



Just Hunting

by Steve Brewer

Well it is time to clean, store, and get the old hunting gear put away. I always use Remington gun oil after each hunting season before putting them away. Caution, don't use WD-40 to store your firearms. It contains water, and will rust your firearms or knives.

Next, I wash all the clothes I wear during the season in detergent that is made for hunting clothes. Never use anything that has a fancy smell; such as Tide. Let me pause to say, it is great

to use Tide on everyday-wearing clothes, it smells so fresh and clean. That is not the smell you are looking for in the woods. Even during squirrel, or rabbit season, I try and mask the human smell as much as possible. I never know when a big deer comes by and can smell the trace of human; it will put them on alert.

I would also get me a plastic tote to put all my hunting gear in. I store everything together; calls, decoys, face mask, hats, everything. If you don't have a big enough tote, get an extra one. The main purpose I use totes for is to keep out the smells of the world, and to keep everything together.

I will be going over some fishing trips and will keep you in the loop during this down time, between now and the third Saturday in August. My daughter, Nema, and myself will be fishing Lake Cumberland with our favorite outfitters, Morgan's Guide Service on July 1st.

Till next week, take care of your gear, it will take care of you when you need it.

You can email Steve Brewer at <News@Estill-Tribune.com> and we will forward message.

Kitchen Diva by Angela Shelf Medearis

Three Cheers for the Red, White, and Blue!

One of the most recognized symbols of the Fourth of July celebration is the American flag. The American flag began with 13 stars, and today, 50 stars are displayed to represent the number of states now in the union. This number has followed the growth of our country since its infancy. The 13 alternating red and white stripes represent the 13 original colonies that joined together to declare their independence from Britain in order to establish themselves as a sovereign nation.

Originally, the colors red, white and blue had neither specific meaning nor representation when the flag was adopted in 1777. However, the colors in the Great Seal of the United States did have specific meanings. Charles Thompson, secretary of the Continental Congress, reporting to Congress on the Seal, stated:

"The colors of the pales [the vertical stripes] are those used in the flag of the United States of America; White signifies purity and innocence; Red, hardiness and valor; and Blue, the color of the Chief [the broad band above the stripes] signifies vigilance, perseverance and justice."

July 4th, also known as Independence Day, has a fascinating history as well.

"No taxation without representation!" That was the battle cry of the 13 colonies in America that were forced to pay taxes to England's King George III with no representation in Parliament. As dissatisfaction grew, British troops were sent in to quell any signs of rebellion, and repeated attempts by the colonists to resolve the crisis without war proved fruitless.

On June 11, 1776, the colonies' Second Continental Congress meeting in Philadelphia formed a committee to draft a document that would formally sever ties with Great Britain. The committee included Thomas Jefferson, Benjamin Franklin, John Adams, Roger Sherman and Robert R. Livingston. Jefferson, who was considered the strongest and most eloquent writer, crafted the document. (Nevertheless, a total of 86 changes were made to his draft.) The Continental Congress officially adopted the final version on July 4.

The following day, copies of the Declaration of Independence were distributed and, on July 6, "The Pennsylvania Evening Post" became the first newspaper to print the extraordinary document. The Declaration of Independence has since become our nation's most cherished symbol of liberty.

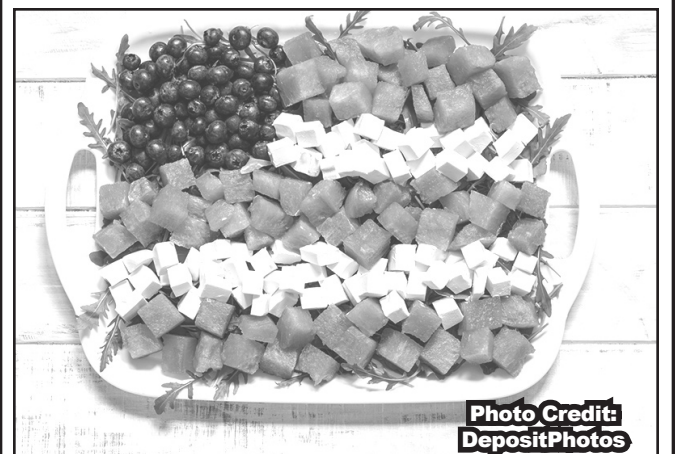
On July 8, 1776, the first public readings of the Declaration were held in Philadelphia's Independence Square to the ringing of bells and band music. One year later, on July 4, 1777, Philadelphia marked Independence Day by adjourning Congress and celebrating with bonfires, bell-ringing and fireworks.

The custom eventually spread to other cities and towns, both large and small, where the day was marked with processions, oratory, picnics, contests, games, military displays and fireworks. Observations throughout the nation became even more common at the end of the War of 1812 with Great Britain.

Congress established Independence Day as a holiday in 1870, and in 1938, Congress reaffirmed it as a holiday, but with full pay for federal employees.

Even in this time of COVID-19 and social distancing, communities across the nation will find a way to mark this major summer holiday with parades, firework displays and the playing of the "The Star-Spangled Banner" and marches by John Philip Sousa while waving the American flag.

This delicious Flag Day in America Watermelon Feta Salad will be an edible reminder of the flag we all hold dear, and a beautiful centerpiece for your Independence Day celebration!



FLAG DAY WATERMELON FETA SALAD

- 1/4 cup red wine vinegar
- 1 tablespoon Dijon mustard
- 1 tablespoon grated lemon peel
- 1 teaspoon sugar, agave syrup or stevia
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
- 1/3 cup olive oil
- 1/4 cup finely chopped red onion

Salad:

- 6 cups fresh arugula (about 5 ounces)
- 1 1/2 cups fresh blueberries
- 5 cups cubed seedless watermelon
- 1 package (8 ounces) feta cheese, cut into 1/2-inch cubes

1. For vinaigrette, in a small bowl, whisk the first six ingredients; gradually whisk in oil until blended. Stir in onion and set aside.

2. In a large bowl, lightly toss arugula with 1/4 cup vinaigrette. Arrange evenly in a large rectangular serving dish.


3. For stars, place blueberries over arugula at the top left corner. For stripes, arrange watermelon and cheese in alternating rows. Drizzle with remaining vinaigrette. Serve immediately. Serves 10 to 12.

(c) 2020 King Features Synd., Inc., and Angela Shelf Medearis






The Estill County High School Bass Team is doing quite well in the early season. Fishers Luke Fletcher (left), a junior, and sophomore Hunter Flynn finished 13th on Saturday, June 20, 2020, in the KBN Junior/High School qualifier 2 at Barren River Lake, fishing from Port Oliver at Scottsville, Kentucky. Two weeks ago, the duo finished 26th in the SAF Chickamauga Kentucky State Championship held in Tennessee. Estill bass fishing coach Chris Osborne remarked after their first finish that "these two are putting it together and representing Estill well." He congratulated them on Saturday's showing.



America's Heartland
Roger Alford
RogerAlford1@GMail.Com

In battle of wits, ventriloquist's doll is no dummy

jerk on your knee."

For whatever reason, some people have always tended to look down on others because of where they live. People from the central Appalachians or the Mississippi Delta region are too often painted in an unfavorable light. In New Testament days, that was true for people who lived in Samaria. So, I always loved the fact that Jesus often made the Samaritans the heroes of the stories he'd tell.

The Jewish leaders were especially prejudiced against Samaritan. They openly scorned them. So imagine their reaction when Jesus told the story of the Good Samaritan. You remember, a traveler had been beaten and robbed and left in the road half dead. A Jewish priest traveling that road walked right on past the injured man, offering no assistance whatsoever. A Jewish worship leader who came along did the same thing. But then came a Samaritan who leapt into action when he saw the man lying there helpless. He tended to the man's injuries,

then he took the man to an inn so that he could recover. (They didn't have hospitals at that time.) Remember, the attackers took all the man's clothing and any money that he would have had. So the Samaritan paid for the man's room and board and medicines.

The Jewish religious leaders, who thought of themselves as holy and righteous, had to be offended by that story. Sometimes, it's when we're offended, that we learn to be better people.

The story Jesus told about the Good Samaritan came in response to a question from a lawyer who asked about God's command to love thy neighbor. The Good Samaritan served as the perfect example of how we are to love our neighbors, by helping them when they have a need.

I think even Bubba, who argued with the ventriloquist's dummy, could figure that one out.

Roger Alford is pastor of South Fork Baptist Church. Reach him at 502-514-6857 or by writing to P.O. Box 673, Owenton, Ky. 40359.

**Need A Subscription,
Call (606) 723-5012**

**Visit Our Website At
<EstillTribune.Com>**