

M&W Hospital Provides Education for National Stop the Bleed Day

Saturday, March 31, 2018 is National Stop the Bleed Day. The "Stop the Bleed" campaign was launched in 2015 by The White House. The purpose of the campaign is to build national resilience by better preparing the public to save lives by raising awareness on basic actions to stop life threatening bleeding following everyday emergencies and man-made and natural disasters. Uncontrolled bleeding is the number one cause of preventable death from trauma. You can help save a life by knowing how to stop bleeding if someone, including yourself, is injured.

"Nearly one of every five people who have died from traumatic injuries could have survived with quick bleeding control," said Dr. Andrew Pacitti, Marcum & Wallace Hospital Emergency Room Medical Director. "It's important to realize that in just a matter of minutes, someone can lose enough blood that they can actually die. We want people to be aware of the importance of quick response."

There are basic principles of trauma care response. The first thing to do is to ensure your own safety because before you can offer any help, you must ensure your own safety. Then, remember the A-B-C's of bleeding:

- **A** means ALERT. Call 9-1-1.
- **B** means BLEEDING. Find the bleeding injury.
- **C** means COMPRESS. You can apply pressure to stop the bleeding by covering the wound with a clean cloth and applying pressure by pushing directly with both hands. Another option is to stop the bleeding by using a tourniquet (device for stopping the flow of blood through a vein or artery, typically by compressing a limb with a cord or tight bandage). Another option is to stop the bleeding by packing or stuffing the wound with a gauze or clean cloth and then applying pressure with both hands.

Marcum & Wallace Hospital Emergency Department is a Level IV Trauma Center and Accredited Chest Pain Center.

Source: 2017 American College of Surgeons and American College of Emergency Physicians

Church News

Mail announcements to The Estill Tribune, 6135 Winchester Road, Irvine, KY 40336
Call (606) 723-5012; Fax to (606) 723-2743;
or E-mail it to <News@EstillTribune.Com>

Friday, March 30th @ 12:00 Noon

Countywide Good Friday Service

On behalf of the Estill County Ministerial Association we invite everyone to celebrate Jesus Christ together at a special outdoors county-wide Good Friday service. What a privilege we have

to be united under one Cross with the greater community of believers.

The service will be Friday, March 30 at First Christian Church, 270 Main St., Irvine, 12:00 noon - 12:30 p.m. Please come.

Sat., March 31st and Sunday, April 1st

Easter Activities at Salem

An Easter Egg Hunt will be Sat., March 31st, 2018 from 2-3:30 p.m. for children of all ages. It will be a family day filled with fun, games, food, and fellowship.

The event will be indoors if rain.

Come and worship "The Risen Lord" on Easter Sunday, April 1st during our Morning Sunrise Service at 7:15 a.m.. Also, there are Sunday School classes available for everyone beginning at 10 a.m.; Morning Worship at 11 a.m..

Sunday, April 1st @ 7am and 11am

Mount Carmel Easter Services

You are invited to attend Mt. Carmel Christian Church's Sunrise Service on Sunday, April 1, at 7:00 a.m. There will be a breakfast following the service.

Also, you are welcome to attend our Resurrection Sunday Service at 11:00 a.m.

If you have any questions, please call 606-726-9342.

Monday-Friday, April 2-6, 6-7:30pm

Adult VBS at Salem Baptist

Adult VBS "There's Room at the Cross" is April 2-6th from 6-7:30 p.m.. We will have a light meal,

bible lesson, and crafts. Child-care will be provided. There's room for everyone. Come join us!

Monday-Friday, April 2-6 @ 7pm

Revival at Cobhill Crossroads

Cobhill Crossroads Community Church will be having a revival, Monday-Friday,

April 2-6, 2018, starting at 7:00 p.m. with the Old Stumpkickers. Everyone is welcome!

Jimmie L. Johnson, DMD, PSC

Family Dentistry

87 Wildwood Place (off Court St.)
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What does the Bible compare the Lord's Supper to?

by **BOB CASEY**, preacher
Cornerstone Church of Christ
70 Bond Street at Camp Avenue in West Irvine

How much does the church where you attend, or yourself for that matter, stress the importance of the Lord's Supper. Sadly, there are many professing to be Christians that have never partaken of this feast. Then again, there are many who do not, with faith, keep it with any consistency. What does the Bible say?

In Matthew 22:2-13, our Lord is giving an example of a marriage supper that a father has made for his son (read it for yourself). How sad and various were the excuses given by the invitees that paid no attention to the request of the father.

The Bible gives great emphasis toward the church not to be neglectful in keeping this Supper. Read carefully, 1 Corinthians 11:20-34. Here are instructions so clear no one except a baby could misunderstand them. A strong example of 'how often' is pictured in Acts 20:7.

Now, to get to the parable of this ever important subject. I will use Revelation 19:7-9, were once again the great and final Supper is mentioned as being held in Heaven. Emphasis is put upon the fact that the wife (the Church) has made herself ready. So, when did the wife (the Church) begin to prepare for the great event? This is a prophetic song or mold where things of the future are conceived as already complete. This is the future of the union of Christ with all the true believing members of his church, and it is essentially a

fact of spiritual life on earth as well. The Lord's supper is a figure here of the delightful fellowship that is shared with the Lord each Lord's day. Matthew 18:20 says, "For where two or three are gathered together in my name, there am I in the midst of them." This is a delightful and blessed fellowship we begin with Christ here on earth. What a great day we can have with the Prince of Life here, as we commune together each Lord's day.

So, then, the marriage of the Lamb continually is going on, as long as such unions are consummated between Christ and his beloved ones. Therefore, the glory and blessedness of a life with Christ in Heaven is but the perpetuation of a faithful union with him here. Jesus said in John 14:15, "If ye love me, keep my commandments." Notice, that the present union is representative of all such unions for all future time as well. But, if one does not keep or attend the Lord's Supper here with regularity, then the marriage, or the concept of it, is not in harmony with Christ.

You may not consider yourself a Christian, but if you neglect the terms given by Christ to be faithful in all things, the results may be that you will be eternally divorced by the Saviour when the invitations are given to attend this great Marriage Supper of the Lamb. My question is, 'Have you made yourself ready, or were you absent the last Lord's Day?' Remember, our Lord observes and knows all about your life and mine.

All of us will meet him someday; where will we meet depends upon where you are today. Let us all strive to make ourselves ready!

Call for discussion, any time. Home phone at Waco is 1-859-369-4165.

Sincerely, Bob Casey



Everyone feels anxious at one time or another. It is a normal part of life. It is our body's way of telling us that something might be wrong - that we might be facing some potential danger or are feeling symptoms of an illness. If we had no feelings of anxiety, we might put ourselves in all kinds of danger that could end up in disaster.

Anxiety for the Christian however can be more. It may be an "early warning system" that God has put in our hearts, through the Holy Spirit, to get our attention to let us know that something may be going wrong in our walk with Him and He wants us to make things right with Him.

God has many ways to use anxiety to get our attention. He may trou-

ble our hearts when we read His word, listen to a hymn, hear a sermon, speak with Him in prayer, see a picture of His children suffering or when we are having a conversation with a friend. His Spirit is always at work in our hearts and it is good to be troubled with anxiety that comes from God.

The writer of Psalm 94 was having a huge problem with anxiety. He must have been deeply troubled by many things that were overwhelming him and seemingly beyond his control. Note his words: "When anxiety was great within me" - not simply a minor incident, but something very, very troubling.

Then note what happened: Your "consolation" or perhaps better understood as "comfort" - "brought joy to my soul." It is like Jesus saying, "Let not Your heart be troubled. Believe in me. This is my plan for You. Trust Me."

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PS 238

Resurrection

John 11:24-26

24 Martha saith unto him, I know that he shall rise again in the resurrection at the last day. 25 Jesus said unto her, I am the resurrection, and the life: he that believeth in me, though he were dead, yet shall he live: 26 And whosoever liveth and believeth in me shall never die. Believest thou this?

Luke 24:6-8

6 He is not here, but is risen: remember how he spake unto you when he was yet in Galilee, 7 Saying, The Son of man must be delivered into the hands of sinful men, and be crucified, and the third day rise again. 8 And they remembered his words, "May we all keep in our hearts and minds what our Lord and Savior did on that day."

Wishing Everyone a Happy Easter!

Sponsored by Crooked Creek Christian Church Inc.
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SCRAMBLERS

solution

1. Ample; 2. Scope;
3. Retain; 4. Falter

Today's Word
PLASTIC

BIBLE WORD SEARCH

by Elie's Spiritual Treasures

GENESIS 50:24

Then **Joseph** said to his **brothers**, "I am **about** to **die**. But **God** will surely **come** to your **aid** and **take** you up **out** of **this** land to the **land** he **promised** on **oath** to **Abraham, Isaac** and **Jacob**."

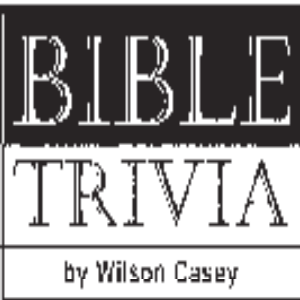
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Find the **bolded/underlined** words in the diagram. They run in all directions — forward, backward, up, down and diagonally.

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1. Is the book of Psalms in the Old or New Testament or neither?
2. From Song of Solomon 1:15, what kind of eyes does the beloved say the Shulamite has? Kind, Red of the demon, Doves, Blue of the sea
3. Used as both a greeting and farewell, what's the Hebrew word

for "peace"? Shass, Simcha, Shabbat, Shalom

4. In Matthew 6, what did Jesus say not to use when we pray? Loud curses, Impure thoughts, Vain repetitions, Wandering shifts

5. As found in Esther 1, King Ahasuerus lived in what city? Ur, Shushan, Antioch, Tarsus

6. Who was the first son of Moses and Zipporah? Haggai, Gershom, Mark, Zebudah

Answers on bottom of Page 9

Now available by Wilson Casey!
2017 Bible Trivia box calendar loaded with daily teasers from TouchPointPress.com

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