## Edill County "Excite Night"



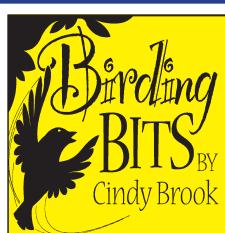








Bicknell #5, Beth, celebrates a birthday



**Ground Food Mix** I've started mixing safflower seed and unsalted peanuts with white proso millet to toss on the ground. Sure, squirrels do get some peanuts, but so do brown thrashers, blue jays, tufted titmice and cardinals. Ground feeding is a wonderful way to bring birds into your backyard. Happy birding!

> E-mail: birdingbits@cfl.rr.com © 2014 King Features Syndicate, Inc.

## **Grandparents United Distributes Pillows**

parents United program know firsthand sponding agencies throughout the county. how children react to life altering situations and wanted to do a little something about meet the third Thursday of each month at it. Members of the group stitched together 11:30am. Meetings are located at Wisepillows that emergency personnel can give mantown United Methodist Church. For as comfort when they receive calls that in- more information, please call Teresa Dawes volve children. Operation Bear Hug pillows at (606)723-2181.

Members of the Estill County Grand- were distributed to several emergency re-

Estill County Grandparents United



Grandparents United members meet with Irvine Police Chief Brad Smith



Grandparents United members meet with Ravenna Police Chief Ken White



**Grandparents United members meet with Estill Sheriff Gary Freeman** 



## Join us on Saturday, October 10

**Estill County Golf Club Golf Scramble** Noon

Pink Paradise Luau 6 p.m.

Estes at 606-726-2119 or arestes@mercy.com

For event tickets, sponsorship details or more information, contact Arielle

Band, caricatures, limbo, hula contest and more!

Putt in pink and add a little hula to help us kickoff our **3-D mammography campaign!** 



Caring together,  $\ensuremath{\mathbf{MERCYHEALTH}}$