawberry Poptart** Fresh Bears Assorted Juice Milk

Blueberry or Banana Muffin Raison Bran Cereal Brown Sugar Cinnamon Poptart Pineapple Tidbits

#### **ESTILL COUNTY MIDDLE SCHOOL LUNCH**

**Chicken Noodle** Soup w/Grilled Ch. or Pork Chop on Bun, Broccoli Bites **Cauliflower Bites** Blueberries

Bosco w/Marinara Sauce or Chicken Quesadilla, Corn Steamed Broccoli Pears, Oranges Ice Cream Sandwich

Grilled Chicken or Deli Turkey on Bun Lettuce & Tomato **Potato Wedges Applesauce Tropical Fruit** 

Mr. Rib on Bun or **Corn Dog Baked Beans Glazed Carrots Peaches Pineapple** 

Meatball Sub w/Mozzella Cheese or Fish on Bun, Fruit Roamine Salad Green, Red, & Banana Peppers

#### **ESTILL COUNTY HIGH SCHOOL BREAKFAST**

Trix Cereal, Cocoa or Reese Puffs Pop Tarts **Cereal Bars** Raspberry Rainbow **Cherry Yogurt** Apples & Oranges

Lucky Charms Cereal, Fruit Loops Pop Tarts Maple Waffle **Cereal Bars** Yogurt Apples & Oranges

Frosted Flakes Cinn. Toast Crunch Pop Tarts, Yogurt **Cereal Bars** Blueberry or Cinnamon Muffin **Apples & Oranges** 

**Honeynut Cheerios** Trix Cereal Pop Tarts, Yogurt Sausage & Biscuit Chocolate or Banana Muffin **Apples & Oranges** 

Apple Cinn. Cheerios Cocoa Puffs Pop Tarts Cereal Bars Mini French Toast Yogurt Apples & Oranges

#### **ESTILL COUNTY HIGH SCHOOL LUNCH**

Hamburger or Chicken Pattie on Bun **Lettuce & Tomato** Potato Wedges **Peaches Tropical Fruit** Juice, Milk Choice

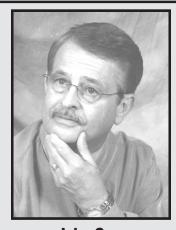
Taco or Chicken Fajita w/Shell Let./Tom./Cheese Refried Beans, Salsa **Pineapple** Sidekicks Juice, Milk Choice

Chicken Tenders or Spicy Chicken Tenders, Roll **Sweet Potatoes Green Beans Mandarin Oranges** Pears, Mlik Choice

Pork BBQ or Fish on Bun **Baby Bakers** Pork & Beans Red Pepper Slices Oranges, Apples Juice, Milk Choice

Chicken Pot Pie w/ Biscuit or Chicken Pattie on Bun Mashed Potatoes Green Beans Pineapples, Pears Juice, Milk

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