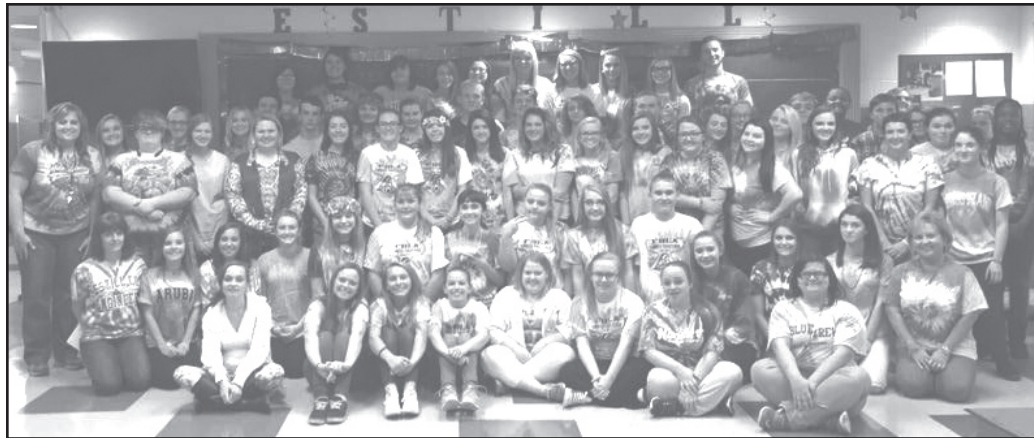


## Red Ribbon Week at Estill County High School

Last week was red ribbon week at the high school. Monday was "Merica Monday," Tuesday was "Tie Dye Tuesday," Wednesday was "Way Back Wednesday" (dress from past decades), Thursday was "Hat and Pajama Day" and Friday was "Freaky Friday" Students dressed in their Halloween costumes. The events were sponsored by Family, Career and Community Leaders of America, Kristen B. Wilson, advisor. (Photos courtesy of Kristen B. Wilson)



Merica Monday



Tie-Dye Tuesday



Way Back Wednesday (dress from past decades)



Hat & Pajama Day on Thursday



Freaky Friday (Whole School) in Halloween costumes

## EKU Upward Bound Accepting Students

The Upward Bound program at Eastern Kentucky University is currently accepting applications from students in grades 9-11 in Casey, Estill, Lee, Lincoln, Powell and Wolfe counties as well as from high school juniors in Jackson County. EKU Upward Bound assists high school students from these seven Kentucky counties by preparing them for college.

To qualify for EKU Upward Bound, students must meet income guidelines or potentially be the first in their families to graduate from college (meaning neither biological parent has a four-year degree), and maintain a high school GPA of 2.5 or

better.

To apply, students can either obtain an application from their high school counselor or print one from [www.upwardbound.edu](http://www.upwardbound.edu). All applications should be mailed with supporting documentation to EKU Upward Bound, Patterson House, 521 Lancaster Ave., Richmond, KY, 40475.

Students can be nominated to apply to the program through the "Nominate a Student" form at [upwardbound.edu/nominate-student](http://upwardbound.edu/nominate-student).

EKU Upward Bound is funded through a \$521,989 TRiO grant from the U.S. Department of Education.

## Salem Baptist Church is collection point for Operation Christmas Child

Several area locations, including Salem Baptist Church, 4470 Spout Springs Road in Irvine, will serve as collection sites this year for the Samaritan's Purse project Operation Christmas Child—the world's largest Christmas project of its kind.

During National Collection Week, Nov. 14 – 21, Irvine residents can donate shoeboxes – filled with school supplies, hygiene items, notes of encouragement and fun toys, such as a doll

or soccer ball -- for Operation Christmas Child to deliver to children in need around the world.

This year, Irvine and surrounding cities' residents hope to contribute more than 30,001 shoebox gifts toward the 2016 global goal of reaching 12 million children.

"The shoebox gifts donated by Irvine volunteers at these drop-off locations will shine a light of hope to children living in poverty overseas," said regional

leader Hasty Martin. "Anyone is welcome to pack a shoebox and help a child facing difficult circumstances to feel loved and not forgotten."

**Salem Collection Times**  
 Mon, Nov. 14: 3-7 p.m.  
 Tue, Nov. 15: 10:30-12:30, 5-7  
 Wed, Nov. 16: 6:30-8:30 a.m., 5-7  
 Thu, Nov. 17: 5 p.m. - 8 p.m.  
 Fri, Nov. 18: 5 p.m. - 8 p.m.  
 Sat, Nov. 19: 9 a.m. - 4 p.m.  
 Sun, Nov. 20: 1 p.m. - 4 p.m.  
 Mon, Nov. 21: 8 a.m. - 2 p.m.

## ESTILL LIBRARY BOOKMOBILE SCHEDULE

246 Main Street Irvine, KY – Call 723-3030

NOVEMBER 14-8, 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mountain Crest Millers Creek Cow Creek Furnace Jct.	Winston Trotting Ridge Sandhill Opossum Run	Horizon Daycare Ravenna Drip Rock	Spout Springs Hudson Mill Rd. New/Old Fox Road Hargett	South Irvine P-K

"Mommie & Me" and Storytime Wednesdays, 10:00 a.m. & Fridays, 10:30 a.m.

# WCBR

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### 606-723-4013

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## ESTILL COUNTY SCHOOLS MENUS

Milk is included with every meal; plus assorted juices included with breakfast

MONDAY Nov. 14	TUESDAY Nov. 15	WEDNESDAY Nov. 16	THURSDAY Nov. 17	FRIDAY Nov. 18
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### SOUTH IRVINE, ESTILL SPRINGS BREAKFASTS

Mini Cinnis Pears	Cereal/Toast/Jelly Peaches	Pancakes/syrup Applesauce	Muffins Banana	Pop Tart/Cereal Grapes
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### SOUTH IRVINE & ESTILL SPRINGS LUNCHES

Hamburger Bun Tater Tots Let./Tom./Pickle Cauliflower/Dip Peaches, Milk	Taco Tuesday Taco & Sauce/Wrap Cheese, Let./Tom. Refried Beans Orange	Popcorn Chicken Mashed Potatoes Green Beans Side Kicks Milk	Chili, Crackers Grilled Cheese Carrots w/Dip Oranges Milk	Mini Corn Dog Potato Smiles Steamed Broccoli Apple Milk
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### WEST IRVINE BREAKFASTS

Dutch Waffle or Cereal, Peaches Juice, Milk	Biscuit & Gravy or Cereal, Applesauce Juice, Milk	Yogurt, Cheese, Cracker Tray or Blue- berry Waffle or Cereal	Sausage & Biscuit or Cereal Pineapple Tidbits	Muffin or Donuts or Cereal, Apple Juice, Milk
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### WEST IRVINE LUNCHES

Chicken Nuggets Roll Mashed Potatoes Green Beans Apple	Pizza or Calzone Corn Grape Tomatoes/dip Orange Milk	Bosco Cheese Sticks, Marinara Steamed Broccoli Celery Sticks/Dip Strawberry Cup	Hamburger/Bun Potato Wedges Let./Tom./Pickle Pork & Beans Peaches	ENERGY DAY Ham Sandwich w/Cheese, Carrots Raisins Chips, Milk
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### ESTILL COUNTY MIDDLE SCHOOL BREAKFAST

Pancake Porky w/syrup, Honey nut Cheerios Cereal Cereal Bars Assorted Pop Tarts Apple	Oatmeal & Toast Frosted Flakes Cereal Bars Assorted Pop Tarts Pears Milk Choices	Cream Cheese Bagels, Lucky Charms Cereal Bars Assorted Pop Tarts Peaches Fruit Juices, Milk	Bacon, Egg & Cheese Biscuit Chex Cereal Cereal Bars Assorted Pop Tarts Applesauce	Choc. or Cinn. Muffins, Cocoa Puffs Cereal, Cereal Bars Assorted Pop Tarts Pineapples Fruit Juices, Milk
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### ESTILL COUNTY MIDDLE SCHOOL LUNCH

Chicken Nuggets WG Roll Mashed Potatoes Green Beans Apple Mixed Fruit	Pepperoni Pizza or Calzone Romaine Salad Corn Pineapples Grapes	Cheeseburger or Pork Chop on Bun Potato Wedges Lettuce & Tomatoes Peaches Sidekicks	Chicken Noodle Soup, Crackers Grilled Cheese or Chicken Pattie/Bun Carrot Sticks/Duo Fruit	Taco w/Shell or Fajita w/Shell Let./Tom./Cheese Refried Beans, Salsa Watermelon Pineapples
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### ESTILL COUNTY HIGH SCHOOL BREAKFAST

Cereal, Pop Tarts Yogurt Orange or Apple Juices/Milk	Pancake Porky Cereal Pop Tarts, Yogurt Orange or Apple	Bacon/Egg/Cheese Biscuit, Cereal Pop Tart, Yogurt Banana or Apple	Chicken Biscuit Cereal, Pop Tart Yogurt Banana or Apple	Breakfast Pizza Cereal Pop Tarts, Yogurt Banana or Apple
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### ESTILL COUNTY HIGH SCHOOL LUNCH

Spaghetti w/Breadstick or Fish on Bun Romaine Salad Grape Tomatoes Pineapples Peaches	Beef Taco Chicken Fajita Mexican Rice Black Beans, Salsa Let./Tom./Cheese Ap-sauce, sidekicks	Spicy Chicken Tenders w/Roll Chicken Curry/Bun Glazed Patty/Bun Corn, Peach Cups Sidekicks	Turkey & Dressing, Gravy, Roll Mashed Potatoes Green Beans Cooked Apples Ice Cream	Chicken Noodle Soup, Gr. Cheese Carrot Sticks Broccoli Bites Mandarin Oranges Sidekicks
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Offered Daily: Pizza Line  
Sandwich Box, Salad Box