



America's Heartland
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People with big mouths have an advantage in holdups

all our luggage, too." It would take quite a big mouth to hide luggage. Impossible? Well, I've been hearing some folks on TV, radio and social media lately who just might have mouths big enough to hide a suitcase or two. They constantly spout off about anything and everything.

If you're anything like me, you have a hard time tolerating people who we in this part of the country call "big mouths." Those are the people who are always angry about one thing or another, people who loudly proclaim their opinions believing they're always right, people who should adhere to sage advice to keep their mouths shut so their ignorance doesn't shine.

You know the Bible gives ample warnings to "big mouths," but we can only assume they're too busy talking to listen.

The Bible tells us that "whoso keepeth his mouth and his tongue keepeth his soul from trouble" (Proverbs 21:23).

Do you suppose the lion's share of the trouble we get ourselves

into is the result of talking too much? Most of us have had any number of instances when your words hurt someone's feelings, made someone angry, or made you sound absolutely silly.

"Even a fool, when he holdeth his peace, is counted wise: and he that shutteth his lips is esteemed a man of understanding" (Proverbs 17:28).

It's little wonder that Solomon, a man of great wisdom, once said, "Set a watch, O Lord, before my mouth; keep the door of my lips" (Psalm 141:3).

You see, Solomon understood the power of words. He understood that "big mouths" are troublesome sorts who, despite their best efforts to sound like the smartest person in the room, end up looking stupid.

I don't really enjoy hanging around people with big mouths, but I suppose they would come in handy in the case of holdups.

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A gang of robbers pulled a holdup at the train station, taking away pretty much everything they could carry.

When it was over, a father noticed that his daughter still had all her very expensive diamond rings.

"I wonder how the robbers overlooked those rings?" the father asked.

She said, "When I realized what was happening, I took them off and hid them in my mouth."

"It's a shame your mother wasn't traveling with us," the father said. "She could have saved

Kitchen Diva by Angela Shelf Medearis Corn Adds Pop to Salads

There's an old saying that the best way to prepare freshly picked corn is to have a pot of water boiling in the corn patch so that you can cook it instantly.

It's best to cook fresh corn as soon after it's been picked as possible. If fresh corn isn't stored or prepared properly, its natural sugars start to diminish quickly, resulting in a loss of sweetness within a couple of days. If you can't purchase fresh corn, frozen corn is an acceptable and delicious substitute for most recipes.

Corn on the cob is an essential part of a summer meal and provides many health benefits year-round. The average serving of corn on the cob has about a quarter of your daily requirement for thiamin, which helps maintain memory, as well as beta-cryptoxanthin, which aids in lung health. Corn is high in folic acid, which is needed for women who are taking oral contraceptives. It also is a good source of fiber and contains fair amounts of vitamin C, magnesium, niacin and potassium. One serving (one ear of corn) has about 83 calories.

A corn kernel is made up of four major parts: starch, fiber, protein and oil. Corn can be processed in different ways to tap into these components, and it's used in all kinds of products. A typical grocery store will contain 4,000 products that list corn ingredients on the label, but many other products also depend on corn -- from paper goods and cardboard packaging to meat, milk, eggs, poultry and other protein products that come from corn-fed animals.

Here's some tips from the Utah State Extension Service for picking and storing fresh corn:

* Look for corn with good green husk color, silk ends that are free from decay or worm injury and stem ends that are not too discolored or dried. Select ears that are well-covered with plump, not-too-mature kernels. Avoid ears with undeveloped kernels, ears with very large kernels and dark-yellow kernels, because they can be tough and not very sweet.

* Husk one side of the corn. Press a fingernail into one of the kernels to test the liquid. Ripe corn should

have a milky-looking liquid; overripe corn will have either a clear liquid or none at all.

* The sugar in corn is quickly lost, so for optimum quality process it as soon after picking as possible. If you can't cook fresh corn immediately, store it in the refrigerator.

This recipe for Corn and Cabbage Slaw showcases the flavor of freshly picked corn to perfection.



CORN AND CABBAGE SLAW

- 5 cups shredded cabbage
- 1 1/2 cups fresh, whole kernel corn (or frozen and thawed)
- 2 tablespoons finely chopped onion
- 1/2 cup light sour cream
- 1/2 cup light mayonnaise
- 2 tablespoons honey
- 2 tablespoons lemon juice
- 1 teaspoon prepared Dijon mustard
- 1 teaspoon salt
- 1 teaspoon pepper
- 1/8 teaspoon cayenne pepper
- 1/2 cup chopped, roasted, salted peanuts, optional

- In a bowl, combine the cabbage, corn and onion. In a small bowl, combine the sour cream, mayonnaise, honey, lemon juice, mustard, salt, pepper and cayenne pepper. Spoon the sour cream mixture over the cabbage mixture and toss to coat.
- Cover and refrigerate for 1 hour. Stir in the peanuts just before serving, if desired.

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The Wonderful Thing About Prayer

Sunday, September 6th 2020 Morning Message
 Bro. Warren Rogers, Ivory Hill Baptist Church

Based on Psalms 39:12 and 54:2

Hear my prayer, O LORD, and give ear to my cry; hold not thy peace at my tears: for I am a stranger with thee, and a sojourner, as all my fathers were. ^{39:12}

Hear my prayer, O God; give ear to the words of my mouth. ^{54:2}

Corrie Ten Boom wrote: "The wonderful thing about praying is that you leave a world of not being able to do something, and enter God's realm where everything is possible. He specializes in the impossible. Nothing is too great for His almighty power. Nothing is too small for His love."

"But the end of all things is at hand: be ye therefore sober, and watch unto prayer." ^{1 Peter 4:7} The word sober means to be calm and collected in spirit.

"My voice shalt thou hear in the morning, O LORD; in the morning will I direct my prayer unto thee, and will look up." ^{Psalm 5:3}

Prayer is the business of the Christian and the church. We often see that Wednesday night prayer meeting is skipped because we just don't have time or we are not close enough to God to give Him that much time during the week.

Romans 15:30 says "that ye strive together." Prayer is not just a solo event: we have a prayer list that we as a church band together to pray for.

Four things we need to include in our prayer life:

#1 Set apart a time for prayer: "Now Peter and John went up together into the temple at the hour of prayer, being the ninth hour." ^{Acts 3:1} We see that they had a set time to go and pray. Do you?

Most Christians don't pray enough. Something bad happens and we wished we had spent more time in prayer.

"And it came to pass in those days, that he went out into a mountain to pray, and continued all night in prayer to God." ^{Luke 6:12}

Jesus had a set time to pray. Several times the Bible states that he went into the mountains. He needed to get away from the hustle and bustle of life to concentrate on his prayer life. We need to have a set time and place every day to love God with our prayers.

#2 Prepare for prayer: Are you ready to pray? Have you asked God to forgive you? Have you studied your Bible? Studied not just read! "Study to shew thyself approved unto God." ^{2 Timothy 2:15}

#3 Be thankful at all times: "Blessed be God, which hath not turned away my prayer, nor his mercy from me." ^{Psalm 66:20} Sometimes the struggles of this world get us down but be thankful because it sometimes is a trial of your faith.

#4 Pray for others and with others: "Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much." ^{James 5:16}

Do you pray for your brothers and sisters in Christ? Do you pray for the lost? The homeless? The hungry children in our world?

Why do we close our eyes when we pray, cry, dream -- kiss? Because the most beautiful things in life are not seen but felt only by the heart.

How is your prayer life? Do you wish you could pray more? Or had prayed more? Is your heart ready to pray? Are you thankful for God's blessings?

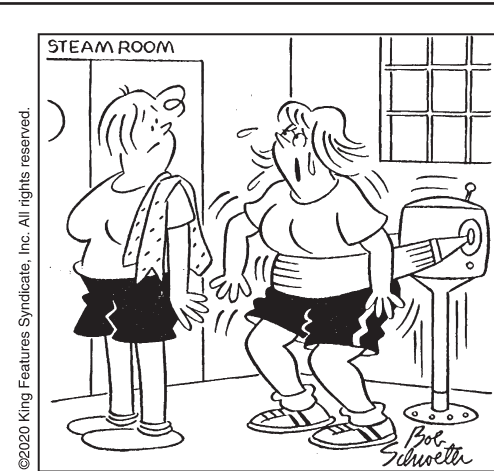
Are you willing to come together with your brothers and sisters in Christ and pray together?

Worry is a conversation you have with yourself about things you cannot change. Prayer is a conversation you have with God about things He can change.

"Rejoice evermore. ¹⁷Pray without ceasing. ¹⁸In every thing give thanks: for this is the will of God in Christ Jesus concerning you." ^{1 Thessalonians 5:16-18}

Friends, we are living in a trying time, and our nation and our family life needs all the prayers they can get. Please join with me in praying for God to intervene. You may reach me at 606-481-0444

Until next week, may God richly bless your life!
Bro. Warren



"Sometimes I wonder if finding a _____ is worth all this!"

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Scold
REBATE

Origin
ACUSE

Adorn
SHARING

Emanate
DEUXE

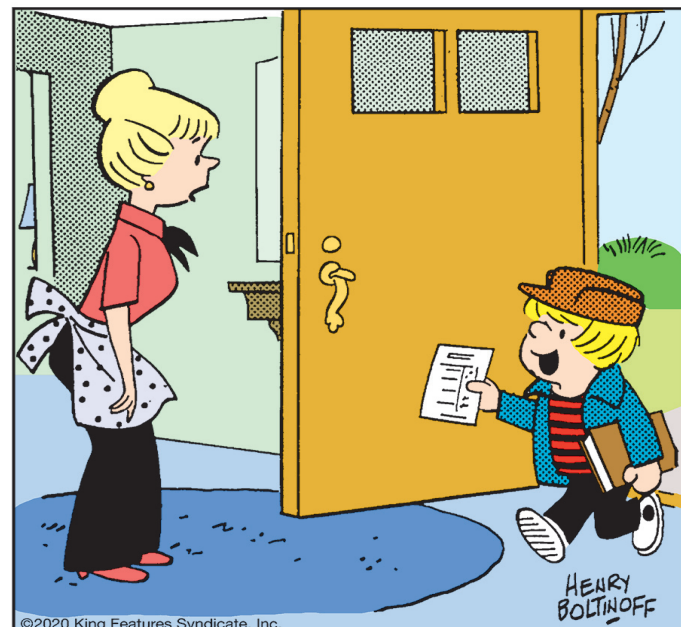
TODAY'S WORD

Out on a Limb



SO YOU SEE, CAROLYN, IF I DON'T EVER STEP ON A SCALE AGAIN, I'LL NEVER GET FAT...

by Gary Kopervas



"You'll like this report card, Mom. I traded with Joey!"