

Congressman Barr Introduces the CAROL Act to Honor Carol Leavell Barr, Fight Valvular Heart Disease

Lexington, KY – Today, U.S. Congressman Andy Barr (KY-06) introduced the Cardiovascular Advances in Research and Opportunities Legacy (CAROL) Act. The CAROL Act honors Congressman Barr's wife, Carol Leavell Barr, who tragically lost her life last year to sudden cardiac arrest most likely brought on by a ventricular arrhythmia. Carol had an underlying condition called mitral valve prolapse (MVP) or floppy valve syndrome—a typically benign condition that results in sudden cardiac death in only .2% of cases. Twenty-five thousand Americans lose their lives to valvular heart disease each year, predominately young women.

The CAROL Act addresses the gap in understanding about what makes valvular heart disease life threatening by authorizing a grant program administered by the National Heart, Lung, and Blood Institute (NHLBI), supporting research on valvular heart disease. Many Americans who suffer from MVP or other valvular heart diseases do not know they are at serious risk. The CAROL Act encourages the use of technological imaging and precision medicine to generate data on individuals with valvular disease. Critically, this research will help

identify Americans at high risk of sudden cardiac death from valvular disease and develop prediction models for high-risk patients, enabling interventions and treatment plans to keep these patients healthy throughout their lives.

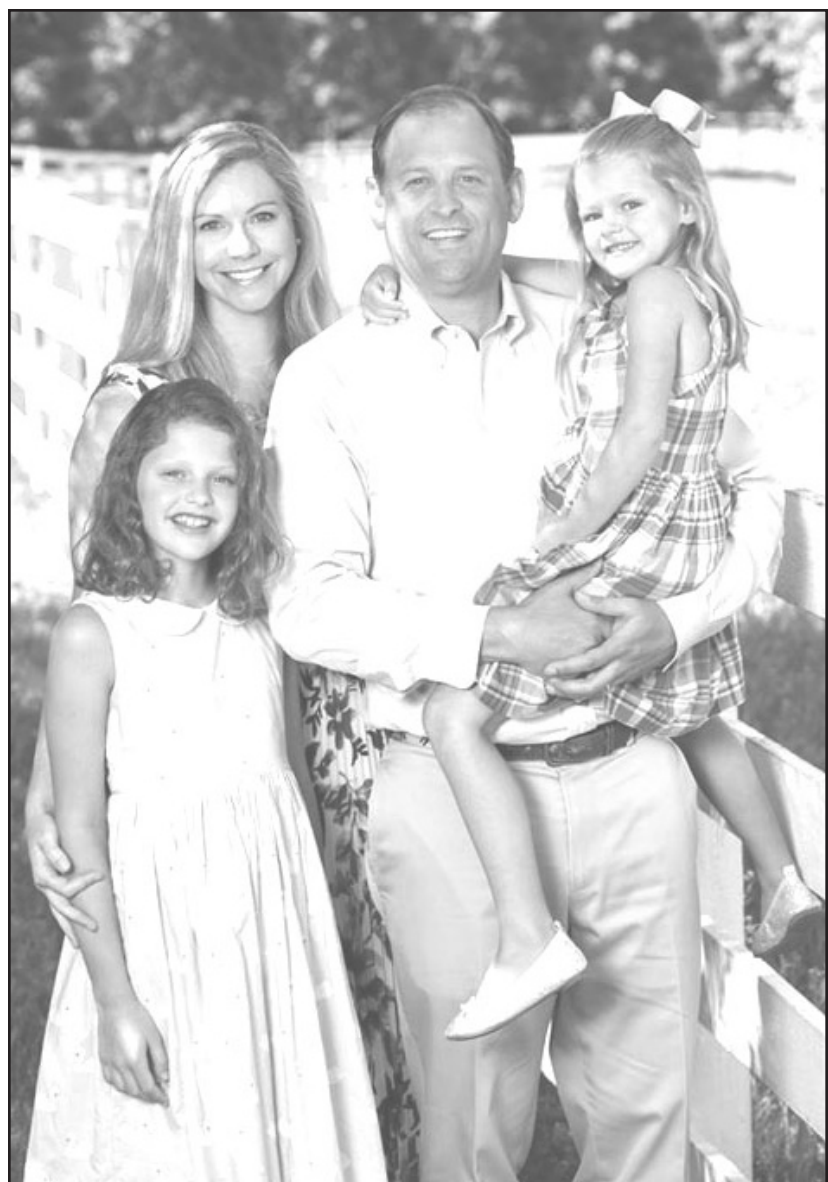
Additionally, the CAROL Act will convene a workshop of subject matter experts to identify research needs and opportunities to develop prescriptive guidelines for treatment of patients with MVP. It also instructs the Centers for Disease Control to increase public awareness regarding symptoms of valvular heart disease and effective strategies for preventing sudden cardiac death. The CAROL Act has been endorsed by the American Heart Association, the American College of Cardiology, and WomenHeart.

"Carol's life was about selfless service to others and making a positive difference in our community. Carol was the best wife, mother, daughter, sister, and friend anyone could ever have," said Congressman Barr. "Through this legislation, we provide the investments, resources and awareness needed to inform others about valvular heart disease and save lives. Turning this tragedy into something positive is exactly what Carol would have wanted us

to do, and I will champion this cause for the rest of my life."

"This important legislation would increase research on heart valvular disease, its effects and treatment options while increasing public awareness," said Dr. Hal Skinner, FACC, FASE, FSCAI, President of Lexington Heart Specialists and Central Kentucky AHA Board President. "With additional research and education, lives will be saved. We thank Congressman Barr for sharing the American Heart Association's mission to be a relentless force for a world of longer, healthier lives."

"The Cardiovascular Advances in Research and Opportunities Legacy Act (CAROL Act) is a vital bill that will establish dedicated funding for life-saving research and critical education around cardiac valve disease," said Samuel O. Jones IV, MD, MPH, FACC, American College of Cardiology Health Affairs Committee Chair. "We appreciate Congressman Barr working with the American College of Cardiology and the rest of the cardiovascular disease community to not only shed light on valve disease, but taking tangible action that we believe will transform and improve heart health. We look forward to ongoing efforts as there is more work to be done."



U.S. Congressman Andy Barr (KY-06) pictured above with his wife, the late Carol Barr, and their two daughters, Eleanor (left) and Mary Clay (right).

"Women with heart valve disease are too often underdiagnosed and under-treated," said Celina Gorre, CEO of WomenHeart. "We thank Congressman Barr for his leadership on this issue."

WomenHeart supports this legislation, which will help to advance research and raise awareness of heart valve disease, so we can prevent future tragedies and improve health outcomes for women."

Estill Courthouse News

Master commissioner deed between Kentucky Tax Bill, Inc. and James Mark Lowe, et. al, \$10,014.30, to J. Edward and Lahoma Skinner, property address 1205 Rice Station Road.

Carol Ann Haller to April Lee Masters, love and affection, property addresses 1098 Harris Ferry Road, 1100 Harris Ferry Road, and 140 River View, Irvine.

Tucker Homes, LLC to Cody S. and Jessica L. Marshall, lot 13, block 7, in Ravenna.

Larry York to Larry and Judy Riddell, \$9,000, parcel on Winn Avenue at

Wisemantown.

Jo Ann Mcintosh to Steven Douglas and Consuelo Ashworth, \$370,000, tract on KY 52.

Robbie and Christy Cox to Tara Thomas, love and affection, lot B-3 of Lee Acres Subdivision.

Teresa Ann Worrell to Rebecca Fones Page, \$145,000, tract 3 of 2.26 acres, more or less on Boundary Retracement and Minor Consolidation Plat for Teresa Worrell.

Brian and Jennifer Charles to Joshua D. and Lindsey Nicole Embree, lots 11 and 12 in Estill County.

Bonnie Kay Conn to

Harlen O. and Jody L. Gilbert, \$120,000, property addresses 890 and 802 Pitts Road, (lots 7 and 8) Ravenna.

Danny Ray Cole, Terry and Scott Zander to Amanda Tipton, \$2,000, 20 acres, more or less on Barnes Mountain Road, Hwy 851.

DGS Development, LTD. to Anthony A. Knightglaz and Leticia M. Skellen, \$69,500, tract 6 of Station Camp Farms.

Marjorie Chrisman to Karen Chrisman Blanford, a gift, 120 acres, more or less, in Estill County.

by Gary Kopervas



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Leadership Kentucky is now accepting nominations and applications for the Leadership Kentucky Class of 2021.

Leadership Kentucky connects a selected group of leaders, with a variety of career accomplishments and volunteer activities, to gain insight on the complex issues facing the state. In a series of seven monthly, three-day sessions held at various locations throughout the state, participants will meet with Kentucky leaders and explore the state's resources and opportunities.

The Class of 2021 will have its orientation session in June at the historic Boone Tavern in Berea and will be traveling to Louisville in July, Hopkinsville in August, Somerset in September, Paducah in October, Ashland and Morehead in November, and Frankfort and Lexington in

December. Each session will cover a topic ranging from business and economic development, arts and tourism, natural resources and the environment, education and healthcare, agriculture, and government.

If you or someone you know is interested in being a member of the Leadership Kentucky Class of 2021, the participant must first be nominated by a friend, colleague, or yourself. The nomination form is available online at leadershipky.org. Potential applicants will receive full application instructions via e-mail once nominated. All Leadership Kentucky Class of 2021 applications will be due mid-March.

Created in 1984, the Leadership Kentucky Foundation offers four unique programs: Leadership Kentucky, Elevate Kentucky

(for young professionals), BRIGHT Kentucky (for Eastern Kentuckians) and New Executives to Kentucky (for senior level executives who have lived in the state for less than two years). For more information, please visit leadershipky.org or email lky@leadershipky.org.

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The Estill County Tribune

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