



Times Remembered

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A big shout out to Estill County's Girls and Boys Basketball Teams for the boys for winning the 56th District and the girls being runner-up in the 56th District. Good luck in the next games at regionals.

I know most all of the girls on the team, since Bob and Robbie coached them in middle school. We know their talent quite well. We are so happy for them and would love to see them win a title!

Speaking of winning, our kids, Tara and Steve's girls basketball team at Scott County won their district for the last four seasons on Friday night by defeating Bryan Station by the score of 81-47. A great achievement since Scott County split this year; they lost an excellent point guard to the new school... Great Crossings High School. In their 20 years at Scott County, they have won 14 district titles, 5 regional titles, and were state runner-up in 2010. They have been

Basketball

rated in the state's top 10 most of the year. We attend nearly all their basketball games unless we are sick. Which... I'm so sad I will be unable to attend their first 11th Regional game tonight due to severe bronchitis. I've been sick off and on for two weeks. I can't seem to shake it. Anyway, they play Bates Creek, whom they defeated earlier in the season by a score of 95-52.

Scott County has an excellent point guard, Morgan Defoor, who averages 21 points per game. She scored 54 points against Great Crossing this year. She has scored 2300 plus points in her career. She has signed to play her college ball at Division 1 Morehead University.

Also, they have a very talented 6'4 guard/forward, Malea Williams, who averages 20 points per game and 12 rebounds, and she has surpassed 1000 rebounds for her career and 1000 points. She is being recruited and offered scholarships by 16 D1 schools. She hasn't decided yet.

Three other starters comprise the "Cards Big 3" and they contribute a great deal; Kennedy Tompkins, Emma Price and Kaylee Wise. Kennedy averages 10 points and 8 rebounds a game and Emma is a good three-point shooter.

Since my daughter coaches, we do spend a lot of time in George-

town and attend Scott County ball games. We also attend Colton's games; our 11 year old grandson's basketball, football and baseball games. We will be attending more boys' games; especially since Colton will be playing at Royal Springs Middle School next year.

He will be in 6th grade and is becoming a big boy. He's 5'4 and weighs 120 lbs., and he's a good shooter like his momma; he loves the 3-point shot and handles the ball well. He gets his height, strength and rebounding from his Dad; he's 6'6. He played high school at Corbin and college ball at Alice Lloyd and Sue Bennett and was a grad assistant at Union.

I know I'm talking a lot about my daughter and son-in-law's team; but you know when kids get their own job and careers you still have to encourage them and cheer them on. I believe in giving credit where credit is due. My kids come first; just as they did when they played mighty mites, grade school ball, middle school, high school and college ball.

Just being at their games is so important to kids no matter their age; let the house work go, eat sandwiches, stack up the laundry till later; just get out there and support your kid's teams. Good Luck Estill County and Scott County in regionals!!

Sometimes 'knotheads' don't tell you what you need to know



America's Heartland
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An elderly lady called the hospital switchboard and asked in a soft and gentle voice: "Could someone please tell me how a patient is doing?"

The operator said, "I'll be glad to help. What's the patient's name and room number?"

The elderly lady, talking oh so sweetly, said, "Her name is Alma. She's in room 319."

"Let me place you on hold while I check with her nurse," the operator said.

A couple minutes later, the operator returned to the phone and said, "Oh, I have good news. The nurse just told me Alma is doing very well. Her blood pressure is fine; her blood work just came back as normal; and her doctor has scheduled her to be discharged on Thursday."

The elderly lady thanked the operator,

telling her, "I had been so worried. I appreciate the wonderful news."

The operator asked, "Is Alma your daughter?"

"No, I'm Alma," the elderly lady said, her voice not so soft and gentle now. "I called you because these knot heads up here never tell me anything."

We'd likely all agree that it would be unacceptable for nurses and doctors to withhold good news from patients. In fact, nurses and doctors should be excited to share good news with those they're responsible for. They should rush to their patients as quickly as possible to let them know they have found a treatment for the condition, so that they can be made well.

Nurses and doctors aren't the only ones who have good news to deliver. Christians have the best news of all. They know a cure that can prevent sin from destroying people eternally, and Christians have been given the great privilege to share that good news. In fact, Jesus told us: "Go ye into all the world, and preach the Gospel to every creature." Gospel, of course, means good news.

We're all thrilled to receive good news. But isn't it wonderful to share good news. How

many times have we hoped for good news? Words like: "It's not cancer," or "We've finished the surgery and he's doing fine," or "I'm from Publisher's Clearing House, and you've just won a million dollars."

All those things would be welcome news, but for a person who is carrying the guilt and shame of sin, there can be no better news than that, through Jesus, your sin can be forgiven and you can be made new.

I'm reminded of Isaiah 1:18, which says, "Come now, and let us reason together, saith the Lord: though your sins be as scarlet, they shall be as white as snow; though they be red like crimson, they shall be as wool."

In that hospital, Alma received good news that she was doing well and would soon be released to go home. In this world, when sin has taken hold and we feel like we're weighed down with a heavy load, the best news of all comes straight from the mouth of Jesus:

"Come unto me, all ye that labour and are heavy laden, and I will give you rest" (Matthew 11:28).

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