Fear

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"And fear not them which kill the body, but are not able to kill the soul: but rather fear him which is able to destroy both soul and body in hell." -- Matthew 10:28

Fear is an emotion that all people share to some extent. Some are more fearful than others, even to the point sharp pain when he lied, cheated, or done some other sin, them back." Oh, you might want to take them back and be of restricting their lives in certain areas. Death is perhaps maybe he would be more careful of his thoughts and actions. sorry that you said them, but that is all you can do. It is much the most common thing that mankind fears. That is easy to see in this time of the Covid 19 virus that is taking so many lives. It is a deadly threat, and I certainly don't make light of it. At the same time I ask this question, "What if we feared God as much as we do this virus?"

what they can to be safe as they serve the Lord. Others are very fearful of catching the virus and take every precaution some thought about someone that is not right. Just because be in there? Is there things in either of these places that are that they can, but take little thought of their spiritual health. God doesn't want us to live in fear and if we truly trust him then we won't live in fear of this virus, or any other disease. We want to be careful and take what steps we can to avoid steps that people take to avoid the disease

Social distancing is something new that we have come the virus. The mask is to protect us as well as to protect othto accept. What if we used that in our spiritual lives and kept ers from us. While the word of God doesn't tell us to wear a distancing ourselves from temptation and sin? We don't mask, it does tell us to bridle our tongues. Words can be so seem to be as serious so many times in this area of life, do very hurtful and if a person doesn't try to control his mouth, we? If people did, there wouldn't be so much hurt and trou- he can do damage that can last a lifetime. Once a person lets ble in our lives, families, and even in our churches. Because hurtful words loose they are like a dam breaking forth, and sin doesn't hurt us physically at the moment, but gives a false come spilling out in a flood. As someone said long ago, "Once pleasure, folks are not as careful about it. If a person felt a you have hurled hurtful words at someone, you can't take

often and to be careful what we touch. Many people wear moment a person can say things that will bother him for the gloves to try to protect themselves. This is helpful for the rest of his life. People may forgive, but do they ever forget? physical, but what if we apply it to our spiritual lives as well? Don't we need to go to the Lord and have him wash away to clean things often. Once again that is a good idea for our Some people do and are keeping the faith and doing our sins, and don't try to tell me that we don't have them. spiritual lives as well. Do we take stock of our home and We do and need to confess them to the Lord. It may only be even in our minds and hearts of the things that we allow to no one knows it, even the one that you thought about, God unclean and hurtful to us or our families? There are so many knows all about it. Pray, read the bible, and let the Lord be things that a person may think are alright, but do they hurt us like the gloves to keep us from the unclean things.

this virus, but not let it rule our lives. Consider some of the public many years ago, but rarely here in America. Now it is Ask the Lord to cleanse us from sin and protect us from the something that we are doing to help protect ourselves from temptations that come upon us.

With this Covid 19 virus we are told to wash our hands better to not let them out in the first place. In the heat of the

Another guideline for the Covid 19 virus protection is spiritually? Some folks are so set in their ways that they do I have seen people in Korea and Japan, wear masks in what they want without regard to anything, or anybody else.

