

Community News

Mail announcements to The Estill Tribune, 6135 Winchester Road, Irvine, KY 40336
Call (606) 723-5012; Fax to (606) 723-2743; or E-mail it to <News@EstillTribune.Com>

Wednesdays, now at 5:30pm

Beginner Yoga at Marcum-Wallace

Beginner Yoga class at Marcum & Wallace Hospital is held in the Mercy Room each Wednesday from 5:30 to 6:30 p.m. with instructor Laritza Gomez. The cost is one non-perishable food item for Helping Hands Outreach Ministry.

Bring your own yoga mat. The instructor will guide the class through basic poses focused on relaxation, building core strength and flexibility. For class updates, please check the Marcum & Wallace Hospital Facebook page.

Wednesday, Friday and Monday

Storytime - Preschool & Starrytime

Our regular preschool Storytime will not be meeting on Wednesday, March 14th. We normally meet each Wednesday and Friday morning from 10:30 to 11:30 a.m. but will meet only on Friday this week.

Our letter of the week is Z. We read, sing and do activities to help with socialization and school readiness for our younger children.

Starry Time Storytime

meets each Monday from 5:00 to 6:00 p.m. This storytime is designed for children that are already attending school and their families

It is a variation of our traditional storytime with activities for both the small and the tall. Ages 4 to 10 years is our usual group.

For more information contact Amy Hughes, Children's Librarian, at 723-3030 at the Estill County Public Library.

Wednesday, March 14th - 10:30-12 Noon

Effective Communication Strategies

Communication is more than just talking and listening – it's also about sending and receiving messages through attitude, tone of voice, facial expressions, and body language. As people with Alzheimer's disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect. Join us to explore how communication takes place when someone has Alzheimer's, learn to

decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease. The program will take place at the Madison County Cooperative Extension Office located at 230 Duncannon Lane in Richmond on March 14th from 10:30am-12:00pm. To register for this program, please call 1-800-272-3900. Registration is required.

Wednesday, March 14th @ 1:30pm

Herbs and Uses at the Estill Library

Esther McKinney, owner of Marigold's Nursery, will be at the Estill County Public Library on March 14 at 1:30 p.m. to talk about Herbs and

their uses.

For more information please call the library at 606-723-3030 and ask for Lesa.

Wednesday, March 14th - 1:30pm

Chemical Demilitarization Meeting

Chemical weapons destruction operations are planned to take place in central Kentucky. Army leaders want to keep citizens informed about the project and receive feedback from the community, and two citizens' advisory groups exist to

represent the community and allow your voice to be heard. The Kentucky Chemical Demilitarization Citizens' Advisory Commission (CAC) and the Chemical Destruction Community Advisory Board (CDCAB) will hold a meeting

Thursdays, 1pm at the Estill Library

Estill Homeschool Enrichment

The Estill Homeschool Group will do some Spring STEM activities with peeps and jelly beans.

Our meeting will be at 1:00 p.m. on Thursday, March 8th at the Estill County Public

Library. We welcome new and experienced homeschool families.

For more information contact Amy Hughes, Children's Librarian, at 723-3030.

Thursday, March 15th @ 3:00pm

Four Seasons Garden Club

What are the secrets to making a flower arrangement? Learn the answers to "Arranging Floral Bouquets".

The Four Seasons Garden Club will host a free workshop to be presented by Francie Snowden from the Ravenna Greenhouse.

It will be at the Ravenna Christian Church on Thurs-

day, March 15 at 3 p.m. The information presented will be helpful for anyone wanting to make a floral bouquet for your own pleasure, for a friend, or for an exhibit in the County Fair Flower Show.

The club welcomes new members. Contact any club member for more information. Francine Bonny is the Club President.

Thursdays, 4-5pm at the Estill Library

Estill County Library's Lego Club

The Estill County Public Library hosts Lego Club each Thursday from 4 p.m. to 5 p.m. The suggested ages for this group is 6 to 12. Come build

with us!

For more information contact Amy Hughes, Children's Librarian, at 723-3030 at the Estill County Public Library.

Thursday, March 15th @ 5:30pm

Kiwanis Club of Irvine-Ravenna

The Kiwanis Club will meet Thursday, March 15 at 5:00 p.m. at Steam Engine Pizza. Members will have an in-house auction.

New members are welcome. Anyone interested can contact any Kiwanis member. "Kiwanis—it does a community good

Thursday, March 15th @ 5:30pm

Ladies Heart Health Awareness

Marcum & Wallace Hospital will sponsor a Ladies Night Out for Heart Health Awareness for those persons who have pre-registered, on Thursday, March 15 at 5:30 p.m. at Rice Station Christian Church (located at 1675 Rice Station Road in Irvine).

This free event will feature a presentation by Dr. Paula Hollingsworth, a cardiologist with Baptist Health Lexington. All ladies who attend will receive a free dinner, health education and giveaways.

Dr. Hollingsworth will discuss the signs, symptoms and

prevention of heart attacks in women. According to the American Heart Association, heart disease is the number one killer of women; that's approximately one woman every minute. 90 percent of women have one or more risk factors for developing heart disease.

"It's important for women to be educated about heart disease," said Dr. Paula Hollingsworth. "The symptoms of a heart attack and heart disease can be different in women versus men, and are often misunderstood."

Thursday, March 15th @ 6:00pm

Garden Thyme Herb Club

The Garden Thyme Herb Club will meet at 6 p.m. Thursday, March 15 at St. Elizabeth Fellowship Hall.

Esther McKinney of Mari-

gold Nursery will present a program on herbs, following a potluck meal.

Everyone is welcome.

Fridays, 6-8pm at the Estill Library

Estill Appalachian Dulcimers

The Estill County Appalachian Dulcimer Club will meet every Friday from 6 to 8 p.m. at the Estill County Library, 246 Main Street, Irvine, for anyone who plays an Appa-

lachian Dulcimer. Or anyone who is interested in playing one is welcome to attend.

The Appalachian Dulcimer was designated as the official state instrument of Kentucky.

Saturday, March 17th @ 11:00am

Sowing Herbs at the Estill Library

On Saturday, March 17, we will be sowing herbs at the Estill County Public Library beginning at 11:00 a.m.

Please register by calling Lesa at the library at 606-723-3030, or stopping by the library.

Saturday, March 17th

AL Fish Fry and Frog Legs

Come and help the American Legion celebrate its birthday on Saturday, March 17 with a fish fry and frog legs at 5 p.m..

This will be followed at 8 p.m. by a dance. Kenny Chenault is the music D.J.

Be sure to wear your green for St. Patrick's Day.

Sunday, March 18th @ 1:30pm

EAG Marble Yard Road Hike

On Sunday, March 18, Estill Action Group is hosting a family-friendly, guided hike off Marble Yard Road. This 3.8 mile route is relatively flat and suitable for most fitness

levels.

Due to limited parking available, meet at Estill Springs Elementary at 1:30 p.m. to carpool. Carpool will leave promptly at 1:45 p.m.

Tuesday, March 20th @ 6:30pm

Estill County Arts Council

The monthly board meeting of the Estill Arts Council will be held at the Estill County Public Library meeting room

at 6:30 p.m. on March 20th. All members are welcome and encouraged to attend. Prospective members are welcome also.

Tuesday, March 20th @ 6:30pm

Estill County Lions Club

The Estill County Lions Club will meet Tuesday, March 20th and on the first and third Tuesday of every month at Rader's River Restaurant. The meal is at 6:30 p.m. and busi-

ness meeting begins at 7 p.m. Estill County Lions Club is part of Lions Club International, with 1.35 million members in 205 countries around the world.

Wednesday, March 28th @ 1:30pm

Getting Ready for Easter

The Estill County Public Library will be getting ready for Easter on March 28 at 1:30 with a Felt Bunny craft. You can call or stop by the library to register for this event.

Crafternoon is held on the 2nd and 4th Wednesday of each month.

To learn more about this event please call Lesa at 606-723-3030.

Thursday, April 26th from 2-3pm

Alzheimer's and Dementia

If you or someone you know is affected by Alzheimer's disease or dementia, the time for legal planning is now. This workshop is for anyone who would like to know more about what legal issues to consider and how to put plans in place. Learn what legal decisions must be made, and how to use those decisions to protect and provide the best care possible

for the person with dementia. Guest speaker will be elder law attorney Scott Collins of Richmond. The program will be held on Thursday, April 26th from 2:00-3:00pm at the Madison County Cooperative Extension Office located at 230 Duncannon Lane in Richmond. Registration is required. Please contact 1-800-272-3900.

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Estill County receives statewide recognition for Campaign for Organ Donation

The Kentucky Circuit Clerk's Trust for Life is honoring 28 counties for exemplary achievements in educating communities about the lifesaving gift of organ donation. Estill County is one of them.

"Stephanie Brinegar and the hardworking team members at the Estill County Circuit Clerk's Office are commended for going the extra mile to help the community understand that everyone can be a Legend by registering as an organ donor," said Shelley Snyder, Executive Director of the Kentucky Circuit Court Clerk's Trust for Life. "The charitable work of this office has educated many and will result in patients being saved through donation."

The Legends Campaign started in 2016 as an effort to educate all Kentuckians about the mission of donation. Circuit Clerks offices are encouraged to do community projects, school outreach, civic club involvement, and other promotions to help educate thousands. The Legends Campaign, a yearlong effort by offices all over Kentucky, had a major impact on increasing the number of people who joined the Kentucky Organ Donor Registry.

Outstanding offices, including Estill County, earned over 750 points to reach Gold Level.

"My team and I are honored to receive this recognition. We know there are people in our county who

have been touched by this mission or will perhaps need the gift of life in the future. I am so proud of my generous and compassionate team who went above and beyond to help others," says Stephanie Brinegar, Estill County Circuit Court Clerk.

"The Kentucky Circuit Court Clerks have supported this mission since 1992, and they continue to assist those in need today," says Snyder. "The Circuit Clerks have added more than 1.8 million Kentuckians to the Registry, but we know there is more work to do. More than 1,000 Kentuckians are waiting for a lifesaving transplant. The Circuit Clerks involved in this Legends Campaign are going beyond the call of duty to help educate more Kentuckians. They will help teach the truth about donation and the need for everyone to join the Kentucky Organ Donor Registry to give hope to those waiting."

Everyone can register to be an organ donor, regardless of age or medical history. Join while renewing your driver's license or online at www.register.me.org.

The Kentucky Circuit Court Clerks' Trust for Life informs, educates, and encourages Kentuckians to register as organ and tissue donors to save lives. For more information, call 1-966-945-5433, email info@trustforlife.org or go to www.trustforlife.org.

Kentucky Circuit Court Clerks'



Organ Donor Awareness Program

Transportation crews to begin treating for noxious weeds

Kentucky Transportation Cabinet crews will begin treating for noxious and nuisance weeds throughout the state this month. The treatments aid in controlling the spread of undesirable plants along state highway rights of way.

The Cabinet, in accordance with KRS 176.051, targets Johnson grass, giant foxtail, Canada thistle, nodding thistle, common teasel, multiflora rose, amur honeysuckle, poison hemlock, marehail, Japanese knotweed and kudzu.

Left uncontrolled, noxious weeds can grow so large that they interfere with a driver's line of vision on highways. They can also damage pavement and embankments and clog ditches, causing drainage problems.

Noxious weeds often invade and destroy the roadside turf grass, leaving these areas vulnerable to erosion. They can also smother native plants through rapid reproduction and long-term persistence.

Motorists are reminded to use extra caution when crews spraying for weeds are out on the roadways.

Property owners who are actively treating noxious weeds on private property may request the eradication of nuisance weeds found on adjacent state-owned right of way. A written application must be submitted to the property owner's local highway district office. To request an application, please contact the appropriate district highway office. Contact information may be found here.

IPD charges man for having no brake lights

Jonathon Duane Smith-Faucett, 28, of Pea Ridge Road, Irvine was arrested March 7 by Officer Colton Lewis.

The officer said he saw Smith-Faucett's vehicle traveling west on River Drive but it had no working

brake lights.

The citation states the driver had one marijuana cigarette in his pocket.

The officer charged Smith-Faucett with operating on suspended or revoked operators license, pos-

session of marijuana, and no tail lamps.

A district court arrest warrant was also served on Smith-Faucett.

He was found guilty on May 17, 2017 of following another vehicle too closely and posses-

sion of marijuana. A third charge, owner to notify clerk of residence or name change was merged.

Judge Leach issued the warrant because Smith-Faucett allegedly failed to pay his fine. The judge did not set a bail.