



Times Remembered

Betty A. Young
BYoung505@Outlook.com

With Thanksgiving coming up next week, I've been planning what I will be cooking. Of course, I will have turkey, dressing or stuffing, depending whatever you call it.

Whatever you call it, this side dish has earned a permanent spot on the Thanksgiving table. I know it is my favorite.

Americans love it, the bread based dish, whether it's baked in a casserole dish, or stuffed inside the bird. I

Dressing or Stuffing?

use a dark metal antique bread pan than I inherited from my grandmother. My mom used it and I remember how delicious the dressing was from my childhood; and now I bake my dressing in it.

Holidays conjure up vivid memories of happy times, and food always played a role. Each year as I plan my Thanksgiving menu. I ask everyone what favorite foods they would like to see on the table. Colton loves turkey and Banana Pudding; Bob prefers Turkey and Gravy; he is the only one that doesn't like dressing. Steve loves dressing; it's his favorite side dish and he has requested my homemade butterscotch pies this year. Tara and I just like it all.

My Southern style cornbread dressing ... the kind Grandmother and Mother used to make, always outranked the turkey. I never vary from the recipe, they like it so well.

Classic Southern Cornbread Dressing:

I bake a small skillet of cornbread the day before I make my dressing. So ...

- 1 pan or skillet of cornbread, crumbled
 - 4 cooked, buttermilk biscuits, crumbled
 - 1 teaspoon salt
 - 1 teaspoon finely chopped sage, (use more if desired)
 - 1 teaspoon pepper
 - 3 eggs, beaten
 - 1 medium onion, diced
 - 3 stalks, diced
 - ½ cup fresh chopped parsley
 - ½ cup (1 stick butter), melted
 - 2 cans (10 ¾ ounces each) each cream of chicken soup
 - 6 cups chicken broth
- Preheat oven to 350 degrees F.
Grease 9x13 pan and set aside.

Combine all ingredients in large bowl and mix well.

Spread into prepared dish, and bake for about 45 minutes, or until center is set, and top is brown.

Trip to outhouse ends with unexpected dip in the well



America's Heartland

Roger Alford
RogerAlford1@GMail.Com

The late woodsman Harvey Carr told about his city slicker friend who came to visit him one night at his home in the upper Adirondacks.

After a while, the city slicker needed to use the restroom. Harvey handed him a flashlight, pointed to the path that led to the outhouse, and sent him on the way.

After about a half hour, Harvey got worried about his city friend and went to check on him. Finding that he wasn't in the outhouse, Harvey walked farther down the trail and heard a faint cry for help that sounded like it was coming from the well.

Harvey looked down into the well, and, sure enough, the city slicker was in there sloshing around.

"You OK?" Harvey called out.

"I am for now, but for goodness sakes, don't flush this thing until I get out of here."

Harvey made quite a name for himself by telling such funny tales, and a college professor has preserved many of them in a book that was published locally. While we can't help but laugh at that city slicker, we'd also agree that being stuck is a well certainly isn't a laughing matter.

The Old Testament prophet Jeremiah once found himself in the bottom of a well, put there by men who were angered by his preaching. When people aren't right with God, preaching will almost always either make them mad or move them to repentance.

The well Jeremiah was put in had no water in it, only mud, and Jeremiah sank down into the mud. When a servant in the King's palace heard what had happened to Jeremiah, he intervened, going to the king to ask that he be rescued.

The king sent 30 men with that servant to pull Jeremiah out of that well. Did you get that? A servant recognized that Jeremiah was in a terrible fix and intervened on his behalf by boldly going to king to plead for his rescue.

We all likely know people who, in a spiritual sense, are in the midst of bad circumstances and need someone to come alongside them. What we should do is exactly what that servant did for Jeremiah: Go to our King, Jesus, and ask Him to intervene.

There's a great church hymn titled Jesus Saves.

"We have heard the joyful sound: Jesus saves! Jesus saves! Spread the tidings all around: Jesus saves! Jesus saves!"

The Bible tells us there is salvation in no one else.

"There is no other name under heaven given among men by which we must be saved" (Acts 4:12).

You may be familiar with the psalmist who said: "He brought me up out of an horrible pit, out of the miry clay, and set my feet upon a rock" (Psalm 40:2).

If any of us, like that city slicker, ever get stuck in a spiritual pit, you can rest assured that you have friend in Jesus who stands ready to deliver you.

Roger Alford offers words of encouragement to residents of America's heartland. Reach him at rogeralford1@gmail.com.

ESTILL LIBRARY BOOKMOBILE SCHEDULE

246 Main Street Irvine, KY – Call 723-3030

NOVEMBER 20-24, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Richmond Rd. Northwood Crestview Ct. Wall Street	Race Track Rd. Harris Ferry Cressy Stacy Lane	Wisemantown Station Camp Red Lick Crooked Creek	No Bookmobile Service	No Bookmobile Service

"Mommie & Me" and Storytime Wednesdays, 10:00 a.m. & Fridays, 10:30 a.m.

Breakfast and Lunch Menus

Monday, Nov. 20
South Irvine Breakfast
Yogurt, Animal Crackers, Fruit, and Milk.

South Irvine Lunch
Pizza, Corn, Fruit, and Milk.

Estill Springs Breakfast
Toast, Cinn. Toast Crunch, Pears, Asst. Juice, and Milk.

Estill Springs Lunch
Chicken Nuggets, Roll, Green Beans, Mashed Potatoes, Apple, BBQ Sauce/Ketchup, and Milk.

West Irvine Breakfast
Breakfast or Pizza, Cinnamon Toast Crunch, Pineapple Tidbits, Juice, and Milk.

West Irvine Lunch
Bologna and Cheese Sandwich, Pork & Beans, Potato Smiles, Applesauce, and Milk.

ECMS Breakfast
Breakfast Pizza, Fruit Loops, Pop Tart, Apples, Assorted Juice, and Milk.

ECMS Lunch
Chicken Nuggets w/Tex-

as Toast, Mashed Potatoes, Glazed Carrots, Apples, Tropical Fruit, Milk/Juice.

ECHS Breakfast
Cereal, Pop Tarts, Yogurt, Oranges/Apples, Juice, and Milk.

ECHS Lunch
Hamburger on Bun, Mini Corn Dogs, Lettuce, Tomato, Pickles, Potato Wedges, Baked Beans, Grapes, Tropical Fruit, and Milk/Juice.

Tuesday, Nov. 21
South Irvine Breakfast
Muffins, Peach Cup, and Milk.

South Irvine Lunch
Turkey and Dressing, Gravy, Roll, Mashed Potatoes, Green Beans, Cooked Apples, Ice Cream, and Milk.

Estill Springs Breakfast
Pancake Porky/Syrup or Cocoa Puffs, Graham Snacks, Apple, Asst. Juice, and Milk.

Estill Springs Lunch
Fiestada Pizza, Corn, Grape Tomatoes/Dip, Pine-

apple, and Milk.

West Irvine Breakfast
Mini Maple Pancakes or Yogurt, Cheese, Crackers, or Cocoa Puffs, Apple, Juice, and Milk.

West Irvine Lunch
Chicken Tenders/Roll, Mashed Potatoes, Green Beans, Peaches, and Milk.

ECMS Breakfast
Sausage and Biscuit, Lucky Charms, Pop Tart, Pineapples, Assorted Juice, and Milk.

ECMS Lunch
Pepperoni Pizza, Taco Snax, Garden Salad, Corn, Pineapples, Side Kicks, and Milk/Juice.

ECHS Breakfast
Muffins, Cereal, Pop Tarts, Yogurt, Oranges/Apples, Juice, and Milk.

ECHS Lunch
Hot Ham and Cheese, Grilled Chicken on bun, Lettuce, Tomato, Pickles, Carrot Sticks, Baby Bakers, Side Kicks, Applesauce, and Milk/Juice.

top ten

Worst Rx Drug Side Effects

1. Death
2. Suicide
3. Cancer, stroke, dementia
4. Shrunken testicles
5. Amnesia
6. Hallucinations
7. Pregnancy
8. Enlarged breasts (men)
9. Coughing up blood
10. Loss of smell, taste

Source: www.jotterofarotter.com

Walk-in care

Mercy Primary Care — Irvine offers Friday evening and weekend hours with no appointment needed.

When you're not feeling well, you can get fast, convenient medical care outside of normal business hours —without the cost of an urgent treatment center or emergency room co-pay.

The clinic is open to the community (ages two and up), no matter who your family doctor is.

No appointment needed for treatment of many illnesses and injuries, including:

- Colds and flu
- Ear, throat and sinus infections
- Rashes and poison ivy
- Nausea and vomiting
- Flu shots
- Bronchitis, pneumonia and asthma
- Urinary tract infections
- Sports, school and camp physicals

HOURS: Fri. 4-9 p.m.
Sat. 8 a.m.-6 p.m. | Sun. 10 a.m.-5 p.m.



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For more information, call 606-723-7771 or visit mercy.com/irvine

Light Up Rivertown

WHEN: Saturday, November 18th, 2017

***SET UP: 8 am**

***SHOPPING HOURS: 9 am – 5 pm**

WHERE: Estill County Courthouse

WHAT: Come join us at Light Up Rivertown on November 18th at the Estill County Courthouse for crafts, food and more!

If you or someone you know would be interested in setting up a booth, please contact Paula Short at paula.short@estill.kyschools.us or call (606) 723-3537 and ask for Paula Short.