

# Days of Spring



**Times Remembered**  
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I've been a warm weather person for as long as I remember; especially growing up on a farm. I rejoiced when the dark winters and (excess rain days, now) finally faded into the longer days of spring. No matter how hot it gets, I still love summer; it is still my favorite season. My fondness for this time of year is because of the sunny days and warm temperatures that bring things I enjoy the most. More time outdoors, flowers are blooming and the ripening of fresh sweet fruit; especially strawberries. Homegrown ones are so much sweeter than store bought ones that I've eaten all winter.

Although many grocery stores do supply a variety of fruit year-around, nothing compares to the incredible taste of fresh straw berries in season.

One of my favorites is Strawberry Freezer Jam, and I like the Strawberry Spinach Salad too.

**STRAWBERRY SPINACH SALAD:**  
10 cups loosely packed fresh spinach  
1 1/2 cups sliced strawberries  
1 cup sliced fresh mushrooms  
1/3 cup thinly sliced red onions

**VINAIGRETTE:**  
1/4 cup balsamic vinegar  
1/4 cup red wine vinegar  
2 tablespoons of honey  
1 teaspoon Dijon mustard  
1/8 teaspoon salt  
1/4 cup extra-virgin olive oil

**SALAD:**  
10 cups of fresh spinach  
1 1/2 cups sliced strawberries  
1 cup sliced fresh mushrooms  
1/3 cup thinly sliced red onion

**TO MAKE VINAIGRETTE:**

Whisk together ingredients in a medium bowl until blended. Set aside.

**TO MAKE SALAD:**

Wash spinach and dry well; remove thick stems, tear larger leaves into bite size pieces. Place in large bowl. **TOSS:** 1 cup berries, mushrooms and onions with spinach. Toss 1/3 cup of dressing and mix. Yields 6 servings.

**STRAWBERRY FREEZER JAM:**

1 quart strawberries, washed and topped and smashed up good. Next: Add 4 cups of sugar and stir well. Let stand for about 20 minutes. Dissolve a package of pectin in a cup of water and boil for one minute, add to the berry and sugar mixture. Stir for two minutes.

Then pour jam into freezer containers or canning jars, close tightly, and let stand at room temperature for 24 hours. You can store in refrigerator for up to three weeks and up to a year in the freezer.



## PUBLIC NOTICE from Estill County Clerk Brian Crowe

Due to the pandemic, our Governor postponed Primary Election Day to June 23, 2020. Knowing that the majority of our poll workers are in the vulnerable, at risk category for COVID-19 and the required training is not a possibility at this time, he worked with our Secretary of State to create an Executive Order that changes the manner by which this election will be conducted. Using the Executive Order, the State Board of Elections created emergency regulations and procedures to follow. The postponement, executive order, and regulations were all created so that this election can be safe, secure, and successful.

## SEVERAL WAYS TO VOTE

### MAIL IN (PHONE REQUEST)

You can call our office 606-723-5156 to request an application. The application will be mailed to the voter. Once the voter receives the application, he or she will sign it and mail it back to the Clerk's Office. At that time, we will mail the voter their ballot. Once the voter receives their ballot, they will make their selections, place the ballot in the appropriate envelope **SIGN THE YELLOW AND WHITE ENVELOPES** on the highlighted areas, seal the envelope and mail it back to the Clerk's Office using the postage paid envelope.

### IN-PERSON VOTING

Starting on JUNE 8TH, during our normal business hours. (Monday thru Friday 8:00 to 4:00) voters will be able to come to our VOTING CENTER which is the **Old BB&T Bank building** located at 119 Broadway to cast your ballot. We ask that voters wear masks in order to prevent the spread of the COVID-19 to those who might be vulnerable. Election Officers will be wearing a facial covering and gloves the entire time. We must follow all the guidelines, and voters will be asked to keep a 6-foot distance while in line to vote. Voters are asked to have their ID ready in order to not hold up the lines. Voters will be checked in as normal and given your ballot and their own pen to keep. Once the ballot is marked, the voter will be directed to the appropriate scanner into which the voter will insert his or her ballot.

### ELECTION DAY

Tuesday June 23, 2020 is election day. The VOTING CENTER will be the only polling place that will be open on election day. Our VOTING CENTER will be open from 6:00 a.m. to 6:00 p.m. We will follow the same guidelines as our IN-PERSON VOTING. We will ask that all voters enter thru the rear of the building and will be exiting out the front. We will be providing mask for all voters as they enter the building. There will be one handicap accessible voting machine setup for election day. This process is new for everybody, this will put a lot of extra work and stress on our office. We ask for your patience and understanding during this election. We will do whatever takes to make this election successful, but most of all keep voters, poll workers and you safe. Have any questions please call us at 606-723-5156

*Thanks, Brian Crowe, Estill County Clerk*

## Paula Clemons-Combs for KY State Representative

A Voice for the Mountains

### I Support:

- Job Creation
- Working People
- Education/Training
- Preventing & Treating Drug Addiction
- Grandparents' Rights
- Healthcare
- The US Constitution & Bill of Rights



A Mountain Democrat



UMWA Endorsed!

Breathitt, Estill, Lee, Madison (Waco), Owsley

# The Real McCoy reopens Wednesday

**The Real McCoy**  
5191 Richmond Road, Irvine, KY  
**(606) 723-4844**

Find us on Facebook <therealmccoyantiquevendormarket>



**Open M-S 10-7 Sun 12-7**

◆ Tanning ◆ Vape ◆ CBC ◆ Vendors  
◆ Antiques ◆ Weight Loss  
◆ Musical Instruments

### DATES TO REMEMBER

- MAY 26<sup>TH</sup>** LAST DAY TO REGISTER TO VOTE BY 4:00 P.M.
- JUNE 2<sup>ND</sup>** CANDIDATE FILING DEADLINE BY 4:00 P.M.
- FOR GENERAL ELECTION IN NOVEMBER**
- SCHOOL BOARD DISTRICT #1**  
BARNES MT, SOUTH IRVINE, RED LICK)
- SCHOOL BOARD DISTRICT #2**  
(WHITE OAK, ESTILL SPRINGS, COURTHOUSE)
- SCHOOL BOARD DISTRICT #4**  
FORKS, CEDAR GROVE)
- RAVENNA CITY COUNCIL**
- SOIL CONSERVATION DISTRICTS**
- JUNE 4<sup>TH</sup>** PUBLIC DRAWING FOR BALLOT POSITIONS  
NOVEMBER ELECTIONS
- JUNE 8<sup>TH</sup> THRU JUNE 22<sup>ND</sup>**  
EARLY VOTING BEGINS AT OLD BB&T BUILDING  
MONDAY THRU FRIDAY FROM 8:00 TO 4:00
- JUNE 23<sup>RD</sup>** ELECTION DAY  
POLL OPEN AT 6:00 A.M. TO 6:00 P.M.  
POLLING PLACE OLD BB&T BUILDING

### FREQUENTLY ASKED QUESTIONS

- When is the last day to register to Vote?**  
Tuesday May 26th by 4:00 p.m.
- Can I change my party and still be eligible to voter during the Primary Election Cycle?**  
No, the deadline was December 31, 2019; however, you can change any time after June 23rd.
- Do I have to wear a mask to vote in person?**  
In accordance with CDC and state guideline, we are asking the voter to wear a facial covering to protect the Election Officers, fellow voters and yourself.
- How is the privacy of my mail-in or hand delivered ballot protected?**  
In short, once the voted ballot envelope has been received and checked back in at the Clerk's office, the signature is verified as the voter's. The ballot will be separated from the envelopes in front of the County Board of Elections, made up of Democrats and Republicans. Once all the ballots have been separated from their envelopes, the ballot will be inserted into the scanner to be counted. This process prevents anyone from knowing how someone voted