

# Life truly is fleeting: If you're going to ride a bull, do it quickly



**America's Heartland**  
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ride through the Smoky Mountains. But his wife, more than a bit tight-fisted when it came to money, said the \$50 price tag was too steep.

"I know you'd like a ride," she said, "but fifty bucks is fifty bucks."

"Listen Dear, I'm 85 years old, and if I don't ride that helicopter while we're here I may never get another chance," the husband pleaded. His wife wouldn't relent, saying again, "fifty bucks is fifty bucks."

The pilot overheard the conversation and made an offer to take them both for a ride for free if they could stay quiet while in the air. But if they said

one word, they'd have to pay the \$50. They accepted the offer.

The pilot did all kinds of dare-devil stunts, zigzagging through a series of frightening maneuvers. Not a word was heard.

After landing, the pilot, quite impressed, turned to the husband and congratulated him for being able to keep quiet.

"Well, to tell you the truth," the husband said, "I almost said something when my wife fell out. But you know, fifty bucks is fifty bucks."

Did you ever know anyone like this fictional couple who hold so tightly to their money

that they miss lots of opportunities to enjoy life.

The Bible warns us that life passes swiftly, like "a vapor that appeareth for a little time and then vanisheth away." (James 4:14)

With this in mind, we'd be wise to make each moment matter.

Country music singer Tim McGraw sings a song that challenges us to **"Live Like You Were Dying."** You may remember the lyrics. They're about a man told by his doctor that he was dying. So, what did he do: I went skydiving

I went rocky mountain climbing  
 I went two point seven seconds

on a bull named Fu Man Chu  
 And I loved deeper  
 And I spoke sweeter  
 And I gave forgiveness I'd been denyin'

And he said some day I hope you get the chance

To live like you were dyin'  
 Truthfully, we should all strive to make each moment memorable.

And, it may not be such a bad idea to let your spouse enjoy an adventure now and again, perhaps even a helicopter ride. Just remember to buckle up if you go along.

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## Divas on a Dime by Patti Diamond Whip up a Fluffy Cloud of Happiness

Look at this dessert! It's a Pavlova, named after legendary Russian ballerina Anna Pavlova after touring Australia and New Zealand in the 1920s. It's a texture lover's dream, with meringue that's crispy outside and marshmallow-soft inside, blanketed with lightly sweetened whipped cream and topped with luscious ripe berries.

Did I mention it's stunningly beautiful? It's like a fluffy cloud of happiness, and I kinda want to face-plant into one right now.

This is one of those wonderful "secret weapon" dessert recipes to have in your repertoire. It looks amazingly elegant, complicated and totally fancy pants. But, it's surprisingly easy and quite inexpensive. Shhh ... don't tell anyone!



Pavlova: show stopping summer dessert Photo Credit: [www.Jason-Coblentz.com](http://www.Jason-Coblentz.com)

### MIXED BERRY PAVLOVA

Yield: 8 servings Active Time: 15 minutes Total Time: 2 1/4 hours

#### What You'll Need:

##### For Meringue:

- 4 egg whites, at room temperature
- 1/2 teaspoon cream of tartar
- 1 cup granulated sugar
- 1 teaspoon vanilla extract

##### For Whipped Cream:

- 1 cup whipping cream
- 1 tablespoon sugar
- 1/2 teaspoon vanilla extract

##### To Assemble:

- 1 pint berries, sliced

#### Here's How:

1. Preheat oven to 300 F. Line a cookie sheet with parchment paper. (To make sure your finished meringue will fit on your serving dish, use your plate as a template, and draw a circle on the paper with a pencil.)

2. In the bowl of a stand mixer (or a bowl and hand mixer), beat room-temperature egg whites and cream of tartar until soft peaks form. Gradually add 1 cup sugar, 1 tablespoon at a time, beating continuously at medium-high speed until sugar is dissolved and stiff peaks form. (This will take about five minutes. At stiff peaks, the meringue will look gorgeously glossy and hold sharp, distinct points if

lifted with a spoon.) Add the vanilla and blend once more.

3. Spoon meringue onto the prepared cookie sheet, using the circle as your guide. Build up sides with the back of the spoon leaving a depression in the middle. Place in 300 F degree oven, and immediately reduce heat to 250 F. Bake for 60 minutes, then without opening the oven, turn the heat OFF and let it sit in the closed oven for another hour. Let cool. Carefully remove the meringue from the paper and place on a serving plate.

To serve -- Whip the cream to soft peaks, adding 1 tablespoon sugar and 1/2 teaspoon vanilla. Fill the center of the meringue with whipped cream and top

with berries. Serve immediately, to great accolades.

**For individual pavlovas** -- Follow the directions above but divide the meringue into 6 or 8 portions. Use a spoon to shape small circles with a dip in the center to hold toppings.

#### MERINGUE TIPS

-- Make absolutely certain that no egg yolk gets into the whites, because any trace of fat prevents them from whipping up. Use metal or glass bowls, not plastic. Fresh eggs make better meringue. Choose a dry day to make your meringues, otherwise they'll suck up whatever moisture is in the air and never quite set up properly.

-- You know those pasteurized egg whites sold in cartons? You can't make meringue with them. The heat of the pasteurization process damages the proteins of the egg, so they can't create the volume needed to make a stable meringue. Want to guess how I learned that?

-- No cream of tartar? No problem. Substitute an equal amount of lemon juice. Lemon juice is an acid and cream of tartar is an acidic byproduct from the process of making wine. Adding acid to the egg whites strengthens the egg foam and helps prevent collapsing.

While pavlova is guaranteed to impress, it's easy enough to make just because. And you deserve it.

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## Resist the Devil

Wednesday, August 18th, 2021 Message  
 Bro. Warren Rogers, Retired Baptist Minister

*"Submit yourselves therefore to God. Resist the devil, and he will flee from you. <sup>8</sup>Draw nigh to God, and he will draw nigh to you. Cleanse your hands, ye sinners; and purify your hearts, ye double minded. <sup>9</sup>Be afflicted, and mourn, and weep: let your laughter be turned to mourning, and your joy to heaviness. <sup>10</sup>Humble yourselves in the sight of the Lord, and he shall lift you up."* James 4:7-10

Andy Griffith show -- Opie was being bullied and was afraid of the bully. Andy told Opie, "You know I don't believe in fighting, but at times we must stand up for ourselves." He encouraged Opie to take his part and stand up to the bully.

If we are going to defeat Satan, we must stand up to the bully and use God's battle plan.

About Satan: Mel Gibson said about the movie, **The Passion of Christ**, "Satan is portrayed as beautiful but not completely. For example, we shaved her eyebrows. Then we shot her almost completely in slow motion, so you don't see her blink, that's not normal. We dubbed in a man's voice in Gethsemane even though the actor is a woman -- that's what evil is all about, taking something that's good and twisting it a little bit. At times you can't tell if Satan is a beautiful woman or a hideous man."

Satan -- sin may appear beautiful, but it is a disguise. *"And no marvel; for Satan himself is transformed into an angel of light."* 2 Corinthians 11:14

First we must submit to God. In verse 7, 'submit' means to obey or to line up under, or to get in proper order. We either submit to self-will or God's will. Self-will is where Satan wants you. The devil is not scared of us, but he is scared of God in us. When we resist Satan, we must have God with us. *"Let not sin therefore reign in your mortal body, that ye should obey it in the lusts thereof. <sup>13</sup>Neither yield ye your members as instruments of unrighteousness unto sin: but yield yourselves unto God, as those that are alive from the dead, and your members as instruments of righteousness unto God. <sup>14</sup>For sin shall not have dominion over you: for ye are not under the law, but under grace."* Romans 6:12-14

*"Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: <sup>9</sup>Whom resist steadfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world."* 1 Peter 5:8-9

In verse 8, Peter said the devil is walking around seeking. A lion stalks his prey -- slowly, creeping, close to the ground, closer and closer until he reaches out and grabs them. The devil is not going to walk up to you, put his hand on your shoulder and say, "I'm going to devour you, if that's OK with you."

Verse 9 -- Maybe he wants to devour your life from Christian service; he will stir up trouble in the church, or try to discourage you, or tempt you with something that seems harmless. God warns us in **1 Timothy 4:1**, "Now the Spirit speaketh expressly, that in the latter times some shall depart from the faith, giving heed to seducing spirits, and doctrines of devils;" and **1 John 3:8**, "He that committeth sin is of the devil; for the devil sinneth from the beginning. For this purpose the Son of God was manifested, that he might destroy the works of the devil."

Submit to the will of God and the devil will flee. *"My little children, these things write I unto you, that ye sin not. And if any man sin, we have an advocate with the Father, Jesus Christ the righteous."* 1 John 2:1

My Friends, as I get ready to close this article, I must remind you that the devil is real, and he wants to snare you any way he can. Resist him through Jesus, your Savior, and he will flee.

Until next week, may God bless you. If you need to get in touch with me, text or call 606-481-0444.

Bro. Warren Rogers, Baptist preacher.

## TIGER

by BUD BLAKE

