



Tam's Front Porch Ponderings
Tammy Terry
TamsFrontPorch@IrvineOnline.Net

It's so wonderful to see the sun shine, even though it might only be for a few days, it still makes me happy! With

Better To Be Prepared Than Wondering What To Do Next

April right here upon us and temperatures beginning to warm up, it's time to review our safety plans for severe weather. Laugh if you want, but it's better to be prepared than be wondering what to do next when you hear the sirens going off in the dead of night.

If you're like me, during the winter months your basement might have become a catchall for leftover boxes and wrapping paper from the holidays. Take a few minutes to tidy up, check your supplies like batteries, candles, matches and be sure the AM/FM radio is still there. It's always good to have an extra cell phone charger with your

supplies and a weather radio.

Before bad weather strikes, make copies of birth certificates, insurance policies, marriage license, any important documents you would need should your house be damaged during a storm, and place those in your 'bug out' bag. This is the bag you should always keep prepared for emergency situations. A weeks supply of medications you or your family members take daily, contact lenses cases and solution, extra pairs of glasses or anything you NEED daily should also be kept in your 'bug out' bag.

Keep a pair of shoes by your bag, I don't mean flip

flops or house shoes, I mean shoes! Everyone has always made fun of me but if I need to crawl over debris after a storm, I surely don't want to be doing it in a pair of flip flops! Any old pair of shoes will do as long as you can get them on in a hurry and they keep your feet protected.

When a watch is issued for our area, go ahead and take your bag to your safe place. Don't forget your pets! If you have outside dogs, be sure to bring them in for their protection and cats too! I can't count the times that all the family has been crowded

in our basement, along with our two dogs and a cat. Animals can sense when bad weather is approaching and you probably won't have any trouble getting them to come inside the house or garage. It's also nice to have some pet food stashed in your safe place, just in case.

Check on any elderly neighbors you may have and be sure they have a safe plan established also. We used to go get our neighbors and bring them to our house when it started to storm. Many times the men in my family have carried Bruce

Rose to the basement because she couldn't maneuver the stairs. As well as making sure everyone was safe, we made some GREAT memories sitting together, telling stories, playing board games and talking while the storm rolled on through.

Storms are going to come, there's no stopping them, but taking a few precautionary measures now will keep everyone you love safe and calm during an emergency.

BE SAFE THIS SPRING AND HAPPY EASTER EVERYONE!

Tam

ECHS SBDM Nomination & Voting

Estill County High School will be accepting parent nominations for the ECHS Site Based Decision Making Council (SBDM) for the 2015-2016 school year. Nominations can be made in the ECHS guidance office April 13th thru 17th from 8:30 am until 3:00 pm. There will be two parents elected to serve on the council. Estill County High School election for SBDM nominees will be held on April 20th and April 21st. Parents may vote in the ECHS guidance office from 8:30 am until 3:00 pm. Parents are eligible to nominate, run for election and vote only if they will have a student enrolled at the Estill County High School for the 2015-2016 school year.

ESTILL LIBRARY BOOKMOBILE SCHEDULE

246 Main Street, Irvine, KY – Call 723-3030

April 6-10, 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Northwood Apts Winchester Rd Edgewater Ct Crestview Ct Mt. Crest	Stacy Lane Rice Station West Irvine Racetrack Rd.	Horizon Daycare Ravenna Drip Rock Wagersville	Sugar Hollow Road Buck Creek Doe Creek Barnes Mtn	West Irvine Elementary

"Mommie & Me" and Storytime Wednesdays, 10:00 a.m. & Fridays, 10:30 a.m.

\$10 GED Testing Available For A Limited Time

Adults may take each module of the GED® test at the reduced rate of \$10. With the use of limited-time vouchers provided by Kentucky Adult Education, the cost of a full GED® test will be only \$40. The regular cost of the full battery of GED® testing modules is \$120, this represents an \$80 savings. Call the Estill County Adult Education Program today and ask about fast track GED! 606-723-7323

ESTILL COUNTY SCHOOLS PRESCHOOL REGISTRATION/SCREENING 2015-16 School Year

**CALL South Irvine P-K Center TO SCHEDULE
A SCREENING APPOINTMENT AT 726-3078**

SCHEDULED SCREENING DATES

- Friday, April 24th 9:00 AM to 2:00 PM
- Friday, May 8th 9:00 AM to 2:00 PM
- Monday, July 20th 2:00 PM to 7:00 PM

At South Irvine P-K Center, 1000 South Irvine Road, Irvine, KY

Preschool Qualification Guidelines:

- Children who turn four years old by August 1st and meet income requirements or have a delay or disability
- Children who turn three years old by August 1st and have a delay or disability or meet Head Start requirements
- Children may attend on a tuition basis, depending upon enrollment numbers of income-eligible students. Tuition fee is \$175 per month for 10 months. This is offered on a first-come, first-served basis for four year old children.

Please bring the following documents with your child to register:

- Child's Certified State Sealed Birth Certificate (not a hospital certificate)
- Child's Social Security Card (optional)
- Proof of Family Income (For eligibility purposes): Check Stub, Tax Forms, Statement from Employer, SSI Award Letter, Child Care Subsidy Form, statement from person providing room and board
- Up to date immunization certificate recorded on a Kentucky form only
- School Entry Physical that includes blood pressure, Hemoglobin count, and Lead Screening/test
- Eye Exam by an Optometrist or Ophthalmologist
- School Entry Dental Exam performed by a licensed dental professional
- Medical Insurance Card
- Copy of legal guardianship, (if not biological parent)

✦ The above documents will be required for your child to ATTEND school in August 2015.

It is important to bring your child to registration as he/she will be screened at that time. The developmental screening will involve your child in several learning and play activities. Through these activities we will examine his/her developmental status in areas such as general language, hand-eye coordination, gross motor progress (e.g. catching, skipping), as well as school knowledge (e.g., shapes, colors). Your child will not be expected to complete all the tasks. We are more interested in how he/she responds to the tasks. A speech language pathologist will screen for speech and language concerns if needed. A hearing screening will be completed during the screening process. The screening will last approximately 1 hour.

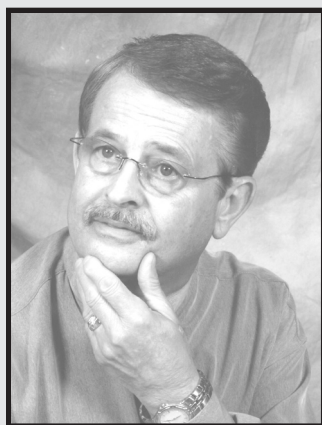
Preschool children must qualify for the preschool program according to State and Federal guidelines in order to attend.

ESTILL COUNTY SCHOOLS MENUS

Milk is included with every meal; plus assorted juices included with breakfast

MONDAY April 6	TUESDAY April 7	WEDNESDAY April 8	THURSDAY April 9	FRIDAY April 10
ELEMENTARY BREAKFASTS				
Mini Cinni Rolls Apple, Asst. Juices	Toast, Grapes, Cinn. Toast Crunch Cereal	Pancake Porky Applesauce	Spring Break	Spring Break
SOUTH IRVINE LUNCHES				
Chicken Pattie on Bun Mashed Potatoes Green Beans Tropical Fruit	Cheese Pizza Steamed Broccoli Glazed Carrots Pineapple Tidbits Milk Choice	Taco w/Shell Let./Tom./Cheese Salsa, Taco Sauce Refried Beans Mandarin Oranges	Spring Break	Spring Break
ESTILL SPRINGS LUNCHES				
Chicken Pattie on Bun Mashed Potatoes Green Beans Tropical Fruit	Cheese Pizza Steamed Broccoli Glazed Carrots Pineapple Tidbits Milk Choice	Taco w/Shell Let./Tom./Cheese Salsa, Taco Sauce Refried Beans Mandarin Oranges	Spring Break	Spring Break
WEST IRVINE LUNCHES				
Popcorn Chicken Mashed Potatoes Green Beans Tropical Fruit Milk	Cheese Pizza Corn Steamed Broccoli Pineapple Tidbits Milk	Chicken Noodle Soup, w/Grilled Cheese Sandwich Cucumber Slices Carrots, Sidekicks	Spring Break	Spring Break
ESTILL COUNTY MIDDLE SCHOOL BREAKFAST				
Mini Maple Pan- cakes w/Syrup or Cinn. Toast Crunch Brown Sugar Cinn. Pop Tart, Apple Juice & Milk	Scrambled Eggs Toast or Cocoa Puffs Strawberry Poptart Pineapples Assorted Juices Milk Choice	Biscuit w/Gravy or Trix Cereal Brown Sugar Cinn. Pop Tart Peaches Juice & Milk	Spring Break	Spring Break
ESTILL COUNTY MIDDLE SCHOOL LUNCH				
Chicken Tenders or Buffalo Chicken Tenders, Texas Toast Sweet Potatoes Green Beans Fruit, Milk or Juice	Stuff Crust Pizza Taco Snax Romaine Salad Grape Tomatoes Corn, Pineapples Grapes	Hamburger or Deli Turkey on Bun Lettuce, Tomato Potato Wedges Baked Beans Fruit, Milk or Juice	Spring Break	Spring Break
ESTILL COUNTY HIGH SCHOOL BREAKFAST				
Trix Cereal Cocoa or Reese Puffs Cereal Bars Raspberry Rainbow or Cherry Yogurt Apples & Oranges Milk & Juice	Lucky Charms Cereal Fruit Loops Pop Tarts Maple Waffle Cereal Bars Strawberry Banana or Cherry Yogurt	Frosted Flakes Cinn. Toast Crunch Pop Tarts Cereal Bars Blueberry or Cinn. Muffins, Yogurt Apples I& Oranges	Spring Break	Spring Break
ESTILL COUNTY HIGH SCHOOL LUNCH				
Hot Dog on Bun Mr. Rib on Bun Baked Beans French Fries Applesauce Peaches Juice, Milk Choices	Bosco or Chicken Quesadilla Marinara Sauce Peas, Corn Grapes and Straw- berry Cup Juice, Milk Choice	Taco or Chicken Fa- jita with Shell Let./Tom./Cheese Refried Beans, Salsa Pears, Side Kicks Juice Milk Choice	Spring Break	Spring Break

Cox Insurance, Inc.
606-723-4013
407 Richmond Road
Irvine, Kentucky



John Cox

**We Can Help If You Do
Not Have Insurance Now!**

**Even If You Have Other Problems
With Your Insurance, Come See Us!**

See Us Today! ♦ Free Consulting ♦ Free Quotes

**We Have Several New Companies Now
With Affordable Rates To Fit Your Needs**

Cox Insurance Inc.
606-723-4013

407 Richmond Road Irvine, Kentucky