

# Community News

Mail announcements to The Estill Tribune, 6135 Winchester Road, Irvine, KY 40336 Call (606) 723-5012; Fax to (606) 723-2743; or E-mail it to <News@EstillTribune.Com>

**Mondays & Wednesdays - 10-11am**

## Body Fitness Exercise Class

A body fitness exercise class is conducted by Sister Loretta Spotila, RN, each Monday and Wednesday morning, 10-11 a.m., at the Estill County Extension Office on Golden Court, off Stacy Lane Road. The exercises are helpful for

persons with arthritis, asthma, and difficulty moving. Gentle exercise and movement builds strength and flexibility.

Donation is \$3.00 per class. Contact Sister Loretta at (606) 723-8505 for more information.

**Wednesdays, now at 5:30pm**

## Beginner Yoga at Marcum-Wallace

Beginner Yoga class at Marcum & Wallace Hospital is held in the Mercy Room each Wednesday from 5:30 to 6:30 p.m. with instructor Laritza Gomez. The cost is one non-perishable food item for Helping Hands Outreach Ministry.

Bring your own yoga mat. The instructor will guide the class through basic poses focused on relaxation, building core strength and flexibility. For class updates, please check the Marcum & Wallace Hospital Facebook page.

**Thursday, October 11th @ 5:30pm**

## Kiwanis Club of Irvine-Ravenna

The Kiwanis Club of Irvine-Ravenna will meet Thursday, October 11, 2018 at 5:30 p.m. at Steam Engine Pizza on Main Street in Irvine. New officers will be installed and awards given for the 2017-18 club year.

beside Citizens Guaranty Bank, Railroad Festival, and Estill County Youth Soccer.

Service is at the heart of every Kiwanis Club, no matter where in the 80 nations where Kiwanis Clubs are located. Members focus on changing the world by serving children, one child and one community at a time.

**Every Thursday @ 6:00pm**

## Celebrate Recovery Meetings

Celebrate Recovery meets every Thursday at 6:00 p.m. at Providence Baptist Church fellowship hall, 1115 Winston Road in Irvine.

Everyone is welcome to attend it is a Christ-centered, 12-step recovery program for anyone struggling with hurt, pain or addiction of any kind.

**Thursdays at 7pm**

## Estill County Community Chorus

The Estill County Community Chorus will be practicing this Thursday, October 11, 2018, starting at 7:00 p.m. at the Irvine United Methodist Church, 243 Main Street.

chorus director.

The Chorus will be performing the annual Christmas Concert on Sunday, December 2, 2018, at 3:00 p.m.

For more information, see Facebook or contact Robin Reed (606) 723-4678 or Debbie Carlyle at (606) 531-0465.

**Friday, November 2nd @ 9am**

## Retired Co. C Guard Breakfast

Attention: All retired and former National Guard members of Charlie Company 1/149th, there will be a breakfast at Cracker Barrel, in Rich-

mond, on Friday, November 2nd and on the first Friday of each month at 9 a.m.

All are invited and welcome. Hope to see you there!

**Fridays, 6-8pm at the Estill Library**

## Estill Appalachian Dulcimers

The Estill County Appalachian Dulcimer Club will meet every Friday from 6 to 8 p.m. at the Estill County Library, 246 Main Street, Irvine, for anyone who plays an Appa-

lachian Dulcimer. Or anyone who is interested is playing one is welcome to attend.

The Appalachian Dulcimer was designated as the official state instrument of Kentucky.

**Saturday, October 13th @ 11:00am**

## Ostomy Support Group Meets

An Ostomy Support Group that is open to the public will be meeting in the Estill County Public Library meeting room at 11:00 a.m. on Saturday, October 13, 2018. Learn how to troubleshoot leaks. Come and join us.

met someone with an ostomy but never knew it. Support groups and organizations can help you find the answers you need as you begin your "new normal" life and can connect you to resources to help ease the physical and emotional changes ahead. After recovery and finding the right pouching system to fit your body, you should expect to resume an active life in work, play, and with family and friends.

For more information, contact Karen Townsend at (606) 723-0201.

Nearly a million people in the United States of all ages have had a life-saving ostomy surgery for a wide variety of reasons and most go on to live active and healthy lives. You have very likely already

Remember your ostomy can bring order out of a disorder that could have disrupted or ended your life.

**Saturday, October 13th @ 12:00 Noon**

## 60-Year Class of 1958 Reunion

Wow! The 60-year class reunion of the Estill County High School class of 1958 will be held on Saturday, October 13, 2018, 12:00 Noon until ??? at Michael's Restau-

rant in Ravenna.

For more information, contact Onnaleen Hicks Muncie at (606) 723-2549 or Hallie Park Harris at (606) 723-2762.

**Tuesday, October 16th @ 6:30pm**

## Estill County Lions Club

The Estill County Lions Club will meet Tuesday, October 16th, and on the first and third Tuesday of every month at Hardee's of Irvine on Richmond Road. The meet-

ing begins at 6:30 p.m. Come earlier if you want to eat. Estill County Lions Club is part of Lions Club International, with 1.35 million members in 205 countries around the world.

**Tuesday, October 16th @ 6:30pm**

## Estill County Arts Council

The monthly meeting of the Estill Arts Council will be held at the Estill County Public Library meeting room at 6:30 p.m. on Tuesday, October 16th.

library to the meeting room, we will meet at Irvine United Methodist Church across the street from the library.

If the Pickin in the Park concert must move inside the

Watch your email and Facebook for updates. All current and prospective members are invited to attend.

**Monday, October 22nd @ 6:30pm**

## Democrat Executive Committee

The Estill County Democrat Executive Committee will be meeting Oct. 22, 2018 at 6:30 p.m., and the 4th Monday of every month at the Estill

County Public Library, 246 Main Street.

For additional information you can email [Estillcountydemocrats@gmail.com](mailto:Estillcountydemocrats@gmail.com).

**Tuesday, October 23rd @ 5:30pm**

## Ladies Night Out for Breast Cancer Awareness

Marcum & Wallace Hospital and Mercy Primary Care-Irvine will be hosting a "Ladies Night Out for Breast Cancer Awareness" on Tuesday, October 23, 2018 at 5:30 p.m. at Calvary Baptist Church, 21 Glory Street in West Irvine.

APRN, and Sharon Whitaker, Director of Radiology.

Please sign up by Friday, October 19th by call (606) 726-2106, option 2.

Join in for a free dinner and presentation by Billie Kelley,

All women who attend will receive a free dinner gift and door prize chance.

October is Breast Cancer Awareness Month.

**November 2nd and 4th**

## "Tuna Christmas" by RCP

Kick off your holiday season by supporting your home town community theater group! Mark your calendars now to come out for some genuine belly laughs during River City Players' production of Tuna Christmas, a hilarious comedy about the eccentric inhabitants of Tuna, TX (population 24).

There will be two performances: Friday, November 2 at 7 p.m., and Sunday, November 4 at 3 p.m.

Tickets are \$10 for adults, \$5 for ages 6-18 and free for ages 5 and under.

Call 606-723-5755 or 502-810-7668 for more information.

**Tuesday, November 11th @ 5:30pm**


## Estill Democrat Women's Club

Estill County Democrat Women's Club will meet Tuesday, November 11th and the second Tuesday of each

month at the Estill County Golf Club from 5:30-7 p.m.

Come, join us. Together we can make a difference.

Visit Our Website At <[EstillTribune.Com](http://EstillTribune.Com)>



The Veterans Benefits Field Representative will be at the **Estill County Public Library**, 246 Main Street in Irvine, on Thursday, October 4th and normally the first Thursday of each month. The hours are 1:30 p.m. until 3:30 p.m.

Veterans and their dependants will receive assistance filing for Federal and State veterans benefits. This service is provided free of charge by the Kentucky Department of Veterans Affairs. To apply, veterans need to furnish copies of pertinent documentation to verify eligibility. For further information, please call toll free within Kentucky, 1-866-376-0308, to speak with a Veterans Benefits Field Representative.

**Jimmie L. Johnson, DMD, PSC**


**Family Dentistry**

**87 Wildwood Place (off Court St.)  
Irvine, Kentucky  
(606) 723-3213**

**VOTE** ✓

**FELICIA**

**FIKE CAMPBELL**



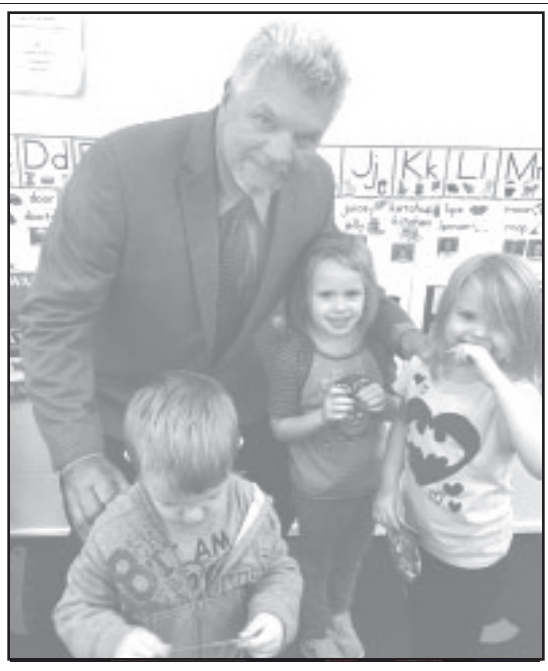
**ESTILL COUNTY CLERK**

I HAVE WORKED IN THE ESTILL COUNTY SCHOOL SYSTEM FOR 29 YEARS AS THE SECRETARY TO THE SUPERINTENDENT. MY UNIQUE EXPERIENCE AND QUALIFICATIONS WILL CROSSWALK PERFECTLY INTO THE DUTIES OF COUNTY CLERK. I PROMISE TO SERVE WITH *KINDNESS, INTEGRITY AND PROFESSIONALISM* ON A DAILY BASIS IF GIVEN THE OPPORTUNITY TO SERVE THE PEOPLE OF ESTILL COUNTY AND WOULD LOVE TO HAVE YOUR VOTE THIS NOVEMBER.

EVERY VOTE COUNTS!


PAID FOR BY FELICIA FIKE CAMPBELL

PARENTS OF ESTILL COUNTY




PROTECT YOUR CHILD'S FUTURE & PROTECT OUR PUBLIC SCHOOLS

Vote and Elect



Cluster Howard



State Representative 91st District

Past Dean of Students, Present Professor of Health & Wellness @ Hazard Community and Technical College

Paid for by the Cluster Howard Campaign