

**Times Remembered**  
**Betty A. Young**

BYoung505@Outlook.com

**New York**

Our kids, (Tara, Colton and Steve) recently spent their spring break from school in New York City. I told them they could just leave me out of this trip. I have no desire to visit New York City.

Colton loves the New York Yankees, especially Judge, the right fielder, and his dad had given him tickets to the opening day game the week of spring break. So Colton had been looking forward to the trip and the game for a few months.

Early on Tuesday morning the 3rd of April they departed Georgetown, Kentucky, for New York. They drove non-stop except for gas and bathroom breaks; they packed all their food with them they were so excited to hurry and get there.

Of course, as a Mother and Nonna, I worried about them; mention the name, New York City and my

heart seems to drop. I suppose it is because of 9-11.

The drive took approximately 9-10 hours. They decided to stay in Jersey City, New Jersey at the Paulus Hook Condos, just across the Hudson River from Manhattan.

They took the ferry every day to meet the subway and boarded several different subways to get to Yankee Stadium in the Bronx. It was a chore just trying to get where you were supposed to be and, 'Oh! so cold.' They took winter coats, hats and gloves.

The game went well, the Yankees defeated the Tampa Bay Rays 7-2. Judge played well and Colton was happy. Yankee Stadium was his favorite place. But the return trip at rush hour to Manhattan was very crowded on the subway. Lots of people packed into such a small space, a new experience for Colton. He didn't care for that ride.

There is also plenty of walking in New York. Most ride the subway, but there is still a tremendous amount of walking after you get off the subway. You really don't need a car either; there's hardly a place to park. People walking will run over you if aren't careful.

Some of the other places they visited were: Times Square, (where New Year's Eve parties are held that is on TV). The Freedom Tower, 9/11 Memorial Tower Trade Center, Westerfield World Trade Center Mall, Madison Square Garden, where

the Knicks play basketball, the original Macy's on Broadway between 34th and 35th Street and the Empire State Building.

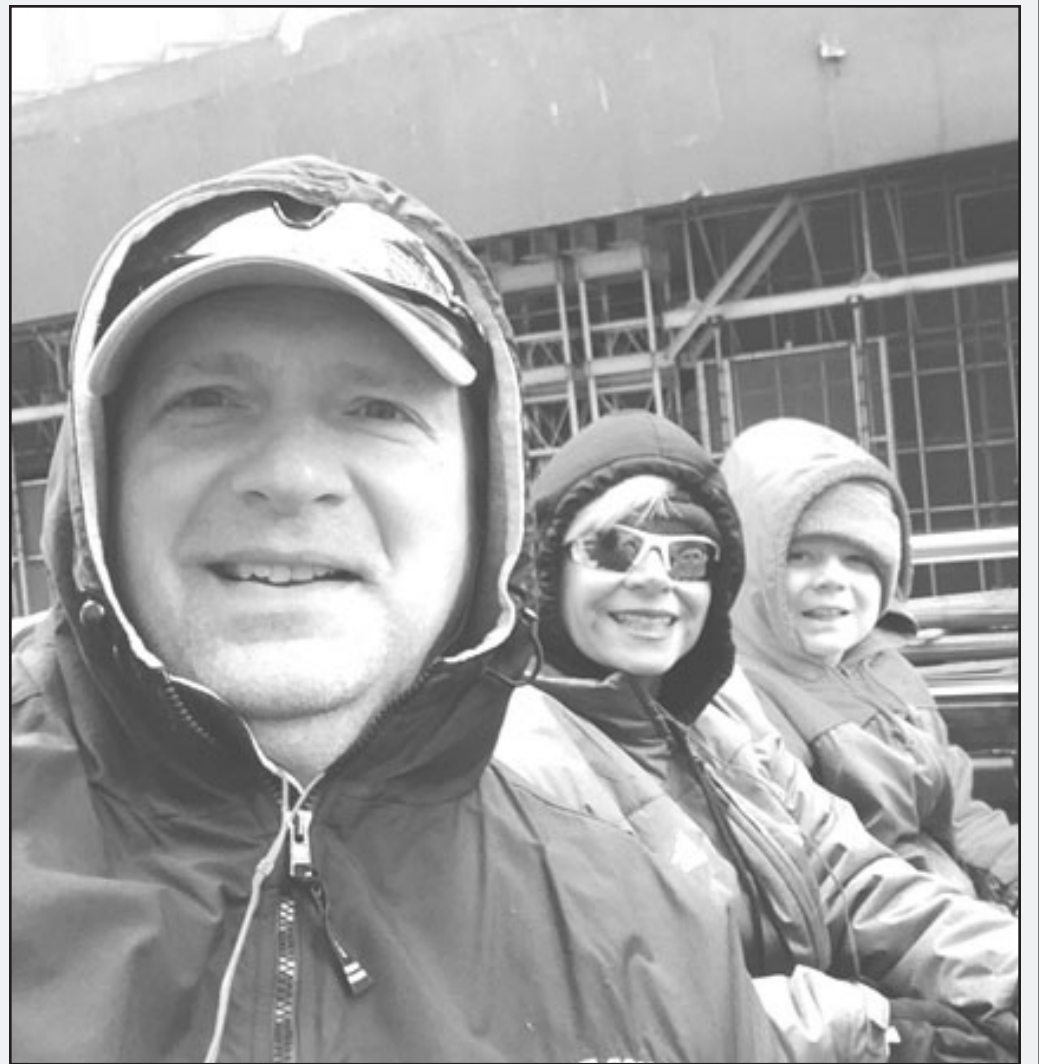
They took a double decker bus tour that went to China Town and Little Italy. They saw some very old factories where the old clothing districts used to be that are now condos and apartments. They ate lunch in Little Italy. They had to stand up and eat, plus no refills on drinks, only water. So different from Kentucky.

They had planned to go to Ellis Island and The Statue of Liberty. They didn't realize they had to buy advance tickets, therefore everything was booked into the weekend. They could see the Statue of Liberty from their 38th floor window condo.

They were impressed with New York City, but would definitely not live there. It's too fast paced, plus many of the buildings are very old and dirty. Tara was surprised how nasty the streets were. You are just a face in the crowd there among millions.

It is a melting pot of different races and ethnic groups. But, that is what our country is about. Most of the country's immigrants came to America through Ellis Island in New York. It was called the Gateway to America. Many were from Ireland, Italy, England, Poland and Lithuania.

The kids enjoyed their trip and learned about different cultures, cuisine and customs. A true eye-opener!



Steve, Tara and Colton Helton on the open air tour bus in New York City



Steve, Colton and Tara Helton in front of the New York City skyline

**ESTILL COUNTY SCHOOLS MENUS**

Milk is included with every meal; plus assorted juices included with breakfast

MONDAY May 7	TUESDAY May 8	WEDNESDAY May 9	THURSDAY May 10	FRIDAY May 11
<b>SOUTH IRVINE EARLY LEARNING CENTER BREAKFASTS</b>				
Breakfast Pizza Pineapple Tidbits Milk	Yogurt & Cheese Stick, Animal Crackers, Apples, Milk	Cinn. Toast Crunch Peaches Milk	Scrambled Eggs Toast Mandarin Oranges	Muffin Strawberry Cup Juice, Milk
<b>SOUTH IRVINE EARLY LEARNING CENTER LUNCHES</b>				
Popcorn Chicken Roll Mashed Potatoes Mandarin Oranges	Taco w/Wrap Salsa, Corn Lettuce, Tomatoes Grapes, Milk	Hamburger on Bun Tater Tots Mandarin Oranges Milk	Pizza Hut Pizza Broccoli w/Cheese Oranges Milk	Chicken Pattie/Bun Potato Smiles Apples Milk
<b>ESTILL SPRINGS BREAKFASTS</b>				
Breakfast Pizza or Toast/Cocoa Puffs Pineapple Asst. Juice Milk Choices	Mini Maple Pancakes/syrup or Cinn. Toast Crunch/Graham Snacks, Apples Asst. Juice, Milk	Donuts or Strawberry Pop Tart Donuts or Cocoa Puffs/Scooby Snacks Asst. Juice Milk Choices	Scrambled Eggs or Lucky Charms Toast, Applesauce Asst. Juice Milk Choices	Asst. Muffins/Fruit Loops, Peaches Asst. Juices Milk Choices
<b>ESTILL SPRINGS LUNCHES</b>				
Bologna/Cheese Sandwich Pork 'n Beans Potato Rounds Applesauce, Milk	Chicken Tenders Roll, Green Beans Mashed Potatoes Peaches Milk	Spaghetti/Meat Sauce, Texas Toast Romaine Salad Cooked Carrots Apple, Milk	Pizza Hut Pizza Corn, Pears Grape Tomatoes/Dip Oranges Milk	Deli Turkey /Bun Chips Baby Carrots/Dip Fresh Broccoli Strawberry Cup
<b>WEST IRVINE BREAKFASTS</b>				
Breakfast Pizza or Cinn. Toast Crunch Fresh Fruit Juice, Milk	Funnel Cakes or Lucky Charms Fresh Fruit Juice, Milk	Mini Cinni Rolls or Donuts or Cocoa Puffs/Scooby Snacks Fresh Fruit	Bacon, Egg & Cheese Biscuit or Cinn. Toast Crunch, Fresh Fruit Juice, Milk	Asst. Muffins or Cocoa Krispies Fresh Fruit Juice, Milk
<b>WEST IRVINE LUNCHES</b>				
Chicken Nuggets Roll, Green Beans Mashed Potatoes Applesauce Milk	Deli Turkey/Wrap Shredded Cheese Potato Smiles Cucumber Slices Let./Tom., Sidekicks	Grilled Cheese Chips, Carrots/Dip Steamed Broccoli Peach Cup Milk	Mini Corn Dogs Potato Wedges Baked Beans Pears Milk	Pizza Hut Pizza Corn Romaine Salad Apple, Ice Cream Milk
<b>ESTILL COUNTY MIDDLE SCHOOL BREAKFAST</b>				
Dutch Waffles Choc. Mini Wheats Cereal Bars Pop Tarts, Apples	Scrambled Eggs, Toast, Cocoa Puffs Cereal, Cereal Bars Pop Tarts, Oranges	Biscuit & Gravy Lucky Charms Cereal Bars Pop Tarts, Pineapple	Breakfast Bosco Frosted Flakes Reese Puffs Pop Tarts, Sidekicks	Donut, Apple Cinn. Cheerios, Cereal Bars, Pop Tarts, Strawberry Cups
<b>ESTILL COUNTY MIDDLE SCHOOL LUNCH</b>				
Popcorn Chicken Roll, Peas Mashed Potatoes Mixed Fruit Milk or Juice	Chicken on Bun Fish on Bun Baby Bakers Let./Tom./Pickles Mandarin Oranges Applesauce	Pizza Hut Pizza Steamed Broccoli w/Cheese, Corn Pineapples Tropical Fruit Milk or Juice	Lasagna w/Garlic Toast or Calzone Roasted Carrots Green Beans Banana Peaches	Mini Corn Dogs Mr. Rib on Bun Baked Beans Slaw Strawberry Cups Pineapples
<b>ESTILL COUNTY HIGH SCHOOL BREAKFAST</b>				
Breakfast Honey Bun, Cereal, Cereal Bars, Pop Tarts Mini Choc. Donuts Oranges or Apples	Pancake Porky Pop Tarts Donut Holes Yogurt Parfait Oranges or Apples	Bacon, Egg & Cheese Biscuit Pop Tarts, Yogurt Parfait, Mini Choc, Donuts, Fruit	Chicken Biscuit Pop Tarts Yogurt Parfait Donut Holes Oranges or Apples	Gravy & Biscuit Pop Tarts Cereal & Cereal Bars Mini Choc. Donuts Oranges or Apples
<b>ESTILL COUNTY HIGH SCHOOL LUNCH</b>				
Chicken Tenders, Roll Spicy Chicken /Bun Roasted Carrots Steamed Broccoli Grapes Tropical Fruit Milk/Juice	Walking Tacos Chicken Fajita w/shell Let./Tom./Cheese Romaine Salad Grape Tomatoes Black Beans & Corn Sidekicks, A-sauce	Chili Dog/Bun Mr. Rib on Bun Tater Tots Garden Salad Peaches Pineapples Milk/Juice	Meatloaf, Roll Chicken Patty/Bun Romaine Salad Grape Tomatoes Let./Tom./Peppers Green Beans Mashed Potatoes M. Oranges, Pears	Chicken Noodle Soup, Gr. Cheese Romaine Salad Grape Tomatoes Carrot Sticks Broccoli Bits Pineapples Peaches

**Never be too lazy to chase your wig in a windstorm**



**America's Heartland**

**Roger Alford**  
RogerAlford1@GMail.Com

Appalachian preacher Seymour Wattenbarger, who has a knack for painting vivid pictures with words, gave me a good chuckle the other day with his descriptions of lazy people.

"If breathing didn't come natural, they'd smother to death," Seymour said, talking about church members who sit at home, never taking the time or initiative to go out and share the gospel.

"I'll never forget the time," Seymour said, "that I saw this one fellow sitting under a shade tree, his hair blowing in the breeze, and him too lazy

to run and get it"

Jesus told us in scripture, using terminology that most everyone in America's breadbasket is familiar with, that more people are needed in sharing the gospel: "The harvest truly is great, but the laborers are few" (Luke 10:2).

I read a story the other day about a fellow named Nevest Coleman, a grounds crew worker for the Chicago White Sox who was arrested and sent to prison in 1994 for crimes he didn't commit. He spent 24 years behind bars before DNA evidence proved he was innocent.

After a judge ordered him released, Nevest eagerly went back to work on the grounds crew earlier this year.

"They didn't have to hire me back," Coleman said. "I appreciate the White Sox giving me the opportunity to come back to work."

Perhaps something has taken you away from doing the work that Jesus has called you to do. Perhaps it's been far too long since you told someone about the salvation available through Jesus. You know He would be thrilled to

have you back on the job. He will put you right back to work.

I'm convinced that it's not laziness that sidelines most Christians. Instead, it seems to me that people don't share their faith simply because they don't take seriously the scripture that says: "Go ye into all the world and preach the gospel. He who believes and is baptized shall be saved. But he who believes not shall be damned" (Mark 16:15-16).

We need to grasp the seriousness of those words commissioning us to share the good news of Jesus Christ. If we don't go and tell, people can't know the good news. And if they don't know the good news, they can't believe it. And if they don't believe the good news, they will be eternally lost.

So, you see, it's serious business. Never let it be said of us that we're too lazy to chase a wayward wig ... or a wayward soul.

**Roger Alford offers words of encouragement to residents of America's heartland. Reach him at rogeralford1@gmail.com.**

**ESTILL LIBRARY BOOKMOBILE SCHEDULE**  
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MAY 7-11, 2018

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