# Community News

Mail announcements to The Estill Tribune, 6135 Winchester Road, Irvine, KY 40336 Call (606) 723-5012; Fax to (606) 723-2743; or E-mail it to <News@EstillTribune.Com>

#### Tuesdays, 4-5 pm

## **Library Seeks Teen Advisors**

The Estill County Public younger patrons. Library is now accepting library more welcoming to 723-3030.

If you are or know a teen applications for the volun- who would like to join the teer Teen Advisory Group library's Teen Advisory (TAG). Consisting of no Group, stop by the library more than 12 voting mem- for an application. We meet bers, TAG is a 10-month every first Tuesday from 4-5 commitment from teens p.m. For more information, who wish to help make the contact the library at (606)

### Thursday, October 8th, 11am-1:30pm **River City Players Hot Dog Lunch**

The River City Players will tal in Irvine. be serving lunch on Thursday, at Marcum & Wallace Hospi- call (502) 810-7668.

Hot dogs will be served eat-October 8, 2015, 11 a.m. until in, carry-out or delivery for a 1:30 p.m. in the Mercy Room \$5.00 donation. For delivery,

#### Thursday, October 8th @ 7pm

### **Mushroom Festival Planning Meeting**

The 26th annual Mountain UM Church pavilion, 1358 April 23-24, 2016.

You're invited to come and be a part of the planning

Mushroom Festival will be Wisemantown Road. Anyone interested in assisting with the festival is welcome to attend.

For further information conon Thursday, October 8 at tact City Hall at 723-2554 or 7 p.m. at the Wisemantown Francine Bonny at 723-5694.

#### Friday, October 9th, 6-8pm

### **Estill Appalachian Dulcimers**

Friday, October 9th and every Friday from 6 to 8 p.m. at the First Christian Church, was designated as the official Main Street, Irvine, for anyone who plays an Appala- in 2001.

The Estill County Appala- chian Dulcimer or anyone chian Dulcimer Club meets who is interested in playing one is welcome to attend.

The Appalachian Dulcimer state instrument of Kentucky

#### Saturday, October 10th @ 9-1

## **Big Hill Church Holiday Crafts Fair**

A crafts fair will be Satur- mond. day, October 10, 9-1, at Big at 1150 Goggins Lane, Rich- also homemade food items.

There will be homemade Hill Christian Church, located fall and Christmas Crafts, and

### **Normally 1st Wednesday in October** IHS Class of 1947-48 Cancelled

The Irvine High School been cancelled in order that Class Reunion for 1947- members can attend the all-48 normally held the first class reunion on Saturday, Wednesday in October, has October 10th. See you there!

#### Saturday, October 10th @ 1pm

### Irvine High School Reunion

**School Students, there will** be served. The cost is \$10.00 be an all inclusive Irvine High School reunion on Saturday, October 10, 2015 at the old up with old classmates. IHS gym/Estill Springs Elementary School from 1:00-5:00 pm.

Attention: All Irvine High have. Light refreshments will per person at the door. It will be a wonderful time to catch

Also, there will be a golf scramble on Friday, October 9 beginning at 9:30 at the Please plan to attend and Estill County Golf Club. We bring any memorabilia you hope to see you there.

#### Saturday, October 10th @ 4pm

#### Stafford Lodge 140th Anniversary

StaffordLodge#562atFitchburg will be celebrating their dish, your family; and join us. 140th anniversary with "Fami-Soupbeans and cornbread will ly Night" on Saturday, October be provided. Everyone wel-

Please bring a covered 10, 2015, starting at 4:00 p.m. come! Hope to see all there!

#### Monday, October 12th @ 1:30pm

### SE Ky. Gem, Mineral & Fossil Club

Estill County Retired Teach- the Public Library. ers will meet Monday, October 12, 2015, at 1:30 p.m. at speaker.

Susan Dick will be the

#### Monday, October 12th @ 7pm

#### SE Ky. Gem, Mineral & Fossil Club

Gem, Mineral, & Fossil Club ochons" by Lamon Flynn. will meet Monday, October 12 at 7 p.m. at the Estill County is welcome to attend. Yearly Public Library.

The program will be "How \$15 per individual.

The Southeast Kentucky to Cut, Grind, and Polish Cab-

Anyone interested in joining dues are \$20 per family and

#### Tuesday, October 13th @ 11:30am

### **Winchester UAW Retirees Meeting**

The Winchester GTE/Syl- for lunch. vania/Osram/UAW retirees will gather at Hall's Restau- retirees and former employrant on the River 11:30 AM, ees are welcome for lunch. Tuesday, October 13, 2015

All Winchester Sylvania

#### Tuesday, October 13th @ 4pm

### **ECMS SBDM Council Meeting**

The Estill County Mid- take place Tuesday, October dle School's next regularly 13, 2015 at 4:00 p.m. in the scheduled site-based, decision school conference room. This making council meeting will meeting is open to the public.

#### Tuesday, October 13th @ 6:30pm

### Relay For Life 2016 Kickoff

Tuesday, October 13th at 6:30 about Relay For Life.

Relay For Life of Estill p.m. in the Fellowship Hall of County has scheduled their South Irvine Baptist Church, Kickoff Meeting for Relay 1215 South Irvine Road. 2016. This will be held on Come join us and learn more

### Wednesday, October 14th @ 12:30pm

## **Public Retirees To Meet At Natural Bridge**

The Kentucky Public Retirees (KPR) Bluegrass East Chapter will meet on Wednesday, October 14, 2015 at Natural Bridge State Resort Park. The meeting will start at 12:30 p.m. in the Lobby Meeting Room. Lunch will be on your own in the main dining area.

The speaker will be Representative David Hale who represents Menifee, Montgomery and Powell County. Chapter members, State Government/ County Retirees and interested parties of all area counties are invited to attend. Space is lim-

#### Thursday, October 15th @ 6:30pm

# **Pregnancy Center Banquet**

Family Life Resources, Inc. presents "White for Harvest", for Pregnancy & Parenting. Dinner, followed by the profrom 6:30 - 8:30 p.m.

Chris Jolly-Harned, former the guest speaker. An oppor- details.

Pregnancy Center Banquet tunity to support the Center will be given.

There is no admission charge, a night to benefit the Center however reservations are required by October 10th. RSVP with the number in your party gram, will be at Rice Station to 723-0184 or email <info@ Christian Church fellowship estillcepp.org>. To donate hall, on Thursday, October 15 online: <familyliferesource. wix.com/donate-to-eccpp>.

Churches, businesses and director of Pregnancy Help others are invited to sponsor a Center in Richmond will be table. Contact the Center for

### Friday & Saturday, October 16th & 17th ECHS Class of 1975 Reunion

Calling all 1975 Classmates p.m. on Friday, October the ship if they desire. 16th for the ECHS football game.

The following day on Saturday, October 17th we will be meeting at Michael's Res-1:00 p.m. for lunch.

Later that evening, classfor our 40th Reunion! We will mate my gather at Gillums in be meeting between 7-7:30 Richmond for more fellow-

Classmates are responsible for their game entry and meals. The registration fee is \$15 per person and can be mailed to Donna Elliott: 205b taurant from 12 Noon until Clay Street, Mt. Sterling, KY 40353 by October 14th.

### Friday October 16th @ 5:30pm

# **ECHS Class of 1985 Reunion**

will go down to the football Hope to see you there. game and socialize and watch

The Estill County High get into the game. Please bring School Class of 1985 will be soccer chairs if you want to celebrating the second and put them under the tent we last part of their 30 year class will put up. We will have a reunion on Friday, October banner welcoming our class, 16th at the Estill County High so look for the banner that School homecoming game. says "Welcome ECHS Class If you are a classmate of the of 1985" and has a train on it; class of 1985 and you and it will be hanging beside our your family want to take a tent. If you don't want to sit tour of your old high school and watch the game, of course please be at the front doors of you can stand on the sidelines the high school at 5:30 p.m. and watch it. Feel free to buy for the tour. After the tour we food at the concession stand.

Any questions text or call the game. All classmates and Rebecca Click 606-643-5569 family members will pay to or Facebook message her.

#### Tuesday, October 20th @ 6:30pm

#### **Estill County Lions Club**

is part of Lions Club Inter- Serve...'

The Estill County Lions national, with 1.35 million Club will meet Tuesday, Octo-members in 205 countries ber 20 and on the first and third around the world. We invite Tuesday of every month at those who feel a call to make Raders' River Restaurant. The our community a better place meal is at 6:30 p.m. and busithrough service to attend and ness meeting begins at 7 p.m. learn about how Lions around Estill County Lions Club the world earn our motto, "We

#### Tuesday, October 20th @ 7pm

### Estill County Arts Council

a member of Estill County's Trail Town Task Force. She will be sharing information on how you can help Estill County become a Certified Kentucky Trail Town.

The Kentucky Trail Town (606) 723-5755.

Please join the Estill Arts certification process provides Council in the Estill County economic growth, instills Public Library community community pride, promotes room at 7 p.m. on Tuesday, tourism, invests in local beau-October 20th. Our featured tification, and creates a focus speaker is Lindsey Rogers, for local businesses and citizens to work together for the betterment of Estill County. Q & A will follow the program.

> Light refreshments will be provided. For more information call Susan Hawkins at

### Visit Our Website At <EstillTribune.Com> For Up-To-Date Obituaries

# Kitchen Diva

# **Persimmons Are Sweet Cold-Weather Treat** by ANGELA SHELF MEDEARIS

Persimmons are a late-season treasure. In fact, the Latin word for it means "food of the gods." Ripe persimmons are a sweet, orange-red fruit ranging in size from 1 to 3 inches. Persimmons can be consumed fresh, dried or as an ingredient of breakfast cereals, muffins, pies, breads, cakes, salads and puddings.

Persimmons begin appearing in markets in October and are available through February. Look for persimmons with taut, glossy skin, avoiding fruit with soft spots or bruises. If persimmons are still firm, store them at room temperature and allow them to ripen. To speed up the ripening process, you can put the fruit in a paper bag with a banana or apple. Store soft, ripe persimmons in the refrigerator until ready There are two main varieties of Asian cultivars

commercially available in the U.S. Hachiya persimmons are tart and chalky until they are extremely ripe, when their interior turns sweet and liquefies. Fuyu persimmons are shaped like tomatoes and are sliced and eaten like apples. Fuyus are sweeter than Hachiyas and can be eaten while still firm.

Native American persimmon trees produce a more astringent fruit with a bitter taste. As the fruit gets ripe, the tannins that cause the astringency coagulate, the flesh becomes soft and the fruit becomes sweet

Sharon fruit is another variety of persimmon -- a small, glowing-orange fruit with a waxy skin and a firmer texture. It gets its name from Israel, where it is extensively grown. It's a little easier to transport than the American varieties because it's not as fragile and has a longer shelf life. It also doesn't have the lush, jelly-like interior of American persimmons.

Persimmons originated in China, where over 2,000 different cultivars have been developed. Eventually the tree spread into Korea and Japan. By the middle of the 1800s, the persimmon tree made the journey across the Pacific Ocean to California. The seeds arrived in 1856 with Commodore Perry from Japan, and whole trees were imported to California in 1870.

Unripe Japanese persimmons are full of tannin, which is used to brew sake and preserve wood. The small, non-edible fruit from wild persimmon trees in Japan is crushed and mixed with water. This solution is painted on paper to repel insects. It also is thought to give cloth moisture-repellent properties. Leaves of persimmon can be used for the preparation of tea, while roasted, ground seeds can be used as a substitute for coffee.

Persimmons are high in vitamin A, and are a good source of vitamin C and fiber. Persimmon pudding and cookies are tasty treats. Persimmons also can be pureed and used as a topping for ice cream or cake, or as an addition to rice dishes and fruit salads. This recipe for a Spiced Persimmon Chutney pairs perfectly with Pan-Fried Pork Chops. It's the perfect hearty, cold-weather meal.



#### Pan-Fried Pork Chops with Persimmon Chutney 2 firm-ripe Fuyu persimmons (12 ounces total), peeled with a knife, cored, seeded if necessary, and cut into 1/4-inch dice

1/4 cup finely chopped sweet onion

- 1 teaspoon finely grated peeled fresh ginger 1 small fresh jalapeno chile, seeded and minced
- 2 tablespoons fresh lime juice

2 teaspoons salt, divided

1 teaspoon black pepper

1 tablespoon poultry seasoning

1 teaspoon paprika

4 (3/4-inch-thick) loin pork chops

3 tablespoons vegetable or olive oil 1. Stir together the persimmons, onion, ginger, ja-

lapeno, lime juice and 1 teaspoon of the salt; let stand at room temperature while cooking pork chops. 2. Heat vegetable oil or olive oil in a large skillet

over medium heat. Pat chops dry and season with remaining salt, pepper, poultry seasoning and paprika.

3. Cook chops for 4 to 5 minutes per side, turning once halfway through cooking, until browned on the outside and slightly pink in center (145 F with an instant-read thermometer).

4. Transfer chops with tongs to cutting board or plate and let stand, loosely covered with foil, for 3 minutes before serving. Serve pork chops with persimmon chutney. Makes 4 servings.

Angela Shelf Medearis is an award-winning children's author, culinary historian and the author of seven cookbooks. Her new cookbook is "The Kitchen Diva's Diabetic Cookbook." Her website is www.divapro.com. To see how-to videos, recipes and much, much more, Like Angela Shelf Medearis, The Kitchen Diva! on Facebook.

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