

Times Remembered
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Cold War in the 60s

Back when the Cold War was hot news in the 60s, school kids learned how to hide under their desk, and we knew every bomb shelter in the area. Buildings had the black and yellow shelter signs signifying them as bomb shelters. We had air raid drills in the early 1960s, and I remember bomb shelters being sold or built in many areas.

Many people believed that the area might be targeted because of Blue Grass Army Depot's storage of nerve gas and their ammunition storage facilities. The fear of being bombed, the building of shelters and seeing shelters plus performing air raid drills upset some of us. My imagination ran wild; I even had nightmares sometimes. It was a scary time.

If we had even seen anything out of the ordinary in the sky, such as a Goodyear Blimp, we became alarmed. Those days instilled a great deal of fear in all of us and we often heard all kinds of scary things.

Oak Ridge Tennessee, which isn't far from us, was called the "Atomic City" during the 1950s and 1960s. Bombs had been developed there during World War II. There was tight security and all entrances had check points manned by guards. Even the airspace over Oak Ridge was closed. A military air base nearby was prepared to take prompt

military action if needed. If we even heard the noise of a low flying plane, we panicked and froze. As scared as we were I don't think we would have followed the evacuations routes we had been taught. We just stared in horror.

As children, we didn't always know when the drills were scheduled at school. So when the drills happened we thought it was the real thing.

My most lasting memory of a bomb threat was going to bed and covering my head under the covers at night; thinking if the Russians attacked, maybe they couldn't see me. A child's mind!!

People my age probably remember the days of the Cold War. The Cold War was the name given to the relationship that developed primarily between the US and the USSR after World War II. It was a constant state of political hostility, military tension, and threats as they were both super powers. The Cold War was from (1947-1991).

Old drunk worries about pastor's soul after hearing what causes appendicitis



America's Heartland

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An old drunk walked into the local restaurant and plopped down at a table near four church ladies. He smelled of cigarettes and had a half-empty bottle of liquor sticking out of the pocket of his tattered coat.

Out of the corners of their eyes, the ladies saw him open a newspaper and begin reading.

After a few minutes, he turned to the ladies and asked, "what causes appendicitis?"

One of the ladies, hoping to teach him a lesson, said: "It's caused by smoking

and drinking and generally living a sinful life."

"Oh, my goodness," the old drunk said, returning to his reading.

The lady, feeling a twinge of conscience, then asked him what makes him think he has appendicitis?

"Oh, it's not me," he said. "It says in the church section here that your pastor missed services last week because of it."

It's dangerous business when people try to use trickery to win people to the Lord. It requires straight talk that's motivated by genuine concern for the person we're talking to.

The late, great evangelist D.L. Moody once told about a man who had fallen overboard while at sea. Shipmates were looking for him and trying to rescue him. Inside the ship was a fellow who was suffering terribly from seasickness and couldn't join the search.

Unable to do anything more, the seasick man held a light up to the porthole, which turned out to be what saved the poor fellow.

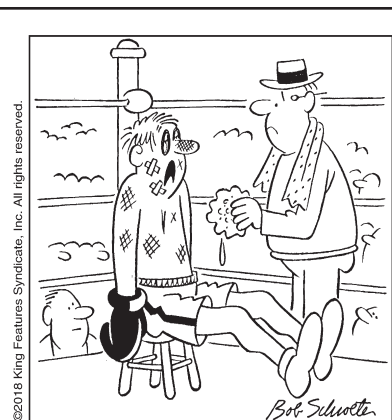
"The saved man gave this testimony," Moody said. "He

said he had gone down the second time and was just going down again for the last time, when he put out his hand. Just then, he said, someone held a light at the porthole, and the light fell on his hand. A man caught him by the hand and pulled him into the lifeboat.

"It seemed a small thing to do to hold up the light; yet it saved the man's life. If you cannot do some great thing you can hold the light for some poor, perishing drunkard, who may be won to Christ and delivered from destruction. Let us take the torch of salvation and go into these dark homes, and hold up Christ to the people as the Savior of the world."

You know, the church lady could have had a greater impact on the old drunk by simply telling him the truth of Christ, instead of making up a ridiculous story that made him think the pastor was as bad off as he was.

Roger Alford offers words of encouragement to residents of America's heartland. Reach him at rogeralford1@gmail.com.



"Boy, his _____ must be hurting like crazy"

SCRAMBLERS

Unscramble the CAPITAL letters below to form four ordinary words. Then rearrange the boxed letters to form the mystery word to complete the gag!

- Parcel
- DUBLEN _____
- Bent
- WEAKS _____
- Chide
- CLODS _____
- Peep
- QUEKES _____

TODAY'S WORD

ESTILL COUNTY SCHOOLS MENUS
Milk is included with every meal; plus assorted juices included with breakfast

MONDAY Sept. 3	TUESDAY Sept. 4	WEDNESDAY Sept. 5	THURSDAY Sept. 6	FRIDAY Sept. 7
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SOUTH IRVINE EARLY LEARNING CENTER BREAKFASTS

Labor Day No School	Pancake Porky Apples Milk	Cinnamon Toast Crunch Cereal Banana, Milk	Bacon, Egg, and Cheese Biscuit Juice, Milk	Banana Muffin Fruit Juice, Milk
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SOUTH IRVINE EARLY LEARNING CENTER LUNCHES

Labor Day No School	Ham Sandwich Carrot Sticks Cucumbers Strawberry, Milk	Ravioli Bread stick Garden Salad Peaches, Milk	Pizza Corn Watermelon Milk	Hot Dog on Bun Tater Tots Apples Milk
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ESTILL SPRINGS BREAKFASTS

Labor Day No School	Mini Maple Pan- cakes/Syrup or Cinn. Toast Crunch/Gra- ham Snacks, Apple Asst. Juice, Milk	Donuts or Strawber- ry Pop tart, Trix Pears Asst. Juice Milk Choices	Scrambled Eggs/Ba- ron/Toast or Lucky Charms/Toast Banana Asst. Juice, Milk	Asst. Muffins Fruit Loops Peaches Asst. Juice Milk Choices
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ESTILL SPRINGS LUNCHES

Labor Day No School	TACO TUESDAY Taco/Wrap Let./Tom./Cheese Salsa/Taco Sauce Refried Beans, Orange	Hamburger/Bun French Fries Tomato/Pickle Cauliflower/Dip Peaches, Milk	Stuffed Crust Pizza Corn Baby Carrots/Dip Pineapple Tidbits Milk	Hot Dog/Bun Potato Smiles Fresh Broccoli/Dip Applesauce Milk
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WEST IRVINE BREAKFASTS

Labor Day No School	Muffin or Cereal Strawberry Cup Juice Milk	Pancakes or Cocoa Puffs Mandarin Oranges Juice, Milk	Biscuit & Sausage or Cinn. Toast Crunch Applesauce Juice, Milk	Assorted Muffins or Cocoa Krispies Apple Juice, Milk
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WEST IRVINE LUNCHES

Labor Day No School	Bosco Bread Sticks Marinara Sauce Cucumber Slices/ Dip, Mandarin Oranges, Milk	Corn Dog Potato Smiles Steamed Broccoli Applesauce Milk	Sloppy Joe/Bun Slaw Potato Wedges Side Kicks or Apple Milk	Rectangle Pizza Corn Grape Tomatoes/Dip Apple Milk
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ESTILL COUNTY MIDDLE SCHOOL BREAKFAST

Labor Day No School	Breakfast Bosco Frosted Flakes, Reeses Puffs, Cereal Bars, Pop Tarts	Biscuit & Gravy Lucky Charms Cereal Bars, Pop Tarts, Applesauce	Scr. Eggs & Toast Cocoa Puffs, Cereal Bars, Pop Tarts Banana, Juice, Milk	Egg Sliders, Cinn. Toast Crunch Cereal Bars, Poptart Mandarin Oranges
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ESTILL COUNTY MIDDLE SCHOOL LUNCH

Labor Day No School	Hamburger or Spicy Chicken on Bun French Fries Baked Beans Let./Tom./Pickle Applesauce	Corn Dog or Walking Taco Bar Baked Beans Carrot Sticks/Dip Peaches, Pineap- ples, Milk or Juice	Beefy Mac & Cheese w/Garlic Toast or Chilli Crispitos Garden Salad Green Beans Banana, Sidekicks	Boscillos or Chicken Quesadilla Marinara Sauce Broccoli & Cauli- flower w/dip, Corn Pears, M-oranges
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ESTILL COUNTY HIGH SCHOOL BREAKFAST

Labor Day No School	Pancake Porky Pop Tarts Donut Holes Yogurt Parfait Oranges or Apples	Bacon, Egg, & Cheese Biscuit Pop Tarts, Yogurt Parfait, Mini Choc. Donuts, Fruit	Chicken Biscuit Pop Tarts Yogurt Parfait Mini Choc. Donuts Oranges or Apples	Dutch Waffle Pop Tarts, Cereal Cereal Bars Mini Choc. Donuts Oranges or Apples
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ESTILL COUNTY HIGH SCHOOL LUNCH

Labor Day No School	Hot Ham & Cheese Pizza Hut Pizza Tater Tots Baked Beans Strawberries Blueberry Apple- sauce, Juice Asst. Milk	Chicken Tenders w/ Roll, Spicy Chicken on Bun Mashed Potatoes Green Beans Pineapples Peaches Juice, Asst. Milk	Chef Bradley's Spa- ghetti w/Bread stick, Mr. Rib on Bun Garden Salad Corn Pears Applesauce Juice, Asst. Milk	Asian Chicken w/Roll, Fish on Bun Egg Roll & Rice Stir Fry Vegetables Glazed Carrots Mandarin Oranges Pineapples Juice, Asst. Milk
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ESTILL LIBRARY BOOKMOBILE SCHEDULE
246 Main Street Irvine, KY – Call 723-3030

SEPTEMBER 3-7, 2018				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Labor Day No Bookmobile Service	No Bookmobile Service	Nursing Home Horizon Daycare Ravenna Wagersville Drip Rock	Spout Springs Hudson Mill Rd. Old/New Fox Hargett	No Bookmobile Service

"Mommie & Me" and Storytime Wednesdays, 10:00 a.m. & Fridays, 10:30 a.m.

Specials Each Wednesday

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Homemade Desserts

T-Shirts

Bison



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