

Kitchen Diva by Angela Shelf Medearis

A Christmas Gift of Faith and Food

My father, Howard, was in the Air Force and my mother, Angeline, was a homemaker. They didn't have a lot of money to buy Christmas presents for my three siblings or me, but it never seemed to matter. They gave us lots of love, and faith in God, and in the future, no matter how bleak things might look in the present.

The Bible says that faith is "a gift of God." I believe that. It would take a God to create something as wonderful and as life-sustaining as faith. It takes great faith to carry on during all the troubles we've all faced day in and day out his year.

The wonderful thing about faith is that the more you use it, the more it grows. Unlike earthly things which become worn and depleted when used time after time, faith becomes even stronger and more abundant the more that you use it.

I often hear about people "losing faith." If you feel like that, all I can say is that lost things are often found in the most unexpected places at the most unexpected times. I've misplaced things, thinking that they were lost, only to find them when I was looking for something else. The thing I'd thought I'd lost was there all the time, waiting for me to discover it and use it again.

Faith is like that, sometimes when you think you've reached the end of your ability to believe, something or someone comes along to shore you up so that you can continue.

I have great faith in the future and the abilities of the American people to preserve in these difficult times. We must love and speak lovingly about our country. A thing that is not loved will not grow properly. We must have faith in our personal abilities and in our potential as a people to grow stronger together. We must never forget the faith of our forefathers and what this country was built on.

While the holidays pose their own special set of

personal and financial challenges, it's also a time to appreciate and treasure the priceless things in our lives -- love, faith, family and friends. No matter what your circumstances, hold on to hope, preserve and cherish your family's heritage, memories and recipes. And most importantly in these difficult times, keep the faith.

While I have wonderful memories of the dishes that my mother made for Christmas, this year, I've decided to start a holiday tradition of my own. I call this recipe Christmas Chicken because it's a beautiful holiday dish with lots of colorful red tomatoes, white pasta and green basil or parsley. It's also inexpensive, simple to make, and can be doubled to easily feed a crowd.

I look forward to sharing it with my family and friends for years to come. Merry Christmas, and have a blessed holiday season!



CHRISTMAS CHICKEN

- 1 pound boneless skinless chicken breasts, chicken thighs or a combination of both
- 2 tablespoons poultry seasoning, divided
- 2 teaspoons salt, divided
- 2 teaspoons ground black pepper, divided
- 3/4 teaspoon cayenne pepper
- 1 cup all-purpose flour
- 8 ounces penne pasta
- 1/4 cup olive oil
- 1/4 stick butter

- 1 large yellow onion, chopped
- 3 cloves garlic, minced
- 1 (28-ounce) can Cento or San Marzano crushed tomatoes
- 1/8 teaspoon ground cloves or nutmeg
- 1/4 teaspoon sugar
- 1 cup fresh flat-leaf parsley or basil, cut into ribbons
- 1/2 cup grated Parmesan or Romano cheese

1. Cover chicken breasts with plastic wrap and pound each piece to an even thickness, about 1 inch in the thickest parts. Remove the plastic and sprinkle each piece of chicken on both sides with 1 tablespoon of the poultry seasoning, 1 teaspoon each of the salt and 1 teaspoon freshly ground pepper, and 1/8 teaspoon of the cayenne pepper.

2. To the flour, add 1/2 tablespoon of the poultry seasoning, 1/2 teaspoon salt and 1/2 teaspoon of the black pepper, and mix well. Press the chicken into the flour on both sides, shake off the excess and set aside.

3. Make the pasta according to package directions. When the pasta is cooked, drain it but reserve 1/2 cup of the pasta water to add to the sauce.

4. Meanwhile, heat the olive oil and butter in a large heavy skillet over medium heat until sizzling, about 2 to 3 minutes. Add the seasoned chicken and pan-fry for 4 to 5 minutes on each side until golden brown.

5. Place the chicken on a plate and set aside. Add the onions to the pan and cook for 2 minutes. Add in the garlic, tomatoes, the remaining 1/2 tablespoon poultry seasoning, 1/2 teaspoon salt, 1/2 teaspoon pepper and 1/2 tablespoon cayenne, and the cloves or nutmeg and sugar. Turn heat to simmer, and cook to a sauce-like mixture, about 5-7 minutes. Add the reserved pasta cooking water as needed if the sauce is too thick.

6. Cut the chicken into strips and add it to the sauce. Stir in half of the parsley or basil. Top the drained pasta with the sauce and stir to combine over medium heat for about 1 to 2 minutes. To serve, sprinkle the pasta with the remaining parsley or basil and the grated cheese. Serves 4 to 6.

Estill Courthouse News

Marriages

Francis Atoshia Townsend, 29, unemployed of Coral Ave., Irvine and Kyle Douglas Bell, 50, S. Winn Ave., Irvine, married November 6, 2020.

Holly Jo Taylor, 40, daycare center of Richmond and Justin Lynn McIntosh, 33, unemployed of Millers Creek Road, Ravenna, married November 7, 2020.

Kayla Michelle Goosey, 27, sales associate of Cardinal Ct., Irvine and Christopher James Crabtree, 26, sales associate of Cardinal Ct., Irvine married November 8, 2020.

Property Transfers

Charlotte Pearson to David Clayton Clare and Caitlyn Michelle Taylor, \$127,000, 56 acres at the top of Iron Mtn. South.

Sahara Pearson to David Clayton Clare and Caitlyn Michelle Taylor, \$1.00, one acre, plus or minus, in Estill County.

Loretta and Danny Wells, Sandra and William Floyd, Christina Tuttle, and Lorena and Euel Stephen Hall, to William and Virginia Willis, \$1.00 and love and affection, three acres, more or less, in Estill County.

Geraldine and Steve Chaney, Randall Joe Goosey and Brenda Logsdon, Raymond L. and Linda Goosey, Billy and Pamela Goosey, Aaron Goosey, Sheila and Tim Thomas, Lisa and Rodney Johnson, and Pam Brooks to Barbara Richardson, love and affection and \$1.00, lot 12 in West Lawn Addition to Irvine. Barbara Richardson

to Harold and Adrian Friend, \$4,000, lot #12 in West Lawn Annex to Irvine.

Thomas W. Mullinix, to Dwight Wiles, trustee of N&H Mullinix trust, \$225,000, tract 7 of 35.77 and tract 8 of 14.37 acres of Thomas W. Mullinix Property Survey.

Donald Curtis to Dakota B. Evans, \$160,000, lots 14 and 15 of Deer Run Estates.

Kimel Gilbert and Wanda Agee to Philip J. and Aileen B. Rose, \$54,000, 65 acres, more or less, on waters of Buck Creek.

Kaylee and Christopher Collins to Brian and Hannah Davidson, \$5,000, two acres, more or less, at Drip Rock and Sand Gap Roads.

Norman Earl Rose to Gary D. and Kristine E. Rose, \$2,000, two tracts on Trotting Ridge Road.

Mary and Darin Flynn to Cassandra F. Brandenburg, \$72,000, parcel A, 0.18 acre; parcel B, .31 acre; and Parcel D, Minor Subdivision/Consolidation Plate for James and Opal Witt, Jerry and Sheri Flynn, and Ricky Brandenburg.

Tucker Homes, LLC to Justin Lee Himes, \$94,000, lot 12 n Polly Fowler Addition to Irvine Daniel and Elizabeth Muchow to Zac Wynn Realtor Guy, LLC, \$72,100, 0.9 acre on Sand Hill Road.

Mark Thiessen to David Damien Porter, \$30,000, tract of 1.87 acres on Jenkins Branch Road.

Dustin A. and Stephanie Moore to Bradley Evan and Megan JoAlice Hackworth, \$150,000, lot

2 \$178,000, Wiseman-town Road.

J.P. Morgan Mortgage Acquisition Corp. to Ruby Emmert, \$25,000, 5380 Winchester Road, Irvine.

Harold and Dixie Gould, trustees of Gould Family Trust, to Daniel Bourne Jr. and Shawnda L. Bourne, husband and wife, short form of land contract, tract one containing 9 acres, more or less, and tract 2 of 65 acres, more or less, on waters of Kentucky River.

Phyllis A. Thomas to Jamie Day, love and affection, tract on Sweet Lick Fork of White Oak Creek.

Phyllis A. Thomas to Jamie Day fka Jamie L. Thomas and Douglas Day, wife and husband, love and affection, parcel 1 of 164 acres, more or less, parcel 2, three tracts containing 40 3/4 acres, more or less, in Estill County.

The Estate of Randy Scott King by Randy King Jr., executor, to Stephanie J. and Dustin A. Moore, \$220,000, property address 5200 Sand Hill Road.

Roger D. and Jacquelyn A. Kirby to Shawn Paul and Kacey Richardson, \$165,000, tract on Harris Ferry Road.

Dennis Lee Hall to J. Witt Properties, LLC, \$21,500, one acre, more or less, in Estill County.

Debra Elaine Hunt to Mark Wayne and Rebecca Worrell, love and affection, 14 acres, more or less, on Dug Hill and Reges Road.

Samuel Scott Farthing to Sandy Franklin Barnes, \$10,000, tract on

Spout Springs Road.

Billy W. and Stella Ruth Watson to Lisa Matz, \$102,000, 1.80 acres, by survey.

Darrell Baker, trustee of Darrell and Audrey Baker living Trust, to Justin Debord, \$149,900, tract 1 of Minor Subdivision/Consolidation Plat for Darrell and Audrey Baker at 105 and 175 Campbells Branch Road.

Jerry W. and Sherry McIntosh to Tammy Waite, \$7,500, two acres, more or less, on waters of Cow Creek.

Earl and Javenne Brandenburg to Sonya Brandenburg-Carroll and

Terry Carroll, spouses, love and affection, tract of 2.665 acres at 851 Crooked Creek Road.

Charles Painter and Tammie Gentry to Denise Puckett, love and affection, lot 6 in Sweet Springs Addition to Irvine.

Charles Earl Underwood/President of Estill County Free Riders motorcycle club, to Zach McCoy of Outlaws McNation, John Johnston of Outlaws McNation, and William Simpson of Outlaws McNation \$7,500, tract in Estill County.

Ronald G. and Jessica Mullins to Kalen Trevor Freeman, \$20,000, lot 3

of Lafayette Estates.

Bobby Wayne and Jill Willis to Bobby Wayne and Jill Willis, love and affection, ten acres, more or less, on Opossum Run Road.

Carl W. and Melissa K. McMaine to Louise K. Sizemore, \$149,900, lots 5 and 6 of block A in Estill Acres Subdivision.

Summit at Madison, LLC to Anjenys Gonzalez-Eilert and Sebastian Eilert, \$74,900, two parcels in Estill County.

Danny and Sharon I. McIntosh to Leroy Gaylord, \$21,500, four acres, on Irvine-Beattyville Pike.

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The Estill County Tribune

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