



Times Remembered
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Our Fan

I knew hot weather had come when Mom brought the fan out of the basement. She dusted it and oiled it and placed it in the living room on the stand table. It was an oscillating fan, so everyone could get some of the breeze when it turned from side to side. Air conditioners were virtually unheard of in the 50s. I'm sure rich people probably had some type of one, but not my family. Mom didn't have an air conditioner until the late 70s. Now, I don't see how we lived without an air conditioner. We kept all the windows and doors open, even at night for the cool evening air to circulate. I remember Dad buying a window fan in the 60s that helped tremendously. We

left our windows and doors open to help cool the house, too.

At night we used the sleeping porch. It was a screened in porch, but sometimes not a breath of air was stirring. We went to bed with a fan in our hand and fanned ourselves to sleep. We would wake in the early morning hours groaning about how hard the floor had become unless Mom had brought out the feather bed and made us a pallet on the floor. Not a wooden pallet! I thought it was great fun, getting to sleep on the floor to "beat the heat." Most of all, I got to hear my sisters talk about their boyfriends and all... I was the nosy little sister!

It seemed everyone wanted to be on the front row of the fan for the coolest position. I always brought up the rear on that deal. I remember those uncomfortable 95-100 degree temperatures that caused me to sweat, (or perspire), profusely on those hot days and nights. You didn't get much sleep it was so hot.

Cooking in the house without air conditioning was horrible. Mom would try to cook enough for dinner (it was called lunch back then), and supper in the cool of the early morning.

Mom carried a folding fan as her secondary source of relief. At church, we sat to the rear near an open window to catch a breeze that slipped in. Mother was not one to depend solely upon the breeze. She always had her church fan. There was a fan for every occasion... one for going to town, for visiting, and certain ones for every day.

I remember my sweet Mother fanning me with those fans when I was sick, or if I just asked her to fan me because it was so hot, when I was little. She was the best Mom in the world. I miss her so much.

Remember when funeral homes used to place hand-held fans in the church pews? They sure came in handy... you don't see that now days. I suppose most of the churches do have air conditioners these days.

In the last 50 years we have many new inventions. More and more families have air conditioning. I am so thankful for all the convenient inventions in my life time. We have automatic washers and dryers, central heat and air, electric stoves, dishwashers and ice makers just to name a few; we are truly blessed to have these inventions.

Makes no sense to eat banana peels and toss what's inside



America's Heartland

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You may have heard the tale about the old fellow who confided to a friend that he had never eaten a banana.

That friend bought a bunch of bananas and had them delivered to the old fellow's house. Later, he asked him if he liked the bananas.

"They're OK," he said, "but once you throw the core away, there's not much left of them."

That's also true of the gospel. If we toss aside the core of the gospel, we've tossed aside the best part.

Ken Hansen, a Sunday school teacher at First

Baptist Church in Owenton, Ky., shared the banana tale the other day. I think it contains an important nugget of truth for Christians to hold tight to the core of the gospel, which is that Jesus offers forgiveness of sins and eternal life to all who believe in Him.

Perhaps we've all had an opportunity to hear televised sermons in which the name of Jesus is rarely mentioned, in which people are essentially given Sunday morning pep talks, even though the Bible tells us clearly "there's no other name under heaven whereby we must be saved" (Act 4:12).

Scripture tells us about the great power in the name of Jesus, because "everyone who calls on the name of the Lord will be saved" (Romans 10:13) and "at the name of Jesus, every knee shall bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord to the glory of God the Father" (Philippians 2:9-11).

If we toss aside the core

of the gospel, people will not hear the most important message of all time, that Jesus is the way, the truth and the life and that no one comes to the Father except through Him.

The gospel calls for us to believe in God the Father and in Jesus Christ, his only son, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead and buried, who arose from the dead on the third day, and who ascended into heaven and now sits at the right hand of God the Father where He makes intercession for his people.

The word gospel means good news. And it certainly is good news that, through Jesus, a botched past can be redeemed and what would have been a dim future can be made bright.

So, go ahead, toss aside the core of a banana if you must. But, by all means, hang on tight to the core of the gospel.

Roger Alford offers words of encouragement to residents of America's heartland. Reach him at rogeralford1@gmail.com.

ESTILL LIBRARY BOOKMOBILE SCHEDULE
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MAY 21 - MAY 25, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Richmond Rd. Northwood Crestview Ct. Wall Street	Race Track Rd. Harris Ferry Cressy Stacy Lane	Wisemantown Station Camp Red Lick Crooked Creek	WI Pick-up Doe Creek Barnes Mtn. South Irvine	Senior Citizens Center

"Mommie & Me" and Storytime Wednesdays, 10:00 a.m. & Fridays, 10:30 a.m.

ESTILL COUNTY SCHOOLS MENUS

Milk is included with every meal; plus assorted juices included with breakfast

MONDAY May 21	TUESDAY May 22	WEDNESDAY May 23	THURSDAY May 24	FRIDAY May 25
SOUTH IRVINE EARLY LEARNING CENTER BREAKFASTS				
Breakfast Pizza Pineapple Tidbits Milk	Election Day No School	Cinnamon Toast Crunch, Peaches Milk	Scrambled Eggs Toast, Mandarin Oranges, Milk	Muffin Strawberry Cup Juice, Milk
SOUTH IRVINE EARLY LEARNING CENTER LUNCHES				
Chicken Nuggets Roll Green Beans Apple, Milk	Election Day No School	Spaghetti Breadstick Garden Salad Mandarin Oranges	Pizza Hut Pizza Corn Sidekicks Milk	Hamburger on Bun French Fries Peaches Milk
ESTILL SPRINGS BREAKFASTS				
Breakfast Pizza or Toast/Coco Puffs Pineapple Asst. Juice Milk Choices	Election Day No School	Donuts or Straw- berry Pop Tart/Trix Cereal, Pears Asst. Juice Milk Choices	Scrambled Eggs or Lucky Charms Toast, Applesauce Asst. Juice Milk Choices	Asst. Muffins Fruit Loops Peaches Asst. Juice Milk Choices
ESTILL SPRINGS LUNCHES				
Popcorn Chicken Roll Green Beans Apple Milk	Election Day No School	Grilled Cheese Sandwich Pork 'n Beans Potato Rounds Pears, Milk	Pizza Hut Pizza Corn Baby Carrots/Dip Pineapple Ice Cream Sandwich	Mini Corn Dogs Potato Smiles Steamed Broccoli Applesauce Milk
WEST IRVINE BREAKFASTS				
Mini Pancakes/Syrup or Lucky Charms Fresh Fruit Juice, Milk	Election Day No School	Mini Cinni Rolls or Do- nuts or Cocoa Puffs Scooby Snacks Fresh Fruit	Scrambled Eggs Toast or Cereal & Toast, Fresh Fruit Juice, Milk	Asst. Muffins or Cinn. Toast Crunch Fresh Fruit Juice, Milk
WEST IRVINE LUNCHES				
Cheeseburger/Bun Baked Beans Potato Salad Dill Slices Apple, Milk	Election Day No School	Walking Taco Taco Meat/Chips Cheese/Let./Tom. Refried Beans, Salsa Peaches, Milk	Cheese Bread Sticks Marinara Sauce Cucumber Slices/ Dip Fresh Strawberries	Pizza Hut Pizza Corn Grape Tomatoes/Dip Pineapple Tidbits Milk
ESTILL COUNTY MIDDLE SCHOOL BREAKFAST				
Breakfast Pizza Frosted Flakes Cereal Bars Poptarts, Apples	Election Day No School	Mini Pancakes w/ Syrup, Cocoa Puffs Cereal Bars, Poptart Mandarin Oranges	Cinnamon Toast Trix, Cereal Bars Poptarts, Peaches Asst. Juice, Milk	Egg Sliders Cinn. Toast Crunch Cereal Bars, Poptart Banana
ESTILL COUNTY MIDDLE SCHOOL LUNCH				
Chicken Tenders Buffalo Ch. Tenders Mashed Potatoes Green Beans Mandarin Oranges Apples	Election Day No School	Pizza Hut Pizza Garden Salad Corn Pineapples, Grapes Fudge Bar Milk or Juice	Chicken Pot Pie w/Biscuit Chicken Pattie/Bun Scalloped Potatoes Cherry Sidekick M-Oranges, Banana	Hot Dog w/Chili Turkey & Cheese Sub, Doritos Carrot Sticks/Dip Baked Beans Mixed Fruit, Oranges
ESTILL COUNTY HIGH SCHOOL BREAKFAST				
Bkfst. Honey Bun Cereal, Cereal Bars Pop Tarts, Mini Chocolate Donuts Oranges or Apples	Election Day No School	Bacon, Egg, & Cheese Biscuit Pop Tarts, Yogurt Parfait, Mini Choc. Donuts, Fruit	Chicken Biscuit Pop Tarts Yogurt Parfait Donut Holes Oranges or Apples	Gravy & Biscuit Pop Tarts, Cereal Cereal Bars Mini Choc. Donuts Oranges or Apples
ESTILL COUNTY HIGH SCHOOL LUNCH				
Bosco, Pepperoni Calzone, Marinara Sauce, Corn Romaine Salad Grape Tomatoes Baked Beans Normandy Blend Sidekicks Tropical Fruit	Election Day No School	Meatball Marinara Spicy Chicken/Bun Romaine Salad Grape Tomatoes Baked Beans Tater Tots Strawberry Cups Peaches	Chicken Alfredo w/Breadstick Pork Chop/Bun Garden Salad Grape Tomatoes Broccoli Bites Steamed Broccoli Mandarin Oranges Pears	Chili w/Crackers Grilled Cheese Romaine Salad Grape Tomatoes Broccoli Bites Carrot Sticks Peaches Pineapples

Electric safety



May is National Electrical Safety Month

This month, we encourage all members to take extra time to plug into safety.

#ElectricalSafetyMonth

Think safety first when working with electricity around your home or business not only in May but throughout the year.

Jackson Energy

Working for You