



Times Remembered Betty A. Young BYoung505@Outlook.com Autumn

Autumn is one of my favorite times of the year, followed by spring time. Many people love fall because of the bright blue weather and colorful leaves. The cool fall season invigorates me to clean, decorate and get ready for winter.

Yet as much as I would love to spend the afternoon basking in the last of the year's sunny warmth, I have plenty to do to prepare the house and yard for winter. No matter where you live, winter probably brings a fairly significant change in the climate, and homeowners have a long list of tasks to complete to winterize their homes.

We have three decks that need sealer every other year; this year was the year we were suppose apply sealer again. Well, guess what? It has rained so much this spring and summer that we haven't accomplished that task

yet. Then came the falling of the leaves; which will stick to the sealer. The next two days are supposed to be sunny and warmer; we are planning to accomplish the sealing of the decks then.

We always have the chore of leaves since we are surrounded by the woods. Bob chops them with the riding mower about every day and uses the leaf blower to clear all the decks.

Next comes the cleaning of the gutters. Since we live in the woods our gutters need cleaning about two or three weeks. With leaves falling now they could be cleaned every week. Having clean gutters not only makes your home look nicer, but it can help prevent the build-up of ice on the roof. Clean gutters decreases the risk of mold in the home.

We have the problem of water jumping off the tin roof and hitting the deck. When we built the house we should have installed larger gutters to carry the fast moving rain off of the tallest tin roof. Water moves faster on a tin roof thus knocking water onto the front porch.

One thing many people forget is to remove the water hose from the faucets that are outside. They definitely will freeze. I had this happen many years ago.

Check for air leaks. Now that the nights have cooled down, you can probably locate the drafts coming into your house. Find those leaks and add insulation or seal them

using weather-stripping, caulk or spray foam.

Be sure to check your furnace filters; if it looks dirty, definitely replace it. During the winter months I change my furnace filters every 6 weeks.

Don't forget to check smoke detectors and purchase carbon monoxide detectors. More fires occur in the winter, due to heating our homes. Always check and monitor heaters, fireplaces and furnaces. Get your chimneys cleaned. You probably haven't used your fireplace since last winter. Before use it, have it cleaned.

Insulate water pipes. If your pipes are not wrapped or your basement doesn't have a little heat, they can freeze. We have a large crawl space but surprisingly, it's very warm. The heat protects them from freezing. One thing you can do is let the cold water run, just a tiny stream prevents the water from freezing. Also leave the cabinet doors under the sink open to get heat to the pipes.

The thought of doing fall chores makes you groan. But if we don't do it now we might have to bundle up and take care of them after the snow starts flying; when the cold wind can make the tasks more difficult.

Adding insulation is one of the best ways to save energy all year long. During the winter months that extra insulation makes your house feel warmer. Also adding insulation to the attic can make a big difference too.

Library Happenings Estill Public Library by Shannon Horn

October 19th, 2018

Hello Everyone!

This is Shannon, the Children's Librarian at the Library. As Chelsea said in last week's paper I will be taking over for her for a little while. We have a lot going on at the library right now and we want to keep our readers updated. There are some great opportunities coming up within the next few weeks.

Adult Programs

Sandy Savage will be joining us for Crafternoon on Wednesday, Oct. 24th. This local artist always has creative activities for our patrons. If you are interested in attending, please give us a call at 723-3030 to sign up.

There are still a few Pickin' in the Park concerts left before we have a winter break. Troy Estes performed on October 23rd. Michael Stallings will be performing on Oct. 30th. Remember all of our concerts start at 6:30 p.m. If the weather remains chilly, the rest of the concerts will probably be held inside the library. However, if we have a mild day there may be the opportunity to host our final concerts in Rising Park. We are working on some November performances as well. Senora May will be with us November 13th. Remember to mark these down in your calendar. You won't want to miss them.

There is one more candidate forum that will be taking place this month. Our final forum will be on October 25th. It will be for the Magistrates and County Judge-Executive candidates. You are still able to submit questions. You can come into the library and submit a written question or you can go on our Facebook page and follow the link. If you can't attend in person you can tune in to WSKV 104.9FM or watch the Live Feed on our Facebook page. The forum begins at 6:00 p.m. at the Estill County High School. For more information call, 723-3030.

The new Adult Book Club book is ready to be checked out. It is called Looking for Me by Beth Hoffman. There is an audiobook available if you would be interested in that. New members are always welcome. The discussion sessions are on the first Tuesday of each month at 1:30PM at the Library.

Teen Programs

The Young Adult Book Club is open to any middle or high school student. Katelyn has been doing a really great job selecting books for the kids in attendance. They are currently reading The Hunger Games by Suzanne Collins. She and I have talked about the next book they are going to be reading and I am so excited, because it is one of my all-time favorite books.

Teen Game Night has been going well. I sat in last time and I must say it was entertaining. None of the kids knew how to play UNO

so I taught them the rules and we played a round. After we had a winner they all dubbed it the worst game of all time, but they said they loved every minute of it. Since I had them play a card game, I agreed to play a video game. I didn't very well, so one of the boys took over. If your teen would like to join us, we have all kinds of board games and video games. They may ride the bus to the library after school. Teen Game Night is at 3:30 every other Tuesday.

Our newest teen program is called Fandom Fridays. I was really impressed when we had five people show up for the very first program. We came up with a list of our favorite TV shows, movies, books, music and more, to help us plan future Fandom Friday programs. The second meeting we watched an episode of Doctor Who. On Friday, Oct. 26th we will be doing some fandom inspired crafts. This program takes place every Friday at 3:30.

Kids Programs

There has been a lot going on with the kids programming. Last Wednesday at Storytime we read a book called I'm Trying to Love Spiders. Considering I hate spiders of all sizes I believe that book was more for me than for the little kiddos - especially when the majority of them declared that they loved spiders. After we read our other stories we made our very own spider web Halloween decorations. We are going to be doing some more Halloween stuff. Our Halloween party for the Wednesday Storytime will be Oct. 31st and we will be dressing up.

Baby & Me has also been a lot of fun. This last week there were 12 babies and 12 adults present. We did a lot of singing and dancing. I selected a couple of our fall board books to read to them. There are several books available in the children's section about fall and Halloween. Our Baby & Me Halloween party will be on Friday, October 26th at 10:30.

LEGO Club is back in full swing. We had several kids show up to build this week. They always make awesome stuff, but the names they put with their creations are just as imaginative. If you come into the library, their LEGO creations are always in the display case by the front desk. LEGO Club is for children 6-12 years old.

Our Homeschool Enrichment Program will be meeting this week on Thursday. We will doing some engineering activities as well as some art projects. We had a wonderful turnout at our last meeting and I would enjoy seeing everyone again. We will be starting at 1:00!

Nighttime Storytime is one of our newer programs. It is Thursday evenings at 5:30. It is right after LEGO Club. This is for children 0-5 years old. We do a lot of the same stories and songs that the Wednesday kids get to do. We have been having fun and we would love to have you there.

If you have any questions about what is going on at the library just give us a call at 723-3030.

ESTILL COUNTY SCHOOLS MENUS

Milk is included with every meal; plus assorted juices included with breakfast

MONDAY Oct. 29	TUESDAY Oct. 30	WEDNESDAY Oct. 31	THURSDAY Nov. 1	FRIDAY Nov. 2
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SOUTH IRVINE EARLY LEARNING CENTER BREAKFASTS

Sausage Biscuit Grapes Milk	Oatmeal and Toast Apples Milk	Maple Waffles Peaches Milk	Biscuit & Gravy Hash Browns Milk	Muffin Fruit Juice, Milk
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SOUTH IRVINE EARLY LEARNING CENTER LUNCHES

Chicken Nuggets Rolls, Green Beans Mashed Potatoes Pineapples	Turkey Sandwich Cauliflower Bites Strawberry Cups Milk	Chili w/Grilled Cheese Carrot Sticks Apple, Milk	Pizza Corn Apples Corn	Hot Dogs on Bun Tater Tots Mandarin Oaranges Milk
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ESTILL SPRINGS BREAKFASTS

Cinnamon Poptart Cocoa Puffs Pineapple Tidbits Asst. Juice Milk Choices	Pancake Porky/Syr- up or Cinn. Toast Crunch/Graham Snacks, Applesauce Asst. Juice, Milk	Yogurt/Cheese Sticks/Graham Snacks or Trix/Pop- tart, Mandarin Or- anges, Juice, Milk	Biscuit/Gravy/Sau- sage Pattie or Bis- cuit/Sausage Pattie Lucky Charms Pineapple Tidbits	Asst. Muffins/Fruit Loops Peaches Asst. Juice Milk
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ESTILL SPRINGS LUNCHES

Chicken Nuggets Roll, Green Beans Mashed Potatoes Apple Milk	Deli Turkey/Cheese/ Bun, Chips Pork 'n Beans Grape Tomatoes/Dip Peaches, Milk	Ravioli Texas Toast Steamed Broccoli Baby Carrots/Dip Pears, Milk	Pizza Hut Pizza Corn Romaine Salad/Ranch Orange Milk	Pizza Munchable Pepperoni/Loco Bread Mozz. Cheese Marinara, Raisins Baby Carrots/Dip
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WEST IRVINE BREAKFASTS

Breakfast Pizza or Cereal Applesauce Juice, Milk	Biscuit & Gravy or Cereal Grapes Juice, Milk	Mini Cinni Rolls or Donuts or Cereal Strawberry Cup Juice, Milk	Toast/Egg Omelet or Cereal Pineapple Tidbits Juice, Milk	Assorted Muffins or Cereal Apple Juice, Milk
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WEST IRVINE LUNCHES

Fried Chicken, Roll Mashed Potatoes Green Beans Apple Milk	Deli Turkey/Wrap Shredded Cheese Stir Fry Vegetables Broccoli/Dip Applesauce	Chili & Crackers Grilled Cheese 3/4 c. carrots/dip Fresh Oranges Milk	Hot Dogs/Bun French Fries Baked Beans Peaches Milk	Pizza Hut Pizza Corn Grape Tomatoes/Dip Apple, Milk Ice Cream
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ESTILL COUNTY MIDDLE SCHOOL BREAKFAST

Pancake Porky Mini Wheats, Cereal Bars, Poptarts Mixed Fruit	Oatmeal & Toast Cinn. Toast Crunch Cereal Bars Poptarts, Sidekick	Cream Cheese Ba- gels, Lucky Charms, Cereal Bars, Poptart Mandarin Oranges	Bacon, Egg & Cheese Biscuit Cinn. Chex, Poptarts Banana	Choc. or Cinn. Muf- fins, Cocoa Puffs Cereal Bars, Pop- tarts, Pineapples
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ESTILL COUNTY MIDDLE SCHOOL LUNCH

Chicken Tenders or Buffalo Tenders Mashed Potatoes Green Beans Mandarin Oranges Apples, Milk or Juice	Sausage Link Biscuit & Gravy Hash Brown Grape Tomatoes Cooked Apples Peaches	Pizza Hut Pizza Broccoli w/Dip Corn, Fudge Bar Mixed Fruit Pineapples Milk or Juice	Chicken Noodle Soup w/Grilled Cheese, Broccoli, Cauliflower, Carrot Sticks, Sidekicks Tropical Fruit	Fiestada Mexican Pizza or Taco Snax Garden Salad Carrot Sticks/Dip Mandarin Oranges Strawberry Cup
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ESTILL COUNTY HIGH SCHOOL BREAKFAST

Sausage, Egg, and Cheese Sliders, Cereal, Cereal Bars Pop Tarts, Donuts Apples or Oranges	Bacon, Egg, & Cheese Biscuit Pop Tarts, Yogurt Parfait, Donuts Apples or Oranges	Bacon, Egg, & Cheese Biscuit Pop Tarts, Yogurt Parfait, Donuts Apples or Oranges	Sausage Biscuit Pop Tarts, Yogurt Parfait, Donut Holes Oranges or Apples Juice, Milk	Eggstravaganza Wrap, Poptarts Cereal, Cereal Bars Mini Choc. Donuts Oranges or Apples
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ESTILL COUNTY HIGH SCHOOL LUNCH

Pepperoni Calzone Chicken Quesadilla Marinara Sauce Glazed Carrots Normandy Blend Tropical Fruit Sidekicks Juice/Asst. Milk	Hot Ham & Cheese Pizza Hut Pizza Tater Tots Baked Beans Strawberries Blueberry Apple- sauce, Juice Asst. Milk	Chicken Tenders w/ Roll, Spicy Chicken on Bun Mashed Potatoes Green Beans Pineapples Peaches Juice, Asst. Milk	Chef Bradley's Spaghetti, Breadstick Mr. Rib on Bun Garden Salad Corn, Pears Applesauce Juice, Asst. Milk	Asian Chicken, Roll Fish on Bun Egg Roll, Rice Stir Fry Vegetables Glazed Carrots Mandarin Oranges Pineapples Juice, Asst. Milk
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WIGWAM

Monday-Thursday, 7 am-9 pm
Friday & Saturday, 7 am-10 pm
Sunday, 8 am-9 pm

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Carry Out
Delivery

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Each Wednesday

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Breakfast or Dinner Anytime

Homemade Desserts

Bison