



Times Remembered
Betty A. Young

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Thanksgiving
A Time to Remember

As my daughter grew up, I was determined to make Thanksgiving a time for celebrating faith, family and freedom. I read stories about the Pilgrim's journey of faith from England to the shores of Cape Cod, Plymouth, Massachusetts in 1620. As believers in Christ, we have so much to be thankful for as Americans. God has abundantly blessed our nation.

I've always been impressed by the faith the Pilgrims demonstrated when they held the first Thanksgiving festival. Though they suffered much while starting a new life in the new world, they also recognized that God had clearly and miraculously guided their steps. Their experience was a little better than others who had attempted to colonize on the American shores. Ply-

mouth lost 50 percent of the numbers, but Jamestown in Virginia had lost 90 percent. The Plymouth settlers had successfully built a little community and grown crops to provide for themselves, while other colonies were totally dependent on supplies from England. Yes, God blessed them abundantly, and they sincerely offered their thanks and praise.

I've heard many people say that Thanksgiving is their favorite holiday. It is between the increasingly popular Halloween and the commercial Christmas. Thanksgiving is the holiday of "coming home."

It's a time of rest ... in stark contrast to the frenzy of obligation and spending that threatens to destroy the being of Christmas. I'm against going shopping on Thanksgiving and Black Friday. Time should be spent with family and cherishing the time you have with elderly parents. Black Friday is too much stress and confusion for me.

The national observance of Thanksgiving is unique. It is both Christian and exclusively American, a holiday for celebrating faith, family and freedom.

When my daughter was growing up and when we shared personal blessings, we both would write five things which we were thankful for ... such as: I'm thankful for God and salvation. I'm thankful that we are in good health, I'm thankful for my grandparents and mother, and etc. I was

thrilled to hear her show appreciation the way I had taught her.

During the years that my parents were living we celebrated Thanksgiving and my Mom's birthday together. Her birthday was November 20. In my growing up days we were always stripping tobacco that particular time of year, therefore we all pitched in and prepared a Thanksgiving dinner.

The feast, normally consumed around 12:00-12:30, was plentiful as well as scrumptious. There was always turkey and dressing, sometimes country ham, giblet gravy, green beans, corn pudding, mashed potatoes, yams, cranberry sauce, fruit salad, cooked apples, pickles, relishes, corn bread and rolls. The desserts were pumpkin pie, pecan pie and apple pie to name a few.

When all my sisters and our families got together it was loud and noisy; pretty chaotic in a small little farmhouse, but we had our parents and all of our family was together and we were blessed. It was a great time!

Now that Mom and Dad have passed, we don't get together, it's been twelve years since their passing. We still own their home place, but we don't get together since our parents died. Everyone has their separate dinner with their own children and grandchildren. It's a shame that we don't get together anymore; the parents are the ones that hold the family together. I thank God for all the blessings this past year.

Word of elderly couple's divorce brings their children home to visit



America's Heartland

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An elderly woman called her daughter who lives out-of-state and delivered the news: "I hate to interrupt your day, but I need to tell you that your Dad and I are getting a divorce. After 51 years, I've had all I can take, and I can't take no more."

"But, Mom," the daughter began.

"No 'buts' about it," Mom said. "We're sick of each other, and I'm sick of talking about this, so you call your brother and tell him."

The daughter called her brother, who totally

freaked out. He in turn called his mother and told her in no uncertain terms: "You are NOT getting a divorce. Do you hear me? Don't do a thing before we get there. We're flying in tomorrow to deal with this."

When the son hung up, the elderly woman turned to her husband, and said with a big beaming smile: "OK. They're coming to visit. And they're buying their own tickets."

There's nothing as grand as visits from family. There's anticipation before they arrive, hugs when they show up, and hugs again when they leave. And, because God created people to be social creatures, we tend to miss our loved ones when they're away, especially our children.

"Behold, children are a heritage from the Lord, the fruit of the womb, a reward. Like arrows in the hand of a warrior are the children of one's youth. Blessed is the man who fills his quiver with them" (Psalm 127:3-5).

Then, they grow up, move away, and get very

busy living their own lives. In the hustle and bustle of earning livings, taking care of chores and caring for children, it's easy not to carve out time for our own parents.

That's sad, considering we couldn't possibly have gotten along without them when we were young

Perhaps you've heard the story about the teacher who once showed her second graders a magnet and explained how it worked. In a quiz the next day, she asked this question: "My full name has six letters. The first one is M. I pick up things. What am I?"

When the test papers were turned in, the teacher was astonished to find that almost 50 percent of the students answered the question with the word "Mother."

We grew with a deep need for our mothers and fathers. Then the day comes when they need us.

When that day arrives, they shouldn't have to contrive a story about a divorce to get us to come for a visit.

ESTILL LIBRARY BOOKMOBILE SCHEDULE
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NOVEMBER 12-16, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mountain Crest Kirkland Ave. Millers Creek Cow Creek Furnace Jct.	Winston Trotting Ridge Sandhill Rice Station Blackburn Rd.	Nursing Home Horizon Daycare Ravenna Wagersville Drip Rock	Spout Springs Hudson Mill Rd. Old/New Fox Hargett	South Irvine Early Learning Center

"Mommie & Me" and Storytime Wednesdays, 10:00 a.m. & Fridays, 10:30 a.m.

ESTILL COUNTY SCHOOLS MENUS

Milk is included with every meal; plus assorted juices included with breakfast

MONDAY Nov. 12	TUESDAY Nov. 13	WEDNESDAY Nov. 14	THURSDAY Nov. 15	FRIDAY Nov. 16
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SOUTH IRVINE EARLY LEARNING CENTER BREAKFASTS

Sausage Biscuit Grapes Milk	Yogurt, Animal Crackers, Cheese Stick, Apples, Milk	Pancakes Peaches Milk	Biscuit & Gravy Hash Browns Milk	Muffin Fruit Juice, Milk
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SOUTH IRVINE EARLY LEARNING CENTER LUNCHES

Grilled Chicken Roll, Green Beans Mac & Cheese Fresh Pears, Milk	Taco w/Shell Salsa, Corn Lettuce, Tomatoes Side Kicks, Milk	Hamburger on Bun French Fries Peaches Milk	Pizza Hut Pizza Garden Salad Pineapples Milk	Corn Dogs California Blend Mandarin Oranges Milk
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ESTILL SPRINGS BREAKFASTS

Cinnamon Poptart Cocoa Puffs Pears Asst. Juice Milk Choices	Pancake Porky or Cinn. Toast Crunch/Graham Snacks, Applesauce Asst. Juice, Milk	Yogurt/Cheese Sticks/Graham Snacks or Trix, Poptart, Mandarin Oranges, Milk	Biscuit, Gravy, Sausage Pattie or Biscuit/Sausage /Lucky Charms, Pineapple Tidbits, Juice, Milk	Asst. Muffins Fruit Loops Peaches Asst. Juice Milk Choices
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ESTILL SPRINGS LUNCHES

Bologna Sandwich Chips Pork 'n Beans Baby Carrots/Dip Raisins, Mmilk	Cheese Breadsticks Marinara Sauce Normandy Blend Romaine Salad, Side-kicks or Pineapple	Sloppy Joe/Bun French Fries Baby Carrots/Dip Apple Milk	Pizza Hut Pizza Corn Grape Tomatoes/Dip Mandarin Oranges Milk	Chicken Pattie/Bun Potato Smiles Baked Beans Applesauce Milk
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WEST IRVINE BREAKFASTS

Breakfast Pizza or Cereal Pineapple Tidbits Juice, Milk	Biscuit & Gravy or Cereal Pears Juice, Milk	Donuts or Cereal Strawberry Cup Juice Milk	Pop Tarts & Cereal Banana Juice Milk	Assorted Muffins or Cereal Apple Juice, Milk
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WEST IRVINE LUNCHES

Baked Rotini Texas Toast Garden Salad Corn, Pears Mimilk	Rectangle Pizza Cucumbers/Dip Cooked Carrots Pineapple Tidbits Milk	Nacho Cheese Chips, Salsa Refried Beans Side Kick or Apple Milk	Thanksgiving Dinner Turkey, Gravy, Roll Mashed Potatoes Green Beans Cooked Apples, Milk	Pizza Hut Pizza Corn Grape Tomatoes Apple Milk
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ESTILL COUNTY MIDDLE SCHOOL BREAKFAST

Dutch Waffle Choc. Mini Wheats Cereal Bars Poptarts, Mixed Fruit	Breakfast Bosco Frosted Flakes/Reese Puffs, Cereal Bars, Poptarts	Biscuit & Gravy, Lucky Charms, Reese Bars, Poptarts, Applesauce	Donut, Apple Cinn. Cherieos, Cereal Bars, Poptarts, Peaches	Scrambled Eggs Toast, Cocoa Puffs Cereal Bars, Pop Tarts, Banana
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ESTILL COUNTY MIDDLE SCHOOL LUNCH

Popcorn Chicken Roll, Cheesy Potatoes, Steamed Broccoli, Apples Mixed Fruit Milk or Juice	Hot Dog on Bun or Turkey/Cheese Sandwich Potato Wedges Baked Beans Orange/Sidekicks	Pizza Hut Pizza Corn Carrot Sticks/Dip Grapes Pears Milk or Juice	Turkey, Dressing & Gravy, Roll Mashed Potatoes Green Beans Ice Cream, Fruit Milk or Juice	Mini Corn Dogs or Mr. Rib on Bun Baked Beans Slaw, Peaches Pineapples Milk or Juice
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ESTILL COUNTY HIGH SCHOOL BREAKFAST

Sausage, Egg & Cheese Biscuit Cereal, Cereal Bars, Pop Tart, Mini Choc. Donuts, Fruit	Breakfast Pizza Pop Tarts Powdered Donuts Yogurt Parfait Apples or Oranges	Bacon, Egg, & Cheese Biscuit Pop Tarts, Yogurt Parfait, Donuts Apples or Oranges	Sausage Biscuit Pop Tarts, Yogurt Parfait, Donut Holes Oranges or Apples Juice, Milk	Eggstravaganza Wrap, Poptarts, Cereal, Cereal Bars Mini Choc. Donuts Oranges or Apples
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ESTILL COUNTY HIGH SCHOOL LUNCH

Bosco, Calzone Marinara Sauce Glazed Carrots Corn Sidekicks Tropical Fruit Juice, Asst. Milk	Chicken Pattie/Bun Pizza Hut Pizza Let/Tom./Pickles Scalloped Potatoes California Blend Watermelon Blueberry Applesauce, Juice, Milk	Hamburger/Bun Mini Corn Dogs Let./Tom./Pickles Garden Salad French Fries Baked Beans Pineapples Peaches	Turkey, Dressing, Gravy, Roll Mashed Potatoes Green Beans Cooked Apples Ice Cream Varied of Milk Orange Juice	Chicken Noodle Soup, Crackers Grilled Cheese Broccoli Bites Carrot Sticks Mandarin Oranges Strawberry Cup Juice, Asst. Milk
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Offered Daily: Pizza Line Sandwich Box, Salad Box

Horizon Health offers elderly care two ways: at an adult day center or in your own home. At the **Horizon Adult Health Care Center** nearest you, you or your elderly loved one gets attention and activities every weekday. Or choose **Horizon Home Care**, for in-home personal care services, companionship and light housekeeping in your own home.

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