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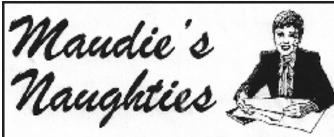
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Military Defense

During a practical exercise at a military police base the instructor is giving the class instruction in unarmed selfdefense. After he presents a number of different situations in which they might find themselves, he asks a student, 'What steps would you take if someone were coming at you with a large, sharp knife?"

The student replies, "BIG ones."

Diagnosis of Histerical

The psychology instructor has just finished a lecture on mental health and is giving an oral test. Speaking specifically about manic depression, she asks, "How would you diagnose a patient who walks back and forth screaming at the top of his lungs one minute, then sits in a chair weeping uncontrollably the next?"

A young man in the rear raises his hand and answers, 'He's probably a basketball coach"

Better Offers

An Employee goes to see his boss to ask for a raise Employee: Excuse me sir, may I talk to you? Boss: Sure, come on in. What can I do for you?

Employee: Well sir, as you know, I have been an employee of this prestigious firm for over ten years. I won't beat around the bush. Sir, I would like a raise. I currently have four companies after me and so I decided to talk to you first.

Boss: Taking into account these factors, and considering I don't want to start a brain drain, I'm willing to offer you a ten percent raise and an extra five days of vacation time. How does that sound? But before you go, just out of curiosity, what companies are after you? Employee: Oh, the Electric Company, Gas Company, Water Company and the Mortgage Company!



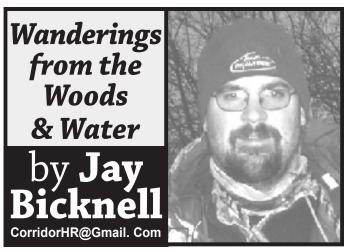
Letter to the Editor:

Something we should all be concerned about

Dear Editor:

There have been much talk about the radiation in the school in Irvine, Kentucky. uation at the landfill has not

any opinion from a student who goes to the schools that landfill across from both the are affected on the matter. I middle school and the high personally think that this sit-



9/11 Courage

It was early goose season and I killed a few geese. I made a great shot on one goose. I had a job interview for later that day. It was a great morning until I got home. I pulled in the driveway and my wife said a plane had hit the world trade center. A few minutes later she came out and said a second plane had hit. The courage the fire fighters, EMS, and police had that day. They were running into buildings on fire as other people ran out. They saved lives at the cost of their own life. What courage to put other lives above your life. The months that followed 9/11 the military was gearing up for a fight. What courage it takes to sign up to go fight for your country. What courage it takes to go around the world to fight an enemy that is so evil. I can remember for months after 9/11 everyone displayed our flag. There was no black, white, red, or yellow. It was just Americans it was just **RED WHITE and BLUE! It** was a wake up call from God to America. For a fleeting moment we did wake up. What happened? It is the San Francisco 49ers Colon Kaepernicks' right to sit for the National Anthem. It's the media's right to hold him up as a hero. It's also my right to criticize him. So if he is so oppressed, why not take his millions of dollars and donate it to a foundation that helps Veterans that give him that right. Why not donate his millions to a foundation that helps police that protect him because he doesn't stand for The National Anthem. He makes millions and gets touted as a hero for not

standing for our Anthem. Not standing for The Anthem takes ZERO courage. I've got friends that are battling all kinds of problems from combat deployments. I've got a cop buddy who blew his back out running down a belligerent drunk saying he was going to kill everyone. Now that's courage.

Where are you Men of Courage? Our country is be-

ing taken over by Political

has been proved to be an iles. This should be a "nopunishment should be given for this illegal dumping. I also hate to think of the futhe health hazards they may

surprise to me whatsoever

if there is a dramatic cancer

However there has not been been taken as seriously as increase in our community it should be. This radiation because of the radioactive being dumped at the landfill dumping at the landfill. One time my classmates and I legal action. However, the went on a walking field trip state attorney general has to the landfill to learn about refused to press any charg- how the landfill would "keep the environment brainer" as at least some clean, safe, and keep everyone healthy". How ironic can you possibly get? There is no definite proof at this ture generations that will be time to how long exactly the going to these schools, and illegal dumping has been going on-however knowing experience from leftover that we students could posradiation from the landfill- sible be in danger like that is right across the street from something we should all be the school. It would be no concerned about.

> Sincerely, Stephen D. McQueen



A Veterans Benefits Field Representative will be at the National Guard Armory, 335 Cow Creek Road, Ravenna, on Thursday, October 6th and normally the first Thursday of each month. The hours are 1:30 p.m. until 3:30 p.m.

Veterans and their dependants will receive assistance filing for Federal and state veterans benefits. This service is provided free of charge by the Kentucky Department of Veterans Affairs. To apply, veterans need to furnish copies of pertinent documentation to verify eligibility. For further information, please call toll free within Kentucky, 1-866-376-0308, to speak with a Veterans Benefits Field Representative.

Bubba Goes Hang Gliding

Bubba decides to save up and get a hang-glider.

He takes it upon Buffalo Point, and after struggling to the top, he gets ready to take flight. He takes off running and reaches the edge -- into the wind he goes, straight down Needmore Hollow!

Meanwhile, Ma and Pa are sitting on the porch swing talking about the good old days with Junior when Ma spots the biggest bird she ever seen!

"Look at the size of that bird, Pa!" she exclaims.

Pa raises up, "What's he carrying, Junior."

Junior jumps up and says, "That bird's got a hold of Bubba." He runs into the house, brings out his pump shotgun. He takes careful aim. BANG . . . BANG . . . BANG . . . BANG! The monster size bird continues to sail silently over the tree tops.

"I think you missed him, Junior," says Pa.

"Yeah," Junior replies, "But at least he let go of Bubba!" **Four Bones**

The body of any organization has four bones:

Wish bones, who spend all their time wishing someone else will do all the work; **Jaw Bones,** who do all the talking and very little else; Knuckle Bones, who knock everything that everybody else tries to do; and Back Bones, who get under the load and do all the work.

Memorial Stone

A woman is going up and down Needmore Hollow asking for money to pay for her late husband's funeral.

"I thought he left enough for a funeral and a stone," says Ma.

"He thought he did," says the woman. "But after I bought the stone, I didn't have enough left for the funeral."

"What kind of stone did you buy?" asks Ma.

"Three carats!"

Self Help

Mitzi goes to a self-help group. The instructor asks the group, "What do you want out of life?"

Mitzi says, "All I want out of life is four little animals". The instructor asks, "Really and what four little aninals would that be?"

Mitzi answers, "A mink on my back, a jaguar in the garage, a tiger in the bed, and a donkey to pay for all of it.'

Does It Exist?

An eccentric philosophy professor gives a one question final exam after a semester dealing with a broad array of topics.Leaning against his chair, he says "Using everything we have learned this semester, prove that this chair does not exist."

Fingers fly, erasers erase, notebooks are filled in furious fashion. Some students write over 30 pages in one hour, attempting to refute the existence of the chair. One member of the class however, is up and finished in less than a minute.

He writes, "What chair?"

Diabetes Prevention Program

partment

Have you recently been ries.

diagnosed with pre-diabetes, or think you are at risk of developing diabetes? We may be able to help! Call the health department today for more information about but you must be pre-regisour upcoming Diabetes Pre- tered by October 10th. Call vention Program class se- today to register! 723-5181.

Correctness. It's time to take a stand and have that 9/11 courage. It's time to draw a line in the stand and make a stand even if it costs you friends, family, job, or life. If we don't, we might as well be a prisoner.

My line is drawn and I am ready to stand with God. I draw courage from the all the people that gave all during that dreadful day 15 years ago. I draw courage from those guys who stormed the beaches. I draw courage from my new friend Russ who walked point every few days in Vietnam.

If God be for us, then who can be against us?

Until next week, get out and enjoy God's creation!



when they hatch. Host plants are E-mail: birdingbits@cfl.rr.com © 2016 King Features Syndicate, Inc.

South Irv We Sel SINCE 1869 PRODUCER EDS Feeds by Produce **Pet & Livestock Feed** Cracked Corn......50 Lbs. 40% Hog Supplement .50 Lbs. Pig & Show 18%50 Lbs. Starter & Grower.....25 Lbs. Starter & Grower.....25 Lbs. Mineral Block......50 Lbs. Fly Block..... Trace Mineral Salt....50 Lbs. Pride Dog Food50 Lbs. **Other Feeds Also Available**

Owlhead's Grocery South Irvine * Phone 723-7473 Donald & Katherine Dixon, Owners We're open until 10:00 p.m.

Caterpillar Host Plants Host plants are plants that caterpillars eat before they become

butterflies. For example, monarch butterflies will lay eggs on milkweed leaves so the caterpillars have something to eat important. Visit thebutterflysite. com for more information on what to plant.

Beginning: Monday, Oc-

Class is FREE to attend,

tober 17th, 5-6 p.m. at the

Estill County Health De-