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## Ways to protect yourself from ticks

between seven to 10 days, but a small percentage of bites can cause serious allergic reactions and illnesses.

Lone star ticks are the most common tick in the state. You can identify female lone star ticks by the white spot on their backs. Males are reddish brown. Lone star ticks are vectors of human ehrlichiosis, a bacterial disease, and alpha-gal syndrome, known as the "red meat allergy." All developmental stages of the tick will feed on humans, and unlike other tick species that lay in wait for a host, lone star ticks actively seek out a blood meal.

The blacklegged tick is the only species that tends to be active year-round in Kentucky, and it is the only vector of Lyme disease. Blacklegged ticks have a reddish-brown body, a dark head, long mouthparts and dark legs. Males have a dark plate that covers their whole body, while females have a dark plate that covers half of their

body. The American dog tick is the primary vector of Rocky Mountain spotted fever. It is reddish brown with mottled white markings on its back. Only adult American dog ticks feed on humans.

You can minimize your chances of getting a tick bite by not walking through or brushing up against high grass, brush or other tick-prone areas. You can wear a tick repellent that contains between 20% to 30% DEET on exposed skin and use a repellent containing permethrin on your clothing and gear. Wear light-colored clothing, as this makes ticks easier to see. Tuck long pants into your socks or boots to minimize the chances of ticks attaching to your pantleg.

Many times, ticks find their way indoors through our pets. Reduce your pet's chances of attracting ticks by using a tick collar, spray or shampoo or a monthly "top spot" medication.

Promptly finding and removing ticks is key to reducing your chances of contracting Rocky Mountain spotted fever and Lyme disease. Ticks must be attached to humans for several hours before they transmit these diseases. While outdoors, you should check yourself and your friends, family members and pets for ticks every two to three hours and again after you return home. Some of the most common places to find them are behind your ears, hair, neck, legs and around your waist. If ticks are found, the best way to remove them is by using a fine-tipped tweezers.

More information on ticks is available at the Estill County office of the University of Kentucky Cooperative Extension Service by calling 723-4557.

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## Wishing Well®

5 4 2 4 6 3 5 4 5 8 3 8 5  
A Y H O M C G U I R U E F  
6 3 4 2 6 2 3 5 4 8 7 3 7  
A L A A K V T T R C L I I  
2 3 4 8 7 4 8 5 7 3 2 3 2  
E V E I N N P A G A C T O  
5 4 2 8 4 2 5 2 3 7 4 3 2  
R O U R W R R A E E G A G  
6 8 7 2 5 6 8 4 8 3 5 6 8  
E O R E I B C L A H V O T  
3 7 6 7 8 6 8 5 4 8 3 5 6  
O A L W E D D E A L B S M  
7 6 3 8 7 3 4 8 7 6 8 7 6  
H O B O I Y D V L V E E E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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## CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: N equals L

HJEXBV ERWE ZAWETMAH W ZWVJNQ

ZTNN BZ JNN-VWDDAMAC XRJNCMAD:

"ERA FMWEEQ FTDXR."

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## CryptoQuote

AXYDLBAAXR  
is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each week the code letters are different.

FQMKXH KF LJCX TND ECCU

UKGC LJKFSUKXH CICK LKSJ

Z FJNC EDUU NE FUDFJ.

— WNDH UZMFNX

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### Mowing safety tips



- Dress yourself in safer clothing such as closed shoes, long pants and eye and ear protection.
- Prepare the mowing area: remove rocks, sticks and other debris. Remove children and pets from the area. Mow only dry grass; wet turf can be slippery, and also clogs the mower.
- Spend a few minutes reading the manual to learn how to use the machine safely.
- The engine and exhaust can become extremely hot. Take care when touching the heated surfaces or when handling fuel.
- If the mower stalls, there may still be stored tension in the drive; do not reach in around blades to clear them.

—Brenda Weaver

Source: healthblog.uofmhealth.org

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### Wasp-Free Zone

A sure way to keep wasps off of your hummingbird feeder is to make sure the feeder doesn't have any yellow on it. Wasps are attracted to yellow like hummers are attracted to red. So if you want hummers instead of wasps, keep those feeders red.

E-mail: birdingbits@cfl.rr.com  
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## Two arrested on drug related charges

Two people face drug related charges after the Estill County Sheriff's Department and the Irvine Police Department executed a search warrant Thursday, June 25.

Deputies Josh King and Chris Coffey and Irvine Officers Jason Conrad and James Marshall conducted the search at 824 Broadway.

A citation states the officers found Ricky Hobbs, 32, of John Rawl-

ins Road, Irvine in a bedroom at the house.

It adds that during a search, the officers found three bags of marijuana, a small baggie containing a white crystal substance believed to be methamphetamine, and three small, folded papers containing a white crystal substance, also believed to be methamphetamine.

According to the citation, a female was pres-

ent in the house. She told Deputy King that she had witnessed Hobbs purchasing and selling the crystal substance.

Deputy King said the officers found \$158 on Hobbs, and the female said it came from the transaction of the illegal substance.

Hobbs was charged with trafficking in a controlled substance, first degree and first offense (less than two grams of methamphetamine) and possession of marijuana. Samantha Walters, 23,

of Stanton, was found inside the living room of the residence.

Deputy King said there was a plastic bag on the coffee table which contained a partial piece of xanax. Inside the plastic bag was a pink bag which contained Walters' ID and another partial piece of a xanax.

The deputy said that Walters stated the bags were hers.

Walters was charged with possession of a controlled substance, first degree and first offense.

## Fiscal Court approves 2020-2021 budget for \$14,897.101

The Estill Fiscal Court met Thursday to give final approval to the 2020-2021 fiscal year budget.

The budget totalling \$14,897,101.46 was read by summary.

Budget funds included the General Fund of \$2,246,414; Road Fund \$3,051,489; Jail Fund \$1,324,788; Local Government Economic Assistance Fund \$29,784; State Grants \$201,000; Federal Grants \$500,000; Emergency Services Communication Fund \$115,000; CSEPP Fund \$6,141,874; CMRS Special Fund of \$263,241, County Planning & Preparedness Program \$2,500; County Emergency Management Agency \$17,000; and

Citizens Emergency Response Funds \$3,821.46.

Judge/Executive Donnie Watson recommended some road work be added to the list of FEMA projects for resurfacing.

Thursday's list includes two sites on Murphy's Ford Road and repairs to Jakes Heavenly Highway, Burton-Williams Road, Stump Road, Hillsboro Heights, Bonnie Lane, Sandhill Road, and Walnut Grove.

The county will pay for the paving of those sites, and FEMA will reimburse the county.

The fiscal court authorized Judge Watson to file paperwork to receive CARES money through the state Department of Local Government.

**NEAL'S STEREO SHOP**  
**(606) 975-3796**  
River Drive & Main in Ravenna

**NEAL'S AUTO CENTER & BODY SHOP**  
**Mechanical Work**  
Main Street in Ravenna  
Call 606-975-3796

## Puzzles4Kids

Answer

Where do all the letters sleep?

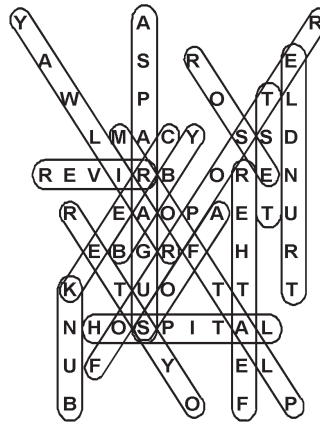
In the alpha-bed.

Weekly SUDOKU

Answer

8	2	1	5	3	9	6	7	4
9	3	6	1	7	4	8	2	5
5	7	4	8	2	6	3	1	9
6	1	9	4	5	7	2	3	8
7	5	2	3	8	1	4	9	6
3	4	8	9	6	2	7	5	1
2	9	7	6	1	8	5	4	3
4	6	5	2	9	3	1	8	7
1	8	3	7	4	5	9	6	2

— BED



### CryptoQuip answer

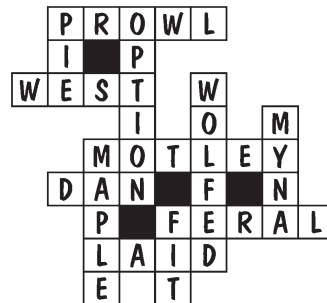
Sitcom that features a family full of ill-mannered children: "The Bratty Bunch."

### CryptoQuote answer

Spring is when you feel like whistling even with a shoe full of slush.  
— Doug Larson

## FEAR & KNIGHT

answer



### Even Exchange answers

- Train, Twain
- Clover, Closer
- Witch, Watch
- Normal, Norman
- Anger, Angel
- Freeze, Breeze
- Arbor, Armor
- Sprain, Strain
- Brisk, Brink
- Mature, Nature

### King Crossword Answers

Solution time: 25 mins.

BECK	NOW	TSAR
ELAN	AVE	RULE
NISI	BAS	ABAT
TATT	OO	TAMP
TABLES	SPOON	
BRIEF	URI	EDO
LUND	VIN	UNIT
OTT	BUG	INANE
CHAIR	LIFTS	
GNAT	ASTRAL	
CELL	URL	ROVE
ARIA	RES	ADEN
TROY	EVE	PERT

### Letter Box Solution

U	G	E	P	C	O	N	I	R
O	P	R	N	I	U	E	G	C
N	I	C	E	G	R	O	U	P
R	U	I	O	E	C	R	O	P
G	C	N	O	P	I	R	E	O
P	E	O	R	N	G	U	C	I
E	N	G	I	R	P	C	O	U
I	O	P	C	U	E	G	R	N
C	R	U	G	O	N	I	P	E

### Bible Trivia Answers

ANSWERS (1) Old: (2) Ha; (3) Peter; (4) Sodom; (5) Jehu; (6) Wilderness spring