The Estill County Tribune, July 15, 2015, Page 13



Eric Baker Estill County Extension Agent for Agriculture & Natural Resources

how you can continue to en- carrots, sweet corn, kale, coljoy your garden and even add lards, Bibb lettuce, turnips, new plantings. You can plant and cole crops such as kohla variety of produce in Ken- rabi, Chinese cabbage, Brus-

for days to maturity. would be the time to make a It's time to start planning last planting of bush beans,

increase the sugar content

so crops can take longer to

mature than in the summer.

tucky gardens in the coming sels sprouts, cabbage, cauliweeks allowing fresh items flower and broccoli. For late equivalent to a weekly oneto be available well into the August and into September try planting mustard greens, The cooler nights expe- spinach greens, radishes, rienced later in the year as turnip greens and leaf letthese vegetables mature may tuce.

Fall Garden Planning

of many crops and thus in- any existing debris includnights also slow growth, compost bin and cultivate the soil.

If the previous crop was Keep this slower pace in well fertilized and grew vigmind when you check seeds orously you may need to add little if any additional Late July or early August fertilizer, otherwise apply about 2 to 3 pounds of a complete fertilizer such as "5-10-10" or "10-10-10" per 100 square feet of planting area.

> Remember to keep fall gardens well watered as this tends to be a fairly dry time the Cooperative Extension in Kentucky. A weekly irrigation sufficient to wet the gardless of race, color, sex, soil to 6 or 8 inches should *religion*, *disability or national* be adequate.

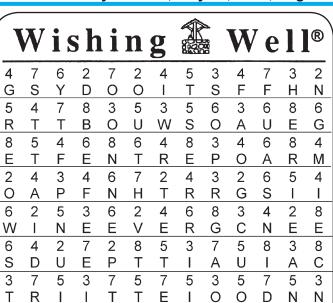
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This is more or less inch rain.

To learn more about fall gardening options, contact the Estill County Cooperative Extension Service at Before planting, remove 723-4557. Educational programs of the Kentucky Cocrease their quality. Cooler ing crops and weeds to the operative Extension Service serve all people regardless of race, color, age, sex, religion, disability or national origin.

> If you want to buy locally grown vegetables, the Estill County Farmer's Market is open Tuesdays 9:00 a.m. to 1:00 p.m. Tuesdavs at the fairgrounds and Saturdays 9:00 a.m. to 1:00 p.m. at the Ravenna Veteran's Memorial Park.

Educational programs of Service serve all people reorigin.



HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: K equals T

VPHOSZP B NOZ QBLIBLX BK APJF GOJI KR JPTRAP TF NBLKPJ QRRKNPOJ, B GOI KR SZP VRRK ZKJPLXKG.

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AXYDLBAAXR is **LONGFELLOW**

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each week the code letters are different.

OWC ICLO SZP OD FZXC Z

LFZUU JDMOKGC VL OD

LOZMO SVOW Z IVB DGC.

LDKMAC DILAKMC

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fall.

Through August 3, 2015

2015 County Committee Elections

If you know someone interested in serving on a local FSA County Committee, now is the time to submit that person's name as a nominee for the 2015 County Committee Elections.

From June 15 through August 3, you can nominate a candidate for your local FSA county committee. And almost anyone participating or cooperating in an FSA program - and of legal voting age - can be nominated.

Download the nomination form from the website at fsa.usda.gov/elections or pick one up at your local office. Remember, forms must be postmarked or delivered back to the county office by the August 3 deadline. Voting will take place this fall.

Available Now

Conservation District Rental Equipment

The Estill County Conservation District has the following equipment for rent at reasonable rates: Post Driver (\$25 per day), No-Till Drills for seeding (\$4-\$5 per acre), Lime Buggy (\$30 per day), Wood Chipper (\$30 per day) and Log Splitter (\$25 per day). This equipment was purchased for shared-use and is available to all citizens in Estill County. Out of county rental rates are also available. Not to be used for commercial purposes. For more information please contact the Conservation District at 723-5104 or find us on Facebook at: www.facebook.com/ECCDKY.

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metal roofing tin cut to the inch.

Glyphosate, the active ingredient in Roundup*, Jaraen is the most popular herbicide used worldwide. Its makers assert it is minimally toxic to humans,

but studies show otherwise. Residues are found in the main foods of the Western diet, including sugar, corn, soy and wheat. Glyphosate enhances the damaging effects of foodborne chemical residues and environmental toxins. Negative impact manifests slowly over time, damaging

cellular systems throughout the body.

Sources: www.mdpi.com http://articles.mercola.com/sites/articles/archive/2014/04/15/glyphosate-health-effects.aspx#_edn1

Stickeler's Puzzle



One of the designs below lacks a common characteristic shared by the other four figures. Which figure is the odd one out?

