



The Estill Tribune

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IPD arrests one in connection to a wrecked truck

An Estill County man was arrested Friday in connection with a stolen truck, which was later found submerged in a pond.

The truck was reported stolen at 8 a.m. on Friday from 204 Scott Court in Irvine.

A neighbor of the victim said Dylan Spencer had come to his house and said he needed a ride.

The citation states that Spencer showed the neighbor his back which

had hospital staples in it and was wearing a hospital band. Spencer was wearing a black jacket and jogging pants tucked into his boots.

Irvine Chief John Sturmiolo said this matched the description of a man who was trespassing at Irvine Nursing and Rehabilitation in the same area, and in the same time frame.

The chief said he obtained an address for Spencer.

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Safe Room Construction



Contractors worked Monday on building a safe room onto the Emergency Operations Center on Broadway. When completed, the room is expected to withstand winds of up to 250 miles per hour. During tornadoes, dispatchers and emergency personnel will be able to keep working while inside the room. The safe room construction bid was awarded to Riddell Construction of Irvine, the original contractor of the EOC Center. The safe room construction is funded with CSEPP funds.



Ravenna Mayor Valerie Flinchum will be presenting a resident, Nora Lee Abney, with an honorary key to the City of Ravenna.

"No one is born a good citizen. Good citizenship values include respecting the law and government, truth, justice, faith in God, patriotism, work, respect for Life and Freedom, love, promoting the common good for family and future generations," Council woman Tammy Smyth Howell stated.

"You exemplified all of these qualities and that is why we are presenting you with an honorary key to the City of Ravenna...thank you for being an example for all of us to follow," she added.

1st Responder of the Week

Irvine Police Officer Russell "Doc" Morris is being recognized as "First Responder of the Week" by K92.9/WVLK FM in Lexington. Morris has spent over 15 years in law enforcement. He began his law enforcement career as a deputy sheriff with the Estill County Sheriff's Department. He is also a volunteer with the local fire departments and is 1st Lt. of the Estill County Rescue Squad. Morris and his wife, Letisha are raising three grandchildren under the age of 3.



Irvine Police Officer Russell "Doc" Morris
 Photo submitted

Over 800 have tested positive for corona virus

Over 800 Estill Countians have tested positive for Covid-19 since June 1.

The county remains in the red zone. Only three Kentucky counties are not in the red zone.

Two of those counties are in western Kentucky. Robertson County, Kentucky's smallest county, currently has no active cases of the virus.

Estill County students had gone to school two weeks this year, but were given this week off. It was a four day week because of the Martin Luther King holiday.

Supt. Jeff Saylor made the decision for students to go back to virtual learning this week because of the spread of the virus in the community. An announcement will be made Thursday evening if students return to the classroom next week.

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Obituaries
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As pandemic keeps us at home more, risk of lung cancer from radon gas increases; tests are available; it's Radon Action Month

by Stacy R. Stanifer

This year alone, approximately 4,890 Kentuckians will be diagnosed with lung cancer, yet the disease remains highly preventable.

While nearly 80 percent of lung cancers are caused by tobacco smoke, exposure to radon gas is the second leading cause of lung cancer, accounting for approximately 21,000

cases of lung cancer each year in the U.S.

Radon gas exposure is an invisible threat to your health, and you cannot taste or smell it. While the naturally occurring gas is present at low levels in outdoor air, our greatest risk of exposure is in the home, where the gas enters and becomes trapped, and where we spend most of our time.

Given the global pandemic and the recommended public health guidelines, individuals and families are spending more time than ever at home. With January being National Radon Action Month, there is no better time than now to create a healthy home.

Thankfully, there is something you can do to lower your risk of expo-

sure to dangerous radon gas. Because you cannot see, taste, or smell radon gas, the only way to know the concentration of radon in your home is to test for it. Some local health departments, as well as the Kentucky Radon Program, offer free short-term radon test kits to Kentucky residents.

When elevated radon levels are found, radon

mitigation systems can be installed by certified radon mitigation professionals. In many cases these systems can reduce radon levels in homes by up to 99%.

While we are all doing our part to "Stay Healthy at Home," we urge you to test your home for radon, and if the concentrations are high, fix or mitigate your home.

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