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# Fall Garden Planning

tucky gardens in the coming weeks allowing fresh items to be available well into the fall.

The cooler nights experienced later in the year as these vegetables mature may increase the sugar content of many crops and thus increase their quality. Cooler nights also slow growth, so crops can take longer to mature than in the summer. Keep this slower pace in mind when you check seeds for days to maturity.

Late July or early August would be the time to make a last planting of bush beans, carrots, sweet corn, kale, collards, Bibb lettuce, turnips, and cole crops such as kohlrabi, Chinese cabbage, Brus-

sels sprouts, cabbage, cauliflower and broccoli. For late August and into September try planting mustard greens, spinach greens, radishes, turnip greens and leaf lettuce.

Before planting, remove any existing debris including crops and weeds to the compost bin and cultivate the soil.

If the previous crop was well fertilized and grew vigorously you may need to add little if any additional fertilizer, otherwise apply about 2 to 3 pounds of a complete fertilizer such as "5-10-10" or "10-10-10" per 100 square feet of planting area.

Remember to keep fall gardens well watered as this tends to be a fairly dry time in Kentucky. A weekly irrigation sufficient to wet the soil to 6 or 8 inches should be adequate.

This is more or less equivalent to a weekly one-inch rain.

To learn more about fall gardening options, contact the Estill County Cooperative Extension Service at 723-4557. Educational programs of the Kentucky Cooperative Extension Service serve all people regardless of race, color, age, sex, religion, disability or national origin.

If you want to buy locally grown vegetables, the Estill County Farmer's Market is open Tuesdays 9:00 a.m. to 1:00 p.m. Tuesdays at the fairgrounds and Saturdays 9:00 a.m. to 1:00 p.m. at the Ravenna Veteran's Memorial Park.

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# Farm News

Through August 3, 2015

## 2015 County Committee Elections

If you know someone interested in serving on a local FSA County Committee, now is the time to submit that person's name as a nominee for the 2015 County Committee Elections.

From June 15 through August 3, you can nominate a candidate for your local FSA county committee. And almost anyone participating or cooperating in an FSA program - and of legal voting age - can be nominated.

Download the nomination form from the website at [fsa.usda.gov/elections](http://fsa.usda.gov/elections) or pick one up at your local office. Remember, forms must be postmarked or delivered back to the county office by the August 3 deadline. Voting will take place this fall.

Available Now

## Conservation District Rental Equipment

The Estill County Conservation District has the following equipment for rent at reasonable rates: Post Driver (\$25 per day), No-Till Drills for seeding (\$4-\$5 per acre), Lime Buggy (\$30 per day), Wood Chipper (\$30 per day) and Log Splitter (\$25 per day). This equipment was purchased for shared-use and is available to all citizens in Estill County. Out of county rental rates are also available. Not to be used for commercial purposes. For more information please contact the Conservation District at 723-5104 or find us on Facebook at: [www.facebook.com/ECCDKY](http://www.facebook.com/ECCDKY).

The Garden Bug

Glyphosate, the active ingredient in Roundup<sup>®</sup>, is the most popular herbicide used worldwide. Its makers assert it is minimally toxic to humans, but studies show otherwise. Residues are found in the main foods of the Western diet, including sugar, corn, soy and wheat. Glyphosate enhances the damaging effects of food-borne chemical residues and environmental toxins. Negative impact manifests slowly over time, damaging cellular systems throughout the body.



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## Stickeler's Puzzle

**STICKELERS** [sic]  
by Terry Stickels

One of the designs below lacks a common characteristic shared by the other four figures. Which figure is the odd one out?

A.

B.

C.

D.

E.

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Stickeler's Answer on Page 11

## Sammie's

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## Wishing Well<sup>®</sup>

4	7	6	2	7	2	4	5	3	4	7	3	2
G	S	Y	D	O	O	I	T	S	F	F	H	N
5	4	7	8	3	5	3	5	6	3	6	8	6
R	T	T	B	O	U	W	S	O	A	U	E	G
8	5	4	6	8	6	4	8	3	4	6	8	4
E	T	F	E	N	T	R	E	P	O	A	R	M
2	4	3	4	6	7	2	4	3	2	6	5	4
O	A	P	F	N	H	T	R	R	G	S	I	I
6	2	5	3	6	2	4	6	8	3	4	2	8
W	I	N	E	E	V	E	R	G	C	N	E	E
6	4	2	7	2	8	5	3	7	5	8	3	8
S	D	U	E	P	T	T	I	A	U	I	A	C
3	7	5	3	7	5	7	5	3	5	7	5	3
T	R	I	T	T	E	I	O	O	D	N	N	N

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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## CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: K equals T

VPHOSZP B NOZ QBLIBLX BK

APJF GOJI KR JPTRAP TF

NBLKPJ QRRKNPOJ, B GOI KR

SZP VRRK ZKJPLXKG.

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## CryptoQuote

AXYDLBAAXR  
is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each week the code letters are different.

OWC ICLO SZP OD FZXC Z

LFZUU JDMOKGC VL OD

LOZMO SVOW Z IVB DGC.

— LDKMAC DILAKMC

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# Puzzle Answers

## July 15, 2015

### Puzzles4Kids Answer

Y	L	F	R	E	T	T	U	B
N	O	E	G	I	P	A	E	N
J	S	K	R	A	C	A	L	E
W	A	U	N	U	M	O	M	T
T	E	A	C	D	C	E	D	L
K	A	B	O	O	L	U	C	K
C	M	T	E	R	G	E	T	A
O	E	E	T	N	O	R	E	D
H	O	A	D	R	U	N	N	E

Riddle Answer: A jumbo jet.

### FEAR & KNIGHT answer

S	S	A	F	E	R		
T	E	A	A	A	A		
A	M	E	T	R	I	C	
K	O	E			K		
R	E	C	K	O	N		
			U				
			C	R	E	A	K
F	L	O	E				
			O				

### Letter Box Solution

A	U	E	B	O	X	S	I	N
O	S	N	I	A	E	B	X	U
X	B	I	S	N	U	A	E	O
B	E	A	N	X	I	O	U	S
U	X	O	A	S	B	I	N	E
N	I	S	E	U	O	X	A	B
S	A	U	X	B	N	E	O	I
E	N	B	O	I	A	U	S	X
I	O	X	U	E	S	N	B	A

### Even Exchange answers

1. Freeze, Breeze
2. Witch, Watch
3. Shower, Slower
4. Larger, Larder
5. Utter, Otter
6. Creek, Creed
7. Beetle, Beetle
8. Pause, Cause
9. Shack, Shock
10. Dipper, Dapper

### COMMONWEALTH NATIONS

U	N	I	T	E	D	K	I	N	G	D	O	M
Z	A	R	T	U	K							
I	N	I	O	T	E							
A	T	L	A	M		A	L	P	H	N	N	
E	C		I	N	A	A	U	G	Y	A		
B			B		F	A	R	G		A	O	
M			R		B	H	T	N				
N	A	T	S	I	K	A	P		G	S	I	A
Z			C									
D	N	A	L	A	E	Z	W	E	N			

### Weekly SUDOKU Answer

4	5	3	2	6	8	1	7	9
9	2	6	3	7	1	8	5	4
1	7	8	5	4	9	3	2	6
7	1	2	4	9	3	6	8	5
5	8	4	7	2	6	9	1	3
3	6	9	1	8	5	2	4	7
2	9	1	6	5	4	7	3	8
6	3	5	8	1	7	4	9	2
8	4	7	9	3	2	5	6	1

### CryptoQuip answer

Because I was finding it very hard to remove my winter footwear, I had to use boot strength.

### King Crossword Answers

Solution time: 24 mins.

B	E	A	D	S	Y	A	C	H	T	S	
H	E	L	M	E	T	E	M	P	I	R	E
M	A	L	I	C	E	T	O	A	T	E	E
M	U	S	S	E	M	I	R	I	F	S	
S	A	R	I	E	A	T					
A	D	E	K	I	S	L	O	N	E		
I	N	S	T	A	N	T	C	O	F	F	E
D	A	T	A	G	R	I	N	F	O	R	
I	I	I	A	S	T	A					
A	T	M	M	I	L	S	L	E	O	N	
R	E	T	A	P	S	O	N	L	I	N	
G	R	E	S	S	O	N	L	E	A	R	E
A	Y	E	A	Y	E	S	T	Y	E	S	

### Bible Trivia Answers

Casey's trivia book "Know It? ... or Not?" is available from BearManorMedia.com

Lake of fire; (6) Moses  
David; (3) The ant; (4) Isle; (5)  
ANSWERS 1. Neither; (2)