

Estill Student's Team Earns 2nd Place in Environ Competition

For the second year in a row, The Gatton Academy of Mathematics and Science earned second place in the Kentucky State Envirothon Competition, scoring the highest overall on both the Wildlife and Aquatics exams.

Forty-two teams from across the Commonwealth participated in the esteemed competition.

Members of The Gatton Academy's team include:

- Laney Brager ('16) from Hawesville and Hancock County High School
- Malia Latimer ('16) from Louisville and Louisville Male High School
- Emma Saarinen ('16) from Shelbyville and Shelby County High School
- Caleb Stickney ('17) from Irvine and Estill County High School
- Brigid Walters ('16) from Munfordville and Hart County High School

"Placing second in the state is a wonderful recognition for this group of students who care deeply about Earth science and our natural world," said Derick B. Strode, Assistant Director of Academic Services at The Gatton Academy.

"The team trained weekly throughout the school year, studying issues that are of great importance to farmers and environmentalists in Kentucky."

The Envirothon Competitions is a nationwide competition for high school students who have a passion for natural sciences, resources and the environment. It consists of extensive tests on soils, aquatics, wildlife, forestry and a current issue. This year's current issue was invasive species. In addition to the tests, competitors prepare and present a 10-minute oral presentation over the current issue. All five members of the team compete as one while moving from station to station where they complete hands-on experiments and use analysis and critical thinking skills.

Stickney was also named to the Dean's List and the President's List for the Spring 2016 semester at Western Kentucky University for earning a GPA greater than 3.8. He remains a student at Estill County High School while attending The Gatton Academy at Western.



Estill County High School student Caleb Stickney of Irvine, and members of his team, show off posters for their second place win in the Kentucky State Envirothon Competition. Other members are Laney Brager, Malia Latimer, Emma Saarinen, and Brigid Walters. He is the son of Jack and Teresa Stickney of Lilly Ferry Road in Irvine and is currently taking classes at Western Kentucky University through The Gatton Academy.

Hospital partners with ECHS soccer team for injury prevention program

Continued from Page 2

According to researchers at the nationally acclaimed Cincinnati Sports-Medicine Research and Education Foundation, females tend to land in a position that increases the pressure on the knee joint, as compared to males. The program also included video analysis to get a visual of landing mechanics which can indicate their risk for injury.

For example, one participant increased her sitting reach flexibility by 7.5 centimeters.

"We are extremely impressed with the program," said Candie McMaine and Andrew Hatton, coaches of the Estill County High School girls' soccer team. "We have incorporated aspects of the program into our game warm up and practice. Keeping our athletes safe is our main prior-

ity and we appreciate Marcum and Wallace Hospital for sharing Sportsmetrics™ with our soccer team."

"We are trying to help athletes prevent injuries," said Randy Calico, Marcum & Wallace Rehab Director and Sportsmetrics™ trainer. "Because of their anatomy structure, females are more likely to injure their knee. Sportsmetrics™ is the first and only training program scientifically proven to decrease knee injuries in female athletes."

Marcum & Wallace Hospital also offers a Sports Injury Clinic dedicated to prevention, injury recognition, appropriate referral, specific sports specific rehab, and returning athletes back to their sport.

For more information or an appointment with the Sports Injury Clinic, call 606-726-2116.



Mercy Primary Care-Irvine was awarded \$1000 from the Kentucky Colon Cancer Prevention Project for colon cancer awareness. The award will be used to educate patients about the importance of colon cancer screenings. The American Cancer Society recommends colon cancer screenings should begin at age 50 for both males and females with average risk for developing the disease.

If you have a family history or other risk factors for colon cancer it may be necessary to begin screening at an earlier age. Speak with your primary care provider about when you should get your first colon cancer screening. Screening tests can find colon cancer early, when it is most treatable.

Data from the Kentucky Colon Cancer Prevention Project ranks Kentucky as number one for colon cancer incidence and number four for colon cancer mortality in the U.S. (2013)

Pictured is staff from Mercy Primary Care-Irvine (from left to right): Brittney Dearing, Samantha Rogers, Stephanie Warner, Suzanne Waite, Billie Kelley, Meloni Franz, Tamera Spangler, Crystal Alexander, Mekeshia Jordan, Kathleen Webb and Amara Herald.

Photo Submitted

Estill County Fair 2016 Baby Show Tuesday, July 5, 2016 7:00 P.M.

Rules:

All entries must be Estill County Residents. If your residential home falls within the Estill County Lines - you're eligible for the Baby Show.

Gate Admission: \$10 For Ages 3 and Up
\$10 Entry Fee for Baby Show
(Only contestant will be admitted free. If contestant wants to ride later, you will have to pay the \$10 admission.)

- Boy & Girl Classes:
(Age of child as of July 5, 2016)
- Birth up to 6 Months Old
 - Six Months up to One (1) Year Old
 - Baby One (1) Year Old
 - Baby Two (2) Years Old
 - Baby Three (3) Years Old
 - Baby Four (4) Years Old



Pre-register at the Extension Office (76 Golden Court) June 20-July 5
Registration at Fairgrounds July 5—5:30-7:00 P.M.

For further information, contact: Tammy Cole 723-4326 or Susan Lay 726-9989

A trophy will be given to each boy and girl class champion. All contestants will receive a blue ribbon & coin dollar.

Child's Name _____
 _____ Boy _____ Girl
 Address _____
 Parent's Name _____
 Phone _____
 (If you don't have a phone, give number of nearest neighbor or relative)
 Age _____ Birthdate _____
 _____ Month _____ Day _____ Year

Bring or mail with \$10 entry fee to the Extension Office, 76 Golden Court, Irvine, KY 40336
 Attn: Baby Show - Make checks payable to: Estill County Fair Board

Estill County Fair Little Mister & Miss Estill County Pageant Saturday, July 2, 2016

1:00 P.M.

Entry Fee: \$10

Admission:
\$5 for ages 3 and up
Pay at the Exhibit Hall
front door next to the
parking lot. Only
contestants get in free. The
building will be cleared
after each pageant.

Rules:

1. All entries must be Estill County residents.
2. You are eligible if your residential home falls within the Estill County Lines.

Due to state rules:

3. Contestants will wear and be judged in age appropriate attire in the pageant.
4. The winners of the Little Mister and Miss Pageant are not allowed to compete again. Little Mister and Miss Estill County will be competing at the Kentucky State Fair as a couple.

Boys and Girls

Ages: Five through Seven -
Must have reached his/her 5th birthday by midnight, July 2, 2016 and cannot be 8 years old by July 2, 2016

All contestants will receive a coin dollar and blue ribbon.
The winner receives a crown, banner and trophy.

Practice Date - Thursday, June 30th, 7:00 P.M. at the Fairgrounds



Committee: Tammy Cole, Chair; Susan Lay, Co-Chair; Eidy Hall, Lezley Dotson
 Caleb Cole, Nivra Lainhart, Keyona Tipton, and Cheryl Stepp

For further information, call:
 Tammy Cole - 723-4326 or
 Susan Lay - 726-9989

Full Name _____ Entry Fee \$10.00 _____ Boy _____ Girl _____
 Address _____
 Parent's Signature/Phone _____
 (If you don't have a phone, give number of nearest neighbor or relative)
 Age _____ Birthdate _____
 _____ Month _____ Day _____ Year

Clip this form and bring or send to the Extension Office, 76 Golden Court, Irvine, Kentucky 40336 by June 29th. Make checks payable to: Estill County Fair Board. You may also bring the form and \$10 entry fee to the practice at the Fairgrounds on Thursday, June 30th, 7:00 P.M.