



**Tam's Front Porch Ponderings**  
**Tammy Terry**  
 TamsFrontPorch@IrvineOnline.Net

If you are a follower of Facebook, I'm sure you saw the posts Monday about my Daddy, Lewis Edward Muncie. April 11th marked the ninth anniversary of his death, I'd like to say it gets easier as time goes by, but truthfully, it doesn't. I realize death is a part of life, just like a beginning must have an end but sometimes the ending sneaks up on

# Worth Mentioning

you. Such was the case with Daddy's illness. I'm not going to dwell on things, I've made my peace that Daddy will be in Heaven along with all my other friends that had accepted Jesus as their Lord and Savior. There are a few things I do think are worth mentioning though.

#1. Love your children! No matter what, love your children! Sometimes that means using a keen switch, spoiling a child and letting it have its way is NOT love. So love your children!

#2. If you love someone, TELL THEM! Don't put it off, listen to their stories, write them down, verbal family histories are fading fast. Find out who those people are in the fading black and white photos and write it down!

#3. Don't go to bed mad. Mad at your spouse, children, parent, grandparents, neighbors, the dog or cat - make amends or better yet,

build a bridge and get over it. Even if you have to agree to disagree, don't go to bed mad!

#4. Don't get so busy caught up with work, that you forget why you have a family. Enjoy them! The grass is still gonna grow, the car will always be dirty and if you left your job tomorrow they WILL find a replacement. MAKE time for family!

#5. Forgive. We are all human, we all make mistakes. Children and adults alike NEED forgiveness. To forgive means to NEVER, EVER bring it up AGAIN!

There you have it, five simple steps to No Regret Living. I only wish I had had this little talk with myself forty years ago! I have lots of time left though, and I plan to make the most of it!

Until next time...



**Times Remembered**  
**Betty A. Young**  
 BYoung505@Windstream.Net

# April

April has really turned out to be April Fools Month instead of day. I've always thought of April being the

month for gardening and the opening day of turkey season. So much for gardening this month since the weather has been cold.

Pertaining to the garden side of April; at this point I'm way behind, not so much as being slack but the yard, I haven't done much. Oh! Bob has mowed the yard once wearing his hat and coat.

We've had two or three really hard freezes, I have covered and uncovered some of my perennials till I'm sick of doing it.....come on spring, we need warm sunshine!

Tender stuff just can't take six or eight hours well below freezing, not to mention a heavy frost to boot. I just have a small plot to garden; you feel for full time farmers in situations like this. It's all a part of living close to the

good earth. Anyone who has ever farmed will tell you it's not an easy life. Still, those who love the earth wouldn't swap their life for mindless daily routines. I know my parents never would have.

Circumstances permitting this month I'm hoping to plant lettuce, kale, mustard greens, and onion sets. Also set some cabbage, broccoli and cauliflower plants.

Another enjoyment in the month of April is looking for wildflowers and edible delicacies like morel mushrooms, wild greens and poke salad. The woods and fields reach their peak with wildflowers in bloom and the rebuds, dogwoods are blooming. Soon we will have blackberry winter and a few other cold spells, but we will prevail and have fresh vegetables by late June.

Out on a Limb



by Gary Kopervas

## ESTILL LIBRARY BOOKMOBILE SCHEDULE

246 Main Street Irvine, KY – Call 723-3030

**APRIL 18-22 2016**

| MONDAY   | TUESDAY                         | WEDNESDAY                         | THURSDAY   | FRIDAY                   |
|--|---------------------------------|-----------------------------------|--|--------------------------|
| Mountain Crest Old Fox Road Furnace Jct. Millers Creek | Winston Trotting Ridge Sandhill | Horizon Daycare Ravenna Drip Rock | Spout Springs Hudson Mill Rd. New Fox Road Hargett-Parvin Road | West Irvine Intermediate |

"Mommie & Me" and Storytime Wednesdays, 10:00 a.m. & Fridays, 10:30 a.m.

# Estill County Schools

## PRESCHOOL REGISTRATION/SCREENING 2016-17 School Year

**CALL South Irvine P-K Center AT 726-3078 TO SCHEDULE A SCREENING APPOINTMENT**

### SCHEDULED SCREENING DATES

- Thursday, April 28<sup>th</sup> 4:00 to 6:30 PM
- Friday, April 29<sup>th</sup> 11:00 AM to 2:00 PM
- Thursday, May 12<sup>th</sup> 4:00 to 6:30 PM
- Monday, July 11<sup>th</sup> 2:00 to 6:30 PM

**At South Irvine P-K Center, 1000 South Irvine Road, Irvine, KY**

**Preschool Qualification Guidelines:**

- Children who turn four years old by August 1st and meet income requirements or have a delay/ disability
- Children who turn three years old by August 1st and have a delay/ disability or meet Head Start requirements
- **NEW FOR 2016-17: Preschool is not a mandatory program; however, our school district is currently exploring options to provide preschool for all children, who will turn four years old by August 1st. If interested in your child attending South Irvine P-K Center preschool program, please call for a screening appointment.**

**Bring the following required documents to the screening appointment:**

- Child's Certified State Sealed Birth Certificate (not a hospital certificate)
- Child's Social Security Card (optional)
- Proof of Family Income (For eligibility purposes): Check Stub, Tax Forms, Statement from Employer, SSI Award Letter, Food Stamp Letter, Child Care Subsidy Form, statement from person providing room and board
- Up to date immunization certificate recorded on a Kentucky form only
- School Entry Physical that includes blood pressure, Hemoglobin count, and Lead Screening/test
- Eye Exam by an Optometrist or Ophthalmologist
- School Entry Dental Exam performed by a licensed dental professional
- Medical Insurance Card
- Copy of legal guardianship, (if not biological parent)

❖ The above documents will be required for your child to ATTEND school in August 2016.

It is important to bring your child to registration as he/she will be screened at that time. The screening will take approximately 1 hour.

## ESTILL COUNTY SCHOOLS MENUS

Milk is included with every meal; plus assorted juices included with breakfast

| MONDAY<br>April 18   | TUESDAY<br>April 19   | WEDNESDAY<br>April 20  | THURSDAY<br>April 21   | FRIDAY<br>April 22  |
|--|---|--|--|---|
| <b>ELEMENTARY BREAKFASTS</b>   |   |  |  |   |
| WG Mini Cinni Rolls<br>Apple   | Strawberry Yogurt<br>WG Snacks, fruit   | Pancakes<br>Applesauce   | Dutch Waffle<br>Orange Slices  | Muffins<br>Pineapples   |
| <b>SOUTH IRVINE LUNCHES</b>  |   |  |  |   |
| Popcorn Chicken<br>Mashed Potatoes<br>Steamed Broccoli<br>Pears, Roll<br>Milk  | Individual Cheese<br>Pizza, Corn<br>Cucumber Slices<br>Dip, Oranges<br>Milk   | Chicken Noodle<br>Soup, Crackers<br>Grilled Cheese<br>Carrots & Celery/Dip<br>Banana, Milk                             | Bosco Cheese<br>Bread Sticks<br>Marinara Sauce<br>Cauliflower/Dip<br>Gr. Beans, Peaches                                | Hamburger/Bun<br>Let./Tom./Pickles<br>Potato Smiles<br>Cole Slaw<br>Apple, Milk                                     |
| <b>ESTILL SPRINGS LUNCHES</b>  |   |  |  |   |
| Popcorn Chicken<br>Mashed Potatoes<br>Steamed Broccoli<br>Pears, Roll<br>Milk  | Individual Cheese<br>Pizza, Corn<br>Cucumber Slices<br>Dip, Oranges<br>Milk   | Mini Corn Dogs<br>Shred. Let./Tom.<br>Potato Smiles<br>Cucumber Slices<br>Dip, Side Kicks                              | Bosco Cheese<br>Bread Sticks<br>Marinara Sauce<br>Cauliflower/Dip<br>Gr. Beans, Peaches                                | Hamburger/Bun<br>Let./Tom./Pickles<br>Potato Smiles<br>Cole Slaw<br>Apple, Milk                                     |
| <b>WEST IRVINE LUNCHES</b>   |   |  |  |   |
| Popcorn Chicken<br>Mashed Potatoes<br>Steamed Broccoli<br>Pears, Roll<br>Milk  | Individual Cheese<br>Pizza, or Bologna<br>Sandwich, Corn<br>Cucumber Slices<br>Dip, Oranges                                 | Chicken Noodle<br>Soup, Crackers<br>Grilled Cheese<br>Carrots & Celery/Dip<br>Banana, Milk                             | Bosco Cheese<br>Bread Sticks or Calzone, Mari/ Sauce<br>Cauliflower/Dip<br>Gr. Beans, Peaches                          | Hamburger/Bun<br>Let./Tom./Pickles<br>Potato Smiles<br>Cole Slaw<br>Apple, Milk                                     |
| <b>ESTILL COUNTY MIDDLE SCHOOL BREAKFAST</b>   |   |  |  |   |
| Dutch Waffle<br>Cinn. Toast Crunch<br>Cereal, Apple<br>Chocolate Pop Tart<br>Assorted Juices<br>Milk Choices                     | Scrambled Eggs & Toast, Cocoa Puffs<br>Cereal, Strawberry<br>Pop Tart<br>Pineapples<br>Juice & Milk                         | Biscuit & Gravy<br>Raisin Bran Cereal<br>Chocolate Pop Tart,<br>Applesauce, Asorted Fruit Juices,<br>Milk              | Trix Yogurt & Scooby Snacks<br>Frosted Flakes<br>Reese Puffs Pop Tart, Oranges<br>Fruit juices, Milk                   | Donut, Apple Cinn. Cheerios Cereal, Chocolate Pop Tart<br>Mandarin Oranges<br>Assorted Fruit Juices, Milk Choices   |
| <b>ESTILL COUNTY MIDDLE SCHOOL LUNCH</b>   |   |  |  |   |
| Chicken Nuggets<br>Texas Toast<br>Mashed Potatoes<br>CA Blend Veggies<br>Tropical Fruit<br>Apple                                 | Pepperoni Pizza or Calzone<br>Romaine Salad<br>Corn<br>Pineapple Tidbits<br>Grapes  | Cheeseburger or Mr. Rib on Bun<br>Potato Wedges<br>Lettuce & Tomato<br>Diced Peaches<br>Banana                         | Asian Chicken w/Rice or Fish/Bun<br>Stir Fry Vegetables<br>Glazed Carrots<br>Applesauce<br>Pears                       | Taco w/Shell or Chicken Fajita/Shell<br>Let./Tom./Cheese<br>Refried Beans, Salsa<br>Fresh Oranges<br>Pineapples     |
| <b>ESTILL COUNTY HIGH SCHOOL BREAKFAST</b>   |   |  |  |   |
| Muffins, Cereal<br>Pop Tarts<br>Yogurt<br>Banana or Apple  | Bacon, Egg & Chz.<br>Biscuit, Cereal<br>Pop Tart, Yogurt<br>Apple or Banana   | Gravy & Biscuit<br>Cereal<br>Pop Tart, Yogurt<br>Apple or Banana   | Sausage Biscuit,<br>Cereal, Yogurt<br>Banana or Apple<br>Juice & Milk  | Breakfast Pizza<br>Cream Cheese Bagel<br>Cereal Pop Tart, Yogurt<br>Banana or Apple                                 |
| <b>ESTILL COUNTY HIGH SCHOOL LUNCH</b> <span style="float: right;">Offered Daily: Pizza Line Sandwich Box, Salad Box</span>      |   |  |  |   |
| Pepperoni Calzone<br>Chicken Quesadilla<br>Corn<br>Glazed Carrots<br>Salsa/Marinara Cup<br>Pineapples/Peaches<br>Variety Milk/OJ | Spicy Chicken or Grilled Chicken/Bun<br>Mashed Potatoes<br>Green Beans<br>Applesauce<br>Mandarin Oranges<br>Variety Milk/OJ | Cheeseburger or Mr. Rib on Bun<br>Potato Wedges<br>Baked Beans<br>Let./Tom./Pickle/Onion, Side Kicks<br>Tropical Fruit | Chicken Alfredo/ Breadstick or Pork Chop on Bun<br>Carrot Sticks<br>Steamed Broccoli<br>Mandarin Oranges<br>Applesauce | Fred Brown Pork-Roast w/Gravy, Roll<br>Chicken Patty/Bun<br>Mashed Potatoes<br>Green Beans<br>Applesauce<br>Peaches |

# Cox Insurance, Inc.

## 606-723-4013

407 Richmond Road  
Irvine, Kentucky

**John Cox**

# Insurance Check Up

**We understand that life is often unpredictable. That's why we offer insurance that keeps you one step ahead. It's our job to anticipate potential risks and make sure you're ready for whatever life brings your way. So whether it's a fallen tree, a fender-bender or a baseball through the window, you can rest assured knowing you're completely covered. Auto and/or homeowner, please take a moment to call 606-723-4013, Cox Insurance, to make sure you're receiving not just insurance, but peace of mind as well.**