

# Community News

Mail announcements to The Estill Tribune, 6135 Winchester Road, Irvine, KY 40336 Call (606) 723-5012; Fax to (606) 723-2743; or E-mail it to <News@EstillTribune.Com>

**Mondays & Wednesdays - 10-11am**

## Body Fitness Exercise Class

A body fitness exercise class is conducted by Sister Loretta Spotila, RN, each Monday and Wednesday morning, 10-11 a.m., at the Estill County Extension Office on Golden Court, off Stacy Lane Road. The exercises are helpful for persons with arthritis, asthma, and difficulty moving. Gentle exercise and movement builds strength and flexibility. Donation is \$3.00 per class. Contact Sister Loretta at (606) 723-8505 for more information.

**Wednesdays, now at 5:30pm**

## Beginner Yoga at Marcum-Wallace

Beginner Yoga class at Marcum & Wallace Hospital is held in the Mercy Room each Wednesday from 5:30 to 6:30 p.m. with instructor Laritza Gomez. The cost is one non-perishable food item for Helping Hands Outreach Ministry. Bring your own yoga mat. The instructor will guide the class through basic poses focused on relaxation, building core strength and flexibility. For class updates, please check the Marcum & Wallace Hospital Facebook page.

**Thursday, October 4th @ 5:30pm**

## Kiwanis Club of Irvine-Ravenna

The Kiwanis Club of Irvine-Ravenna will meet Thursday, October 4 at 5:30 p.m. at Steam Engine Pizza. James Gross, Mayor of Irvine, will be the speaker. Members will be making plans for the annual TV-Radio Auction to be held Saturday, October 6 at the Estill County Middle School. The auction will begin at 9 a.m. Anyone wishing to attend the auction is welcome to come, get a number, and make bids on the different lots on site. Persons dedicated to improving the world one child and one community at a time are welcome to become members. Our community is

**Thur., Fri., Sat., October 4-6**

## Yard Sale at Trapp School

Ladies Veterans Connect will be having a Yard Sale, Thursday, Friday & Saturday, October 4-6, 2018, 8-6 p.m. except 8-3 p.m. on Saturday, at the former Trapp School building, 11400 Irvine Road in Clark County. Anyone interested in setting up a table to sell items, space is available on Friday and Saturday for \$20.00 per day! Proceeds will benefit homeless lady veterans at the school through Lady Veterans Connect. For more information, call (859) 314-4325 or email <info@LadyVeteransConnect.Org>.

**Thursdays at 7pm**

## Estill County Community Chorus

The Estill County Community Chorus will be practicing this Thursday, September 27, 2018, starting at 7:00 p.m. at the Irvine United Methodist Church, 243 Main Street. The Chorus will be practicing every Thursday from 7-8 p.m. except Thanksgiving. Dr. Rose D. Daniels is the chorus director. The Chorus will be performing the annual Christmas Concert on Sunday, December 2, 2018, at 3:00 p.m. For more information, see Facebook or contact Robin Reed (606) 723-4678 or Debbie Carlyle at (606) 531-0465.

**Friday, October 5th @ 9am**

## Retired Co. C Guard Breakfast

Attention: All retired and former National Guard members of Charlie Company 1/149th, there will be a breakfast at Cracker Barrel, in Richmond, on Friday, October 5th and on the first Friday of each month at 9 a.m. All are invited and welcome. Hope to see you there!

**Friday, October 5th - 10am-4pm**

## Retired Teachers Food Drive

The Estill County Retired Teachers will be having a Food Drive at the Save-A-Lot Store in West Irvine Plaza, Friday, October 5th from 10:00 a.m. until 4:00 p.m. to benefit the Estill County Food Bank. Teachers, call Mr. Smith if you want to help, and come by and donate.

Visit Our Website At <EstillTribune.Com>

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**Fridays, 6-8pm at the Estill Library**

## Estill Appalachian Dulcimers

The Estill County Appalachian Dulcimer Club will meet every Friday from 6 to 8 p.m. at the Estill County Library, 246 Main Street, Irvine, for anyone who plays an Appalachian Dulcimer. Or anyone who is interested is playing one is welcome to attend. The Appalachian Dulcimer was designated as the official state instrument of Kentucky.

**Friday, October 5th**

## Register for Hospice Care Plus Event

October 5, 2018 is Resurrection Deadline for A Decade of Compassion Celebration: The 10th anniversary celebration for the Hospice Care Plus Compassionate Care Center is October 13. The event includes dinner, live music, a live auction, luminary lighting, special tributes, and much more, all on the Center's grounds at 350 Isaacs Lane, Richmond. To reserve tickets or for more information, contact Jill at 859-302-2688 or hospice@hospicecp.org.

**Saturday, October 6th - 7:30-2:30**

## St. Elizabeth Basement Sale

St. Elizabeth Catholic Church, 322 5th Street in Ravenna, will be having a basement sale on Saturday, October 6, 2018, 7:30 a.m. through 2:30 p.m. There will be lots of good children clothing along with other family clothing, household items and much more.

**Saturday, October 6th**

## 17th Kiwanis Annual Auction

The Kiwanis Club of Irvine-Ravenna has released the date for its 17th annual Radio and TV auction. It will be held Saturday, October 6th 2018 at the Estill County Middle School. As we approach this year's auction, the club wishes to extend a sincere "thank you" to the people of Estill County for the manner in which you have so generously supported

our auction. The funds from last year's auction have allowed the club, in its current fiscal year, to invest almost \$15,000 in a variety of programs that serve the people of Estill county. To continue this level of support we need your continued help, so please circle October 6th, 2017 on your calendar and look for more information about the auction in the coming weeks.

**Saturday, October 6th @ 5pm.**

## 40 & 8 Member Appreciation Meal

40 & 8 and American Legion Post 79 are having a Member Appreciation Day on Saturday, October 6, 2018, with a Pig Roast and Fixins'. All members, family, and guests are welcome. Dinner will be served at 5 p.m. There will be dancing from 8 p.m. to midnight. SOL Band will be playing. Admission is \$5 at the door.

**Monday, October 8th @ 1:30pm**

## Candidates Meet With Teachers

Estill County Retired Teachers will meet Monday, October 8 at 1:30 p.m. at the public library's meeting room. Both candidates, incumbent Toby Hearld and Cluster Howard for representative from the 91st district have been invited to speak. Good opportunity to hear what they have to say.

**Tuesday, October 9th @ 11:30am**

## GTE/Sylvania/Osram Retirees

Winchester GTE/Sylvania/Osram/UAW retirees will gather at 11:30 a.m., Tuesday, October 9, 2018 for lunch at the lodge in Natural Bridge State Park. All Winchester Sylvania retirees and former employees are welcome to join us!

**Tuesday, October 9th @ 5:30pm**

## Estill Democrat Women's Club

Estill County Democrat Women's Club will meet Tuesday, October 9th and the second Tuesday of each month at the Estill County Golf Club from 5:30-7 p.m. Come, join us. Together we can make a difference.

**Saturday, October 13th @ 11:00am**

## Ostomy Support Group Meets

An Ostomy Support Group that is open to the public will be meeting in the Estill County Public Library meeting room at 11:00 a.m. on Saturday, October 13, 2018. Learn how to troubleshoot leaks. Come and join us. For more information, contact Karen Townsend at (606) 723-0201. Nearly a million people in the United States of all ages have had a life-saving ostomy surgery for a wide variety of reasons and most go on to live active and healthy lives. You have very likely already met someone with an ostomy but never knew it. Support groups and organizations can help you find the answers you need as you begin your "new normal" life and can connect you to resources to help ease the physical and emotional changes ahead. After recovery and finding the right pouching system to fit your body, you should expect to resume an active life in work, play, and with family and friends. Remember your ostomy can bring order out of a disorder that could have disrupted or ended your life.

**Saturday, October 13th @ 12:00 Noon**

## 60-Year Class of 1958 Reunion

Wow! The 60-year class reunion of the Estill County High School class of 1958 will be held on Saturday, October 13, 2018, 12:00 Noon until ??? at Michael's Restaurant in Ravenna. For more information, contact Onnaleen Hicks Muncie at (606) 723-2549 or Hallie Park Harris at (606) 723-2762.

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**Tuesday, October 16th @ 6:30pm**

## Estill County Lions Club

The Estill County Lions Club will meet Tuesday, October 16th, and on the first and third Tuesday of every month at Hardee's of Irvine on Richmond Road. The meeting begins at 6:30 p.m. Come earlier if you want to eat. Estill County Lions Club is part of Lions Club International, with 1.35 million members in 205 countries around the world.

**Monday, October 22nd @ 6:30pm**

## Democrat Executive Committee


The Estill County Democrat Executive Committee will be meeting Oct. 22, 2018 at 6:30 p.m., and the 4th Monday of every month at the Estill County Public Library, 246 Main Street. For additional information you can email Estillcountydemocrats@gmail.com.

**Tuesday, October 23rd @ 5:30pm**

## Ladies Night Out for Breast Cancer Awareness

Marcum & Wallace Hospital and Mercy Primary Care-Irvine will be hosting a "Ladies Night Out for Breast Cancer Awareness" on Tuesday, October 23, 2018 at 5:30 p.m. at Calvary Baptist Church, 21 Glory Street in West Irvine. Join in for a free dinner and presentation by Billie Kelley, APRN, and Sharon Whitaker, Director of Radiology. Please sign up by Friday, October 19th by call (606) 726-2106, option 2. All women who attend will receive a free dinner gift and door prize chance. October is Breast Cancer Awareness Month.

**TEACHERS & PUBLIC EMPLOYEES**  
 (ACTIVE & RETIRED)  
**UNITE**  
**FIGHT THE ATTACK ON**  
**PUBLIC EDUCATION & UNIONS**  
**Vote and Elect**

**Cluster**  **Howard**

**State Representative 91st District**  
 Past Dean of Students, Present Professor of Health & Wellness @ Hazard Community and Technical College

Paid for by the Cluster Howard Campaign