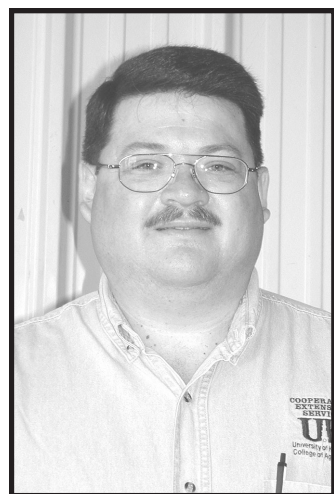


UK to host Wilderness First Responder Training Course at Raven Run



Eric Baker
Estill County Extension
Agent for Agriculture
& Natural Resources

The National Outdoor Leadership School's Wilderness Medicine Institute is bringing their Wilderness First Responder Training Course back to the Bluegrass, January 2-10, 2016. Sponsored by University

of Kentucky Natural Resources and Environmental Science degree program in the College of Agriculture, Food and Environment, the course will be held at Raven Run Nature Sanctuary in Lexington.

A wilderness first responder training course is essential for anyone pursuing a professional career in the outdoors. Wilderness medical certification is required for a variety of jobs and internships, including a position on a restoration crew, resident wilderness educator, internships in conservation and clean water, ecology, research and education and in schools for field studies.

"Working in a natural setting can mean spending extended periods of time in remote locations. Anyone thinking of such a career should consider taking this

course," said Geri Philpott, academic coordinator for Natural Resources and Environmental Science. "The wilderness first responder certification gives our students a leg up in the job market and prepares them for medical emergencies in the field. This is really the industry standard for educators, guides and trip leaders in the outdoors education field, or outdoors recreation."

The nine-day course is not just open to UK students. Participants from around the country came to Lexington the past two times UK has offered the program. The training includes a comprehensive wilderness medicine curriculum that focuses on extended care and unique wilderness therapies. Participants will increase their medical knowledge, skills and confidence, and they will complete the course with the ability to make tough medical decisions in remote places.

Students will receive more than 80 hours of contact time, taught by experienced professionals using teaching methods that include both lectures and hands-on, experiential workshops and scenarios. One of the highlights of the course is a mock rescue at night, where students will experience what it takes to evacuate an injured or ill person from a backcountry setting.

Those who pass the written and practical exam at the conclusion of the course will receive a Wilderness Medicine Institute's Wilderness First Responder two-year certification as well as a WMI Adult and Child

CPR certification. Emergency medical technicians will earn a Wilderness EMT certification.

For more information or to register, go to <http://nres.ca.uky.edu/wfr> or contact Geri Philpott at 859-257-2337 or geri.philpott@uky.edu. The fee for the course is \$650 for UK students, faculty and staff and \$700 for non-UK participants. To ensure a place, registration is due by November 25.

Regional Produce Growers Meeting

Produce growers are invited to attend an informational meeting on Thursday, December 10th at the Bath County Agricultural Education and Marketing Center, Intersection of I-64 (exit 123) and US 60, Owingsville, KY. Registration begins at 5:00 p.m. and the program starts at 5:30 p.m. A sponsored meal will be provided.

Program topics include 1) USDA honey bee protection mandate and vegetable insect update, 2) disease prevention strategies for cucurbits, tomatoes and beans, 3) promotion of the 2016 Kentucky Fruit and Vegetable Growers Conference in January, 4) Food Safety, and 5) UK vegetable variety update.

If you would like to attend, please call the Bath County Extension Office at 606-674-6121 by Wednesday, December 9th to pre-register. This is a C.A.I.P approved educational program.

Educational programs of the Cooperative Extension Service serve all people regardless of race, color, sex, religion, disability or national origin.



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At ECHS gym
Friday,
November 20th
at 6 pm**

**Sponsored by:
ECHS Boys & Girls
Basketball boosters**

Stickeler's Puzzle



Below are several phrases that are anagrams of the names of famous people past and present. These phrases are clues to their names.

1. Old West action (actor)
2. Open salamander (actress)
3. He bugs Gore (politician)
4. Killed by hit (Old West)
5. Lively forehanded (boxing)
6. Money kits (boxing)

Stickeler's Answer on Page 11

False Teachers Will Be Judged ... 1 Peter 1:1-2 Greetings From Peter

¹Simon Peter, a servant and an apostle of Jesus Christ, to them that have obtained like precious faith with us through the righteousness of God and our Saviour Jesus Christ: ²Grace and peace be multiplied unto you through the knowledge of God, and of Jesus our Lord.

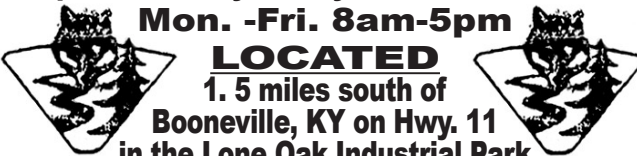
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Wishing Well®

3	6	4	6	8	6	8	3	8	6	5	2	8
Y	M	B	A	W	K	I	O	N	E	E	W	O
3	4	6	2	4	5	7	3	5	6	7	5	7
U	U	A	A	S	N	S	R	E	M	E	R	T
4	7	4	5	8	4	3	8	6	8	6	7	2
I	N	N	G	V	E	B	E	E	R	N	E	Y
5	7	2	5	4	2	8	3	8	3	2	3	5
Y	W	O	R	S	U	O	O	B	S	T	S	E
7	8	7	3	4	8	2	3	8	6	7	2	5
G	S	O	I	S	T	I	S	A	D	A	D	N
4	2	6	3	2	8	3	4	5	7	5	7	5
I	E	S	H	A	C	A	N	E	L	W	S	E
2	4	3	4	5	4	3	4	8	4	3	8	8
S	S	P	I	D	G	P	H	L	T	Y	E	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Y equals T

ETWDOJT R KFB'Y TJGTWRDCCX
CRPT YF WFBJOUT GFHP, DY UX
KTCR R OJODCCX FHKTH CDUE
FB HXT.

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CryptoQuote

AXYDLBAAXR
is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each week the code letters are different.

PJGMHI JG NLC KWGNEKUN
HS NLC AKGN, WBN WCKBNF
JG NLC AEHIJGC HS NLC
SBNBEC. — HTJRCE
PCYMCTT LHTICG

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Puzzle Answers

November 18, 2015

Puzzles4Kids

Answer

Why did the surfers think the sea was friendly?

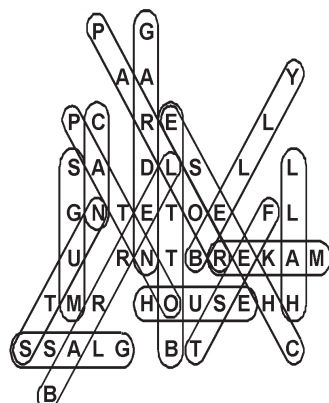
Because it gave them a big wave.

Letter Box

Solution

R	A	C	S	F	O	N	I	T
N	S	O	T	I	A	F	R	C
T	I	F	N	R	C	S	O	A
I	N	T	F	O	S	C	A	R
C	O	S	R	A	N	T	F	I
F	R	A	C	T	I	O	N	S
A	T	I	O	S	F	R	C	N
O	C	R	A	N	T	I	S	F
S	F	N	I	C	R	A	T	O

BEER —



CryptoQuip

answer

Because I don't especially like to consume pork, at my deli I usually order lamb on rye.

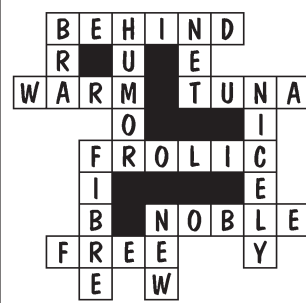
CryptoQuote

answer

Wisdom is the abstract of the past, but beauty is the promise of the future. — Oliver Wendell Holmes

FEAR & KNIGHT

answer



Even Exchange

Donna M. Pettman

1. Bacon, Baron
2. Fiance, France
3. Octane, Octave
4. Chart, Chant
5. Latter, Litter
6. Enjoy, Envoy
7. Severe, Revere
8. Brick, Brink
9. Chair, Chain
10. Ranger, Ringer

Weekly SUDOKU

Answer

4	2	6	3	1	9	8	7	5
9	5	8	4	6	7	2	1	3
7	3	1	8	5	2	4	6	9
1	7	2	9	8	3	5	4	6
8	6	4	7	2	5	9	3	1
5	9	3	6	4	1	7	2	8
2	1	7	5	3	8	6	9	4
6	8	9	1	7	4	3	5	2
3	4	5	2	9	6	1	8	7

King Crossword

Answers

Solution time: 24 mins.

S	C	A	D	S	I	B	E	A	M		
A	C	A	D	I	A	M	A	G	G	O	T
B	Y	R	O	A	D	B	Y	G	O	N	E
U	T	E	M	A	R	I	S	R	A	N	E
T	H	E	N	T	U	B	F	A	D	E	
S	E	R	I	F	E	R	I	E	S	T	
	E	R	A		D	A	B				
A	B	S	C	O	N	D	P	E	T	A	L
R	A	C	E		I	R	K		R	O	B
A	N	Y		A	S	Y	E	T		B	A
B	Y	L	I	N	E		B				
S	A	L	I	N	E		A				
N	A	I	A	D		B	O				

Bible Trivia Answers

Casey's trivia book "Know It? ... or Not?" is available from BearManorMedia.com

- ANSWERS (1) Psalms:
2) At your own will; 3) Bread; 4) Fish's belly; 5) Will; 6) Paul



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