



2017 ESTILL COUNTY MARCHING ENGINEERS



2017 ESTILL COUNTY ENGINEERS BOYS SOCCER

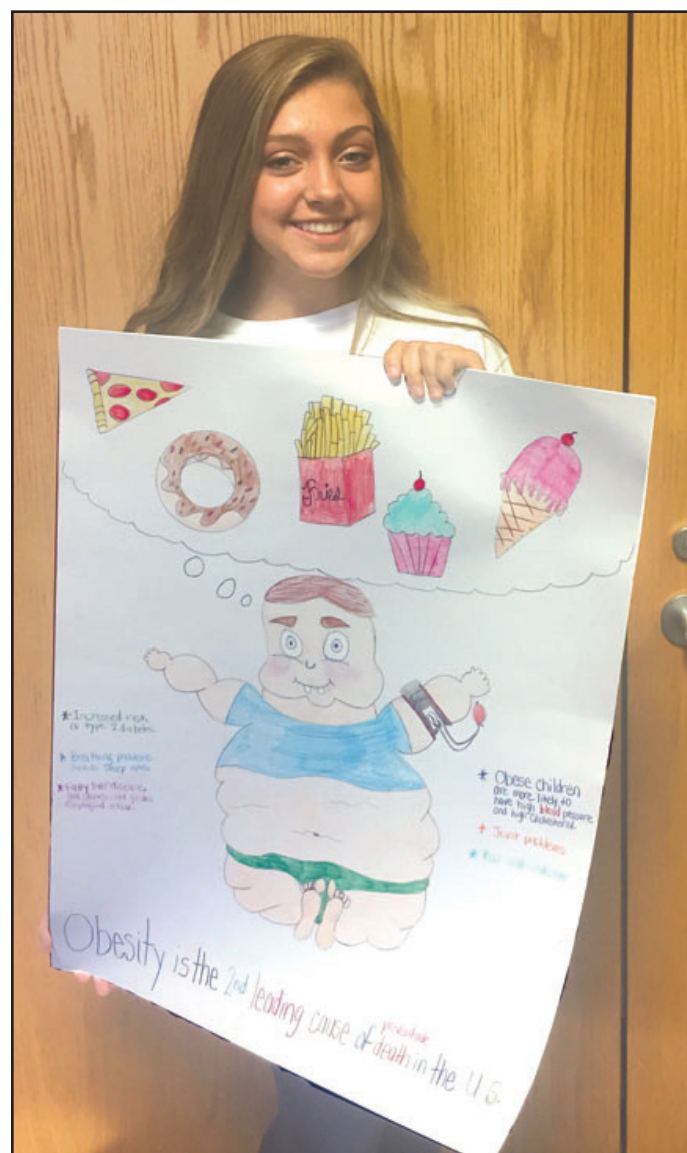
Left to right, front: Cole Willis, Brandon Vanderpool, Rafe Harrison, Hunter Woolery, Nick Hug, Jon O'Hair, Connor Hall, Chase Muncie, Dustin Beeler, Matthew Woolery, Ethan Isaacs. Back: Head Coach Andrew Hatton, Andrew Chaney, Andy Davis, Tyler Sutter, Andrew Samples, Connor Harlow, Matt Rowland, Charles Asher, Brennan Rogers, Justin Rison, Jakolbi Crowe, Wes Phillips and Assistant Coach Ryan Sutter.

Kyra Farthing wins ECMS Youth Services Center poster contest

In the past four decades, obesity rates in the United States have soared among all age groups. This rise in obesity rates has affected our youth in alarming fashion. Childhood obesity has increased more than four-fold among those ages 6 to 11. More than 23 million children and teenagers in the United States ages 2 to 19 are obese or overweight, a statistic that health and medical experts consider an epidemic. And this epidemic puts nearly one third of America's children at early risk for Type 2 diabetes, high blood pressure, heart disease and even stroke – conditions usually associated with adulthood. Even greater disparities exist among young Hispanics and children of color.

To help keep our community healthy, the ECMS Youth Services Center is proudly participating in National Childhood Obesity Awareness Month.

In recognition of this month, the Youth Services Center is sponsoring a poster contest at ECMS. All students were encouraged to participate in the contest.



ECMS Poster Contest Winner

Kyra Farthing, 8th grade, was the winner of the poster contest sponsored by the Youth Services Center at ECMS.

It's not too late for our children. Every September, National Childhood Obesity Awareness Month (COAM), gives elected officials, educators, physicians, and you the opportunity to take a stand and fight childhood obesity. This year, there are dozens of ways you can help bring the message back to your state, city, workplace, home and school.

Just as we all own the problem of childhood obesity, we must all be part of the solution. There are as many approaches as there are communities, partner organizations and advocates.



2017 ENGINEERS SOCCER SENIORS

Left to right, front: Brennon Rogers, Connor Harlow, and Jakolbi Crowe.

HELPING HANDS OUTREACH AND WESTCARE PRESENT

DRUG MARCH / RESOURCE FAIR

**RENEWAL
REVIVAL
RECOVERY**

**HOPE
HELP
HEALING**

SATURDAY SEPTEMBER 23rd, 2017
ESTILL COUNTY FAIRGROUNDS
9 AM to 2 PM

SPONSORED BY
Kentucky River Foothills Head Start and
the Agency for Substance Abuse Prevention

Helping Hands Outreach has been reaching out to the community for more than seven years to provide services in our community. Primarily, Helping Hands has focused on needs of families pertaining to food, shelter, and clothing. For our annual event this year, Helping Hands Outreach and Westcare have partnered together to present the Estill County Drug March and Community Resource Fair. Our partnership will allow us to help address additional issues related to substance abuse and recovery.

We want to thank the Agency for Substance Abuse Prevention (ASAP) and Kentucky River Foothills Head Start for their compassion and generosity in sponsoring this event. They, along with WestCare and other local community organizations are assisting Helping Hands in bridging gaps to build stronger families and communities.

This event is ENTIRELY FREE to the community and includes free food, kids inflatables, many local organizations presenting the resources they provide to the community, and special guest speaker former football player Jared Thomas as he shares his story of addiction, recovery, and career as a substance abuse counselor.

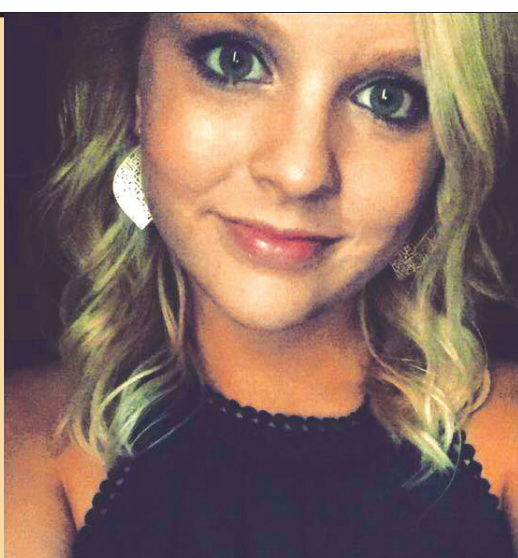
Drug March is at 10 am, Jared will speak at 11 and the event will close at 2 pm. We welcome you to join us to find a resource, or share the services your group provides to the community. If you are interested in sharing your services, please visit Helping Hands Outreach FB page for vendor registration. You may also call 606-975-3775.

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