

Spring Blooms Photo Contest

Get out your camera and be on the lookout for the splendor of springs with its flowering red bud trees, dogwoods, tulips, and daffodils. You're invited to participate in the Mountain Mushroom Festival's "Spring Blooms Photo Contest". The divisions are under 18 and over 18. The entries must be ori-

ented vertically, taken in 2015, and received by April 15. Only two entries per person will be accepted. Photos submitted via mail must be at least 8x10's. Those submitted electronically through mail must be at least 600 DPI and in jpg or tif format. Email entries to pam@atcky.com or mail them to Photo Contest, 60

Thornburg Bend, Irvine, KY 40336. Photos can also be taken to Irvine City Hall. Cash prizes will be awarded by the festival to the winners. The top 10 photos will be on display at the Mountain Mushroom Festival. Go to the festival website at www.mountainmushroomfestival.org for further information.



Kitchen Diva Egg-Cellent Easter

by ANGELA SHELF MEDEARIS and GINA HARLOW

The use of natural food dyes to color eggs became popular during medieval times. English kings distributed hundreds of decorated, gold-leaf eggs during Easter. Russian Czar Alexander III transformed this holiday custom to high-art when he commissioned the famous Faberge eggs as a gift for his wife, the Empress Maria Alexandrovna, from goldsmith Peter Carl Faberge.

Today, hard-cooked eggs act as a creative canvas for children and adults during the Easter holiday. For the perfect hard-cooked eggs, decorated with homemade dye, follow the directions below.

Preparing Eggs for Decoration

Tip: Keep the egg carton to store your Easter eggs in!

1. Bring eggs to room temperature.
2. Place the eggs in room temperature water in a large pot.
3. Bring to a boil, then turn down to a low boil for 12 minutes.
4. Quickly chill the eggs in ice-cold water.
5. The eggs must be completely cool and dry to decorate successfully.
6. Hard-cooked eggs should be kept refrigerated and used within one week.

NOTE: The greenish color around the yolk of hard-cooked eggs is a natural result of sulfur and iron reacting at the surface of the yolk. It may occur when eggs are cooked too long or at too high of temperature, or when there is a high amount of iron in the cooking water. Although the color may be unappealing, the eggs are still wholesome and nutritious, and their flavor is unaffected.

Greenish yolks can best be avoided by using the proper cooking time and temperature (avoid intense boiling) and by rapidly cooling the cooked eggs. Scrambled eggs can develop a greenish tint if overcooked at too high a temperature or if they are left too long in a metal pan.



Egg-cellent Decorating Tips

1. Use crayons to gently color a design on the hard-cooked Easter eggs. If you want to dye the crayon-decorated eggs, the crayon wax will resist the dye and the design will show through.
2. Use craft supplies: buttons, sequins, glitter, beads, pieces of felt, or stickers. Use white or craft glue to attach the materials.
3. To make your own dye: Combine 1/2 to 1 tablespoon of food coloring with 2 teaspoons of white, distilled vinegar in a large cup or deep bowl. You can experiment by mixing the food coloring to create a variety of hues. Add water until the cup or bowl is half full.
4. Gently place the eggs into the dyeing liquid in the cup or bowl, using a soup spoon to avoid cracking the shell. The longer the eggs are left in the dye, the darker the color will become.

Happy Easter!

Angela Shelf Medearis is an award-winning children's author, culinary historian and the author of seven cookbooks. Her new cookbook is "The Kitchen Diva's Diabetic Cookbook." Her website is www.divapro.com. To see how-to videos, recipes and much, much more, Like Angela Shelf Medearis, The Kitchen Diva! on Facebook. Read Gina Harlow's blog about food and gardening at www.peachesandprosciutto.com. Recipes may not be reprinted without permission from Angela Shelf Medearis.

(c) 2015 King Features Synd., Inc., and Angela Shelf Medearis

Mountain Mushroom Festival Parade

One of the Mountain Mushroom Festival crowd's favorite event is the parade. The theme for 2015 is "Mountain Mushroom Festival's 25th Anniversary." It will be Sat., April 25, beginning at 1 p.m. with the line-up at 11:45 a.m. behind Estill Springs School, 314 Main St., Irvine. Judging will begin promptly at noon. The parade will proceed up Court Street onto Broadway

and end in Ravenna. Civic organizations, churches, fire departments, and school clubs are invited to participate in the parade by entering antique vehicles, bands, marching units, and floats. All-terrain vehicles are prohibited from the parade, except for those used as part of a float. For safety reasons, no animals, bicycles or unlicensed motorized ve-

hicles will be entered. The entry fee for a float is \$10 April 17 or before and \$20 from April 20-25. Floats will be judged on creativity, originality, and beauty. Also 10 extra points will be given if mushrooms are used on the float. Cash prizes will be given for the top three winners of the floats. The prizes in the float category are \$175 for first prize, \$125 for sec-

ond prize, and \$75 for third prize. Parade participants will not be allowed to toss candy or other objects to the crowd in the interest of safety of the community. Candy can be handed out. Parade applications and guidelines are available in Irvine City Hall or on the festival website: www.mountainmushroomfestival.org.

Community News

Mail announcements to The Estill Tribune, 6135 Winchester Road, Irvine, KY 40336 Call (606) 723-5012; Fax to (606) 723-2743; or E-mail it to <News@EstillTribune.Com>

Thursday, March 26th @ 5:30pm

Kiwanis Club of Irvine-Ravenna

The Kiwanis Club of Irvine-Ravenna will meet Thursday, March 26 at 5:30 p.m. at Michael's Restaurant.

The devotional will be presented by James Brashear. Members will also prepare

eggs for the community Easter Egg Hunt at the Ravenna Park on April 4.

Persons dedicated to improving the world one child and one community at a time are welcome to become members.

Friday, March 27th, 6-8pm

Estill Appalachian Dulcimers

The Estill County Appalachian Dulcimer Club meets every Friday from 6 to 8 p.m. at the First Christian Church, Main Street, Irvine, for anyone who plays an Appalachian Dulcimer or anyone

who is interested in playing one is welcome to attend.

The Appalachian Dulcimer was designated as the official state instrument of Kentucky in 2001.

Tuesday, March 31st @ 7pm

Heroin & Addiction Awareness Meeting

"The Estill-Powell ASAP Board is hosting a community awareness meeting concerning heroin and addiction.

The meeting will be held Tuesday, March 31st at 7pm at the Estill County Extension

Office and is free and open to the public."

This information is useful for parents, educators, medical providers and others working with youth and young adults in our communities.

Saturday, April 4th @ 8pm

SAL Spring Dance

The Sons of American Legion is having a dance at the American Legion Post 79 on Saturday, April 4 at 8 p.m.

The dance is featuring Donnie Isaacs.

Members and guests are welcome.

Tuesday, April 7th at Raders'

Estill County Lions Club

The Estill County Lions Club will meet Tuesday, April 7th and on the first and third Tuesday of every month at Raders' River Restaurant. The meal is at 6:30 p.m. and business meeting begins at 7 p.m.

Estill County Lions Club is part of Lions Club Inter-

national, with 1.35 million members in 205 countries around the world. We invite those who feel a call to make our community a better place through service to attend and learn about how Lions around the world earn our motto, "We Serve..."

Tuesday, April 7th @ 7pm

Estill Historical Society Meeting

The Estill County Historical and Genealogical Society will meet at 7 p.m. on Tuesday, April 7, 2015 at the Estill County Library meeting room.

This will be a planning meeting for the Mushroom Festival.

If anyone would like to attend the meeting and meal at Aldersgate on Tuesday, May 5, please call Diana Arthur at 723-2636 by Wednesday,

April 22. The amount for the meal, which will probably be about the same as last year, will be presented at the April meeting.

The 2015 Calendar is now available at the Museum on Saturdays between 10 a.m. and 4 p.m. The Estill County Pictorial History, WW II Book, the School Book, and the two volumes of the Cemetery Books are still available.

Wednesday, April 8th @ 2pm

Living With Alzheimer's Meeting

A "Living with Alzheimer's: For Caregivers - Early Stage" program will take place at the Madison County Public Library, located at 507 West Main Street, Richmond, 2-4 p.m. on Wednesday, April 8th.

This program will help participants understand the common symptoms and behaviors seen in early stage Alzheimer's

and how to address them. Additionally, caregivers will learn about what lies ahead legally and financially, the importance of early planning, and how to build an effective care team.

To register, call 1-800-272-3900 or email infokyo-in@alz.org. This program was created especially for family caregivers, so please no professionals.

UK COOPERATIVE EXTENSION SERVICE

University of Kentucky - College of Agriculture



Estill County

Family & Consumer Sciences

Chelsea K. Bicknell
Estill County Extension Office

Tuesday, April 14th @ 6pm

Know The 10 Signs of Alzheimer's

If you or someone you know is experiencing memory loss or behavioral changes, it's time to learn the facts. Early detection of Alzheimer's disease gives you a chance to begin drug therapy, enroll in clinical studies and plan for the future. This interactive workshop features video clips of people with Alzheimer's disease. The workshop will be presented by Chelsea Bicknell, Estill County Family and Consumer Sciences Extension Agent on Tuesday, April 14th at 10:00 a.m. at Wallace Circle and 6:00 p.m. at Mountain Crest Community Room. For more information call the Estill County Extension Office at 606-723-4557.

Educational programs of the Cooperative Extension Service serve all people regardless of race, color, sex, religion, disability or national origin.

Wednesday, April 18th @ 7pm

River City's Spring Production

River City Players' Spring Dinner Theatre production: "Murder at the Banquet" will be performed in the ECHS cafeteria on April 18, 2015. Reserved tickets are \$25. Doors open at 6 p.m., seating at 6:30 p.m., performance at 7 p.m. Tickets are available at River View Place in Irvine

and Sharon's in Ravenna, or call Susan Hawkins at (606) 723-5755.

Go to our FB page or visit River-City-Players.com to see the dinner menu. While on the webpage, check out pictures of the 2014 Children's Drama Camp and information about how to "Save the Mack".

Applications Accepted For Food Program

Applications are now being accepted for the Commodity Supplemental Food Program (CSFP)

This is a monthly supplemental food package program for low-income elderly, age sixty (60) and over.

The Estill County Senior Center, local distributing agency for the CSFP, is currently accepting applications for this program.

To apply, please provide the following documents:

state issued ID, proof of income for all members of the household and a current utility bill.

Apply at the Estill County Senior Citizens Center, 100 Golden Court, Irvine. Office hours are Monday, Tuesday, Thursday and Friday 8 a.m. till 4 p.m. and Wednesdays 8 a.m. until 1 p.m.

Please call Diane Riddell (606) 723-4787 for more information about the CSFP.

Now Available

"Save the Mack" T Shirts

"Save the Mack" T-shirts are now available.

Short Sleeve XL & smaller sizes: \$15. 2XL & larger sizes: \$20. Long Sleeve: \$20.

Visit our booth at the EAC Arts and Crafts show De-

ember 6th to buy a T-shirt, a RCP Refrigerator Magnet, or a "share" on a set of Longaberger Santa Belly baskets.

Shirts will be sold at both RCP performances December 13th & December 14th.

Visit Our Website At <EstillTribune.Com> For Up-To-Date Obituaries

Jimmie L. Johnson, DMD, PSC
Family Dentistry
87 Wildwood Place (off Court St.)
Irvine, Kentucky
(606) 723-3213

WANTED TO BUY
Your antiques and collectibles, furniture, glassware, crocks, jugs, quilts, post cards, military items, Civil War swords, Japanese swords, pocket knives, coins, jewelry, gold & silver scrap, pocket and wrist watches (working or not), cast iron toys & banks, cast iron skillets, hunting and fishing items, lawn mowers, marbles, etc.
Phone 606-531-0467 anytime
Ask for Clarence
"Buyer For Over 25 Years!"