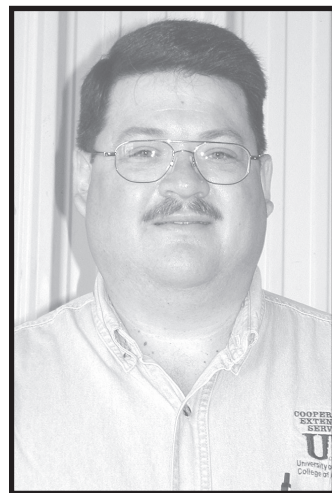


Mountain Ag Week is Mountain Proud



Eric Baker
Estill County Extension
Agent for Agriculture
& Natural Resources

This year, Mountain Ag Week is putting a focus on taking pride in the opportunities and resources of Appalachia. The University of Kentucky Robinson Center for Appalachian Resource Sustainability (RCARS) is hosting events Sept. 27- Oct. 1 to celebrate.

The week kicks off with the Youth Natural Resources Field Day Sept. 27. Fifth- and sixth-graders will meet at the center in Quicksand

and choose from topics including water quality, energy, snap circuits, physical activity, food and nutrition, birds of prey and a physics zoo. Ninth- through 12th-graders will meet at UK's Robinson Forest and choose between a wildlife or forestry track. The wildlife track offers interactive learning about Kentucky reptiles and amphibians, furs and tracks of Kentucky wildlife, trapping and tracking wildlife and wildlife habitat management. The forestry track includes tree and disease identification, wood magic, forest water quality, timber harvesting and log grading.

On Sept. 28 and 29, the center will turn its focus toward preschool and kindergarten students. Hundreds of area children will get an opportunity to experience an interactive, pumpkin-themed day and take home a pumpkin.

The entire week leads up to the Mountain Proud Field Day from 10 a.m. to 2 p.m. Oct. 1. Registration begins at 9 a.m. EDT.

"The week's extensive

programming is about showcasing what's great about the opportunities in the Appalachian Region," said David Williams, the center's director. "We have something for every age group, and we want to show everyone the promising future for sustainable economic development in agriculture and forestry in this region."

The field day will offer several hayride tours and workshops including a hayride tour with an overview of hemp and chia research, tree ID planting and forage variety trials; a horticulture "kale smoothie" hayride tour; a "Saddle Up Safely" workshop with horses; a bird feeder workshop at the Wood Utilization Center, and a History of Quicksand with local historian, Stephen Bowling.

The center will offer Master Logger continuing education from 9 a.m. to 12 p.m.

Area 4-H members will provide entertainment at 11 a.m., with a Taste of the Mountains lunch following.

A study tour of Robinson Forest, which is limited to 20 people, will depart RCARS at 10 a.m. and return at 2 p.m. Participants will learn about timber harvesting research to protect water quality and the current status of hemlock trees.

Exhibits under the tent will include more than 30 displays and demonstrations. More than 15 crafters will demonstrate their crafts under the tent and will have items available for purchase.

Teachers should register their classes for the Youth Natural Resources Field Day and Pumpkin Days by Sept. 16 by calling 606-666-2438, ext. 291.

More information is available online at <http://rcars.ca.uky.edu/mountain-ag-week> or by calling the Estill County Extension Service at 723-4557.

The Educational programs of the Kentucky Cooperative Extension Service serve all people regardless of race, color, age, sex, religion, disability, or national origin.

Wishing Well®

4	6	2	8	2	3	4	7	4	3	6	2	5
N	H	A	G	R	V	O	S	B	I	U	O	B
4	6	7	2	8	4	5	3	7	4	3	4	2
A	S	P	S	O	R	E	C	E	R	T	I	Y
3	4	8	4	2	4	8	3	8	5	6	4	2
O	E	A	R	A	T	L	R	S	G	T	O	T
8	3	8	2	3	5	6	3	4	6	7	5	6
A	Y	C	T	I	R	L	S	O	E	N	A	T
3	6	7	3	7	2	4	6	7	3	4	6	3
N	O	D	E	W	I	H	S	I	A	I	U	R
5	2	4	6	2	6	4	2	5	8	2	6	8
C	T	G	C	U	C	H	D	I	H	E	E	I
6	7	8	5	8	6	5	8	7	8	7	5	7
S	S	E	O	V	S	U	E	E	D	L	S	Y

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: L equals E

SCBWELE LYLFJSZLFL GLDCS VJ
VCBQZ, GBQ WCQ TQ TDD TGYL,
U IBKKCIL U STI ZTFVLE QC QZL
QLLQZ.

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CryptoQuote

AXYDLBAAXR
is
LONGFELLOW

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each week the code letters are different.

LP LE QTSYKQE K FMST
ZMSPIDKPT HTEPLDG PM YKUT
K PKEPT ZMS OMRRTOPLDV
EYTRRE PYKD PM AT AMSD K
FLRRLMDKLLST.
— SMATSP RMILE EPTUTDEMD

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Puzzle Answers

September 14, 2016

Puzzles4Kids

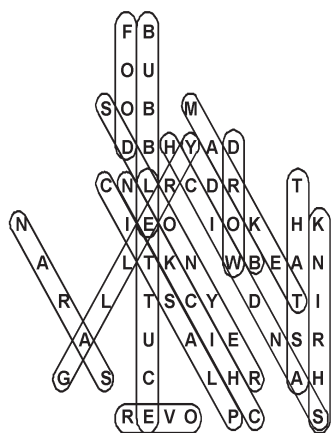
UNITED	I	TUNED
PLANET	T	NEPAL
ESTHER	S	THERE
HORSES	S	SHORE
BREAKS	K	BEARS
ABIDES	I	BEADS
TEHRAN	N	HEART
PESTER	P	RESET
DIETER	E	TIRED
WADERS	E	WARDS
MANTEL	L	MEANT
OGRESS	E	GROSS
SACRED	D	SCARE

Letter Box

Solution

J	U	G	O	F	M	I	L	K
F	M	I	K	L	J	O	G	U
K	O	L	I	U	G	F	J	M
L	J	M	F	K	U	G	O	I
O	K	F	G	I	L	U	M	J
G	I	U	J	M	O	L	K	F
M	G	K	U	O	I	J	F	L
I	F	J	L	G	K	M	U	O
U	L	O	M	J	F	K	I	G

— WRAP



CryptoQuip

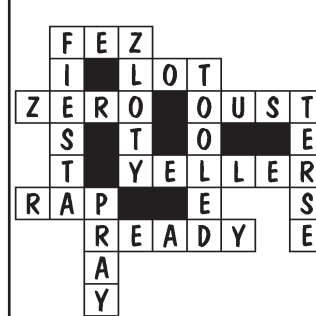
Wounded everywhere below my mouth, but not at all above, I suppose I was harmed to the teeth.

CryptoQuote

It is perhaps a more fortunate destiny to have a taste for collecting shells than to be born a millionaire.

— Robert Louis Stevenson

FEAR & A KNIGHT



Even Exchange

- answers
- Dover, Diver
 - Tamper, Temper
 - Badge, Barge
 - Saint, Faint
 - Parton, Pardon
 - Carve, Curve
 - Amble, Ample
 - Hilly, Holly
 - Squeal, Squeak
 - Throne, Throng

Weekly SUDOKU

Answer

5	3	4	6	1	9	8	7	2
2	7	1	4	5	8	3	6	9
9	6	8	7	3	2	1	4	5
7	5	3	1	8	4	9	2	6
8	1	2	5	9	6	7	3	4
6	4	9	3	2	7	5	8	1
3	2	5	8	6	1	4	9	7
1	9	7	2	4	3	6	5	8
4	8	6	9	7	5	2	1	3

King Crossword

Answers

Solution time: 21 mins.

A	F	T	G	A	E	L	S	T	O	W
S	O	W	A	B	B	O	T	A	G	E
P	O	O	L	T	A	B	L	E	B	L
I	H	N	A	P	P	L	E	S		
M	A	T	T	E	D	S	O	R	E	
I	R	A	R	O	B	N	O	T	E	S
F	I	L	L	N	O	S	M	A	R	E
F	A	K	I	R	Y	E	S	L	I	E
O	R	I	A	N	A	A	W	A	K	E
O	R	I	A	N	A	T	A	M		
W	A	R	D	I	R	T	Y	P	O	O
E	S	T	O	V	U	L	E	A	D	E
S	P	Y	M	E	T	E	D	R	A	G

The Garden Bug

The sap of the **giant hogweed** plant can cause severe skin and eye irritation, painful blistering, permanent scarring and blindness when combined with sunlight exposure. It is contacted by brushing against the bristles on the stem or breaking the stem or leaves. If you come in contact with the sap, wash it off as soon as possible with soap and water, and keep the affected skin hidden from sunlight for 48 hours. Giant hogweed is listed as a "noxious weed" by the US government.

— Brenda Weaver
Source: www.dec.ny.gov/wikipedia.org

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Stickeler's Puzzle

Below are three squeezer puzzles. Can you find the correct word to be placed in the middle of each to create two new words, one front-end, one back-end? Here's an example of how it works:

ever **G R E E N** horn

- guest _____ wares
- flood _____ spoken
- show _____ kick

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Stickeler's Answer on Page 11

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Estill Extension Service AGRICULTURE NEWS

Replacement Bred Heifer Sale

The East Kentucky Heifer Development Committee will be sponsoring its' eighteenth Replacement Bred Heifer Sale on Saturday, September 17, 2016 at the Lee City Stockyard. The sale will begin at 1:00pm. Inspection will begin at 12:00 noon. The Lee City Stockyard is located approx. 2 miles off the Mountain Parkway on Route 205 about 10 miles east of Campton in Wolfe County. There will be free delivery for purchases of 10 or more up to a 200 mile radius of Lee City.

There will be 85 bred heifers offered for sale and all qualify for CAIP funding. These heifers have been professionally developed in cooperation of local County Agents and UK Beef Specialist. Each heifer has been vaccinated against the respiratory disease complex, clostridial diseases, and reproductive diseases. Each heifer has been treated for internal and external parasites. Each heifer had to meet or exceed a pelvic area of 160 square centimeters. Pelvic Area was age adjusted to one year of age for all heifers. All heifers were tested and confirmed BVD persistent infection (PI) negative.

Most of the heifers will calve between early February and mid-March and all heifers are guaranteed bred for 60-days following the sale.

For more information about the sale or program you can contact Dr. Les Anderson at the University of Kentucky Animal Science Department (859) 257-2856, Larry Clay (606) 438-9914 or Charles May (606) 436-2044. All the data on the heifers is posted on the Perry County Extension web page (<http://ces.ca.uky.edu/perry>), click on the Agriculture and Natural Resources link). This sale can be viewed on www.cattlusa.com as well.

WANTED TO BUY

Your antiques and collectibles, furniture, glassware, crocks, jugs, quilts, post cards, military items, Civil War swords, Japanese swords, pocket knives, coins, jewelry, gold & silver scrap, pocket and wrist watches (working or not), cast iron toys & banks, cast iron skillets, hunting and fishing items, lawn mowers, marbles, etc.

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- ✓ Knives
- ✓ Furniture
- ✓ And Much More!

Bible Trivia Answers

Casey's trivia book "Know It? ... or Not?" is available from BearManorMedia.com

ANSWERS: (1) Old; (2) On a donkey; (3) Isiah; (4) Brother; (5) Phillip; (6) 666