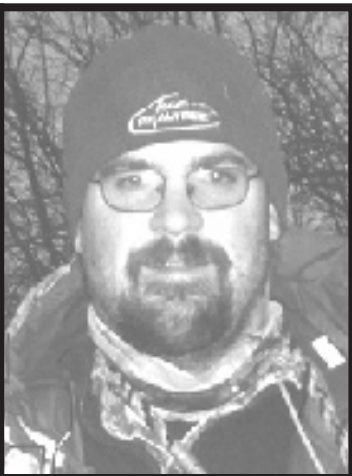


**Wanderings
from the
Woods
& Water**
by Jay
Bicknell
CorridorHR@Gmail. Com



Community News

Mail announcements to The Estill Tribune,
6135 Winchester Road, Irvine, KY 40336
Call (606) 723-5012; Fax to (606) 723-2743;
or E-mail it to <News@EstillTribune.Com>

Wednesday, Friday and Monday

Storytime - Preschool & Starrytime

Our regular preschool Storytime meet each Wednesday and Friday mornings from 10:30 to 11:30 a.m. Our letter of the week is T. We read, sing and do activities to help with socialization and school readiness for our younger children.

Starry Time Storytime meets each Monday from 5:00 to 6:00 p.m. This storytime is

designed for children that are already attending school and their families. It is a variation of our traditional storytime with activities for both the small and the tall. Ages 4 to 10 years is our usual group.

For more information contact Amy Hughes, Children's Librarian, at 723-3030 at the Estill County Public Library.

Wednesdays, now at 5:30pm

Beginner Yoga at Marcum-Wallace

Beginner Yoga class at Marcum & Wallace Hospital is held in the Mercy Room each Wednesday from 5:30 to 6:30 p.m. with instructor Laritza Gomez. The cost is one non-perishable food item for Helping Hands Outreach Ministry.

Bring your own yoga mat. The instructor will guide the class through basic poses focused on relaxation, building core strength and flexibility. For class updates, please check the Marcum & Wallace Hospital Facebook page.

Thursdays, 4-5pm at the Estill Library

Estill County Library's Lego Club

The Estill County Public Library hosts Lego Club each Thursday from 4 p.m. to 5 p.m. The suggested ages for this group is 6 to 12. Come build

with us!

For more information contact Amy Hughes, Children's Librarian, at 723-3030 at the Estill County Public Library.

Thursday, January 25th @ 5:30pm

Kiwanis Club of Irvine-Ravenna

The Kiwanis Club of Irvine - Ravenna will meet Thursday, January 25, 5:30 p.m., at Steam Engine Pizza.

A devotional will be given and members will be making plans for upcoming activities. Make a difference in the com-

munity by getting involved with the Kiwanis Club that has 95 years of service to our community.

New members are needed and welcomed. Anyone interested can contact any Kiwanis member.

Friday, February 2nd @ 5:30pm

Family Game Night at the Library

Looking for something inexpensive to do with the family? Family Game Night is held at the Estill County Public Library every Friday night at

5:30 p.m. Games are provided by the Library or you are welcome to bring a game to play. Children under 10 must be accompanied by an adult.

Friday, February 2nd @ 9am

Retired Co. C Guard Breakfast

Attention: All retired and former National Guard members of Charlie Company 1/149th, there will be a breakfast at Cracker Barrel, in Rich-

mond, on Friday, Feb. 2nd and on the first Friday of each month at 9 a.m.

All are invited and welcome. Hope to see you there!

Fridays, 6-8pm at the Estill Library

Estill Appalachian Dulcimers

The Estill County Appalachian Dulcimer Club will meet every Friday from 6 to 8 p.m. at the Estill County Library, 246 Main Street, Irvine, for anyone who plays an Appa-

lachian Dulcimer. Or anyone who is interested is playing one is welcome to attend.

The Appalachian Dulcimer was designated as the official state instrument of Kentucky.

Saturday, February 3rd to March 3rd

Girl Scout Cookies Going On Sale

Girl Scout cookies are here and you will be seeing three of our troops out there selling.

Here are some of the places you can come visit the girls and get your girl scout cookies fix: Saturday, Feb. 3rd Opportunity Store on Richmond Road. 9-2; Estill County Courthouse Wed., Feb. 7th, 8-11; Saturday, Feb. 10th, D&J Hardware, 9-2; Sunday, Feb. 11th Hardees,

1:30 to 5, Saturday, Feb. 17th at Pickers Paradise, 10 -2; and Saturday, March 3rd 10-1:30 to name a few. These are the ones that will be inside the businesses and of course if we have nice weather you may find a troop outside a favorite business or store.

Thank you for supporting our local Girl Scout Troops #661, #7182 and #337.

Monday, February 5th @ 7:00pm

Mountain Mushroom Planning Meeting

The 28th annual Mountain Mushroom Festival will be April 28-29 with the theme, "A Fungus Among Us".

You're invited to come and be a part of the planning on Monday, February 5 at 7 p.m. in Irvine City Hall, 101 Chestnut Street. Many of the ar-

rangements have been done in January and more is required to make a first class festival for the community.

Anyone interested in assisting with the festival is welcome to attend. For further information contact City Hall at 723-1233.

Tuesday, February 6th @ 1:30pm

Estill Library Adult Book Club

The Adult Book Club will be meeting on February 6 at 1:30 p.m. at the Estill County Public Library. The book up for discussion is "Flags of our

Fathers" by James Bradley. New members are welcome!

Call the Library for more information at 606-723-3030.

Tuesday, February 6th @ 6:30pm

Estill County Lions Club

The Estill County Lions Club will meet Tuesday, February 6th and on the first and third Tuesday of every month at Rader's River Restaurant. The meal is at 6:30 p.m. and busi-

ness meeting begins at 7 p.m. Estill County Lions Club is part of Lions Club International, with 1.35 million members in 205 countries around the world.

Tuesday, February 6th @ 7pm

Historical & Genealogical Society

The Estill County Historical and Genealogical Society monthly meeting will be at the Estill Co Public Library at 7:00

p.m., Tuesday, February 6. Willis Estes will be the speaker. Potluck will be served and the public is welcome.

Thursday, February 8th @ 12:00 Noon

Basics: Memory Loss, Dementia & Alzheimer's

If you have a loved one who is newly diagnosed, or if you just want to learn more about Alzheimer's disease, this program is for you.

This presentation will explore what everyone should know about memory loss issues and what they mean for all of us.

The program will be held on Thursday, February 8, from 12:00 p.m.-1:00 p.m. at the Estill County Extension Office located at 76 Golden Court, Irvine. To register for this program, please call 606-723-4557. Registration is required. Program sponsored through a generous grant from the Margaret T. Stoeckinger Foundation.

Saturday, February 12th @ 9am

New Hospice Volunteer Training

New Volunteer Training for Hospice Care Plus will be held on Saturday, February 12, 9 a.m., at the Compassionate Care Center in Richmond.

Open to teens and adults age 14 and up. Positions open in pet therapy, Center hospitality,

hospice home care companionship and respite (in your community), Breakfast Club, and much more.

Register by calling Stefanie at 859-626-9292 or 888-334-0009. More details at hospicecareplus.org.

Tuesday, February 13th @ 11:30am

GTE/Sylvania/Osram UAW Retirees Lunch

All Winchester GTE/Sylvania/Osram/UAW retirees will gather for lunch Tuesday, February 13, 11:30 a.m., at the Blue Isle on Shopper's Drive

in Winchester. All Winchester Sylvania former employees and retirees are welcome to join us for lunch

Wednesday, February 14th @ 1:30pm

Estill Library Crafternoon

Crafternoon meets on the 2nd and 4th Wednesday of each month at 1:30 p.m. at the Estill County Public Library, 246 Main Street in Irvine.

Come out on February 14th at 1:30 p.m. to make a Sugar Scrub for your hands or for

that special someone for Valentine's Day! All supplies will be provided, but we do ask that you call Lesa at 606-723-3030 or by calling or stopping by the Estill County Public Library to reserve your seat or if you have questions.

Saturday, February 17th @ 11:00am

Relax 'N Color at Estill Library

Saturday, February 17th we will be kids day again during Relax 'N Color at the Library. If you have nothing to do and would just like to get out of the house for a while, stop by the Estill County Public Library to color and enjoy music and

conversation. The meeting room will be open at 11:00 a.m. for those who want to color.

For more information please contact Lesa at 606-723-3030. This is open to all ages!

Thursday, February 21st @ 6:00pm

Estill Democrat Committee

The Estill County Democrat Executive Committee will be meeting on Thursday, February 21st at 6:00 p.m. and every third Thursday of the month

at the Estill County Public Library, 246 Main Street in Irvine.

All Democrats are invited. Hope to see you there!

Wednesday, February 28th @ 1:30pm

Perspectives of Art at Library

On Wednesday, February 28, Sandy Savage will be at the Estill County Public Library at 1:30 p.m., teaching Perspectives of Art.

If you would like more information please contact Lesa Ledford, Adult Services at the Estill County Public Library by calling 606-723-3030.

A Time For Change

Have you ever been headed in one direction and the Good Lord says its time to go another direction? Well I am there. I have wrestled with it for a while. I have piddled for years in this direction.

Hunting has been a huge part of my life for over 30 years. It was hunting that got me into writing, I still love hunting and the outdoors, but something else has overtook hunting. The thing that has overtook hunting is something I have piddled with for years.

So, what has overtook hunting? Well, that would be cattle farming! I have always enjoyed raising cattle. These days it has become something I love to do. The kids are getting into cattle farming which is making it so much better.

Cattle use to be just a hobby for me. It has become something I want to try to build a business out of. I want to build the cattle business with my kids beside me helping the entire way.

You are probably wondering why I am writing about this. Well I guess get prepared for more stories the Lord gives me to be about cattle and farming and less about hunting. This is the path that I feel

God is directing me. Looking back, I think the change in direction started when my youngest son Joel was sick last year.

Joel loves cows! When he was sick and going through his transfusions this time last year it was cow videos that calmed him down. I would feed the cows real close to the house. When Joel would get up he would look out the window at the cows. It was the one thing I could do to maybe make him feel better (lots of tears flowing right now). After a lot of prayers and some cows out by the window my baby Joel was healed. He is a healthy little boy! The Jesus I serve is still a Miracle worker. So, I am cattle farmer!

This brings me to a little boy named Preston. He just recently got diagnosed with leukemia. He has a rough road ahead. Prayer warriors please be in prayer for this little feller and his parents. God listens to our prayers and I know for a fact He answers them, all I have to do is look at Joel.

Ecclesiastes 3:1

There is a time for everything, and a season for every activity under the heavens:

Until next week, get out and enjoy God's creation!

Americanisms



"Never ask a barber if you need a haircut."
—Warren Buffett

© 2018 King Features Syndicate, Inc.

Estill County Health Department

WIC Benefits Still Available

All WIC benefits are still available at the Estill County Health Department.

We will continue to service your WIC needs until further notice.

ESTILL REPUBLICAN PLANNING

Help plan the Estill County Republican Party's Pass to the Primary. The planning meetings will be held at Rader's River Grill on Tuesday, February, 6, 2018, and Tuesday, February 19, 2018, both at 7:00 p.m.

CLASSIFIEDS
\$2 for
20 Words
Additional Words 10 cents each.
Send with payment to
Estill Tribune,
6135 Winchester Road

GET-R-DONE
Tree Trimming & Removal
Also, NEW! Pressure Washing!
Homes, Decks, Driveways, Sidewalks
Contact Anthony Conrad
FREE Estimates! 606-975-3799
Available 24 Hours For Storm Damage!

BODY FITNESS EXERCISE CLASSES

HELPFUL FOR PERSONS WITH ARTHRITIS, ASTHMA, DIFFICULTY MOVING

Gentle Exercise and Movement Builds Strength and Flexibility

BEGIN JANUARY 29, 2018

INSTRUCTOR: SISTER LORETTA SPOTILA, RN
TIMES: MONDAY AND WEDNESDAY MORNING, 10AM-11AM

PLACE: Estill County UK Extension Office, Golden Court off Stacey Lane
DONATION: \$3.00 PER CLASS
FOR MORE INFORMATION: