



Our firearm deer season in the Commonwealth opened today. How things have changed. Back in the 60's when I started deer hunting, farmers would write on the side of their livestock, "Cow," "Goat," "Horse" to keep them from getting shot. And if you were moving in heavy brush, you could almost count on someone at one time or the other, had their scope crosshairs drawn down of you.

Because of hunters growing into the sport

of deer hunting, hunter safety classes, and the desire not to become just a memory, we hunters policed our own sport, for the better. Those days accidents ran high; now they are few and far between. With the introduction of hunter orange and tree stands, hunters became visible and off the ground, out of harm's way for the big part.

I remember well the first year hunters had to wear hunters orange; several hunters said they would not wear it (does that remind you of people not wanting to wear mask today?) I saw several hunters hauled out of the mountains, for their failure to comply with the hunter orange requirement. Now who would go into the woods without it?

Then portable and stand up tree stands came along, it got hunters off the ground and out of harms way. Yes, hunting today is not even a cousin to hunting in the 60's. But hunting is hunting, and no matter the things we use to get the job done, it is here to stay, in my opinion.

Stay safe, till next week.

You can email Steve Brewer at <Steve@EstillTribune.com> and message is automatically forwarded.

Church & Community

Mail announcements to The Estill Tribune, 6135 Winchester Road, Irvine, KY 40336
Call (606) 723-5012; Fax to (606) 723-2743; or E-mail it to <News@EstillTribune.Com>

Salem Baptist is drop-off center Operation Christmas Shoebox Collection

Salem Baptist Church located at 4470 Spout Springs Road in Irvine will once again be the drop-off center for this year's Operation Christmas Shoebox Collection. Social distancing will be observed, and mask will be worn. No one will need to get out of their vehicles. Pull into our parking lot at the designated spots and someone will come to your vehicle, pray over the shoeboxes, and carry them inside for you. Collection dates for this year are as follows:

Monday	November 16	5:00-7:00PM
Tuesday	November 17	11:00AM-1:00PM & 5-7PM
Wednesday	November 18	5:00-7:00PM
Thursday	November 19	5:00-8:00PM
Friday	November 20	5:00-8:00PM
Saturday	November 21	9:00AM-3:00PM
Sunday	November 22	1:00-4:00PM
Monday	November 23	8:00-10:00AM

If you have any questions, please call Danny Barnett at 606-643-5561 or April Stone at 606-643-6065.

Open for appointment, Mon.-Sat. St. Elizabeth Church Basement Sales

We still need to shop by appointment only at St. Elizabeth Basement Sales, and usually I wait with Christmas items until after Thanksgiving. However I have gotten some really nice things in that can be used as Christmas gifts. So starting this weekend, I will have some really nice things out. So pass the word on to others, to call and make an appointment to shop.

Any day but Sunday, between 9:00 a.m. and 5:00 p.m. (606 723 8216.)

God bless you, Sister Theresa

Saturday, November 21, 2020

FREE GED® Tests

Kentucky Skills U is temporarily offering FREE GED® tests! A \$120.00 savings for first time test takers. Call 606-723-7323, 1-859-813-4008 or email <mary.fields@estill.kyschools.us>. Be there!

Estill County Adult Education Skills U Center.

The next GED tests in Estill County are Saturdays, November 21 and December 12, 2020.

Antibody Testing Extended Blood Supply Critically Low

Kentucky Blood Center, which has been battling a critically low blood supply since early summer, is issuing an urgent plea to the public for donations. Recent traumas have left the blood center in dire need of donors willing to roll up their sleeves as soon as possible.

KBC, which supplies blood to more than 70 Kentucky hospitals, has an urgent need for all blood types and is encouraging donors to make an appointment and donate as soon as possible. The Blood Center strives to maintain a 3-4 day supply of blood to meet hospital needs. The supply has been at less than a half-day for several weeks. Massive traumas occur without warning, making it imperative that volunteers donate whenever they can to ensure blood is available at all times.

Kentucky Blood Center is offering free COVID-19 antibody testing to all donors through the end of the year. Donors who test positive for the antibodies may be recruited to donate convalescent plasma to help critically ill patients fight the coronavirus.

To maintain social distancing, appointments are preferred and can be made at www.kybloodcenter.org or by calling 800.775.2522. All six KBC donor centers (listed below) are open Monday - Friday from 9 a.m. - 6 p.m. and Saturdays 8 a.m. - 2 p.m. Face coverings are required while visiting our donor centers. Mobile blood drive locations can also be found on the website.

Friday, December 4th - 7-9pm

Kiwanis Christmas "Reverse" Parade

The annual Kiwanis Christmas parade will be held this year but in a different manner. It will be a "Reverse Parade" on Friday, December 4 from 7 to 9 p.m. Due to Covid-19 the Kiwanis Club of Irvine-Ravenna has made the changes to safely hold the drive through event. Floats, that allow spacing, will be stationary and spectators will drive by thus making it reversed. The location for the set up will be on River Drive between Estill Avenue in Irvine to Ravenna City Park.

"Christmas Blessings" will be the theme of the parade. All groups, churches, schools, fire departments, businesses, and organizations are invited to participate. Floats will be judged and eligible for the prize money sponsored by Kiwanis. Judging will be based on the following: level of effort or difficulty, lighting display, and overall appearance. Prizes will be: 1st place - \$125, 2nd place - \$100, and 3rd place - \$75.

Fun ways to incorporate turkey into Thanksgiving

Source: Heather Norman-Burgdorf, assistant Extension professor for Food and Nutrition, and David Weisenhorn, senior extension specialist for Parent and Child Development

Due to the pandemic, you may find yourself staying closer to home this Thanksgiving. You may see fewer extended family members and maybe even eat a scaled-down meal. This meal may or may not include turkey—the usual Thanksgiving staple. But you can still find unique, fun ways to include turkey in the day.

Here are some ideas to get you thinking outside of the box about turkey this year. These activities are ways you can celebrate the holiday at home with your immediate family or share with your extended family over video conferencing apps.

Get crafty. All ages can enjoy making a turkey-themed craft. The craft can be as simple as

making a turkey by tracing your hand on a piece of paper. Use your thumb for the head and transform your other fingers into feathers. You can order many turkey-themed crafts online from a craft store or you can find tons of crafting ideas on social media sites for all ages and abilities.

Get moving. During a normal year, some communities will have a race to mark the holiday. These "turkey trots" can be easily made into family competitions and give us some physical activity during a traditional big eating day. You can choose a shortened race with your immediate family members or make it a friendly competition with family members across the country through video conference.

Spend time in nature. Take a nature walk and call it a turkey hunt. On your hunt, look for things like sticks, leaves and acorns. You may even see a wild turkey. This can be



a fun activity for young children.

Make and eat a different kind of turkey. If you have a turkey or Thanksgiving-related cookie cutter, now is the time to dust it off and put it to work. If you have children, allow them to help you make and decorate turkey-themed cookies. Not only is this a great way to spend time as a family, but it can teach children important skills like measuring, fractions and how to read a recipe.

Read. Reading books about turkeys or the history of Thanksgiving is a great way to promote literacy and educate your children about the holiday. If your public library is open, you can check out turkey-themed books or you can find plenty of Thanksgiving-related articles online.

For more information, contact the Estill County office of the University of Kentucky Cooperative Extension Service at 606-723-4557.

Remembrance Tree Ceremony 2020 Goes Virtual

One of the community's most beloved, holiday traditions is the annual Remembrance Tree Ceremony, with hundreds participating each year for more than 25 years. The 2020 ceremony will be hosted live and virtually on Sunday, December 6, at 2 p.m.

The event will be live streamed on the Hospice Care Plus Facebook page. A Facebook account is not required to participate. To participate, request a memorial ornament at hospicecareplus.org or 859-986-1500, then visit facebook.com/hospicecp at 2 p.m. on Dec. 6.

Anyone can request a memorial ornament. There is no fee for ornaments, but a donation of any size is encouraged. Proceeds from the ceremony cover the cost of the ornaments and help fund all programs offered by Hospice Care Plus.

The Remembrance Tree ceremony gives the community a chance to remember loved ones during the holiday season by placing a personalized memorial orna-

ment on a remembrance tree. Hospice Care Plus sponsors the event as part of its bereavement program, which provides grief support services to the community. Although this year's event must be virtual to comply with COVID guidelines, the program and purpose remain the same.

"We recognize that the holidays are a difficult time for those who have lost loved ones, even if the losses are not recent," says Hospice Care Plus CEO Scott Thompson. "I hope the Remembrance Tree tradition will allow people to memorialize those loved ones and acknowledge and respect their absence."

Lisa Knicely, who leads Hospice's bereavement program, believes the COVID-19 pandemic may make grief during the holidays even more pronounced.

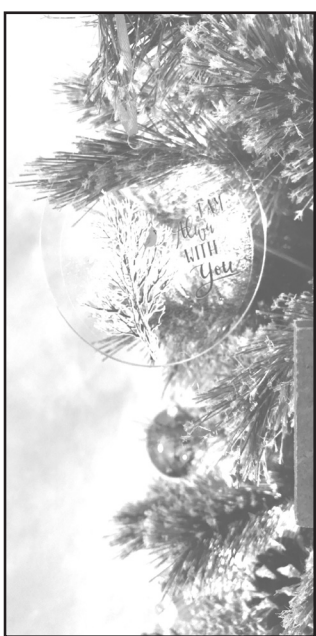
"A lot of people who've had a loss this year had to go through it without the typical supports. They may not have had the chance to mourn together with family and friends,

or to participate in the rituals that help us have closure and say goodbye. It's possible that will make the holidays more challenging this year. The Remembrance Tree, as a ritual and a ceremony, can help."

Many families save and collect each Remembrance Tree ornament. The 2020 ornament is a round, transparent disk featuring a winter scene with a cardinal, and includes the saying, "I am always with you."

The live-streamed ceremony will begin with an opening prayer and holiday music and continue with the reading of memorial names. Hospice Care Plus staff will place memorial ornaments on the Remembrance Tree as the names are read. Guests who participate virtually are invited to use Facebook comments to type their loved one's name as it is read or to share a favorite memory.

Guests may claim their ornaments on one of four dates in December. The pick-up will take place outdoors, socially



2020 Ornament

distanced, on Dec. 7 and 8, 1 p.m. to 9 p.m., at the Compassionate Care Center, and Dec. 10 and 11, 9 a.m. to 5 p.m., at Hospice's Berea office.

For questions or more information, contact Hospice Care Plus at 859-986-1500 or hospice@hospicecp.org.

Hospice Care Plus is Estill County's non-profit provider of home hospice care, inpatient hospice care the Compassionate Care Center, home palliative care, and bereavement support.