

# New CD Includes Compositions by Daniel Sparks

A former Estill Countian has released another CD of instrumental compositions.

Kenneth Baldwin has lived in Columbia, South Carolina, for several years but spent part of his life in Estill County where he graduated from Estill County High School in 1971.

Baldwin has released several CD's including "A Dreamer's Intuition" in 2014 which was a compilation of previously unrecorded songs.

His newest CD is called "Tunes and Atonements" and includes 20 compositions for guitar.

His nephew Daniel Sparks, a son of local beautician Debbie Sparks, is also on this project with two of his compositions.

Baldwin says Daniel is "an up and coming guitarist in his own right." His songs are tracks #14 and #18.

Daniel is now in the process of having a collection of his own songs recorded,

and Baldwin says "it will be good."

Baldwin said Daniel is "Estill County born" as he grew musically, yet Baldwin says Daniel's style of playing is so very similar to his own so he used the opportunity to put him on his most recent CD.

Daniel has recorded 10 acoustic compositions at a studio in LaRue County and will include many of the same musicians that Baldwin has worked with now for 25 years. It has gone full circle.

Track #14 of this CD is called "For My Brother" and is in memory of Daniel's older brother Stephen Sparks who was also a fine musician. He died while serving in the Air Force a couple years back.

Baldwin's newest CD "Tunes and Atonements" is available on CDBaby at <<https://store.cdbaby.com/cd/kenbaldwin12>>.

Copies may also be available locally from Debbie Sparks at Shear Creations,

located at 518 Broadway in Irvine. Call (606) 723-3058.

You may also contact Daniel Sparks on Facebook. He says, "Everyone go check it out. If you're interested in buying the CD let me know, they're only \$10!"

The previous CD by Baldwin, along with Jerry Williams, is called Ken & Jerry's Fourteen Original Flavors "A Dreamer's Intuition," and contains 14 songs from unrecorded works that span over 20 years. Collaborators on the CD are Baldwin's son Logan, David Wilson, Igor Agafonov and Alice Burton. Ken and Jerry say the songs on this CD "are the ones selected that felt right to get recorded for this particular project."

Four instrumentals are included with one by Logan Baldwin and a composition contribution by Russian born Agafonov. Kenneth Baldwin says, "Both of them are excellent."

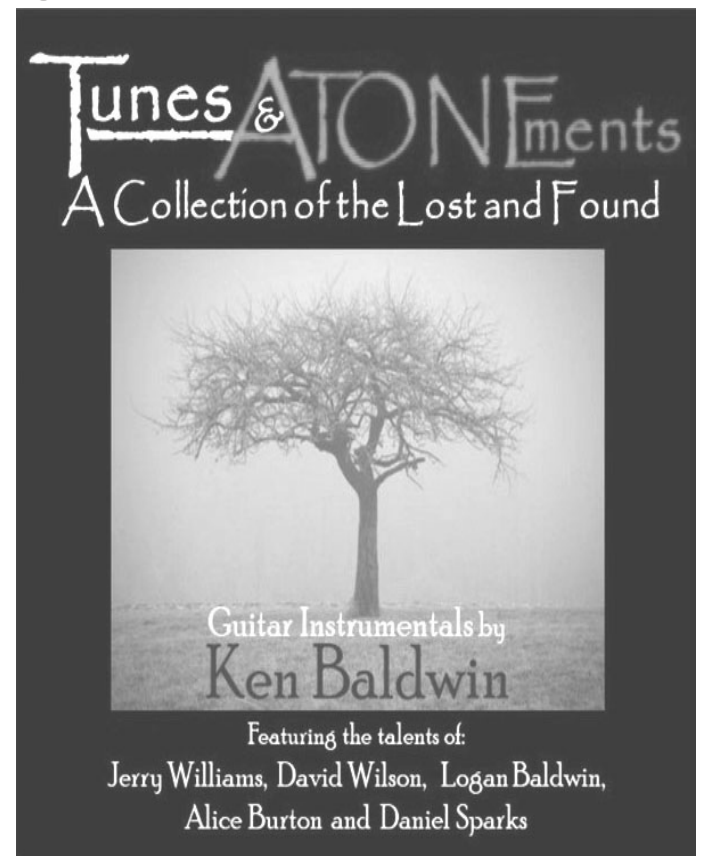
Among the play list

of the CD is "All Said & Done," "Dancing on Thin Ice," "Heaven on 43rd Street," and eleven others.

Baldwin says none of the songs were recorded in unison under the same roof. Logan Baldwin lives in Brooklyn, New York and recorded all the percussion there.

Wilson drove in from Springfield, Missouri to Hodgenville, Kentucky, for a marathon weekend recording session on 13 songs. Burton, who lives in Bardstown, did her hammered tracks at Hodgenville also, but at a different time. Igor's tracks were done at Kenneth's home in South Carolina.

"A Dreamer's Intuition" was Ken and Jerry's fourth project. Their list includes 1st - Bones of A Saint (2006) 2nd - Strings and Bows (2010) 3rd - Hardtack & Saddlesores (2011) 4th - A Dreamer's Intuition (2014). Some of these may still be available.



Former Estill Countian Kenneth Baldwin, a 1971 ECHS graduate, has released another CD called "Tunes and Atonement" which includes a couple of compositions by his nephew, Daniel Sparks, the son of local beautician Debbie Sparks. Baldwin says Daniel is "a true talent with his original compositions and performance."

# Shelby Valley Freshman Cassidy Jo Rowe's Already Amazing Recruiting Saga



by Larry Vaught

Once Cassidy Jo Rowe got a scholarship offer from Kentucky coach Matthew Mitchell, things got a little "crazy" for the Shelby Valley freshman.

"The local (TV) news channels starting making stories about me. It's just crazy that so many people know me. It shows the hard work I put in and it was just an honor to get that offer," said the eastern Kentucky standout.

She's now got five Division I offers — before she ever starts high school. Murray, Northern Kentucky and Morehead all offered before UK. A few days after the UK offer, she got one from Denver.

Unlike most eastern Kentucky athletes, Rowe did not grow up a Kentucky fan. Instead, she's been a Louisville fan.

"But since Kentucky showed interest in me, I started paying attention to them and their coaching staff has been so good to me," Rowe, who played against incoming UK freshman Blair Green of Harlan County in summer ball, said. "Coach Mitchell likes the fact that I always hustle and the way I take charge on the court."

Her father, Lonnie, who was recently named the new head coach at Shelby Valley after coaching the middle school team before, said you could likely count the Louisville fans in their area

on one hand. However, one of them is Lonnie Rowe.

"I grew up watching Louisville in the early 80's when Louisville basketball was fun," Lonnie Rowe said. "What I liked, she liked when she was little. I take a lot of ribbing for being a Louisville fan. I am easy to get along with but I understand with all the trouble the men's basketball program has had why I get some ribbing. But I never rooted against Kentucky. I am mainly just a fan of basketball."

Cassidy Jo Rowe, age 15, averaged 9.9 points and 3.3 rebounds per game last year for Shelby Valley (29-5). She was 53 of 144 from 3-point range (38 percent).

"No one really mentions my 3-point shooting but that is one of my best things," Cassidy Jo Rowe said. "Usually everyone looks at me hustling, trying to make teammates better. But I work hard to be a good shooter." Her father never saw the UK offer coming so early.

"It shocked all of us. She performed really well in Chicago (for Kentucky Premier in AAU play) and UK coaches came to every game," Lonnie Rowe said. "I knew they liked her but had no idea they would offer. It's normal to get to know kids for down the road. They stayed in close contact with her last summer. So even though she's been a Louisville fan, she was ecstatic to get the offer from Kentucky."

Rowe tore the anterior cruciate ligament in her knee earlier this month. She knows the normal recovery period is six to nine months but hopes to return in time to play this season.

"It's going to be tough not playing. I am going to want to work as hard as I can and they might have to tell me to slow down," the Shelby Valley freshman, who had surgery last week, said. "All these offers are just motivation to get better and just knowing these people and coaches believe in me really motivates me to just keep working and get even better. We'll see how it goes. I am not sure what I will do with my recruiting because right now my focus has to be on rehab and just getting back out on the court."

She came home the same day she had the surgery and started physical therapy the next day on her own.

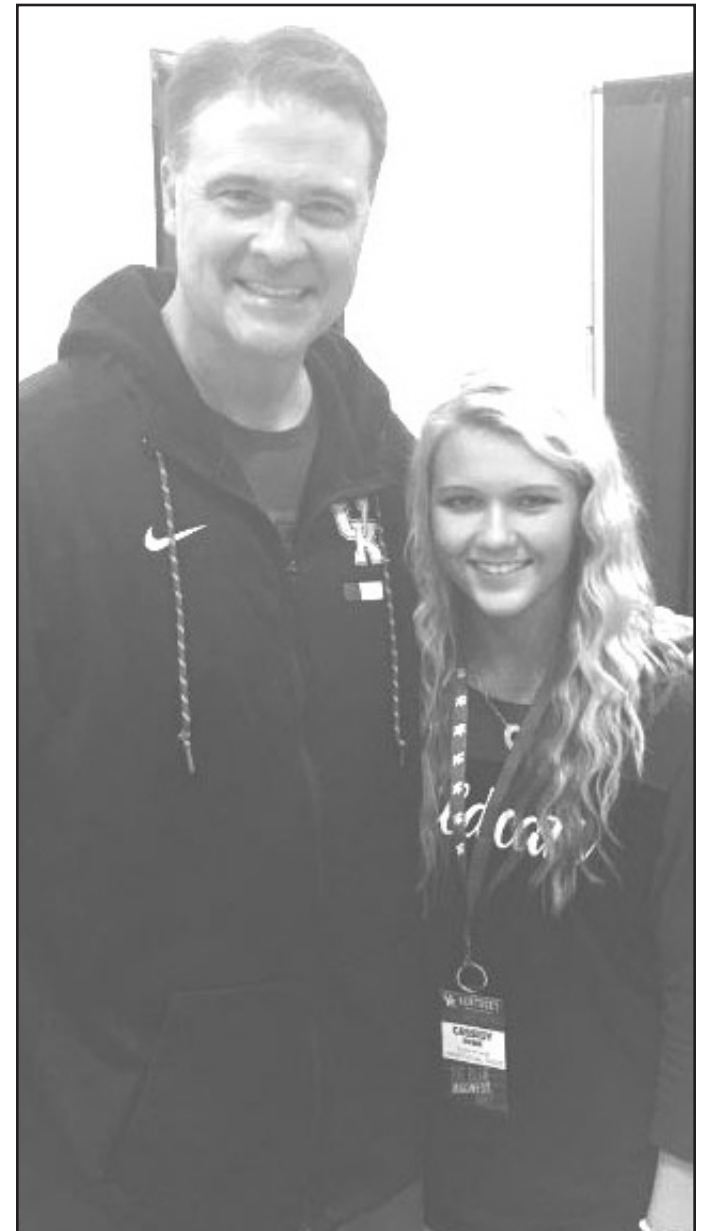
"She is one of the most self driven kids I have ever coached," Lonnie Rowe said. "She has always been like that."

**Quote of the Week:** "It is coming up quickly. We are getting ready to

practice before we go. That will be invaluable for this team and going down and playing four games will be great as well. It will have a huge impact for our team," UK basketball assistant coach John Robic on the upcoming exhibition games in the Bahamas.

**Quote of the Week 2:** "I don't go into a game day without watching Von Miller and Khalil Mack. I watch them every week and learn from them," Kentucky linebacker Josh Allen on NFL players he watches to help his game.

**Quote of the Week 3:** "Some of our best players on our team are our leaders now. I just see in general a lot more maturity, a lot more people who are starting to get it. It's just starting to click for some of these guys," Kentucky tight end C.J. Conrad on biggest difference in UK football this season.



She might have grown up a Louisville fan, but Shelby Valley freshman Cassidy Jo Rowe already has a Kentucky scholarship offer from Matthew Mitchell. (Twitter Photo)

## ESTILL LIBRARY YOUNG ADULT BOOK CLUB



The Estill County Public Library's Young Adult Book Club has been reading *The Looking Glass Wars* by Frank Beddor. The book is a retelling of *Alice in Wonderland*. This was our Mad Hatter-Hat Decorating. For more information call the Estill County Public Library at 723-3030 and ask for Katelyn.