

Community News

Mail announcements to The Estill Tribune, 6135 Winchester Road, Irvine, KY 40336 Call (606) 723-5012; Fax to (606) 723-2743; or E-mail it to <News@EstillTribune.Com>

Wednesday, February 28th @ Noon

Estill Board of Health Meeting

The Estill County Board of Health will be meeting at Michael's in Ravenna at 12:00 noon on Wednesday, February 28, 2018. The public is welcome.

Wednesday, February 28th @ 1:30pm

Perspectives of Art at Library

On Wednesday, February 28, Sandy Savage will be at the Estill County Public Library at 1:30 p.m., teaching Perspectives of Art. If you would like more information please contact Lesa Ledford, Adult Services at the Estill County Public Library by calling 606-723-3030.

Wednesdays, now at 5:30pm

Beginner Yoga at Marcum-Wallace

Beginner Yoga class at Marcum & Wallace Hospital is held in the Mercy Room each Wednesday from 5:30 to 6:30 p.m. with instructor Laritza Gomez. The cost is one non-perishable food item for Helping Hands Outreach Ministry. Bring your own yoga mat. The instructor will guide the class through basic poses focused on relaxation, building core strength and flexibility. For class updates, please check the Marcum & Wallace Hospital Facebook page.

Wednesday, Friday and Monday

Storytime - Preschool & Starrytime

Our regular preschool Storytime meets each Wednesday and Friday morning from 10:30 to 11:30 a.m. designed for children that are already attending school and their families

Our letter of the week is X. We read, sing and do activities to help with socialization and school readiness for our younger children. It is a variation of our traditional storytime with activities for both the small and the tall. Ages 4 to 10 years is our usual group..

Starry Time Storytime meets each Monday from 5:00 to 6:00 p.m. This storytime is

Thursdays, 4-5pm at the Estill Library

Estill County Library's Lego Club

The Estill County Public Library hosts Lego Club each Thursday from 4 p.m to 5 p.m. The suggested ages for this group is 6 to 12. Come build with us!

For more information contact Amy Hughes, Children's Librarian, at 723-3030 at the Estill County Public Library.

Thursday, March 1st @ 5:30pm

Kiwanis Club of Irvine-Ravenna

The Kiwanis Club of Irvine-Ravenna will meet Thursday, March 1 at 5:30 p.m. at Steam Engine Pizza. Mark Reese will share information about the Daniel Boone National Forest.

Make a difference in the community by getting involved with the Kiwanis Club that has 95 years of service to our community. New members are needed and welcomed. Anyone interested can contact any Kiwanis member.

Thursday, March 1st, 6-8pm

RCP Spring Production Auditions

Do you love to act? Come out and audition for River City Players' Spring Production, *Greater Tuna*. This comedy has roles for teens (ages 14 and up) and adults. Auditions will be held at the ECHS auditorium on Thursday, March 1 from 6-8 pm. Come out and join us for a fun community event!

Call 606-723-5755 or 502-810-7668 if you have questions or need more information.

Friday, March 2nd @ 9am

Retired Co. C Guard Breakfast

Attention: All retired and former National Guard members of Charlie Company 1/149th, there will be a breakfast at Cracker Barrel, in Richmond, on Friday, March 2nd and on the first Friday of each month at 9 a.m. All are invited and welcome. Hope to see you there!

Friday, March 2nd @ 5:30pm

Family Game Night at the Library

Looking for something inexpensive to do with the family? Family Game Night is held at the Estill County Public Library every Friday night at 5:30 p.m. Games are provided by the Library or you are welcome to bring a game to play. Children under 10 must be accompanied by an adult.

Fridays, 6-8pm at the Estill Library

Estill Appalachian Dulcimers

The Estill County Appalachian Dulcimer Club will meet every Friday from 6 to 8 p.m. at the Estill County Library, 246 Main Street, Irvine, for anyone who plays an Appalachian Dulcimer. Or anyone who is interested is playing one is welcome to attend. The Appalachian Dulcimer was designated as the official state instrument of Kentucky.

Saturday, March 3rd - 7:30am-2:30pm

St. Elizabeth Basement Sale

The March Basement Sale at St. Elizabeth Church, 322 5th Street in Ravenna, will be held on Saturday, March 3, from 7:30 a.m. until 2:30 p.m. with "something for everyone!"

Tuesday, March 6th @ 6:30pm

Estill County Lions Club

The Estill County Lions Club will meet Tuesday, March 6th and on the first and third Tuesday of every month at Rader's River Restaurant. The meal is at 6:30 p.m. and business meeting begins at 7 p.m. Estill County Lions Club is part of Lions Club International, with 1.35 million members in 205 countries around the world.

Saturday, March 10th - 8am-1pm

Estill County Blood Drive

Kentucky Blood Center (KBC) is encouraging Kentuckians to roll up their sleeves, donate blood and help Kentucky patients at the Estill County Community blood drive on Saturday, March 10 from 8 a.m. - 1 p.m. at the First Christian Church in the Fellowship Hall at 270 Main Street in Irvine. Blood donors must be 17-years-old (16 with parental consent), weigh at least 110 pounds, be in general good health, show a photo I.D. and meet additional requirements. Sixteen-year-old donors must have a signed parental permission slip, which can be found at kybloodcenter.org.

As a thank you, those who register to give blood at the drive will receive a fun "Donate blood, y'all" purple T-shirt. To schedule a donation, visit kybloodcenter.org or call 800.775.2522.

Tuesday, March 13th @ 11:30am

GTE/Sylvania/Osram Retirees

The Winchester GTE/Sylvania/Osram/UAW retirees will meet for lunch 11:30 a.m., Tuesday, March 13, 2018 at Michael's Restaurant in Irvine. All Winchester Sylvania retirees and former employees are welcome to join us for lunch.

Wednesday, March 14th - 10:30-12 Noon

Effective Communication Strategies

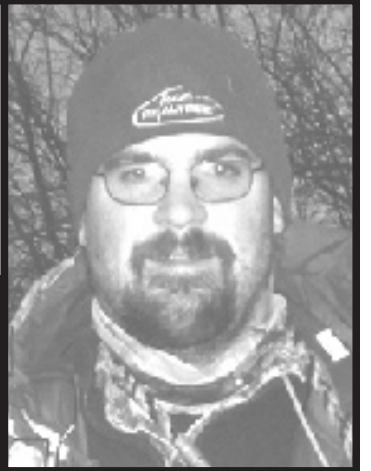
Communication is more than just talking and listening - it's also about sending and receiving messages through attitude, tone of voice, facial expressions, and body language. As people with Alzheimer's disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect. Join us to explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease. The program will take place at the Madison County Cooperative Extension Office located at 230 Duncannon Lane in Richmond on March 14th from 10:30am-12:00pm. To register for this program, please call 1-800-272-3900. Registration is required.

Wednesday, March 14th - 1:30pm

Chemical Demilitarization Meeting

Mark your calendar for the Kentucky Chemical Demilitarization Citizens' Advisory Commission and Chemical Destruction Community Advisory Board Meeting on Wednesday, March 14 at 1:30 p.m. at E-K-U's Carl D. Perkins Building, Rooms A and B. This meeting is a good opportunity to learn more about the Blue Grass Chemical Agent-Destruction Pilot Plant at the Blue Grass Army Depot. For more information, call 6-2-6-8-9-4-4.

Wanderings from the Woods & Water by Jay Bicknell
CorridorHR@Gmail. Com



A Time To Plant

This warm weather in February is making it feel like time to plant. The grass is already turning green and growing. It is really feeling like spring. I am ready for spring! I do know we've still got some cold days and a frost or two ahead of us. I am glad that the 0-degree stuff is behind us.

My planting season gets started at the end of November to first of December. December to April is tree season for my business. When it comes to stream restoration we are given just a few months to get a lot of trees planted. Since December we have planted 300,000 trees and got about 30,000 more to go. We plant seedlings and live stakes. I promise I am going somewhere with this.

Live stakes are cool. I guess if you make a living planting trees then live stakes are cool. A live stake is basically a 12-inch stick. We plant 7 species of stakes. You push the stick in the ground and they grow. I have seen several elderberry and sandbar willow stakes shooting out leaves already. Come October a 12-inch black willow stake will be 5 to 10 foot tall. It's amazing how they grow.

We plant about 15 different species of seedlings. The poplar is really starting to pop right now. Most all the trees we have planted are starting

to bud. It's always neat to me to see our trees come awake and start growing.

Over the past 3 years I think we have planted over a million trees. So, I have learned what trees grow fast and what trees grow slow. I have seen live stakes and seedlings that look dead, but when I pulled them up they had a bunch of fibrous roots. They just hadn't started growing above ground yet.

So, where am I going with this? Well you see, as Christians we need to sow the seed. Some seeds grow fast, and some don't. We must spread the Gospel. Some of the seeds we sow we might never see grow in our lifetime. No matter what happens we must keep sowing.

Don't ever give up on sowing the seed of the Gospel. Don't give up on anyone because everyone needs Jesus. Some folks are just slow growers. The seed sowed might be like the live stake and look dead on the outside but is growing. Just don't give up on that family member, friend, and even enemy. Pray, Pray, Pray that the seed of the Gospel you sow starts growing. There is only one way to Heaven and that's via accepting Jesus into your heart.

Until next week, get out and enjoy God's creation!

Ladies Night Out

For Heart Health Awareness

You're invited to a Ladies Night Out to raise awareness about heart health!

Join us for a free dinner and presentation by:



Dr. Paula Hollingsworth,
Baptist Health Lexington Cardiology

Thursday, March 15
5:30 p.m.

Rice Station Christian Church
(Address: 1675 Old Richmond Rd Loop 2 in Irvine)

Call 606-726-2119 to sign up for this free educational event by Monday, March 12.

All women who attend will receive a free dinner, gift and door prize chance. Educational booths will also be available. Event sponsored by Marcum & Wallace Hospital.



A Catholic healthcare ministry serving Ohio and Kentucky

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